

1953

January 1953

My dear friends,

Another year has come and gone but Life is like an ever-flowing river, as it passes it is ever-renewed, yesterday, today, Tomorrow—the same expressed in the Now—the Timeless.

Then live in the Ever-present Life which is ever-renewing Itself, then yesterday, today and tomorrow will be a joy unto you.

The year that is now past becomes just a memory, an experience. Do not let that memory or experience prevent you from living in the Ever-present Life which is Love, Wisdom and Healing. This is the secret of joyful Living.

I have space for only a few extracts from the many letters received this month, and here are a few picked up at random, the Sanctuary will help you also, “ask and you will receive.”

“I just want you to know that since you put Cyril on your Sanctuary Prayer List, there has been a wonderful improvement. He has not had any attacks of asthma since, and is now living a normal healthy and happy child’s life, the first time for many years. Thank God and thank you for your wonderful help.” E.M. Transvaal.

“Thanks indeed for your help for my friend and myself. The improvement is miraculous. In the case of my friend Madge, the doctor is astounded. God bless you in your work of healing for many years to come.” E.L. New Zealand.

“How can I thank you for your wonderful help. We were all in despair about the Life of our child. When we cabled you he was not expected to live. By the time we received your cable in reply he had recovered from the dreadful accident, and the burns had healed without even leaving a scar. Dr. McK. is a relation of ours and is writing you personally to thank you for your wonderful and prompt help. God bless you and keep you safe for many years to come.” T.L. Australia.

A PRACTICAL APPROACH TO DIVINE HEALING*

“Now is the son of man glorified and God is glorified in him.” John 13: 31

* See Notes page 356

Since man's advent upon the earth there have been men and women who had the wisdom and power to heal. Some of those healings have been so amazing that the mind of man could not comprehend them. Therefore sceptics have arisen who have made every effort to deny these amazing transformations on the ground of their apparent impossibility according to man's understanding.

Divine healing has achieved wonders where all other methods have failed. The mind cannot penetrate into the realm of that which is beyond it, the mind can only reason on what it knows, but that which it does not know, that which is beyond reason, cannot be defined. It is in this realm that Divine healing takes place.

Now the question that comes into the individual mind is, how is this Divine Healing accomplished? How can that which is unseen accomplish such a complete and instantaneous change?

Phenomena of any kind are produced through a law that is intelligent, otherwise you could have no phenomena at all. If I have a fear of anything or if I have faith in anything there is an intelligent law that operates equally alike in both what I think in fear and what I think in faith. That is the law of thought or otherwise electro-magnetic vibration.

Truth is an exact science which has not yet been investigated by our scientists and physicists.

The evidence of chaos around us is just this: that we have failed to understand the underlying principles of Life. This tragic blunder prevents our best brains from investigating the subtle Laws inherent in man, and this includes Divine healing. Denying the existence of such laws does not eliminate the fact, that there is something in man himself that heals and sometimes instantaneously.

At times it seems that an outside agency is required to set in motion this Divine Power but this agency is not a necessity for the simple reason that this Divine Power is inherent in man himself.

The greatest healer known to man, through records handed down through the centuries, was Jesus of Nazareth and he never claimed that any power of his own was the source of his healings. His words were clear, that it was the Father who ever remained within him performed these deeds.

In speaking to his disciples he also said that some had the power of speaking in various tongues, some had the power of prophesying, some had the power of seeing and hearing, and some had the power of healing, but it was the same Spirit that was behind all, showing that no matter what gift man has, it is the one Spirit Itself that is performing these deeds.

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Once we take upon ourselves the cloak of service and say to ourselves and others, I am a seer or a healer or I am a prophet, we immediately limit ourselves to the personal. We separate ourselves from the Divine Source of all things, that is why so many people fail in this work. The self hides the Divine so the great task is to get the self out of the way.

Every human being is endowed with the power of the Spirit, for it is the Spirit that gives birth to the individual, the Spirit is birthless and deathless and it is this Spirit which is the Life in man. It is the source of ultimate knowledge, wisdom and Love.

Jesus testified that it was from this Divine Realm, this Omniscient and Omnipotent state, that “He” not the separate “self” but “He,” one with the Father was performing these deeds. Now, Jesus seemed to be the outside agency to those who looked upon him as separate from God, yet he said that he was nothing by himself and this was his great power. He knew that he was not separate from this Life which was within others but one and the same, therefore he worked through the Cosmic not through the individual.

It is difficult for the mind caught up in conformity and separation to realize the Truth, but those who have contacted this Divine realm have definite proof of Its reality and can testify that it is true.

Now I am speaking in relative terms of this great wonderful Omnipresent Source of “Being,” and it would seem that I am speaking of something apart and separate from myself but it is not so. I am speaking to you in relative terms only for the purpose of enabling you to find this Divine Source within yourselves.

Immediately we begin to speak about this Divine Source we make It relative, something apart and distinct from ourselves, nevertheless when the mind has quietened down there is an awareness that is not of the mind but of that which is beyond the mind, the source of everything in heaven and on earth.

I wish I could make it plainer to you. It is not an idea or an image of something that you have made up in your mind, for it cannot be made up in the mind. If it were so then it could be explained, but that which is cannot be explained, yet It is that which is living, that which is creating, creating in you and through you. Hence the Master’s words, “know ye not I am in the Father and the Father is in me,” united in consciousness and creativeness, “what I see the Father do I do likewise.”

Now we realize that sickness is the result of certain causes or neglect of natural Laws. This comes about through ignorance and fear, lack of Love, lack of understanding.

Sickness is just a symptom revealing that the body has lost its normal balance and natural rhythm and is struggling to regain its equilibrium, its natural harmony. So the attention of the mind has become focussed upon the condition, in other words the body is talking back to the mind so the mind is caught up in what the body is feeling. Now the mind is struggling, making a great effort to save the latter. It is precisely this struggle that is causing all the disturbances and displacement of the atoms resulting in pain and discomfort.

The mind is conscious of feeling and this feeling is registered in the mind as a disease. This disease is given a name so the mind now can hold on to it. If this name conveys to the mind that it is an incurable disease the mind accepts it. Thus man creates the burden for himself, and when he sees that he himself is the cause through ignorance of the Truth of his oneness with Spirit the burden falls away; then the Spirit-Life transforms the mind and body by its own perfect nature.

It is not until you have made contact with the Divine within by yourself or by the aid of another who is able to show you the way can true healing take place. Sometimes the spirit is so moved within that a complete and instantaneous transformation takes place, this is Divine Healing.

What really happens in sickness is that the patient's consciousness of health has disappeared and a consciousness of ill-health has taken its place. He or she begins to lose cheerfulness, their energy lags, their vigour disappears. What fate has befallen the mighty Will that supported the body? These qualities have temporarily disappeared because the mind has fallen under a spell—"the illusion of the reality of sickness." The mind has surrendered its sovereignty to the forces of disorder and confusion.

Now, some resort to drugs etc., as the final agency for their recovery and because this recovery is not forthcoming a further acceptance of the condition is taken. But if by some means a chemical action takes place there is a change for the better? Then some believe in medicine as the means of recovery. But this causes further confusion which leads to further trouble, when the patient finds in the end that drugs are no longer any help, then there is a further depression and apprehension.

The body is not an exclusive combination of chemical reactions, it is endowed with an intelligence—a knowing-how—an amazing organisation

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for the maintenance of body function. It is the animating power of Life that is fundamental in producing motion and transformation.

Natural medicines such as herbs, biochemics etc., have in many cases an action upon the cell-structure that produces a chemical reaction, this produces a powerful suggestion on which the mind is induced to act. Such action in the mind will begin to reproduce a consciousness of health and restoration of the balance and harmony within the body.

But if the mind is left in this state alone without understanding the laws inherent within, the secondary state may be worse than the first.

Jesus turned round and when he saw the woman he said, "Daughter, be of good comfort, thy faith hath made thee whole," and the woman was made whole from that hour.

Benediction

O Conscious Divine Life, Thou dost directly support my brain and body.

Foods that Thou hast prepared for me we spiritualized within me into energy by Thy Cosmic Life within.

Now that I know Thy Essence is ever with me, I shall live more and more by Thy direct Cosmic Energy and less and less by food.

I am recharged with Thy Cosmic Life, O Mighty One, and now the storm of sensory disturbances has ceased to rage in my mind.

The magic wand of Thy Presence is my healing, O Blessed Divine Father of Mine.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #3 (22nd April 1952) in the book "The Secrets of the Science of Life."

February 1953

My dear friends,

In this Monthly letter there is a notice about a new book just published, "Divine Healing of Mind and Body." This inspiring and instructive work will be a guide and help to thousands of people now when individuals and nations are on the verge of destruction while Science, Philosophy, Religion, Psychology and Education are in doubt.

This book will also, give the answer which will lift the thinking of man into a realm of understanding and freedom thereby eliminating fear. The misery in the world is brought about by the individual and it is the individual who must be transformed, otherwise there is no way out of our difficulties. Our world may come toppling about our ears any day and there is no time to lose.

Man himself is responsible for his own misery and man alone can dissolve it.

This book will create great controversy among the orthodox who have put the Man of Galilee far beyond their reach. It will reveal an Ever-present Living Christ in our midst and not a figment of the imagination which most people have.

I am sorry I have not much room for extracts from the many letters, inspiring and grateful, received this month. But here is one that will help you to realize the inspiration of faith.

"It may interest you to know what happened to me on my death-bed, I may call it. A friend of mine sent me your Monthly Letter. I was so affected by it that I decided to write to you for help. I did so. The very next hour a definite change took place and now I am restored to full health again. What I want to point out is the fact that the letter had not yet been posted to you when I felt as if my whole body was filled with a warm glow. At that moment I knew I had touched something wonderful. God bless you for your wonderful work. I know I would not be here today if my friend had not given me your Monthly Letter." T.M.C. Cape

Remember the Sanctuary works twenty-four hours everyday.

THE SPIRIT KNOWS NEITHER SICKNESS NOR DEATH*

"Those things which are impossible to men are possible to God."
Luke 18: 27.

* See Notes page 361

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We see clearly that there are many causes of confusion which affect the mind and body. Confusion brings pain, suffering and weakness which are the result of our ignorance of Spiritual, mental and natural laws. Our creations to conditions and circumstances are, to a great extent, responsible for much of our own confusion which is the underlying cause of sickness.

We may not realize it but we have unconsciously prepared these conditions for which we suffer. Yet could we be aware of what we are doing we would avoid much of what is undermining our own health and happiness, as well as undermining the health of the world in which we live.

The first requirement is a way of life through true understanding of the self. Self-knowledge must come first, when we gain this understanding we will arrive at the truth that the only power we have lies in the inner self, that is our Reality.

Now this is not a self that you can look at, the self you can look at is the outer self, this self that is the result of your reactions, your fears, your emotions etc. It is the ways of this self that you must begin to understand through deep discernment. For we will never know the intricate operation of Divine Healing because of its invisible nature, it comes into operation immediately we remove the obstruction created by the self.

It is also a subjective operation and the outer is but a manifestation of it.

The Bible tells us to look at the Eternal and to realise that the Eternal is our God. Thus by knowing the Eternal to be the Living Essence of our being, which is unlimited in nature, we transcend all conditions.

Because we are always looking out through the objective self we find we are subject to all kinds of limitations, so these become suggestions which are accepted and naturally become our beliefs which are reflected outwardly.

If all our experiences are derived from the source of our limitations you can see how completely negative we can become in a world made up by ourselves, for the world we know is none other than the projection of our own thought and action.

Therefore it should not be difficult to trace the cause of our illness or our lack of harmony. Without the fundamental understanding of the underlying cause of our troubles we will never understand ourselves.

Whatever we are conscious of predetermines the predominating tone of our thought and action. By this law we externalize what we feel. When I speak of this state of consciousness I do not mean a state of consciousness of the

positive self, which is the outcome of ignorance with its cravings, for as long as craving exists there will be self-contradiction and frustration.

Do we not mostly approach Life in this so-called positive state, born of ignorance which gives rise to the many miseries, brutalities and conflicts of which we know so well. We must approach Life with an understanding of the fundamental virtue of life Itself. Not a virtue that is cultivated out of the recognition of evil, for this is not virtue but ignorance.

True virtue is not the result of positive or negative action but is a state of non-duality where the mind-heart is still, then only is there virtue.

Is it not so that if you are evil and I fight you with evil it means I also become evil, however righteous I may feel?

If I am brutal and you use brutal means to overcome me then you become brutal with me. This we have done for thousands of years, yet we call ourselves virtuous.

Even within oneself, if we use violent means to overcome hate or anger or violence we are using wrong means for a right end thereby the right end ceases to be. If there is no understanding there is no transcending anger, hate, violence etc. These things must be studied to be understood. These things arise from many causes, yet without comprehending them, there is no escape from them.

We are responsible for creating our own conditions so it is more important to be concerned with our own thought and action than with the quelling of our hates etc., for right thinking puts an end to division, then Love transcends friend and enemy alike.

Divine healing goes beyond time, space or conditions where these barriers do not exist. The one who understands Divine healing can automatically use this power and influence through space without leaving the place where he stands.

To grasp this fully one must develop a highly delicate technique of awareness, by cultivating a true understanding of the fundamentals of Life. Thereby a touch of the healing hand is enough to set in motion a powerful electro-magnetic current to restore the mind and body to its natural state through contact with the Divine Source behind all Creation.

I would again remind you that you may repeat a thousand times that you are made in the image and likeness of God, yet this will not help you because the Law is, that your thought will be in accordance with the attitude you hold towards Life itself.

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This must not be just an intellectual acceptance of the Truth but a state of mind where division, duality and opposites do not exist. In other words, when the mind-heart is still then only is there Reality.

Immediately we accept this grand Truth of our “Being” our sins are forgiven and we are free. Here we see that this not only applies to our inner Life but to our outer life in the body as well, and it is this that the Master saw when he said, “thy sins are forgiven thee, arise and walk.”

The common error is the belief that you must think health, but as fast as you think of health you think of disease. How can there ever be an escape from this conflict of opposites? There can be no escape except through understanding the cause and not ignorantly being caught up in opposites.

Man is God materialized! This is a tremendous statement but nevertheless the truth, and when this is fully realized we are filled with the Truth of our “Being” not “becoming” but “Being” **now**.

The Son of God is the invisible man that remains Eternally within the Father. The perfect manifestation is the Holy Ghost or the Divine Creation of Man therefore man is the expression of the Conscious Spirit of God which is Intelligence etherealized and materialized in all planes, thus giving man-woman individuality in the “One Whole.” The Father has Life in Himself and He grants the son to have the same Life in himself.

It is through this realization that the locked-up faculties and power existing in every human being will manifest. The involved God-powers now existing in everyone of us will spring forth into being, for in the heart of every living soul there is the Cosmic Spirit.

It will take many generations for the awareness of this consciousness to awaken in the masses. To them the conception of the abstract which is the only Reality remains an impossibility. They cannot rise above the concrete, with the result that they continually react to the concrete and their consciousness can only give to them what they are aware of.

Unless we discern and understand the process of our thinking we will never arrive at the source of our thinking. For there we will find more powers than the entire voltage generated by the Niagara Falls and by our consciousness can magnetise any object and infuse into it subtle vibrations of any desired properties and influences.

The history of the prophets and seers of all time reveal a magic that was awe-inspiring to the masses, yet this so-called magic was but the releasing

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of this tremendous invisible energy through an awakened Consciousness that knows no separation or division between God and man. The feeling of this awareness was the secret of the manifestation. The manifestation was effected either by touch, by sound or by the fixed gaze.

This stream of this conscious energy is electro-magnetic in nature carried in the ether into the atoms of matter, dissolving all that is not according to the Divine design.

This Intelligent Force builds up the body from a single cell and is inherent in every part of the body. Every cell and combination of cells is supplied with this Intelligent Force. The body is mind materialized and every cell is the result of mind in action.

We can now see how the mental state of the individual must be reflected, upon the body. Therefore “mind over matter” is not a mere saying to us who know, it is a living Law in operation.

To understand what is beyond mind we must first cleanse the mind of all that is preventing this understanding. For Reality is not of time and space and you must know it directly by yourself and not through another. It is in the present and the present is Eternal and Ever-present, and although timeless It is ever-renewing Itself in Time **that is now**. “I am that I am.”

“And Jesus said to him, “Regain your sight, your faith has made you well!”

Benediction

O Divine One, Thou art I, I am Thou, knowing knower known as one, one unbroken thrill of Eternal Living.

By Thy Eternal Presence beyond time I am forever renewed. Thy Eternal Peace calms all storms that arise in me. This is my fully conscious state beyond the limits of my mortal state, O Blessed Boundless Eternity.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #5 ‘*God Knows Neither Sickness nor Death*’ (11th November 1952) in the book “The Secrets of the Science of Life.”

March 1953

My dear friends,

Thanks for your many letters received this month. I wish I could print more extracts. The hundreds of letters we receive from all over the world are really wonderful.

One person asks this month: Is it necessary to tune in to all the three-hourly periods, namely 6 a.m., 9 a.m., 12 noon, 3 p.m., 6 p.m. 9 p.m., 12 midnight and 3 a.m.? No, that would be impossible. What is necessary is to tune in to one or two of these periods, whichever suits you best. Not only will this help you personally, but in fact helps all no matter who they may be.

The ether becomes magnetized with healing vibrations, also the healing power that works from within is given a chance to manifest.

You will never know the benefit you will receive until you tune in regularly at times to suit yourselves.

A great many letters received this month speak of the wonderful help the Monthly letters are. I am extremely glad of this and it is very encouraging to know this. Here are just a few taken at random.

“Your monthly letters have been a god-send to us all, we eagerly wait for the next Monthly Letter to come. There is harmony in the home and our business has gone forward by leaps and bounds. We attribute this to your wonderful truths. God bless you and your wonderful work.” D.C. Transvaal.

“Words cannot express my gratitude for your beautiful monthly letters. My health has been restored and my home is just Paradise, while before there was fear. The change in all of us is just too marvellous. Thank you, Thank you, are hardly the words, it is much more than that.” A.L.K. Cape

“How can I thank you for your wonderful help, I am now completely recovered. From the first day you put my name in the Sanctuary I began to get well. Your Monthly letters have been a great help, they do something to me I cannot explain, but the feeling is one of exhilaration. God bless you.” M.G.S. Natal

THE BOUNDLESS RESERVOIR OF SUPPLY*

“Teach me, Eternal, how thine orders run, and I will
Follow them step by step; . . .” Psalm 119: 33 (Moffatt)

* See Notes page 366

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It is said that prosperity is a state of mind. It is also said that poverty is a state of mind.

We hear it said also that prosperity is a dream come true and that poverty is also a dream come true.

But all this is of the mind, it is not real, it is an illusion of the mind itself, caught up in opposites. Prosperity and want, success and failure etc., are based on the values of the senses, for no one is satisfied with what they have, they always want more. This is not freedom, it is desire and when we are caught up in desire there can be no freedom.

There can only be freedom when desire has perished through understanding the self, with all its desires, hopes of becoming. Freedom alone exists in “Being” and not in becoming, when the state of “Being” is reached we have found the inner Treasure which is imperishable. You may call it what you like but it is not a mental thing or a thought, it is a state of “Being” where you enter into that boundless reservoir of supply, and things do not matter anymore because all is yours—“what is Mine is Thine.”

As long as we are seeking the values of the senses whether it be touch, taste, smell or possessions, having and not-having etc., the outer becomes more important than the inner.

Now the mere denial of the outer is not the way to the inner. You may deny the outer and withdraw from the world into a jungle or a cave and there think of God or the inner or whatever name you like to call it, but your thinking of God is still of the senses because your thought is bound up with the senses,—what you would like to feel, what you would like to be, what you would like to have,—thus you are caught up in your becoming, therefore there can be no “Being” and only in “Being” is there freedom and completion.

When you are merely speculating, caught up in desire, which is not “Being” you are caught up in confusion because you do not “know.”

Millions of people have tried to solve this puzzling problem of supply and have advanced many ideas, but all lead to destruction and misery through having and not-having, and wanting and not-wanting, the me and the not-me, the mine and the not-mine.

Some have claimed that wealth is the result of hard work and planning etc. Some have offered the solution that it is fate or destiny and others have said it is pure luck. Others say that some are born to inherit wealth. Some have said that Life is a gamble and thus all are gamblers. Some say the poor are

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not aggressive and the rich are. Some say that the rich grasp opportunity while the poor do not.

We know that there are some who want to be materially poor and Spiritually rich, so they seclude themselves as a means of loosening the bonds of attachment and desire from the temporary things of the world. They look upon things as a hindrance to Spiritual growth, yet their desire for Spiritual growth is just as much a hindrance as the desire for the material growth. They try to “become” through the idea that the material is a hindrance. “Becoming” and the means of “becoming” **is also an illusion.**

“Being” is a “state” now! Not in some future time, because the state of “being” is not of time but of the Timeless.

Millions of people are trying to combat “want” because want appears to them as a Reality, so they struggle hard to elevate themselves to a station of Life which they call a standard of living, and with the standard of living they face fierce competition and many insurmountable difficulties always questioning the justice of their unfortunate plight.

Their lives are a see-saw of gain and loss which leads to confusion and ultimate misery; they struggle for a result but the result does not come, they want security so they seek an end.

In Reality there is no end therefore their lives are a torture and many say it is not worth while.

Man’s external plight is a concrete expression or reflection of his internal state of mind.

We see then that wealth of itself is not the permanent possession of any individual because it is constantly shifting and changing hands.

Those, who understand, realize that wealth is not a sensate thing but a state of “Being” in the boundless reservoir of supply and have the right to the temporary possession of wealth.

There is no end to the boundless reservoir of supply, because there is no end to “Being.” Therefore they do not seek end nor do they seek a continuity for this is also an illusion that arises when we want to “become.”

Those who understand, enjoy ownership during the span of a life-time on earth which is of a brief duration, they know that at the fateful moment of their earthly exit their material riches become the possessions of others while the boundless reservoir remains, unchanging and Eternal.

Therefore if you would be rich with contentment, seek the boundless reservoir of supply that is within the Consciousness of God and which is also

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within the consciousness of man himself. From this source we attract wisdom and love, which is the greatest wealth man can have and with it comes all material things as well.

In the Bible we read where Solomon asked only for wisdom and because he did not ask for wealth for himself he was granted all this as well. This is the unfailing colossal power of our magnetic attraction and not in wanting and not-wanting, having and not-having, which cause conflict and confusion in the mind.

The human mind is the manifestation of the Divine Mind and is the bridge to the boundless reservoir of supply, God and man being “one.” But this can only be realized in the state of “Being” and not in a state of “becoming,” through this link issue the tremendous electro-magnetic waves in the form of intelligent thought. It is a powerful magnet that attracts from the boundless reservoir of supply all the good things that God has prepared for those who love Him. We love God through our neighbour, by loving our neighbour as ourselves.

With this understanding we will ask and we will receive, we will seek and we shall find, we will knock and it will be opened unto us—the great storehouse of God, who has already prepared all the good things for those who Love their neighbour as themselves, and there is no limit put to what you can take.

Impatience must be guarded against, impatience shows a lack of faith and understanding. Patience and understanding are the basic factors of victory.

Transmute the energy of desire into that state of “Being” then there will be an end to the many desires which overpower the mind with duality. The wrestling with duality, having and not-having etc., will only produce failure and the opposite result.

Do not dissipate your energies with sensate values, but seek that state of “Being” which alone brings true, happy and permanent results.

When you have found the secret of opening up to the boundless storeroom of supply, all the good things that God has prepared for you will pour forth in abundance. Wisdom and Love are the great fortunes that man can inherit and with this will come all else, for they are the keys to all things above and below. Your problems are solved and the enemies of ignorance are entirely vanquished.

Thought, through its own conditioned state, can never find that which is “complete.” If your thought is conditioned with opposites, how can you

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find that which has no opposites? When you see the false the false drops away. Then the mind is in a state of high receptivity and there is a great peace in which there is no fear.

When there is no fear there is Love, when you love you are not calculating, your whole heart, your whole being is open. But when you merely think about love or about a person whom you love your heart is empty. When there is Love then there is no fear of want, no fear of death; fear of death, fear of want is in “becoming” not in “Being.” In the state of “Being” Love has no claim, has no wants, and that is the beauty of Love. Love does not claim, does not demand, and when there is love there is no want, no death because there is no fear.

Love is “Being” moment to moment. Therefore Love is its own Eternity, this is why the prophet said, the mind has not conceived the many good things that God has prepared for those that Love. Thus the great storehouse, the boundless reservoir of supply, is open to those who Love. Then “Love thy neighbour as thyself” and God who Loves all will fill your cup overflowing for all He has is thine also, “I and the Father are one.”

“Return unto thy rest, O my soul; for the Lord hath dealt bountifully with thee. For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling. I will walk before the Lord in the land of the living.” (Old Version).

Benediction

O Eternal Beloved, Thy storeroom is ever open to me and now I care not what my possessions may be, for all belong to Thee.

Thou hast granted me the use of all that is Thine for Thou hast told me that all was also mine.

My state of “Being” is one with Thee and now the veil of ignorance has vanished that separated Thee from me, O Eternal Beloved.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #6 (18th November 1952) in the book “The Secrets of the Science of Life.”

April 1953

My dear friends,

Attached to your Monthly Letter sent out last month was a special notice. This is done periodically to enable us to get a true list of all desiring this Monthly Letter.

Please do not delay in returning the slip with your name and address in block letters so that you will continue to receive your Monthly Letter.

If this slip is not returned within a reasonable period, your name will automatically be scratched from the mailing list, so please do not delay.

If you do not receive your Monthly Letters please let us know, as there are many thousands sent each month and a mistake can occur.

It is my desire that as many as possible will receive the letter because of its great value in bringing about a better understanding among the peoples of the world and assisting you personally in solving your health and other problems.

I appreciate very much the many letters received last month. Here are a few extracts:

“You will be glad to hear that Mary has completely recovered, the paralysis has disappeared. God bless you.” M.C.T. Natal

“I am writing to thank you for your wonderful help, the condition I spoke to you about when I visited you last week has been completely solved. Thanks for your wonderful wisdom.” A.T. Capetown.

“I cannot thank you enough for the healing of my baby. The doctor told us that only a miracle could save it, when we wired you we were in despair, but when your reply came we felt sure that he would recover. Now the miracle has happened, our baby is completely healed. God bless you for ever.” A.C.M. Transvaal.

SLAYING THE GOLIATH OF THE SELF*

“He who receives you receives me, and he who receives me receives Him Who sent me.” Matthew 10: 40 (Moffatt)

* See Notes page 372

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Civilization that had given the promise to man of a healthy, happy, satisfying and full life has led him into the desert of fear and insecurity.

The present machine and power age has given to small minorities the tremendous privilege of domination of the individual which, combined with a monopolistic financial autocracy, has put in the hands of a few the power of economic life and death over whole nations. The reaction of the individual is towards the organisation of strong protective groups. Thus labour and other councils have been born, heading towards communistic ideals.

Civilization, that has given this age advanced medical scientific knowledge, is now striving to cope with an overwhelming breakdown of the health of the peoples of the world.

The storehouse of the mind of man had promised a wealth of beauty in word, thought and deed, but man has been deceived and misled and finally deserted in the wilderness of confusion.

The failure to maintain mental balance in the face of stress and strain of modern conditions is evidenced by the fact that one out of every five people enters a mental hospital as a case and the breakdowns in health are double that number.

The Spiritual aspect of human life has been broken up and confused in the clash of personalities and is perplexed with the many dogmas and creeds fighting each other in the pursuit of domination, like a raft of logs on a placid river being overwhelmed and scattered by a blast of an invisible hurricane and now caught up in a bank of mud of hate and superstition.

Civilization indeed stands accused at the bar of human suffering. Why is this, and what of the future of mankind?

The solution is not to be found through conferences, blueprints or through the substitution of new leaders for old and so on. The solution obviously lies in the creators of the problems, in the creators of the mischief, of the hate and the enormous misunderstanding that exists between human beings. The creator of this mischief, of these problems is the individual you and I and not the world as we think of it, for we are civilization, we are the world.

The world is your relationship with each other for the world is not separate from you and me. The world society is the relationship that we establish or seek to establish between one another. The world is the projection of ourselves and to understand the world we must first understand ourselves, no matter how we might try to excuse ourselves by putting the blame somewhere else the problem remains the same—the understanding of the self.

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We must see clearly that the tempo of life we create mostly on the material, emotional and scientific planes has increased during the last decade. The pendulum has swung too far without the compensating balance of a developed mental and spiritual consciousness.

Thus the destructive mental outlook of the individual has become a crystallized basis for human reactions. The emotions of fear, envy, greed, selfishness and vanity, have created a confused mental condition which prohibits constructive and creative reactions. The result is the slow but sure out-picturing on the physical plane we see in the world today.

Is it not so that the mass of individuals has created higher false values of temporal and temporary things while only a few seek with ecstasy and enthusiasm the peace, love and harmony in Spiritual understanding? But Spiritual understanding only comes through the process of understanding ourselves which is not an isolating process.

To "Be" is to be related and there is no such thing as living in isolation. It is the lack of right relationship that brings about conflict, misery and strife. If we can create true relationship in however small our world may be, it will be like a wave extending outwards all the time.

If we can bring about a transformation of our relationship with one another, not a superficial, but a radical transformation, then we will begin to actively transform the world which is ourselves. But real revolution is not in accordance with any particular pattern, either of the right or the left, but a revolution of values, a revolution of values away from temporal and temporary things and the influences of environment, to values of that which is Eternal and Ever-present Reality.

To find these true values that will bring about a radical transformation and regeneration it is essential to understand ourselves. Self-knowledge is the beginning of wisdom, therefore the beginning of transformation and regeneration.

This understanding is spreading to all parts of the world, but it is not as deep as it should be to become an uplifting force. Because although most of us are discontented, our discontent is merely a channel to bring about a certain result instead of setting us aflame causing us to question Life and the whole process of existence.

Therefore it is more important to us to find these things out for ourselves because self-knowledge cannot be given to us by another, nor is it found in

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any book, nor is the mere casual wish to find out about oneself of much value, there must be deep discernment of our thoughts, motives and actions.

When the fever of hate abates we will feel the strength of that which of Itself is Love, the only influence that will bring in a new world era.

Even if it only be a little pebble out of the brook of Love at first, it will slay the Goliath of world selfishness and hate. Things that appeal to the five senses-mind are not Realities, they are misleading and illusory, they are temporary and temporal and are only of value to the individual while they are the object of material and emotional desire which leads to conflict and antagonism.

The mind of man is confused with crystallised concepts, conflicts, ideas, dogmas and creeds, and nationalities that only add further distorted reactions to our experiences. From this basis springs up the race mind which breeds the seed of war.

To follow truth you cannot be tethered, therefore to know yourself there must be the awareness, the alertness of mind in which there is freedom from all beliefs and ideals, because beliefs and ideals only give you a colour preventing true perception.

To only pursue an ideal leads you away from what you are and this is but an escape. It prevents you from discovering what yourself is. If you want to know what you are, you cannot have a belief in what you are not. If I am greedy, envious, violent, merely to have an ideal of non-violence is of little value. But to know that one is greedy and violent, to know and understand it, requires deep perception, it demands honesty and clarity of thought, in this alone there is freedom.

So the understanding of what you are, whatever it may be, ugly or beautiful, kind or unkind, the understanding of what you are without distortion is the beginning of virtue. Virtue that merely brings out respectability is not understanding and freedom.

Being virtuous and becoming virtuous are two different things. Being virtuous comes through understanding what you are, becoming virtuous is the covering up of what you are. To merely have an ideal of what you are not, is not virtue, but coming face to face with what you are is virtue. Virtue is an understanding of what you are, therefore brings freedom, while so-called virtue is illusion and bondage. If you do not know what you are, what are your hindrances to the expression of Reality, striving to become virtuous will not make you virtuous. Reality can only be found in understanding

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what you are, and to understand what you are brings freedom, freedom from fear of what you are or what is.

Virtue is not a matter of time. Virtue is freedom, immediate release—is this a matter of time? Are you kind, generous, affectionate through the process of time? Will you be kind the day after tomorrow? Can kindness be thought of in terms of time? Affection, mercy, generosity are the true expression of Life, they are the only solution for all our problems, but our so-called virtue cannot solve any problems, therefore there is no virtue in “becoming” only in “Being.”

Can you say that you have goodwill towards all? But goodwill is essential, otherwise we can never solve our problems. Have your politicians, your leaders, both in religion and commerce goodwill towards all? If they have not goodwill how can their followers have goodwill towards all? Then is the use of conferences and the like, without goodwill which is real affection and without it we can never solve our problems.

So most of us, like politicians and the vast majority of humans, are unkind. They have not got the goodwill that is the only solution to all problems. Since they have not got goodwill it cannot be a mere question of time whether there will be goodwill tomorrow or ten years hence.

Now if kindness and mercy are not a matter of time, why is it that we are not kind now? If we can understand why we are not kind, this understanding being immediate, now, we shall be kind immediately, now. Then we will forget what nationality we are, to what religion we belong, what our differences are, we will immediately be generous and kind.

My intention to be kind is futile if I do not know the cause of my unkindness. Therefore I must know the whole process of my thinking, and upon what my thoughts are built. When I see the falseness of the structure, it will immediately fall away, so the study of oneself becomes more important than becoming virtuous.

The world, which is the self, can only be raised in consciousness, in the first instance, by the action of the individual. Then the seeker who seeks out his or her own hindrances, is helping humanity and will attain the Christ Consciousness now in performing a significant part in bringing nearer the Kingdom of God on Earth.

“He who loves father or mother more than me is not worthy of me; he who loves son or daughter more than me is not worthy of me. . .” Matthew 10: 37

Benediction

O Eternal Beloved, Thy nature is born in every soul, yet covered up with the ignorant self.

When I discern the nature of the self that covered up Thy beauty I was freed, then I found that this freedom alone was virtue.

What I thought was virtue was but an illusion in which I was bound, for there is no virtue in the self. But now, O Eternal One, I am free, through understanding myself. Without condemnation, without fear, I found freedom and Love. Then I found Thee, my Eternal Beloved.

This is my virtue, O Eternal and Ever-present One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #7 (25th November 1952) in the book "The Secrets of the Science of Life."

May 1953

My dear friends,

Don't forget to send in your form with your name and address in block letters if you want to receive the Monthly Letters. A revised list is being compiled and if your name is not on this list you will not receive the Monthly Letter. This is the last time I will mention this to you.

Recent applications will automatically go on the revised list. But if you do not receive your Monthly Letter let us know.

Naturally I have received hundreds of letters this month, telling of the wonderful help received from the Monthly Letters and I can only print a few extracts. Here are some:

"Your Monthly Letters are a Godsend I do not know how I could exist without them." A. M. Australia.

"The great Truth revealed in your Monthly Letters have virtually raised me from the dead. God bless you and your great work." D.C.D. New Zealand.

"Words cannot thank you for what you have done for the whole family. The transformation is really a miracle, every day I thank the Almighty God for these Monthly Letters." H.G. England.

"Your Monthly Letters are to me the greatest joy, I do not know how I lived without them. In fact I did not really live until your Monthly Letters came to me." G.C.D. Ireland.

"I have been blessed indeed to receive your truly inspiring letters. My Life has completely changed. Thank God and you." A.D. Scotland.

"The pleasure your Monthly Letters give to the whole family is greater than words can describe. We look forward eagerly to the end of the month when your letter comes, then we gather round and Dad reads it to us. I am just 16 years of age and I know now that God is not some myth afar off but is my Real Self. I wish that all young people like me could have your wonderful letters." A.R.G. South Africa.

WHAT IS AWARENESS?*

“Set your heart on the higher talents. And yet I will go on to show you a still higher path.” 1 Cor. 12: 31

The majority of people talk so ignorantly of that which is within. Do we not talk of that which is within as something that is separate from ourselves? So we create an image of that which is within. But that which is within is not an image, it is not an idea nor a belief.

Now, an image, an idea, a belief is self-created, so we create an image, an idea, or a belief in a God according to our own standards, each having a God of his own, separate and distinct from the other and certainly separate and distinct from ourselves.

Look into your minds and you will see that this is so. Then this thing within is worthless to you, it has no more power than an image, an idea, a belief which has no power of its own only the power you give to it, therefore your God is a relative God and what is relative has no power at all, therefore your God is a false God.

The prophet, seeing the truth, says, “thou shalt not have an image before me.” Therefore an image in the mind is just as false as an image of stone or wood or any other kind of image which the majority worship at a shrine, a shrine that is outside themselves.

What I want to do in this letter is to show you the falseness of “an image, a belief or an idea” of Reality. Without this understanding there can be no love, no freedom, no relationship with one another, only an isolation which we build up through our ignorance of the truth of our “Being.”

Those who are always talking about the truth and have no awareness of “Being” are in the same position as those who know nothing at all about “truth.”

It is only when we begin to know the process of thought, images and ideas do we find that which is “beyond,” then you will know yourself to “Be” now. This “Being” is a continuous conscious renewal of Life Itself. When you know yourself to “Be” which is not an image of that which is within, there is “awareness.”

This “awareness” is not a thought, nor an image nor an idea, it is not something apart from yourself. I cannot put it into words, to put it into words

* See Notes 378

would make it relative, that is why I cannot tell you what it is, even while you are reading this you are trying to make an image of it. But if you can stop your thought-process you will find that which is beyond your thought-process, you will begin to “understand.”

Your thinking or thought-process arises from memory and experience, you can only think about what you know, your experiences, your hopes, your ideas, your memories etc., but you cannot think about that which you do not know, therefore when you stop thinking and speculating about that which is beyond, “awareness” comes in the silence of the mind.

This then is the Real you, that is Eternal and Ever-present, but immediately you begin to think about it, don't you see you make it relative again? It becomes an image, an idea in the mind.

Life is serious, Life is very earnest. It is only the empty-headed and the dull at heart who are trivial and if you are bored with the serious things of Life it indicates your immaturity.

Life and death is a question with which everyone is concerned, no matter who they are, from Kings and Queens down to the most humble in the land.

One may be a high official of the church or of the nation or of the world with titles, wealth, position and a red carpet etc., but there is the inevitable end of it all—physical death. So most people are desirous of a continuity not of Life Itself but of the relative world—but physical death puts an end to it. Do you understand what I mean now by the “relative”?

Unless we can have true values we are lost in the relative, all our thought-processes will not discover the Real. So the problem is how to have continuity in spite of death.

Now you want an assurance from me! If I do not assure you, you go to someone else or to your books or to the various other forms of distraction for an escape.

This is the eternal problem that eludes the mind and because the minds of the majority are clogged with images and ideas and beliefs the awareness of Reality is submerged, so the task is to free Reality from images, ideas and beliefs that clog the mind.

These images are the prison walls that we create for ourselves. The only escape is to discern them, and all that is in the mind before we can understand what it is, but few have the capacity to do so. Yet it must be done by

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yourself and yourself alone before freedom comes, and when you are free from all that hinders the expression of Reality, there is “awareness,” the Real Self is **revealed through awareness**. Your Real Self is also within every other Self for there is no separation in Reality. “I am in you, you are in me and we are in the Father,” “the Father and I are one.”

This Wisdom can only come when the outer self has dissolved away with all its appendages of hate, envy, greed and superstition. This self is the foundation of separation which is false, having no existence in Reality.

Now, when you try to free some people they only create more images, images of themselves as this and that. It is that which creates the image that is Real. Consciousness is creative, Consciousness is cause! And Consciousness alone has awareness, but you cannot discern or analyze consciousness, it always recedes and what you are analyzing or discerning is relative.

An image has no awareness, has it? Images change, do they not? and the point is lost again! It is not by thought-process that Reality is reached but through deep discernment of that which is not Reality. Then the realization of your awareness, your Real Self, takes place. Now, do not try and make an image of it, because it is not an image. It is “Yourself,” the Real you! “I am the Life,” “the Father and I are one.” This is not an image in my mind but a complete realization of my oneness with the Father.

When you analyze anything you create images about it, but what you analyze or create images about is relative and not Realty. Images are of the mind, but Reality is beyond mind. What is in the mind has a beginning and an ending, but Reality is Eternal and Ever-present.

Yet images do not bind you if you are ready to change them at any moment, when new knowledge comes along. But images have no power of their own but will bind you when you believe in them. Images, ideas and beliefs will die and fade away, but that which creates remains Eternally and Ever-present. You can go on analyzing till doomsday but that will not lead to the Real, because you will be caught up in your analysis. In discerning the false we must not be caught up in that discernment but be able to stand aside and watch the process taking place.

Therefore to be aware is not to have an image of yourself but a realization of your true self and not a separate self. This comes only when you have eliminated all images, ideas and beliefs in a God outside yourselves.

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Creativeness, which is myself, is never separated from the mighty Intelligence which is behind all Creation. It is my active partner with a knowing how, out-picturing what I am aware of—this is creation. Creator and creation are not separate, the cause and effect are one.

When we see the effect we know the cause and when we are aware of the cause we know what the effect is going to be.

This is the self-revealing process of Reality, it fulfils the direction of the consciousness, and the consciousness of man can be none other than the Consciousness of God, God being omnipresent and omnipotent and omniscient. Therefore the Universe is ready to fulfil what you are aware of, “whatsoever I ask of the Father He will do so unto me.”

No one knows what electricity is, but we know that it is, for we see the manifestation of electricity in the form of power, also in the form of lights, millions of them in the city, but only one electricity behind them all. This electricity responds to our direction when we follow out its law of operation.

Here we see an Intelligence in action which is automatic in nature when we act on the law upon which it operates. This is the Universal Intelligence in which we exist, and we consciously or unconsciously direct this mighty power into operation, for and against us according to our understanding.

Is it not necessary then to know that which is false so that our consciousness will not be caught up in reaction to effects external to ourselves? We know that we cannot destroy matter, we also know that we cannot destroy energy, but we can direct it so that it can transform matter.

We learn that the mighty Intelligence is automatic and responds to the direction of the consciousness. When you are consciously creative the Intelligence automatically out-pictures the creation. Yet the form can be transformed through a change in consciousness in regard to it.

When awareness of the self is realized, things no longer matter very much. Conflicts which were once a reality to you no longer exist now. For the Real Self expresses itself in Love, Wisdom and Power and is capable of solving all problems.

“Love never disappears. As for prophesying, it will be superseded; as for ‘tongues’ they will cease; as for knowledge, it will be superseded. For we only know bit by bit, and we only prophesy bit by bit; but when the perfect comes, the imperfect will be superseded.” 1 Cor. 13: 8-10.

Benediction

The door opened before me because of Thy coming in the likeness of our Father. Everything shone with Life as I understood Thee, O Blessed One.

The ground on which I stood thrilled me because of Thee, and everywhere dumb Nature revealed Thy Presence, Thy touch everywhere revealed Thy Nature and I sank into Thy Perfume of Bliss, O Blessed One.

I beheld Thy Sanctuary hidden within the Silence of my Soul, and upon Thy Altar of Sacredness plays Thy Fountain of Joy, O Blessed One.

With my heart full of Love, I catch and drink Thy Living Water, then I know I need thirst no more, O Blessed One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #8 (2nd November 1952) in the book "The Secrets of the Science of Life."

June 1953

My dear friends,

There has been an overwhelming number of letters this month. It is really gratifying to see the thousands of people who are enjoying the Sanctuary Letter all over the world, all unknown to each other.

When I read the many letters received this month I thought what a good thing it would be if people got to know each other all round the world and the Sanctuary would be doing a great service in introducing pen friends from one country to another.

Think it over and write to me what you think about this, then we will find ways and means of putting it into operation.

I am sorry I have not the space except for about four letters this month:

From England, "your monthly letters are most inspiring. We eagerly look forward to the beginning of the month when they arrive. The health and happiness of the whole family is centred around the Monthly Letter. God bless and keep you."

From Africa, "words cannot express my feelings for the wonderful help you have given to us. There are seven in the family and the youngest is sixteen years old and a great enthusiast. God bless you and the day we were introduced to the Sanctuary. Your Monthly Letters have made a great change in everyone of us."

From Australia, "I do not know how I existed without your wonderful letters every month. My health has improved 100%. I am a Headmaster of a large school and I have put into practice what I have learnt from you and the results are astounding."

From New Zealand, "enclosed find the form for the Sanctuary Letters, they have been a God-send to me and my friends. I pass them round after I have read them and the back numbers I have put into a book when I am in doubt about anything I find the answer there. I do not know how I can ever thank you enough. God bless you."

ISOLATION IS A CAUSE OF CONFLICT

“And what I say unto you I say unto all ‘watch’” Mark 13:37.

In understanding relationship which is the conduct between human beings whether intimate or foreign, whether close or far away, we will begin to understand the whole process of existence.

Our relationship at present is a process of isolation and therefore a constant conflict. By isolation I mean that we are all the time seeking security, gratification and power and where there is the desire for security, for protection, whether it be between individuals or groups or nations, there must be isolation and isolation invites conflict.

Anything that resists is bound to create conflict between itself and that which it resists, and since most of our relationship is a form of resistance we create a society which breeds conflict within and without.

So let us examine relationship as it actually works in our lives. Our actions, our thought-feelings, our motives and intentions bring about relationship with one another whether it be an individual, groups or nations.

When we talk about independence we wave the flag with all the rest of the propaganda that makes for isolation, and unless we examine our relationship we cannot reveal ourselves to ourselves.

Now, if we examine our relationship with another we will see that it is a process of isolation, we are really not concerned with the other, though we talk a great deal about it, actually we are not concerned with the other at all.

Our relationship to another exists as long as that relationship gratifies our needs, our wishes, as long as it gives us refuge, but the moment there is a disturbance in that relationship, which produces discomfort, we discard that relationship. The fact is that our relationship exists as long as we are gratified. This may sound very harsh but is nevertheless true, for when we examine our actions and thought-feelings very closely we see how true it is, and to ignore this fact is to live in ignorance, which can never produce right relationships.

So when we look into our actions and thought-feelings we see that we are building a resistance against another. No matter how many groups you form for the advancement of man, the same conditioning exists. So we create division between us and the other, in either a psychological division, a material division, an economic division or a national or group division. As

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long as we live behind any of these divisions there can be no relationship with the other.

We think we are secure but our security is an illusion. Is it not because there is so much misery, war and destruction in the world, that we want to escape and live in that so-called security behind a group or a group of nations etc? So our relationship becomes a process of isolation. That is exactly what is happening throughout the world today.

Nations and groups have been formed and reformed with governments, armies etc., and we call it a brotherhood, we call it unity for world peace. This is impossible as long as we have frontiers, whether it be national, economic, religious or social, it is an obvious fact that there can be no peace.

Apparently some of you have not yet searched deep enough within your own minds to see what you are doing. You are still relying on some external group to bring about this so-called peace you so ardently seek. You are just looking outside yourselves for the answer which will never come.

If our own relationship is isolation how can there be true relationship in the world? What the individual is, so the world is.

I am writing this lesson for the express purpose of clarifying what I have said in the past and to make it clear to you that true relationship begins with you and not outside yourselves.

We isolate ourselves because we want power, individual or national. The desire for power is separation. If we dominate another, whether it be in the home or the office or in the nation, we create an established society which is based upon power which creates resistance and conflict. The very desire for power, for domination, is isolation. So we are isolating ourselves, thereby creating resistance.

I can only show you what you are doing, and if you yourselves do not see what you are doing then there is no hope for the world or the individual that is isolated. So if we want a world of peace, where there is no destruction, no appalling misery, if we want peace for the individual and the world we must understand this one fundamental question of relationship.

Let it be clear now to you all that as long as you, the individual, seeks power, however much or however little, whether it be Prime Minister or Governor, merely employer or employee, a husband or a wife in the home, that is as long as you desire the sense of domination or compulsion, the sense of holding power, surely you are bound to create a society which is

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the result of an isolating process that begets resistance, and where there is resistance there can be no relationship.

This false sense of the self is the factor No. 1 in the process of separation, which breeds isolation. Isolation begets resistance and resistance begets strife and misery. A person who is kindly and understanding has no sense of domination. Therefore such a person is not bound to any nationality, to any group, for as long as you have separation in relationship, in individuals, in nations or groups, there is bound to be resistance and this leads to conflict and misery. I hope that your mind is capable of grasping what I am saying, for without understanding this you will continue to perpetuate your misery.

Any person or group or nation or group of nations who seek power as a form of self-protection, even protection from that which they call God, is still caught up in the isolating process. Isolation then produces resistance and conflict which leads to further destruction and not to peace.

It is obvious to you then, I hope, that as long as relationship is based upon power, domination, there must be the process of isolation which immediately invites conflict. Therefore there is no such thing as living in isolation. No country, no people, no individual can live in isolation. Yet because we seek to dominate in so many different ways, we breed isolation.

If we identify ourselves with any group, whether it be religious or national, we build a wall against the other. When we build a wall against something that something is constantly beating against our wall, and when we resist something it indicates that we are in conflict. Jesus said, "resist not evil."

So unless we understand our relationship with others we will never know ourselves and by not knowing the self we live in ignorance. Therefore an individual who identifies himself with groups, with nations, and talks about brotherhood is a liar for he is living in a state of contradiction.

That is why it is very important for those who wish to create a new culture, a new society, a new state, first to understand themselves. To understand oneself with the various inward movements and fluctuations we will understand the motives, the intentions, the perils that are hidden, and only in that understanding is there transformation and regeneration.

We shall only create a new culture, a new society, which will not be based on conflict, when we understand ourselves. If this has not sunk deep into your minds it is useless to look to someone outside, some outside means to bring it about. For without understanding oneself in relationship with another, and the ways of one's mind and heart, merely to establish or depend upon

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an outside group or system, which is a mere cunning formula, has very little meaning or value.

True relationship is immediate transformation, and only in this way can we bring about a fundamental basis for peace and understanding in the world. This will come only when the walls of isolation are destroyed, and this can take place only within individuals understanding themselves.

I have taken this whole letter to explain this most important question which I hope you will now all understand. Then do not rely on any outside power to transform the world, for it cannot be done until the individual himself or herself is transformed through understanding the self and the ways of the self.

“You must love the Lord your God with your whole heart, with your whole soul, with your whole mind, and with your whole strength.” “You must love your neighbour as yourself. There is no other command greater than these.” St. Mark 12: 30-31.

Benediction

O Beloved Wholeness, Thou art one. Thou art alone living in each individual.

In Thee there is no division, no separation. This is Peace, Love and Wisdom for all.

Yet in the mind of man the seed of dissension has arisen through desire for the power of the self.

In ignorance man has pursued a state of isolation and separation which is contrary to Thy Will.

O Beloved wholeness, Thou didst send Thy son into the world to show the way but man nailed him to a tree.

This sin has dogged man ever since and not until Thy Will, O Holy One, is made clear to the ignorant man will he ever be free of confusion and conflict through isolation and separation.

Yet the words of Thy son are still heard by those who have ears to hear. May it be possible, O Mighty One, that Thy will be on earth as it is done in heaven.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

July 1953

My dear friends,

Self-knowledge is the beginning of wisdom, therefore the beginning of transformation of the individual, consequently the transformation of the world.

This understanding is spreading all over the world through the Sanctuary Letters. The proof of this is the hundreds of letters we receive every month.

The mind of man is confused with ideas, with dogmas, with creeds, and nationalities. From this, you will see, springs the separation that breeds the seed of war.

I was particularly pleased to receive so many letters this month which spoke of this.

Here are just a few extracts to show how the mind of man is turning towards the Truth that sets man free:

“Your Monthly Letters are a wonderful help to us, they have given us a new outlook, where before we were prejudiced against other nationalities and sectarian religion, but now this has passed away and how happy we are, freed from this stupid conditioning.” M.R. South Africa.

“The enlightenment we have received through the Sanctuary Letter has not only brought us many friends, but old enmities have passed away. God bless you for the wonderful work you are doing for humanity.” T.S.B. England.

“I cannot express myself in words in thanking you for the work you are doing to bring about a better understanding between the many different peoples and religions in the world. We have a group and I read the letter each month. Our group is made up of different nationalities. The most important thing in the world, which is human relationship, is being revealed in these Letters and is a great and wonderful thing. We all send you our love and best wishes for your continued work for humanity.” I.M.G. Switzerland.

TRANSFORMATION WITHIN IS THE
SALVATION OF THE RACE*

“He said to them, ‘and who do you say I am?’ So Simon Peter replied, ‘you are the Christ, the Son of the Living God.’ Jesus answered him, ‘you are a blessed man, Simon Barjona, for it was my Father in heaven, not flesh and blood, that revealed this to you.’” Matthew 16: 15-17.

* See Notes page 388

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It is more important to experience what is said in these Letters than to discuss merely on the verbal level. What we are aiming at is to experience in the deeper strata of consciousness rather than to superficially discuss whether ideas themselves are true or not, for ideas will not transform the self nor will they bring peace and harmony.

Ideas will never transform the self or the world. Outward transformation comes only when there is an inward transformation through experience. To merely try to eliminate from our minds, bodies and circumstances adverse conditions without inward transformation is useless. Is it not the general practice to try and place health, happiness and abundance in the place of ill-health, unhappiness and lack? But this is living in opposites, reverting from one to the other.

When you switch the electricity on you expect the light, so it is with the Life within, we do not create the light, the light is the electricity, so is Life the light in man. We do not create Life, Life **is** and it is to experience Life that is essential, and not the placing of a positive in the place of a negative which is merely a conflict of opposites.

Therefore it is not a superficial change that is needed but a radical transformation which is so essential in the individual and the world, which is rapidly disintegrating. Unless there is this profound experiencing of Life Itself there can be no awareness. Without awareness our minds are bound by the paralyzing suggestions that come to us from the crude thinking of the race, suggestions that are accepted and acted upon without question. Are we not subject to these paralyzing suggestions continuously? We accept without question and act on these suggestions with disastrous results.

Impressions of fear, worry, disability and infirmity are given to us daily, the effects are sufficient to cause much sickness, misery and unhappiness. But if we can be wide awake we can discern our thinking and thereby transform the inner. But to try and think the opposite while we accept these suggestions is pure ignorance.

The Ever-present Reality is always present and It Itself is expressing Itself, therefore there is no need to cause a conflict and confusion of opposites, but this truth has not yet penetrated the consciousness of man.

Modern Science has revealed that light and sound are simply different intensities of motion, so are the thoughts of mankind different intensities of motion, self-created. To merely separate man from his thought is useless

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for man and his thought are one, man's thoughts are the result of his own experiences, his beliefs and the acceptance of external suggestions.

When man transforms himself his thoughts will be in accordance with that transformation. Therefore transformation is our first line of defence.

Matter is mind materialized, mind-substance is the basis of everything you see and feel and what you see are merely effects. Cause is within, yet the majority are reacting to effects everyday of their lives. When this is so there is ignorance of the cause. Thus we are caught up in effects because we are not wide awake, we are not discerning what our thoughts and reactions are.

Is it not so that we look to action according to a particular formula, a theory? One pattern of action here and another there, so we choose the one which suits us because of suggestions that come from without. There can be no transformation within when this conditioning exists, so we act according to the pattern laid down that suits us according to our ideals, which are generally a protection for the self. So we are faced with the problem of killing our brother in the name of religion, of peace, of a country and so on. We will not find the answer in further conflicting and opposing forces.

The true answer is not to be found in the dualistic pattern of thought. We kill because our property, our safety, our prestige is threatened, as with individuals so with groups and with nations. To be free from violence and non-violence there must be freedom from acquitiveness, ill-will and the rest. Because we do not go into the problem deep enough we are satisfied with reform, with alterations, within the pattern of duality. So within the pattern we try to bring about a modification, a change, so we manoeuvre to a better position, to a more advantageous point for ourselves. Change within the pattern only creates further confusion and pain and further disintegration.

We must go beyond the pattern of duality to solve the problem of opposites. Within the pattern there is no truth, however much we may try to capture it. If we seek Truth in the pattern we will be led to too many delusions.

We must go beyond the pattern of opposites, of the I and not-I, the possessor and the possessed for beyond and above the endless conflict of duality and opposites lies truth and creative understanding.

This is to be experienced, not to be speculated upon, not to be formulated, but to discern through deep awareness these dualistic hindrances. Thus we can experience and not merely make it an intellectual argument.

The judge is as guilty as the accused! Each one of us has built up this civilization, each one has contributed towards its misery, each one of us is

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responsible for its actions. Are we not each one of us the outcome of each other's actions and reactions? What we see is the collective result of our thoughts and actions, following a pattern in opposition to another.

No person or group or nation is separated from another, we are all inter-related, we are one, whether we acknowledge it or not. **We separate ourselves to condemn or to praise.**

The power to oppress is evil, and every group which is large and well-organised becomes a potential evil. By shouting loudly enough about the evil of others we overlook our own and the greatest evil is to kill another. When we allow such an evil, we let loose countless minor disasters. Is it not a fact that we do not condemn war, but those who are cruel in war? But war is the foundation of cruelty.

In most individuals there is confusion, there is misery, there is struggle between good and evil, not only in the individual but in the world which is the extension of the individual. Therefore no one is secure in the dualistic pattern. The important thing then is to find out our relationship to the whole confusion, chaos and misery.

Is it not so that most of us desire the good and hate the evil? Yet hating the evil does not dissolve the evil, but gives it a power that it does not possess. The Eternal or whatever name you like to call It—God, Truth etc.,—is the only power there is. All philosophers all religions have proclaimed it so, yet have they found It? It cannot be found in a pattern, in a creed or a book, or through another's belief.

I want to show you the absurdity of those beliefs. A child is affected by its parents belief in sickness, in dogma, in death which is real to them. This belief is the enemy to health and happiness as slavery is to freedom, for man's belief in slavery and disease is colossal.

When people are sick I find them deep in the belief of their disease. When I show them the error and convince them that it has no power of its own they learn the truth and are free, for the Divine Intelligence is always in operation. When we realize that, we die into Life and not into death, struggle ceases.

A belief in disease is like any other belief, so we accept the belief of another, the blind lead the blind and we all fall into the ditch. A religious belief in some outside God is the hardest to eliminate, because it is an inherited belief. When we see how our beliefs come about we will discard them.

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The self desires continuity so the self accepts any belief that will promise him this. But it is not the continuity of Life he seeks but the continuity of the self. When we discern the ways of the self and what it is made up of, we will find that it is but an illusion.

When the illusion dissolves there is true continuity of Life in wholeness and oneness, and not in separation.

When we abandon the pursuits of the self then we will find that which is beyond, and that which is beyond is Love, and Love is Eternal. Then take hold of the Tree of Life which is your salvation. Salvation is through Love alone for God is Love and Love is God, and this is what we have to experience, not merely speculating about Love. “Unless ye are born again, this time of Spirit and water you will not enter the Kingdom of Heaven.”

This **is** transformation within.

“This people honours me with their lips, but their heart is far away from me; vain is their worship of me, for the doctrines they teach are but human precepts.” Matt. 15: 8-9.

Benediction

O Eternal One, I know that Thou art I and I am Thee and Thou alone dost exist now and ever will.

Thou dost impersonally exist in every soul as Love and Wisdom.

I behold Thee as Christ. I behold Thee as Krishna, in the babe Thou art there.

In all nations alike, dark and fair, Thou art there hidden in the Temple of Love.

In the Sea of Cosmic Infinitude so do Thou appear unto me, visible and living, for Thou art the Ocean of Life, O Beloved Eternal One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #10 (23rd June 1953) in the book “Wisdom is the Fountain of Life.”

August 1953

My dear friends,

Last month I gave you a few extracts of letters showing how a better understanding of the peoples of the world is fostered through the Sanctuary Letters.

I was particularly pleased to see also this month hundreds of letters coming in expressing the same words.

It is impossible to gauge the tremendous help that can be given through these letters and through groups working for this purpose. Indeed I just received a letter from a group that call themselves the Bayne group in British Guiana.

Many other letters received reveal a constant harmonious effect through groups forming and reading the Monthly Letters to all who wish to hear the good news of the Oneness of Life and the falseness of separation.

I have not much space in this letter this month for extracts but here is one that I thought was typical of many received this month:

“We the Bayne Study Group send to you a small birthday present, we know you will not measure the material value of it but the love of grateful hearts from whom it was sent. May all blessings be on you and the Sanctuary.”
Bayne Study Group per W.A.M. Charlestown, Demarara, British Guiana.

Another extract: “I am sure that the wonderful seeds of harmony you are sowing among the different peoples of the world are finding fertile soil. We are indeed grateful for the harmony you have created in our home and among our friends who gather to read your Monthly Letters. Your letters have truly opened our eyes to all that is false, and that is all we have to see. For the Truth is Ever-present, only blinded by our stupid false thinking, living in separation. Grateful thanks.” A.M.J. Ceylon.

THY KINGDOM IS WITHIN*

“Honouring me with their lips, while their hearts are far remote; since their religion is a mockery, a mere tradition learned by rote;. . .” Isaiah 29: 13.

We are not aware of the fact that by our conceptions, ideas, opinions, beliefs we build a wall around ourselves, which prevents the expression of Reality.

It is easy to see how one is conditioned by listening to what another says. By their condemning, their blaming, their convictions, their wants, their cravings people reveal the self-created prison in which they live. We will also realize how we are trapped by habit, by environment.

But to be free from habit and environment surely all we have to do is to understand the trap of habit and environment, by discerning the superficiality and futility of one’s thought-feeling-reaction.

Most people make an image of Reality and at the same time condition themselves by their habits and environment, so they are still trapped in spite of their belief.

Is it not so that most of us talk about God as if He were separate from ourselves, we look for God away in the distance?

It is the recognition of the Divine in man’s own consciousness that makes God a living Reality now. But before this realization comes we must give up following another, we must be aware moment to moment of our own conscious thinking and the influence of the unconscious with all its accumulations. When this is understood we will know how we are conditioned. Through this self-knowledge, this conditioning ceases and when our conditioning ceases there is Reality.

When our conditioning ceases, God begins to work in us and that work never ceases but goes on expanding into more and more radiant forms of beauty. The unhindered expression of Reality is Love, Wisdom and Power, and is beyond time and space—the deathless and birthless being a never-ending expansion from within.

This is the glorious truth which is not an imaginary thing but an actual Living of Life Itself. It is the Father who ever remaineth within me is performing His own deeds.

* See Notes page 394

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The germ of the new heaven and new earth is maturing and is now only waiting as St. Paul says, “for the manifestation of the sons of God to follow up the principle of evolution into a further expansion of the glory yet to be revealed.”

Man’s true state is realized through the truth of his being now, firstly in the individual and then in the race.

It is in the understanding of relationship without condemning or identifying ourselves with something or merely using our relationship as a means of escape from ourselves that reveals our “Being.”

Relationship is a mirror in which I can see myself, but to see myself directly is very unpleasant so I try to avoid it. But without relationship there can be no Life for nothing can exist in isolation. Yet all our efforts are towards becoming isolated, herein lies the conflict.

Relationship for most people is a process of self-isolation, self-enclosure, which breeds friction, and with friction comes pain, suffering, unhappiness, so we want to run away. We want to follow someone else to find release. We try to live in the shadow of another or in a monastery or a philosophy etc., which further conditions us.

These things are all the same because they are merely escapes, because we want to avoid seeing the cause which is ourselves. But the very running away only creates further misery and confusion.

Our relationship is the mirror in which we can see ourselves clearly. To see clearly there must be no condemnation, acceptance, resistance, justification or identification.

Only when we are simply and freely aware, without conditioning, can we observe not only the superficial reactions of the mind but also the deep hidden reactions, then there is spontaneous release. But if the mind is conditioned, shaped and bound there can be no spontaneity; therefore no perception of the cause of conflict.

We now see that no one outside ourselves can give us freedom from conflict and confusion. We try to hide behind a screen of words, follow a religion, lose ourselves in a book etc., only to get lost in a maze of ideas of another.

It is only when we become aware of the process of our thinking and that from which it arises, is it possible to understand and be free from that friction which we seek to avoid.

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Much of man's fears are formed by his lack of understanding of the materialized world that surrounds him. It is not the phenomena of the world that we must ponder over but the power that lies behind these phenomena. For this will bring us to the indwelling Life—the Presence of the Divine Consciousness which is the cause of all perfect objective phenomena.

The cause behind form is more important than the form itself. The indwelling Life Intelligence is the power behind all things, seen or unseen. This Ever-present Divine Intelligence comes into Being immediately we become unconditioned.

When Solomon asked only for wisdom he did not condition himself and in his freedom all else was granted unto him. For surely the Divine is all there is, “all that is thine is Mine and all that is Mine is thine.”

Immediately you become aware moment to moment, the Indwelling Life, the Spiritual energies, begin to work outwardly, expressing themselves in mind, body and circumstances.

Conditions are created by man himself through not understanding himself. He misinterprets what the senses reveal so he reacts, conditioning himself, and his thoughts, being the expression of his beliefs and ideas, his conditioning leads him away from Reality.

The Cosmic Wholeness which occupies every atom of space is ready to move through us when we free ourselves from our own conditioning. The fullness of Its ever-increasing abundance is our complete joy of Living.

All is mind and within mind all matter and form is but a manifestation of mind. A free unconditioned Consciousness is Divine, therefore Divine Consciousness is the moving factor in man. Hence the Father doeth the work.

Without knowing yourself, merely to concentrate, to conform to a pattern, to follow a system or to try and quiet the mind through discipline only leads to further confusion. But when we begin to see the ways of our own thought, without identification as when you are observing a bird or somebody else, then in that awareness the responses of your conditioned state come to light. In that spontaneity there is the discovery of yourself and the more you are aware of the ways of the self without justification, without condemning, the more there is freedom and in this freedom there is Reality.

In this conscious creative state sin and death are dissolved away, and Life and immortality is brought to light in this Life here and now.

There is only “One” and there can be none other but “He” and to love Him with all our heart we must of necessity first love our neighbour.

AUGUST 1953

This is infinitely more beneficial to us than all our prayers, offerings and sacrifices.

The offering of prayers year after year has never taken the sense of error out of the world. If the teachings of Jesus had not been mutilated to suit the dogmatists and separatists, man would have freed himself long ago from imitation and belief, which is causing so much separation and strife in the world today. Good prayers are our acts, false prayers are our words, "By their fruit ye shall know them."

It is not all those who say, "Lord, Lord," shall enter the Kingdom, the Kingdom of Truth within, which is free from all conditioning. It is not those who say, "I see" but those who do, so that the world will be wiser for the transformation. It is easier for a camel to pass through the eye of a needle than for one who is only learned in worldly knowledge to embrace the Truth of the Living Christ.

It is this great Truth that we must see. It is not an intellectual reaction that is required, but action so that transformation can take place immediately. Unless we can see that we are lost in a host of images that mean nothing, we will continue to be lost in images and ideas which blind us to Reality, so the blind lead the blind and they all fall into the ditch.

When freedom is obtained you understand, you think purely and move fearlessly even in the world of shadows. There is no more hindrance when you know all your accumulations are but memories. The Word that was in the beginning is now, and is made manifest in the flesh. The flesh has no say in the matter, so the Word remains immortal.

The Consciousness of the Divine moves in the individual and just as the planets are planned by the great Architect of the Universe, so the same activity is moving man and there is nothing to fear. Man creates his own fears and hopes through his ignorance of the Truth of his Being.

In this discovery we find that there is only "One Being" and there is none other, therefore this "Being" must be our Being for there can be none other. Therefore I am and you are the same Being. There can be no isolation in Reality. "The Kingdom is within you."

"Honour conferred upon a fool is like a bag of gems laid on heap of stones." Prov. 26: 8 (Moffatt)

Benediction

O Eternal One, I was made for Thee alone;
My hands made to serve Thee, Thy Love and Wisdom expressing
Thy Nature everywhere;
My eyes to see Thy beauty with flawless perception of Thy creation;
My ears to hear Thy Divine melodies flowing through all hearts in
adoration of Thy Presence;
My lips made to express Thy Divine inspiration and kiss the mouth
that holds Thy Love entwined;
My heart made to respond to Thy call alone, that leaps from the hearts
of all in need of Thy Love;
And now may my soul become the Spring of Living Water from which
all who seek may drink of Thy Everlasting Love and Wisdom, O Eternal One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #9 (16th June 1953) in the book "Wisdom is the Fountain of Life."

September 1953

My dear friends,

It is evident that when we take the Greater Vision away from the limited self and its desires, there is a foundation for true healing.

When we think of others more than ourselves the Mighty Intelligence that moves in all of us seems to take a hand in our personal lives. This is natural because is it not the same Life that is manifesting as a whole everywhere?

This thought is pregnant with wisdom and its application will bring about benefit not only to the world but also to ourselves, for are we not the world?

Here are a few extracts from the many letters received this month:

“I am deeply grateful to you for your wonderful Monthly Letters. I look forward eagerly to them and when I read them I hand them round to my friends. They have created a deep impression on everyone who has read them.” C. S. New Zealand.

“The greatest thing in my life was when I contacted the Sanctuary of the Silent Healing Power. Prior to this I was a dejected irritable person. Now my life has changed and I have many friends. My health has improved so much that my wife says she is thankful for your Spiritual help.” A. J. C. Holland.

“Every day I give thanks for your words of wisdom expressed in the Monthly Letters, words cannot express my appreciation of the help you have given to me. May God bless you and your wonderful work.” N. C. E. Transvaal.

“I need scarcely tell you how much I feel your letters have and do benefit me in so many different ways and I always welcome their arrival and enjoy reading them and lending them to those I feel will appreciate and benefit from them also. I always carry one in my handbag for perusal in waiting rooms and on short journeys.” A. M. H. Australia.

THE UNKNOWN CANNOT BE KNOWN.
WHAT IS KNOWN IS NOT THE UNKNOWN*

“For I have given you an example, that ye should do as I have done to you.” St. John 13: 15.

* See Notes page 399

THE SANCTUARY OF THE SILENT HEALING POWER

When we rebel against effects we only increase their intensity without gaining any understanding or relief. The most destructive conditioning today is brought about through the battle between individuals one way or another.

In every nation, in every group there is a conception of Reality which they call God. But is this not just an intellectual approach to Reality? Most people are discussing Reality so as to find out what Reality is, hence we have so many different philosophies, so many different religions.

The mind cannot comprehend Reality but we can translate Reality into our daily living by understanding that the only way we can approach Reality is by affection and Love, then we find ourselves giving expression to Reality Itself, thus we translate Reality into our everyday Life.

Most people are trying to corner a bit of Reality for their health and success. If they succeed they say they are expressing Reality, but when they find that it does not work there is frustration. This is not expressing Reality, it is mere suggestion in opposition to another suggestion or idea that is held hidden in the mind and according to the dominant idea so will be manifested.

We must realize that there is only one way to express Reality and that is through Love and affection, then there is no frustration, no opposition, for Reality can only express Itself through Love and affection. But this affection does not mean that you merely love God with the idea that you can get what you want. It means that you must love your neighbour because Reality cannot express Itself except through loving your neighbour.

Is it not a fact today that people are seeking the Love of God, but hate their enemies? They pray to God for peace, but they are preparing for war. They want success and happiness at the expense of their neighbour, but they are really cheating themselves.

If you look into your own mind you will see that this is but a subtle form of suggestion, which is deeply rooted in your conditioning. So your inward poverty makes you look to the external. While you merely discuss Reality, you are not translating Reality into your daily living, you are merely expressing the self.

If you look into your minds you will see how you have been discussing Reality as an idea, so the idea in your mind becomes to you the Truth when it is only an idea of the Truth and is not the Truth.

But when we see that our idea is but an imitation, a mental conception, it dies away and Life becomes a Reality to us, not as an idea or a mental

formulation but as an actual Livingness, giving expression to Itself in Love and affection. As long as we have only a mental image of Reality we will never give expression to Reality in loving our neighbour as ourselves.

We must realize that we do not live by ourselves, it is Reality that lives, therefore It is the foundation of our Being. When we have found the source within we no longer look outside ourselves, neither do we build an intellectual conception on the authority of another. Neither will we try to corner Reality to gain health and success for we will know that Reality is all, thus the inner will become the outer.

The surface consciousness is generally reacting to the external, and gives names to the things it sees, but the name is not the thing itself. We see shape and form but we do not know the substance, therefore we do not understand what we see.

The statement that all is mind, that matter is mind materialized has not been realized sufficiently to see what is behind the form and shape. When this is realized as a “fact” and not an idea of a fact we will cease to make ideas about it.

Man has split the atom, created great flying ships, has measured the distance between the planets and is on the way to the moon, yet this will not bring happiness and peace to the world for only the translation of Reality into our daily living can do that.

We must discern from where our thought arises. If thought arises from things around us, or from our conditioning, then our thoughts must cease to be before the unknown comes into being. The source of our Being is God, then we will know that the Father is in our consciousness and our consciousness is the means through which the Father manifests. “It is the Father that doeth the work.”

We must not lose ourselves in philosophies, in questioning others on that which can only be realized by oneself. If I begin to philosophise to you on the wonders of Reality you would only build up an idea of Reality in your mind. But if you know that you are building up an idea of Reality and know that Reality is not an idea, then you will realize Reality by your living in the Presence, in the Ever-present, then you will be translating Reality into your daily living.

God is Unknown and cannot be known, the moment you think you know God, it is not God you know but an idea of God—a projected mental image which hinders the discovery of the Unknown.

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Beliefs are a process of the mind and are born of the known. If you merely say “God is the Unknown” so you create an idea of the Unknown. But your mental creation of the Unknown is not the Unknown.

The man who accumulates wealth, builds temples, organises religions, the bishops, the cardinals, the preachers as well as the man who drops the bombs say God is their companion, surely their belief is but a form of self-expansion. It is their own conceit. Those who have conditioned their minds to a particular pattern which they call their religion, can never realize the Ultimate Reality which is Love and affection.

For the Unknown to be, the mind must be completely emptied, so the important thing is not what you believe or disbelieve or what your activities are, but to understand the whole process, the whole content of yourself, and that means being aware from moment to moment without any sense of accumulation.

Only when the mind is utterly silent without any sense of acceptance or rejection, without resistance, condemning or blaming, and without any sense of accumulation—when the self has died, then only is there that which is Real.

The word is not important any more, for there is a state of creativeness which is not an idea or a word nor the expression of the Self. Then you will know what *is*, what is Indescribable. A description of the Indescribable is merely a cultivation of memory. To verbalize the Indescribable is to put It into time and that which is of time cannot be the Timeless.

This knowing is not the result of the known, but knowing that the known is not the Unknown. It is not obtained through reason, for It is beyond reason but It does not run contrary to reason. It is not obtained through space or time factor, because It is Ever-present in Its own Eternity. Therefore every moment all Life is concentrated at any point in Its Omnipresence that you may choose to realize.

Realizing is not knowing what It is, but knowing that It is. You do not create Reality. Reality created you within Itself and Itself is Eternally present. “I am in the Father and the Father is in me.”

Divine Reason helps towards this Divine Realization, we reason towards the Ultimate, then reason ceases to be because it can go no further. It knows it can never know and at that moment there is Reality.

Science has shown us that solid substance can be changed to liquids and liquid into gases and gases into a more rarefied substance we call ether

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and vice versa, but the energy is still the same, there is nothing lost and nothing is gained, just a change in the polarity of ether atoms.

At present we are consciously reacting to the physical, yet consciousness can react to the finer states of matter which is mind modified. There is but one substance out of which everything is made and this substance interpenetrates everything and although it is invisible to us it is the basis of every visible form.

It is the Unmanifest that gives rise to the manifest. In other words the Invisible gives rise to the visible and Life the Unknowable is the Creativeness within, that creates but still remains the uncreated.

If we seek to corner Reality for our own welfare we will become antagonistic to others and this leads to frustration.

It is always the 'I' that stands in the way, where there is Love the 'I' dissolves away and Wholeness-Reality comes into Being. Then all power is given unto me in heaven and on earth.

"Thou fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided?" St. Luke 12; 20.

Benediction

O Great Eternal Reality, when I spoke of Thee my mind made up a conception of Thee.

When I saw that my conception was my own creation it dissolved away.

When I knew that the known could not possibly be the Unknown, my mind ceased to formulate.

Then my mind became silent and free, and there didst Thou reveal Thyself in all Thy glory. Thy glory even before the world was and in the Silence beyond Time I knew that we were one, O Great Eternal Reality.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #8 (9th June 1953) in the book "Wisdom is the Fountain of Life."

October 1953

My dear friends,

Here is a letter received this month which I am repeating in full to you for it is just what I would like to say yet I would prefer another to say it.

“My dear friend, I am so glad that you call us my dear friends for that is just what we are and I thus can speak for all those who receive your Monthly Letters. Your Monthly Letters carry a wonderful message to the world. I often think that if millions of these letters could be printed in different languages all over the world, the world would change overnight. I would like to feel that our group of enthusiasts is perhaps the most ardent workers for the day when this wisdom will sweep the world. Your letters give us such wonderful encouragement, the Truth revealed is so startling because it is so Real. For when we see the false it will fall away and that which is true Being always present will take Its place. This is the great beauty of your teaching, we do not have to struggle, we just see the false, it drops from us and there is the Real which we do not create. This is truly beautiful. God bless you for your wonderful help to us all personally and for the help you have given to the group, also for the help you are giving to others. Our love and best wishes go out to you and the Sanctuary.” S.C.D. England.

I thought that this letter was one that you all would like to read and I have repeated it in full instead of taking an extract from it.

An extract from another letter: “I have received your Monthly letters for three years now. Words cannot express my gratitude for the help you have given to me and mine. When we ask for help it is immediately given. Often I feel as if you were in the room listening to my cry for help. May God bless you always.” F.S. South Africa.

THERE IS NO DEAD AMONG THE LIVING*

“Therefore if thou bring thy gift to the altar,
and there rememberest that thy brother hath
ought against thee, leave there thy gift before
the altar, and go thy way; first be reconciled to
thy brother, and then come and offer thy gift.”

Matthew 5: 23-24.

* See Notes page 405

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We have already begun to know that 90% of our mental life is under the surface. What we hear, see etc., through the senses is absorbed into the mind, then it is either accepted, rejected or becomes rearranged with other impressions previously received.

It is quite easy to see if you are wide awake, what the individual mind is made up of, the mind of most people is a conglomeration of ideas which become the fixed expression of the mind. Now according to what your mind is made up of so you will accept or reject, so you are just reacting automatically without understanding.

A great deal of our mental make-up is hereditary, we follow tradition, a belief in religion, belief in death, hell and the devil. We follow a pattern made for us, so we are imitators and not thinkers. We conform, we believe, we follow, we become mere mental robots without understanding.

If you are born into a European family you will probably follow the Christian religion. Now this religion is subdivided into the many different dogmas, each claiming that theirs is the true path, so you generally follow the one your parents followed, you are conditioned before you are even born. The same applies to the Hindu and the Mohammedan. So our outlook is more or less the result of imitations which we have inherited from past generations. So we are caught-up in the confusion of our forefathers, we think we know but we don't know.

The conditions existing today are caused by the ignorance of yesterday, and the generation to come will follow in our footsteps and will inherit our mistakes. Unless we begin to think clearly for ourselves now, we will perpetuate the ignorance and confusion of the past, so will the next generation do the same, if our transformation does not take place now. The great thing is, how can we make the world a better place to live in? We can only do this by seeing the cause of our confusion today.

We have a great deal of knowledge, but what we need is more wisdom, unless we see that knowledge and wisdom are **not** the same we will never progress.

Knowledge, being experience and memory can never bring wisdom into being. Wisdom is from moment to moment, whereas knowledge can never be free from the past, from time. Wisdom is free from Time. Knowledge is accumulation which is binding, wisdom is immediate and is free from accumulation and is not binding.

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Knowledge deals with facts, Wisdom is beyond facts. Wisdom is creative, knowledge is created. Knowledge is of the mind, Wisdom is of the Spirit. Spirit is now, It is Eternal. Knowledge is bit by bit. Wisdom frees us from the conditioning process of knowledge.

Knowledge cannot free us, nor will it free the generations to come. We should know now that knowledge cannot save us, only wisdom can. Unless we discern the difference between knowledge and wisdom, we will never realize the one Life that is present everywhere. It is all Wisdom and Intelligence there is, and It is not divided, It is not isolating while knowledge is.

The great hindrance in Life is holding on to old fixed ideas, which have long outlived their usefulness. As we begin to understand, we will discard all ideas that are isolating and destroying. We will discard the ideas of separate beliefs, of limited science, the belief in the power of man as a separate entity. The belief that God inflicts man with all kinds of disease, that God punishes man and that there is a hell and a devil and all the stupid contraptions built up in the ignorant mind must be discarded.

Have we not held fast to the fixed ideas of the past and perpetuated the errors that burden us? Are we to pass this burden on to the next generation? We will do so, unless we begin to think for ourselves now and not follow blind fools.

Wrong thinking will never bring about right thinking. We have accepted the psychological junk that security is based upon, the expansion of the self. This only separates man from man and limits his achievements. It makes us fearful of another, it breaks down our health and sends thousands into mental homes.

The Universal Mind is impersonal, undisturbed, fearless. It is Love, Intelligence and Wisdom. The Universal Mind is the only mind there is, there can be no other, It being Universal. To possess the qualities of the Universal we must discern that which is hindering Its expression in us.

We are the receivers, the Universal Mind is the transmitter, when we understand this we see why silence gives us tremendous power. When we are Universal the Universal can work through us and this can be immediate when we see that which is hindering It.

We can only realize the power of the Silence when the Silence is reached. But the Silence is not reached through dreaming, nor is it reached by concentration on an idea to the exclusion of all else. It comes into being

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through awareness of what is preventing the Silence now. For only through awareness does the Universal function.

Practice is the thing that enables us to be proficient in the art of awareness, Living and acting. In us the Spirit of God is individualized and we must seek the law of Causation by ourselves, for by no other means can it be found. Then we will know that we are the cause of all the effects we produce, hence the necessity of understanding the cause.

Are we not conditioned by our past, by conformity, by desire for our advancement, by the subtle accumulation of power? And though we may be outwardly active we are inwardly dead.

So we seek continuity, so we are caught-up in Time. What is Time, anyhow? There is chronological time and there is also another time,—the psychological process of continuity. We want to continue, and in the very desire to continue we create the process of time and the fear of not continuing. It is the fear of not continuing that we are afraid of.

After all, what is it that continues? If we live from moment to moment we will know death, for we die each moment to live each moment and knowing death we shall know Life, because the two are not very different. If we do not know how to live, we are afraid of death. But if we know how to live, there is no death.

Most people do not know how to live so they look upon death as a negation of Life, therefore they are afraid of death. But if we understand what living is we shall know death in the very process of living.

The difficulty is for us to die to all things that we have accumulated, to yesterday. It is only when we die from moment to moment to the things of yesterday, and understand the whole significance of continuity, that there is the Unknown, that which continues can never know the Unknown, for that which continues is the known. But if you die to the known the Unknown will reveal Itself and has no continuity, for continuity means a beginning and an ending, but that which is beyond time has no beginning or ending.

Most people live only in the known, therefore yesterday and tomorrow become more important than the Ever-present. But the Ever-present is the Eternal, therefore we must die to the known to realize the Unknown. It is the known that wants continuity.

The moment that is past must come to an end before the renewal takes place. It is the dying to the known that reveals the Unknown, so death and Life are in the same cup.

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Some say they have overcome death, but surely everything that has to be overcome must be overcome again and again. When you conquer your enemy you have to conquer him again and again, that is why wars continue. The moment you vanquish one, there is another to be vanquished, so that which is overcome can never be understood.

Overcoming is merely a form of suppression and that which is suppressed, whether it be internal or external, can never be understood. The overcoming of a fear is merely the postponing of that fear, so it is with the fear of death.

So we try all the tricks of the mind to hypnotise the mind. If we look at this closely we will see that they are but ways of the self. So we pray in the hope that we shall get a place in heaven, this is merely a process of thinking, which is conditioning us to time. We fear our own thoughts, so we fear the thought of death.

Fear exists only in relation to something! We are afraid of not becoming, we are afraid of the unknown, of death. Can such a fear be overcome by determination, by a conclusion by choice? Obviously not. So fear can never be overcome by any form of discipline. Mere suppression or substitution only creates resistance.

Freedom from fear cannot be attained through mere intellectual or verbal explanation. We are afraid of a fact or an idea about a fact. Are we afraid of the thing as it is or are we afraid of what we think it is? Are we afraid of the fact of death or the idea of death? Fact is one thing and idea is another.

I am afraid of the idea not of the fact. When I am in complete communion with the fact, there is no fear. But as long as I only have an opinion, a theory about the fact, I am not sure, so my doubt creates fear. How can there be fear of a fact when I am face to face with the fact, in direct communication with it. I can look at it, observe it, therefore there is no fear of the fact. What causes fear is my apprehension about the fact, what the fact might be or do.

There can be freedom from fear only when there is self-knowledge. For self-knowledge is the beginning of wisdom, which is the ending of fear.

“And he saith unto them, why are ye fearful, O ye of little faith? And then he arose, and rebuked the winds and the sea; and there was a great calm.” Matthew 8: 26.

Benediction

O Ever-present Eternal Being, when I speculated about Life I was afraid. But then, O Eternal One, my fear disappeared when I knew I was life.

I knew my Living was from moment to moment in the Ever-present and the past died at that moment. This, I know, was death. Death was the end of the moment, while Life renewed Itself Eternally.

O Great One, I thank thee for revealing Thyself to me, then all fear disappeared.

Now I know the meaning of the words, “follow me, let the dead bury their dead,” O Mighty Eternal Father of Mine.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #7 (26th May 1953) in the book “Wisdom is the Fountain of Life.”

November 1953

My dear friends,

Christmas is upon us once more and this reminds us of a child that was born nearly two thousand years ago, a child that was destined to become a world leader and the kind of leader we are looking for now, to lead us out of our difficulties.

Yet to know that that Leader is still with us in the Ever-present is the secret of our faith. The Mighty Power that was expressed through the man of Galilee is the same Power now, Eternal and Ever-present.

God does not change, only man changes and it is his lack of understanding of that which is preventing that same Mighty Power from manifesting now that is holding man from solving all his difficulties.

If you will study this carefully you will find the ways and means of solving all your problems, for man—the self—is the problem, there is no other problem.

A number of letters received this month have been of grateful thanks for healing received through the Sanctuary. Here are just a few extracts:

“My father has been desperately ill for several months. Nothing we could do seemed to alleviate his suffering. Then a friend of mine, who receives your monthly letters, gave me some to read. I immediately wrote to you for help and to our great surprise and joy my father recovered miraculously. Please accept my grateful thanks for a wonderful healing.” A. McK. Transvaal, South Africa.

“I cannot thank you enough for your instantaneous help. My sister, as you know, met with an accident and was seriously injured. The doctor said amputation would be necessary. After wiring you we received your comforting letter stating that the healing power was in operation and amputation would not be necessary. When I went to the hospital yesterday the doctor said that there was such a remarkable improvement now that amputation would not be necessary. How can we thank you, for words fail. God bless you and the work of the Sanctuary for this wonderful healing.” T.S. Cape Province.

REACTION IS NOT ACTION*

“How hard is it for them that trust in riches to enter
Into the Kingdom of God.” Mark 10: 24.

We cannot live by ourselves, for the self is not Life, the self is a bundle of reactions, thoughts, emotions, beliefs etc. We repeat the word “God” but God is not the word “God,” the self is merely fed on words which condition it. “It is the letter that killeth.”

The conditions which prevail in us are the result of home, business, social environment and beliefs. All these you will see, if you begin to enquire, are but the result of hereditary tendencies with countless thousands of impressions, ideas and prejudices. Most of this is received from opinions, suggestions and statements of those who are caught-up in the false and are ignorant of the Truth, and we accept what they say without consideration or examination.

But when we are awake, alert, we begin to question the opinions of others and when we begin to search their statements we find that they are speaking from ignorance and imitation and not from Truth. Yet this is not sufficient, we must question our own thought-feeling-reaction to see where it is moving and what is the motive behind it.

Ideas presented to the conscious mind are received and passed on to the subconscious. Immediately they are accepted or rejected, not because you reason about them but because they are accepted or rejected, according to your beliefs or ideas, but this is not understanding and that is why there is so much confusion in the world today. But few want to see it because a belief or an ideal is a reality to most people.

It is only when we see what our minds are made-up of, do we see how stupid we are. We begin to see how our antagonism arises and how conflict and war come about. It is all a matter of our mental make-up and how we are conditioned.

Not only do we have war in the external but this confusion causes war in the internal. These mental impulses are taken up by the sympathetic nervous system and passed on to the physical body. We **are** today, because of our thought-feeling of yesterday.

Is it not so that the self is a bundle of hates, envies, likes, and dislikes, condemning, blaming, accepting and rejecting, without reason, just because of

* See Notes page 411

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our mental make-up? So in our ignorance we call it “Reality,” when all the time it is but an illusion of the mind. It is only when we begin to see this illusion that we begin to realize the Real which is never antagonistic, never envious, never condemning or blaming, accepting or rejecting.

Constantly understanding what is in the mind enables us to free ourselves from all that hinders the Truth from manifesting.

The Truth is Love-Wisdom and not merely the words “love” and “Wisdom.” Love-Wisdom comes into being when we dissolve all that hinders It. It comes into being when we understand ourselves and our mental make-up.

So it is necessary to enquire into the whole process of words and this is very pertinent and requires a conscious alertness for enquiring. For instance, some leader, religious or political, makes a statement and without thinking you agree, then you wave flags or you fight. But you have not examined what was said, and since you have not examined what was said you become an imitator or objector. You merely react. So you are conditioned through your reaction.

What you have to discover is, what is the cause of your conditioning, then the mind begins to free itself from its conditioning. In this alone can Truth be realized.

Once the mind begins to understand the false, the false will be seen instantly and it then dissolves into nothingness where it belongs, for Truth alone has Its own Eternity. I have repeated many times that error has no principle, has nothing to stand upon, has no foundation, it only exists in the mind that is ignorant of its nature.

So with most people in the world today, they want to bridge the unbridgeable, they want to serve both truth and error. They pray to God while steeped in error. They want Reality, yet still cling to the illusion of error. It cannot be done, there is no Truth in ignorance. God is not divided.

Truth is action, error is “reaction.” We all know reaction but very few know “action,” for action only comes when we understand that the word “God” is not God, that a name for a thing is not the thing itself. Action can only be done in the present, never in the past or the future.

There is a conscious awareness of the Eternal Truth when there is a constant awareness that discerns the false. It was this that Jesus meant when he said, “watch and pray.”

We must ever be on the watch for the false that seeps our health, strength and happiness. If we are careless and accept the false we have only

ourselves to blame. Whatever our mind accepts, without consideration or examination, so do we condition ourselves and we will surely out-picture that conditioning. How necessary then it is for us to be wide awake and alert, to “watch and pray.”

Our wellbeing exists in that foundation which is happiness, health and abundance—the Ever-present. When we do not eat of the Tree of Knowledge of Good and Evil we take hold of the Tree of Life which is Eternal. The Tree of Knowledge of Good and Evil is of man’s own growing and dies with the self, for the self must die before the greater Self comes into being, for when we cling to Life we have to deny the self. By so doing, our right thinking produces what we delight in. This is “action.”

We do not have to seek out Reality, It comes directly, silently and the mind that is capable of receiving Reality is blessed. Therefore health, happiness and abundance are not created, they are always existing in the present. To live in the present, which is action, with no past or future which is “reaction,” this is living in the abundant **now** which alone is Reality.

It is widely recognised by those who know, that Invisible matter can be condensed into a solid mass by mind action, that it undergoes chemical changes as a result of mental changes. So when considering the cause and cure of any disease, whether it be of mind or body, we must bear in mind that matter is plastic to our thoughts.

By complete understanding of our mental processes we will be able to dissolve away any condition that is the result of error.

There is a great difference between words and action. There is what I call verbal appreciation and then there is real understanding. We all verbally appreciate that Love, Affection, Goodwill is the only solution, the only way out of the mess we are in today, and because you are thoughtful you will agree, but why don’t you act? For the simple reason that verbal response is identified with the intellectual response and it is only superficial.

Intellectually you have grasped the idea and it remains in the intellectual level, so there is a division between the idea and action that cannot be bridged. This is why the cultivation of ideas merely creates counter-ideas. Although ideas may bring about a revolution it will not be a real transformation of the individual and therefore of society because you merely react, but do not act.

If we dwell in the intellectual level we merely create ideas, but this is not action, it is merely reaction. We must examine ourselves to see if we

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are merely fed on words, we will say that the Bible says this, the Gita says that. If those words only produce ideas they will never produce action, that is why we have this gap which we cannot bridge. The gap between words and action cannot be bridged, we must realize that we are merely reacting.

As long as we are fed on words we will merely react. Therefore we must empty ourselves of words, which means we will empty ourselves of imitation. Words are merely imitative, thus we live in the intellectual level which is based on imitation. So intellectually we are incapable of action, we merely have ideas which only create reaction.

When we begin to see clearly this fact we will act without reaction, we will be transformed, and only in the transformation of the individual is there Peace, Love and Goodwill, and not in ideals or words. Therefore Love is not a word, or an idea, is it? Love and Goodwill, are not words nor ideas, but you are satisfied with the word because it gives you a sensation. You are psychologically affected and this response you call understanding? What a travesty of the Truth!

Jesus said, "it is the letter that killeth." What a wonderful Truth, but few comprehend it.

It is only when you become "aware," that you know that you are on the intellectual level by discerning your thought-feeling-reaction. If my words only create in you a mental reaction, an imitative response, in accordance with your ideas, then I have spoken in vain. But if it makes you enquire into your whole intellectual process and see what it is, then this will lead to action and action alone will bring into being the Omnipresence of the Omniscient Omnipotence which is the Life within each one, which is Love and Wisdom, the True Reality.

"And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. And the second is like, namely this, thou shalt love thy neighbour as thyself. There is none other commandment greater than these." Mark 12: 30-31.

Benediction

O Great Omnipresence of Love, Thou art beyond mental ideas,
Thou art Real, not merely a word or an idea.

When I read of Thy beauty and perfection I compared it with my
own conception and lost Thy Ever-present Loveliness.

But when I saw how I had made just an idea of Thee, my idea dissolved
away and there Thou didst reveal Thyself.

Now I know my intellect is incapable of knowing Thy Love, for Love
is not made up in the mind.

Now, Thou art my sculptor, my awareness the chisel to cut away the
false. Henceforth I will “watch and pray” so that Thy beauty alone shall shine
from me, O Great Omnipresence of Love.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #6 (19th May 1953) in the book “Wisdom is the Fountain of Life.”

December 1953

My dear friends,

Let the New Year be a truly creative one for yourself and others.

There is a renewal of resolutions every year, but what is the use of resolutions when they cannot be carried out? The only way that this can be done is to discern the necessity of a resolution, unless this is done resolutions are made to be broken.

The mind of man is the gateway to the dammed-up reservoir of Life's tremendous Forces, yet man seems impotent to bring into effect these Forces for the benefit of mankind because he does not discern the cause of his misery. Therefore he makes fresh resolutions every year to make the New Year better than the one that is past.

But in this way man is living in the past and the future, disregarding the NOW which is the only time. Because man has failed to see this, he is seeking a way outside himself to release the Creative Power so that It can work for him. But this cannot be done. The great secret is to learn how to cleanse the mind of all that is preventing Life's renewing process in your everyday living. When this is done, resolutions are unnecessary. In fact they become a hindrance.

Man does not create this mighty Intelligent Creative Force. But this Creative Force works for him when he knows that it is Ever-present and that which is preventing Its expression is his own stupidity in not recognising that Love and Goodwill are the keys to all true Creative Power in man.

Self-knowledge is the beginning of wisdom and wisdom is the beginning of man's inner transformation; what the inner is so the outer shall be.

Man does not create the things that are Eternal and True, they come into operation when we discern that which is preventing their expression.

Therefore the solving of all problems in the world is not by means of meetings and councils but through wisdom, goodwill and understanding.

My earnest desire is that you be truly creative in the year 1954. This lies within yourself and not outside you.

PEACE COMES WHEN WE OURSELVES ARE PEACEFUL*

“To get wisdom is better than gold, to get understanding is to be chosen rather than silver.” Prov. 16: 16.

The Bible is a book that most people take as a guide and consult it to find an answer to their problems. The answer to our problems is not outside ourselves, it is within ourselves, although the Bible does help us to see the way when we begin to understand ourselves, it is still outside ourselves. Jesus said, “ye read the Scriptures and ye think ye have Eternal Life?”

In the first book of Genesis there is a statement which the prophet who wrote it knew what he was talking about. He shows that God saw that His work was good. The Divine could see no flaw anywhere and this Perfect Creation includes man.

There can be no flaw in the Divine Mind which includes man, but as soon as man descends into the intellectual, he creates out of his own very limited understanding the errors that create havoc in his life.

This world of error is man’s conception of things which is quite different to the Divine Creation. If man can see for himself the falseness of his own conceptions he would not hold on to them.

If man then cannot see the falseness of his own creation how can he ever reach that which is Divine? Man’s conceptions are the result of his ignorance and because he does not know what is false, he cannot realize what is true. Thus the misdirection of his creative power of thought produces for him corresponding results which he calls reality. In fact there is nothing real about it (at) all, for Reality is harmony while man creates the reverse because he does not know what is false.

Man now asks, how can we solve the present crisis in the world? Is there anything that the individual can do to stop bloodshed and misery taking place?

What man sees in the world is just the result of his own everyday life. It is the outward expression of man’s inward state. So man is responsible for the misery. If then man is responsible, it also rests with man to put an end to all the misery.

Man misdirects his thought-power and because he is caught-up in his own action and reaction he fails to see the Truth of the Divine Nature of things.

* See Notes page 417

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Man's intellectual nature being steeped in error he sees evil as a power in the world. So he immediately tries to stamp it out with the result that he creates more evil within himself.

If you kill a murderer do you not become a murderer too? If it is evil to kill then you are evil even if you condone it, although you do not actually take part in the killing, you are still responsible.

If we are interested in creating things to kill others, we cannot complain if we get killed ourselves. We do not get what we want, but how we act determines what we get. Our actions are none other than our own thought projection—the projection of ourselves. How then can we stop all this misery unless we transform ourselves?

The intellectual error is, that there is a power called evil opposing good. So we out-picture the error which results in the destruction of mind, body and circumstances.

What is our deepest thought? Is it not a belief in something that we are afraid of? So man's conception brings forth his misconception with the result that he destroys himself.

What is it then that causes all this strife and misery in the world? It cannot be anything outside man himself for what is outside man has no power of its own. It is man's action and reaction that operates from within himself, that causes all the strife and misery. Therefore man is the cause, no matter how we try to put the blame somewhere else. We are only trying to escape the issue, that we ourselves are the cause.

We have different religions, different political views. We have different nationalities, different ideologies. We try to impose our views upon others, we give ourselves an exalted status because of our nationalities, our position. We all have a different approach to God, and because of all this we have no goodwill towards each other. Do you not think now that is very foolish?

Because of our ignorance we are unable to think for ourselves. So we are fed on beliefs, ideas, dogmas, nationalism etc. Therefore we breed discontent, which leads to conflict.

As human beings we must either pursue a path of constant and continuous conflict, which is the result of our everyday action, or else see the cause of all this misery and turn our backs upon it. If we had no beliefs but goodwill, love and consideration between us there would be no war, no strife, no misery.

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Mind and matter are passive in nature, matter being a grosser form of mind in which form takes place in the physical plane through the agency of thought-action. If we can see from whence our thought-action arises we can dissolve it, then the Divine Creator would manifest because It **is**, we do not have to create It.

What we create is the evil that arises out of our ignorance of the Truth of our Being. Therefore evil does not oppose good for when we get rid of one we get rid of the other, they are both intellectual creations of man's mind. What is unpleasant for him he calls evil and what is pleasant he calls good. But in the Divine Creation there is neither. If we have good we must have evil, then we live in the world of opposites which is of our own making and thus we become confused.

When we reach a true state of understanding we will see the cause. We will no longer be blind to the causes in operation for we will not be caught-up in them. Then we will know the meaning of, "as a man thinketh in his heart so is he."

We will then see that the great diseases, the great evils in the world today are desire for power, position, prestige, the worship of different flags and the worship of different religions, the worship of different dogmas, all these lead to war and misery. If we are smitten with any of those diseases we build a society which will end in destruction. So you see, it depends upon us, but no one seems to realize it.

Is it not a fact that most people look to a leader, a new president, a Stalin or a Churchill and all the rest for a solution? But it does not depend upon others, it depends upon ourselves. If once we felt the responsibility of our own actions how quickly we would bring to an end all this appalling misery, but, you see, we are indifferent because we do not want to be disturbed.

What is the use of having peace talks and the like, if we the cause of this misery, do not transform ourselves through understanding the cause?

Man must be created in God because there is nothing outside Him. Therefore man must be created out of the substance of God because there is nothing else. Divine Intelligence being perfect must reflect its own perfection and this is the only Reality.

An error has no power of its own and when corrected disappears into nothingness. When we see the error we can correct it and it dissolves away, and what is left is that which always is, which reflects its own perfection.

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When we see that we have brought about our own misery by our beliefs etc., we will let them drop away from us, then we will become aware of our true nature and our limitations, our confusion will disappear.

When we begin to understand the mechanism of our thought, our reactions etc., we will see how we have reacted to error and by doing so have established error in our lives, the great prizes are awarded to those who can discern all this. We must be one-pointed in regard to Life Itself which is man's creativeness.

When the sun's rays pass through a magnifying glass and are focussed one-pointedly on an object it will dissolve it away. So it is with the discernment of our thought-action and reaction, brought about through our beliefs etc. We will see the cause is within ourselves and not outside us. We will realize that our Creative Power is one with the Creative Power of the Universe, then it is, "Thy Will be done, not mine, O Lord."

If we can see that that which we formulate in our own minds is not Reality then Reality will reveal itself. But before we can break down this confusion we must become aware of it and know what it is and how it comes about.

If we isolate ourselves from one another through our beliefs, our creeds, our nationalities, our ideologies, we can never have true relationship which is freedom. We must become aware of this isolation to break it down. No matter how we try to escape from the misery we cannot do so without understanding it. We can never escape from the confusion and misery until we understand it from every angle, then we will see that we ourselves are the cause.

All the revolution we see going on in the outer is utterly useless unless the inward revolution has first taken place, to rely on others is utterly futile. What will bring peace in mind, body and circumstances is inward transformation. This will lead to outer transformation and there is no other way.

Peace will come when we ourselves are peaceful and not before.

"When a man's ways please the Lord he makes even his enemies to be at peace with him." Prov. 16: 7.

Benediction

O Blessed Peace, if Thou art always present why dost Thou hide Thy face?

Thou didst answer me in the silence of my mind when all the noise of the outer died down.

Yet I did not heed Thy words, given by the Master of Masters, when he said, “the Kingdom of Heaven is within you.”

It was only when I discerned my mental make-up that I saw the error of my ways.

Now, O Blessed Peace, I have dissolved all that hold Thee from me and I found how true Thy words were, “Peace will come when thou art peaceful and not before.”

Now I am one with Thee, O Blessed Peace.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #3 (28th April 1953) in the book “Wisdom is the Fountain of Life.”