

1952

January 1952

My dear friends,

We have just passed another milestone in the never ending road of Life. Many of us will have made resolutions, yet our resolutions are useless unless we discern our thinking so as to become aware of our thoughts and feelings continuously, thus resolutions will be made only to be broken. Therefore my letter to you this month is on faith—understanding faith—for without understanding, fear will enter in with the result that the same confusion will reign again.

I want to thank you for the many wonderful letters sent in this month and the thousands of greetings received. My wish is that God will bless you all in this year of 1952 and on.

Mrs. W.S. writes, “may God bless you and keep you with us for many years to come, what you have done for me and my family, words can never express. But our hearts are full of gratitude and in our prayers we always remember you, God bless you, dear friend.”

Mr. A.S.H. writes, “many, many thanks for your prompt and efficient help. My daughter recovered immediately I got in contact with you. I do not understand your methods but one thing is sure, it is quick, efficient and sure. My wife is writing you herself to express our gratitude in more appropriate language than mine. God bless you and a thousand thanks.”

Mrs. W.J.T. writes, “your monthly letters are such a comfort and pleasure, full of wisdom and instruction. Since we have been receiving these Letters our lives have completely changed. I cannot tell you how, but it is true. We are now a very healthy family and extremely successful in our business. All this we attribute to the Sanctuary. God bless you.”

Mrs. E.J. writes, “Thank you very much for your help and guidance to attain happiness and peace in my home now which I have received through your prayers and for which I am most grateful, and which I shall never forget. Most gratefully yours.”

“FAITH” IS A POWER LITTLE UNDERSTOOD
BY MANKIND*

“Thy faith hath made thee whole.” Luke 17: 19

To understand this wonderful tower that is available to all mankind we must first understand the origin of our thoughts and emotions and how they arise. With this understanding your faith is increased proportionately.

When we are aware of the origin of our thinking and the action of our thoughts we will know the result as well. Unfortunately most people are blind to this fact with the result that their thinking is merely imitative or reactionary, having no value as a creative force.

When Jesus said, “believe you have received and you shall have,” he was speaking from direct knowledge of a science he knew to be infallible. Thinking is prayer, thinking is creative, thinking is also destructive and constructive, according to the cause of our thinking.

If your thinking is based upon lack, your positive action will be filled with aggression and depression. If your thinking is based upon craving then much the same result will be obtained. If your thinking is based upon the past and the future then there will be confusion. There are hundreds of ways I could mention upon which your thinking is based.

Faith is the power that sustains the thought. It is concentrated attention based upon understanding. If our thought is bound or influenced by any external conditions then there cannot be pure thinking directed from an understanding consciousness.

Faith is evident when there is an understanding of the mechanism of thinking. I have so often repeated to you, unless you can discern clearly from what your thoughts arise you will be caught-up in the things that influence your thinking.

When faith is in evidence there is an awareness of power and direction of thought uninfluenced by any outside effects. The conscious awareness holds the mind directed towards the object or subject in question. In this attitude of mind, time and space are lost sight of. When we are completely aware there is attention in which there is neither time nor space.

There is but one perfect mode of action used in Creation whether it be the creation in Infinite Mind or a creation in man’s mind. The mode of right action must be the same, because man’s mind is the reflection of the Infinite

* See Notes page 290

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Mind. This cannot be otherwise for the simple reason that man cannot think outside the Infinite Mind and the mechanism of the Consciousness cannot be other than the Consciousness of the Infinite manifesting in man's mind because there cannot be another Consciousness, the Infinite being infinite. Unless this is understood the thought will be a contradiction of itself.

You can be one thing or another, you can be a creative genius through faith and understanding or you can be a destroyer through ignorance or you can be an ordinary weed in the middle of the stream buffeted about from side to side. Only when you realize that you are the Ever-present Life that gives rise to creative genius does your inspiration come, so your faith is increased accordingly.

There are a lot of giants of ignorance in the world. In the political field and in the business world we see plenty of them, but a real creative genius is rare. When you live in the Ever-present Life giving expression to It, you will have a power and faith that nothing can shake.

Everyone is born with desire for achievement because Life is always expressing Itself. Where there is Wisdom and Love there the mighty power of the Ever-present Life is revealed. Thus we are endowed with the ability to realize our unity with the Creator of all things. Therefore whatever we ask knowingly we shall receive, for this is the Law of Creation. Craving ignorantly is doubt and contradiction.

When we plant a seed in the ground we leave the rest to the Intelligence to reproduce its kind and you know that there will be an abundance. The seed is reproduced in the exact image of itself in abundance. So it is with our thought when we understand the same Law is in operation both in the seed and in man's thoughts.

Jesus said, "it is the Father who ever remains in me is performing His own deeds." when we understand this truth we will no longer put our dependence in the power of things created but upon the Power that creates. God's gift to man is "Faith." Faith is the "substance" Paul says, and the things created are the evidence of "faith." We must learn to exercise this power wisely, intelligently co-operating with the predetermined scheme of creation, knowing that our success lies in the good of all and not primarily for the self.

The Faith I am speaking about is understanding Faith and not ignorant faith. The invisible is made visible through faith which is the evidence of things

not yet seen. In the lives of most, experience is bought dearly because they will not take the trouble to enquire into the how of things. Although many have found this knowledge through experience there are many wise enough to search for this knowledge and have found it, much to their advantage and to the advantage of others, whom they are asked to help.

The Christ is the Wisdom of God born in each one of us, It is the Word of God that existed in the beginning and that same Word forever remains immortal in us, the flesh having no say in the matter, meaning that the flesh cannot bind this immortal Word, but this Word can and does rule all flesh when this Truth is understood.

Man uses the same power in creating in his own life, as the Creator uses in creating man. Yet man by his ignorance of the mechanism of that power produces confusion instead of harmony. The Law is that the seed shall produce its kind. "My word shall not return unto me void but shall accomplish that which it is sent forth to do," means that by faith in my word it will produce from the unseen to the seen in exact proportion as I think with understanding Faith.

Job said, "what I feared came upon me." This is the same law put in reverse. Therefore thinking in faith or fear amounts to the same thing. When we understand fear then we will understand faith. Yet we talk so glibly about faith, and not understanding fear we are caught up in the net of fear and our faith is wanting. "He that hath not, even that which he hath shall be taken away from him. But he that hath more shall be given unto him."

Here is here is the Law explained in a few words, when the seed is sown the Father does the work. Our work is to be aware every moment, confidently realizing our creativeness in fulfilling the great scheme of the great Architect of the Universe with love and Wisdom. Love and Wisdom have been promised to any one who asks in faith with never a doubt.

The mind that is sure in this knowledge is first of all active in the asking then becomes passive so that the work can be done. This is the link we have with the Eternal Ever-present Life expressing Itself always in the now.

The asking must be accompanied with the dominant attitude of mind that refuses to give up, refuses to fear, refuses to worry for things to come, only seeing the Creative Principle acting freely exercising its own wisdom in the manifestation of things asked for.

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Thinking in faith is the evidence of that which will be produced, then the seed sown is watered by faith and understanding. The majority of people expect the worst while hoping for the best. Is this not the height of contradiction? Yet how can this be avoided? Only by understanding faith and practice, practice makes perfect. As with all great artists, understanding and practice is the foundation of this excellence. So it is with you and me. One who can practise the Truth perfectly is the greatest artist in the world. It underlies all other artistry no matter in what direction, for without Truth there is no real artistry. Therefore we must look into the perfect Law of Liberty knowing that whatever we ask shall be done unto us.

Successful experiences are not enough, for if our successes deprive us of the conscious use of faith and understanding then we are on shifting sand. We must see beyond experiences into that sure and stable state where the Father doeth the work, then only can we think constructively and create with faith and understanding.

“If any of you lack wisdom let him ask of God who gives to all men liberally and with grace and it shall be given him but let him ask with faith not doubting, for he who doubts is like the waves of the sea driven by the winds and tossed.” James 1: 5-6 (Eastern text).

Benediction

O Understanding Faith, wherever I gaze I see what Thou hast done.
Keep my mind from wandering into the bog of doubt and fear.

Train my mind to hold on to Thy invisible power and my soul to speak the word that creates out of the void.

Oh, may I ever remember his words, “thy faith hath made thee whole.”

Keep alive for ever that faith that never wavers, never dies and bless me with Thy Love and Wisdom, O Eternal One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #10 (8th April 1952) in the book “The Word of Creation.”

February 1952

My dear friends,

My word does not return unto me void but accomplishes what it is sent forth to do.

This is what the Sanctuary stands for, yet to obtain the best results one must tune in to the healing for by tuning in you open yourselves up to the healing rays which are always in operation. The proof of what I have said is in the many letters I have received from all over the world. Cables and telegrams as well as letters come in daily asking for help. Immediately you ask for help and put yourself in tune the healing power rushes in.

Here are just a few extracts from the many letters received this month:

“How can I thank you, how can I be grateful enough for what you have done for us through the Sanctuary of the Silent Healing Power. My health restored, my husband now in constant employment and my children making wonderful progress and our home has been made an extremely happy one while before with my ill-health, my husband out of work and hardly enough food for the children. God bless you much for I can never repay you for what you have done for us.” F.C.S.

“Thanks for your prompt reply to my asking for help. That very day I got better and the next day I was out of bed. The doctor could not believe that such a thing was possible. I am 100% well, thank you and God bless you.” C.T.

“Your absent treatment is marvellous. Immediately you treated, me I felt the power rush through me. I know that I was being treated and the pain left me there and then. Your books are wonderful and your monthly letters are a guide and help in our daily living. I cannot express my thanks in words but I will pray every day to keep you long with us in your wonderful work.” J.C.S.

“Your monthly letters are the most inspiring work I have ever read. I do not know how I could have done without them. Life is now worthwhile. Enclosed find cheque to help in the work, the most practical form of gratitude. God bless you.” S.S.

“HE WILL ENJOY THE LIGHT OF LIFE”

In the past I have purposely repeated truths set in different facets so as to lead you to your own realization of the Truth Itself. The mind unfolds more easily when different facets of the Truth are shown, and by repetition the mind begins to grasp more fully.

Now most people read the Bible. Some cannot understand it, others say that it contradicts itself at every turn, and others say it is a lot of junk compiled by theologians to confuse the people and so forth. But there is no truth in any of these statements. Such remarks are made by those who do not understand the Truth. Consequently many open their mouths to show their ignorance.

I will make to you a profound statement, that is, “that the Bible is a book showing man the way of deliverance from sorrow, sickness, poverty, ignorance, uncertainty and limitation and finally death itself.”

This is a true statement and can be verified by hundreds who have come to know the truth by studying the Bible. Truth is a way of Life that reveals the secret of perfect liberty of action that leads to the green pastures flowing with all good things and it only remains for us to partake thereof.

In St. John, Chapter 8, we read what the Master said, “I am the Light of the world. He that follows me will never walk in darkness he will enjoy the Light of Life.”

The Master had already found the Light of Life and had followed It and he wanted all to share in his good fortune. He shall never again walk in darkness, but “he shall find for himself the Light of Life” (and will enjoy the Light of Life.)

The Light of Life is the truth of our Being, we will find that we ourselves are the true Light of Life, of God Himself the Eternal Creator. When we become aware of this Truth we can never again walk in darkness but will enjoy the Light of Life.

Here are some other words I want you to consider from John Chapter 5, “truly I tell you, he who listens to my word and believes Him Who sent me has Eternal Life.” Could there be any clearer statement than this? And this is further confirmed by the following words: “he has already passed from death across to Life.” He has already passed from the ignorant belief in death across to Life Itself to become alive forever in this realization.

“For as the Father hath Life in Himself so too He has granted the son to have Life in himself.”

Here we see clearly how the Master impresses his words on our minds, the great truth that it is the Father Himself that is living in the Son. Therefore we are that Life coming from Its Source. And as there can only be one Life, that same Life must be “ourselves.” The proof that we are alive is proof that God is living in and through us.

This Life is not separated while It is individualized in each one of us, this is impossible for the fact that no fundamental underlying structure of the Universe can be separate or divided in any way, and it is the fundamentals that we have to realize so that we can “enjoy the Light of Life.”

In Job 22: 25, 27 we find these words, “make the Almighty Himself your Treasure and the Almighty shall be a joy to you. When you pray He shall answer, whatever you plan shall prosper.”

Again we are urged to realize that the only Treasure is the Almighty and with Him we have everything. For this Almighty is not something that is apart from us but the very Life that makes us alive.

Here is another phase that leads us to the Truth of our Being, “the Almighty in the midst of thee is mighty.”

This statement calls us to recognise that which is in the very midst of us is mighty. There is no doubt about what the prophet meant for immediately we become aware of the Truth of our Being we are sure of the prophet’s words, they spring into Life in ourselves.

In Job we find where man at one time in ignorance of the truth is in dire trouble from every side, what he feared came upon him and when the truth dawned upon him that the Almighty in the midst of him is mighty and to make Him the great Treasure, and that this great Treasure would be a joy and whatever you ask in prayer so it would be done, there was no fear now, no doubt, no anxiety, no wavering, the prophet had found the Truth and this same Truth is for us all so that we “can enjoy the Light of Life.”

The picture is the same today. Man’s mind is the wilderness of images, ideas, where none is the Truth. Then as we begin to grasp the Truth, sometimes slowly, sometimes through adversity, or through any other avenue, we begin to reflect Reality, we begin to translate the Almighty into our daily living. God becomes the moving power in human nature. There is no mystery about this it becomes as clear as day, as we begin to practise enjoying the Light of Life.

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Again James gives us a clear picture of his version of the Truth. He definitely shows to us that God is no respecter of persons and the only way we can enjoy the Light of Life is to follow the infallible law and this is the law of action: “Greet it with great joy my brothers, when you encounter any sort of trial, sure that the sterling temper of your faith produces endurance, only let your endurance be a finished product so that you may be finished and complete with never a defect.”

Here we see the prophet revealing the grand Truth of Life. When we realize that the Almighty in the midst of us is mighty we know that with Him all is possible, therefore we endure so that this power will be made perfect in and through us.

His next words are even more significant, for he warns us not to be double-minded, not to waver in our knowing of the Truth for this alone enables us to endure in the end.

So he says in these well-selected words, “whosoever of you is defective in wisdom let him ask of God who gives to all men without question or reproach and the gift will be his.” Ask and the gift will be his. God gives to all without **question or reproach**. Can you see the deep meaning in this truth? Think it over well and you will see that the Law fulfils itself because God is with us not apart from us, and it could not be otherwise, if it were so, no fundamental law could ever exist as the establishment of the things seen or unseen.

Further the Apostle goes on revealing the completeness of the Law. “Only let him ask in faith with never a doubt for the doubtful man is like the surge of the sea, whirled and swayed by the wind.” Here we see how the doubtful person is swayed this way, that way with every wind that blows. He is not sure of himself, there is no stability because he has not fully realized that he can enjoy the Light of Life that can produce all things, this being with him always and never is he even separated except through his ignorance of Its Presence.

So the final statement of the Apostle strikes at the root of our ignorance, “that man need not imagine he will get anything from the Lord, double-minded creature that he is, wavering at every turn.”

I have heard people say that they believed in the Lord yet they did not believe in themselves. That is easy to understand. It was only a belief they had in some outside God, some God apart from themselves. How could they believe in themselves when this state of consciousness existed?

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To become the finished product is to accomplish completely by fulfilling the law of your "Being." The one Life Consciousness individualized in us is the same Creative Power underlying the Universe. Thus we are made in His image and likeness. Like unto God having power to create through the same Creative Power. But this must be realized before it becomes active in ourselves, then we can enjoy the Light of Life.

This Life is not limited because it inhabits a body. It is complete and free when realized. The flesh has no say in the matter, the flesh has no power over the Life that created it, and inhabits it for its own expression and as this Life is God and God is Life, therefore I am the Life, you are the Life. We see that consciousness of our understanding is the point through which the Almighty God expresses Himself (being the Servant of all) and is the means through which we can express the Almighty according to our awareness of our consciousness being the way of Life, then so shall this Power be manifested. There can be no other way for the Law fulfils Itself.

We have the liberty of Life to enjoy the Light of Life by being single-minded, "let your eye be single," aware of our thought action free from the net of craving for this only reveals our sense of lack and makes us double-minded.

As you become aware more and more of your true nature you will gaze upon it and bring it forth. You will say in your heart, "I do the will of my Father and the Father's Will is done in me." **I will enjoy the Light of Life.**

Benediction

O Creator of the Universe, Thy invisible Power is in everything Thou hast created.

I have now become conscious of Thy Power vested in myself.

Thy Divine Nature of Love remains the foundation of all Thy Creation. With this understanding, O Mighty One, I have come to know that Love is the healing balm for all.

MY PEACE AND MY LOVE REMAIN WITH YOU.

Yours very sincerely,
M. MacDONALD-BAYNE

March 1952

My dear friends,

The Sanctuary is proud to be of service to you all and the many letters we are receiving show how appreciative you all are of what is being done.

Here are a few extracts from the hundreds we have received this month:

“I cannot begin to tell you how grateful we all are for what you have done for us. When I look back only a few months ago and look at myself then, and now to see the contrast, one could never believe it possible. God bless you.” J.C.B. Natal.

“Thanks so much for your most helpful and quick reply to my letter. The wisdom and guidance received from you in the past has led to excellent results and I know that your guidance now will be just as fruitful. Thanks is not the word that can convey what I feel towards you for all the assistance you have given me.” A.R. Transvaal.

“Last week I asked that John’s name be put in the Sanctuary, his condition was so severe that the doctor said it was touch and go. That very day after putting his name in the sanctuary a most marvellous thing happened. John fell into a deep, deep, sleep and slept all through the night and the following day we did not try to waken him but knew that something wonderful was happening. When he awoke at 6 p.m. the following evening he was completely well. This is truly a miracle. I can’t thank you enough but I am sure God is in your work and He will reward you. Yours gratefully.” C.J. Rhodesia.

“Your Monthly Letters are an inspiration to all of us. How eagerly we look forward to the familiar envelope arriving, anxious to devour its contents. We have three evenings reading and studying your wonderful letter filled with such Divine Wisdom. Each time we reread one of these wonderful letters we see a glorious new facet of Truth. This is truly the source of all happiness. May God bless you and keep you with us for a long time to come.” M.J.C. Cape.

THE MIRACLE*

The greatest thing that we can do is to free our thought-action from limitation. This is sometimes difficult to do but is by no means impossible and through it we find ourselves with a power that can overcome all things.

If we are caught up in greed, craving, envy, jealousy, belief in creeds, dogma and the like we are dependent on people and things, thus we are bound and limited. You will readily see that this is a fact and you will say, "how is it that I did not discern this before?" The reason is that you were caught up in these things and the sorrow and conflict caused by these conditions blinded you to the truth.

We cannot escape our contact with people and things and we do not want to escape, nor can we no matter how we try. But through our relation to people and things we gain experience, and as long as we do not allow our experiences to rule us, we can discern our reaction to people and things and free ourselves from the entanglements of our reactions.

The great search in the world today is for immortality. Millions follow one or other religion for this purpose, but you will readily see that no form of religion can give you the satisfaction you so eagerly desire. It is only when you realize that you are immortal that the searching ceases.

God formed man in His own image and likeness to rule and have dominion over all His creation on earth, showing that it was the Spirit of God that was the ruling factor in all things and Spirit is the consciousness in man. I want to make this statement to you, and you should always remember it: in the beginning there was only God and by Him, in Him and with Him everything has been created, and nothing came into being except by and through Him. This is the fundamental Law we must take into consideration when reading the Bible.

The next statement that I find proves our inherent power over all things is this, "let Us make man in Our own likeness to resemble Us with mastery over the fish in the sea and the birds of the air, the animals, every wild beast of the earth and every reptile that crawls on earth." "So God formed man in His own likeness and in the likeness of God He formed him male and female."

We see here that as God is infinite in nature all creation must be in Him and of Him and there can be nothing outside Him and the only likeness in which mankind can resemble God is that man has the same power inherent in him as that of God Himself, the only difference is in the degree of this power.

* See Notes page 300

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This power only comes into action in mankind when mankind realizes this fact. When man is aware of his God-power he has inherited by Divine right, he can use this Divine Power which has dominion over all things. Man is the master when he is aware of his true Spiritual birthright, born of the Spirit and not of flesh and blood.

The Spirit which is continually passing into manifestation is always the same Spirit, in other words the only "One." Then God makes things by becoming the things He makes, all He made He says is good. If this is so how can man say that God created evil.

The logical conclusion all thinking men and women must come to is that there cannot be anything but the Infinite and no matter how we may try to accept the theories of our theologians, we cannot when we see that it is our and their misconception of things that makes things look as evil because we have not yet come to understand the process of involution and evolution.

Therefore God has involved Himself in all His creation including man. The beginning and the end are one, for God, the only One being Omnipotent, Omniscient and Omnipresent, has created within Himself and thus is expressing Himself through all His creation including mankind. Mankind having the power to become aware of this Creative Power as the ruling factor in his own life also has power over all things less aware than himself.

As there can be only one Mind, one Substance, one Power for there can be no other, otherwise God could not be Infinite thus men not cognisant of this fact creates in himself and by himself by his wrong thinking through his misconception of the Reality of things.

The Bible is symbolic language and the symbol of Heaven and earth means the inner and the outer. Water is the symbol for the psychic substance where cause ends and effect begins, so with men, his thinking is cause and what is visible is the effect.

Therefore we have to accept the truth that Spirit "God" being the only One, is Consciousness, Intelligence and Substance, and Its pure action is wisdom love and power. With these all things are created, this is the Divine Creation in which there can be no flaw.

We are forced to accept, by reason of the fact that it could not be otherwise, that the Infinite, the Eternal One, timeless, limitless, ageless, birthless, deathless, the first and only Cause, remember has individualized Himself yet not separated in any way in Himself for this is impossible.

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I will put it this way to you because I want you to think this out for yourselves.

The Infinite Mind is all there is, in which all is made in Heaven and on earth—the inner and the outer—the one cannot be separated from the other. In this Mind originates the Divine ideas which must include principles and laws to sustain them. This is the Tree of Life which we must hold on to, which will be a Spring of Living Water rising up to Eternal Life. We are in the Garden of Eden when this state of consciousness exists in us, when the soul is aware of this, and this only as the only Real.

The Tree of Knowledge of Good and Evil is where man sees things in manifestation and begins to use his intellect. He creates images and ideas in his human mind, not knowing the truth about things, and by his reaction creates in his own life and circumstances according to what he thinks and fears.

However, Science comes to our aid. It says that form in matter, that which we can see and touch, can be dissolved into its elements and disappear into the substance that fills boundless space, a substance that is without form in itself but is capable of creating form in and of itself. That the greatest potential energy is at point, and point is everywhere or can be everywhere, showing that all form begins at point and ends at point and that the greatest potential energy is at point. Yet all energy and power must be behind points

This proves again the great truth that the Father-Mother-God is the cause of all manifestation and that this Creative Power is inherent in us all, and through this inherent power in us so do we create.

This is the Divine Law of action, having all power within itself and there can be no separation in the whole of Created Life. Therefore I will venture to say that man's consciousness is the point where the Infinite Spirit or conscious Creative Power is individualized. Individualization does not mean separation but an eternal unity with the Whole.

As there is the Principle of Law involved, the Law comes into operation and this we cannot change, being Infinite in nature. The transmission of the energy in the idea into form is the fundamental Law of the Universe. Therefore all form is but the idea translated from the formless into form, but remains in that formless substance and is the same substance modified.

Science tells us that matter or form viewed separately from energy is nothing at all, and I will go further and say energy viewed separately from

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Intelligence does not exist, therefore the conclusion that we must come to is that all is within the Infinite Mind, and there is nothing outside it, and everything is of it and nothing exists except it is of this Mind Substance.

We cannot question the “WHY of God but we can, through understanding ourselves, understand the HOW” of God. The passage in Genesis relating to this Creation does not mean the body or form but the Spirit, the Creative Power, the First Cause that is behind all creation.

The Creation of all form and the whole world’s conscious relation is the result of Spirit’s one mode of action and that is thought. First we have the Spirit, the Creative Power, this Creative Power manifests the power of thought or ideas, and this thought, thinking or idea becomes form. We are the individualization of the Father-Mother-God, not separate but one and the same. In this realization God becomes a Reality to us, and not some relative thing apart from us.

Then the greatest miracle we can ever realize is to know that we, you and I, are the thinkers and in this way we create, that is why the Master said, “be ye perfect as your Father in Heaven is Perfect.

The only power our thought has is the power we give it, for it is our own creation. To have this perfected we are directed by the prophet to rest on the Eternal so that He shall reveal His glory and not ours. In this way we will free our thought from limitation and fear.

Benediction

Loving Father, Thou hast created the sun to give me light, and the moon to release me from the darkness, and Thou leadeth me into pastures green.

All this Thou hast done for me and more. Thou hast given me Thy Spirit to conquer all things. As Thou art so shall I be for Thou hast created me in Thy likeness.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #2 (9th August 1949) in the book “Developing Your Faith.”

April 1952

My dear friends,

This last month has been one with which we are very pleased, for we have received letters from thirty-two different countries in the world, some asking for help and others with thanks expressing gratitude for help received.

I wish to make it known to you that you have helped greatly in this work. When you open yourself to the Power of the Spirit you create in the ether an electro-magnetic activity which magnetizes the ether just like a radio station with the added result that these vibrations you create help others who tune in to it, therefore I say thank you, to you all who tune in at the times stated in the Particulars which are sent out when you first appeal to the Sanctuary. There is not much room for many letters today, but here are a few extracts:

From Switzerland, “your monthly letters are a God-send to us, we do not know how we ever could have been without them.” M.C.

From England, “words cannot express my gratitude for the wonderful help given to us, my wife has completely recovered and my two children are now out of danger. God bless.” J.C.B.

From Germany, “what wonderful truths you give us in your monthly Letters. I wish the whole world were flooded with your Divine Truth so that all could live in harmony together. God bless you and keep you long to do this wonderful work.” K.L.G

South Africa, “thank you, thank you for your immediate and wonderful help, our son has completely recovered from a severe illness which the doctor thought would be fatal. Immediately we contacted your Sanctuary our boy changed for the better and now in just over a week is up and about again. How can I thank you.” B.F.R.

WHAT OUR NEIGHBOUR MEANS TO US*

“Cast me not off in my old age, forsake me not when my powers fail.” Psa. 71: 9.

The great secret of attainment is to find the Kingdom within—the Universal Creative Consciousness—and the right use of that Consciousness.

* See Notes page 305

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This is the only source of power and we will experience this power when we begin to think with understanding.

The individualization of the highest Universal Intelligence becomes our creative power to the corresponding degree that we recognise it and nothing else, upon this inner self we must rely and not upon another self however great. The Universal Creative Intelligence becomes individualized when it is fully realized by the individual as the only source of Life and action.

The Master said. "it is the Father who ever remains in me who is performing His own deeds." The connecting link between the Universal and the individual is the conscious awareness of this great Truth that the Master revealed, and this Truth must be found by the individual through action, not merely through belief. The thoughts that flow from the consciousness that is feeling aware, produces results one hundredfold.

The whole Universe is made manifest in form from the formless through the direct action of thought. The basis of this perfect creation is founded on "Love." The law of permanent growth in us depends upon the Law of Love and how to express it. In other words, what profit has man if he gains the whole world and loses his own soul. Paul says, "I may distribute all I possess in charity but if I have no love I make nothing of it."

You may ask me for the rule of successful living and I will refer you to the Master's words, "thou shalt love the Lord thy God with all thy heart with all thy soul and with all thy mind." "Thou shalt love thy neighbour as thyself."

"Love thy neighbour as thyself." These words challenge us. Yet we push them aside saying it may be a virtue but it is not practical. But without the observance of this law no successful living can be attained.

Our neighbour is not only essential to us economically and socially, but is also the expression of the "One" Whole to which we all belong. If we are to accomplish successful living we must understand the joint relationship of ourselves, our neighbours and the Creative Principle that lies behind all. The consciousness of this relationship will create a new world for all to live in.

Unfortunately the motive to help serve others is not always pure, for within the desire there is hidden pride and conceit, the clamour to help is more often born of vanity. If we would help our neighbour we must know ourselves, for we are the other fellow. Outwardly we may be different but inwardly we are very much alike, driven by craving, dread and ambition.

Without knowledge of the self we will not understand the Other's needs. Without this understanding we are acting in ignorance so creating more misery

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for ourselves and others. If we are inwardly diseased by ignorance, ill-will, desire for conquest, full of passion and hatreds, we will spread darkness, misery and strife. If we begin to understand ourselves and become inwardly aware of true values we will spread light and peace.

The self is a series of volumes and cannot be understood in a day. But once we begin to study we must study every word and know it from beginning to end, for the end is the beginning and the beginning is the end. If we can understand ourselves and the many paragraphs of which we are made up, then Divine Wisdom will be found.

Our dreams are made up of our inhibitions and cravings, our unfulfilled desires, our fears and all that beset our waking hours. Is it not necessary then that we become aware of our thoughts and emotions in our waking hours instead of being caught-up in them? Our sleeping hours are but the intensification of our waking hours.

The proof is found in the problem that we are unable to solve in our waking hours, yet when we sleep over it the answer is awaiting us when we wake in the morning. We see new avenues which enable us to solve the problems which seemed insurmountable.

There has been a lot of nonsense talked and written about the mystery of this phenomenon, the answer is quite plain to the one who understands the wholeness behind everything. So in this so-called sleep, the thin layer of the outer consciousness is quiet and becomes more receptive. During so-called waking hours the outer consciousness has worried over the problem and has become weary and tense. When the tension is removed the promptings of the deeper consciousness are discernible and when you wake up the problem becomes easier to solve.

So the more we are aware of our thought-feelings during the day so the mind becomes quieter. But this alertness must not only be for a few seconds or during set periods. Practice is required, for the outer consciousness is not used to such intensity of awareness. Yet through practice the mind becomes alertly passive to receive promptings from the deeper conscious as in the waking hours. The more aware you are in the outer, so the inner co-operates with the result that there is a deeper and wider understanding of all things.

So the answer is, the more you are aware during waking hours, the less dreams there are, for dreams are but the indication of thought-feelings, actions and desires not completed, not understood. They need fresh interpretation

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because of frustration, some dreams are of no importance but those of importance will remain or may come up in another form yet identical in nature.

Through keen intelligence and awareness in the waking hours they will reveal their nature. But if you are too lazy to be aware and go to a dream specialist he will interpret according to his understanding which will be entirely out of line with the cause within yourself so you cause further frustration. He becomes a new priest to you and you have added another problem to the many you have.

If you become aware, even for brief moments at first they will certainly increase and this will bring a new feeling which is not the result of craving, but a feeling which is free from all personal limitation. As this gathers momentum you become more deeply aware, and this awareness will continue even while you are engaged in other things.

You will notice one thing which is all-important, that is, while you are engaged in the necessary daily duties, even though your whole attention may be concentrated upon them there is an inward awareness that continues, revealing a greater Intelligence behind all things. It reveals that which is Eternal and Ever-present. In this state of consciousness all is possible, and with your action there is no reactions. This is the freedom I want you to have.

Through this method our limited intelligence becomes unlimited, which enables us to overcome our mental and material conditions, it enables us to manifest in the world with perfect freedom in thought-feeling-reaction, "no man is wise by himself," "I of myself am nothing but with God all things are possible."

It is the **conscious realization** of this magnificent fact that enables us to transcend the limited sense of our outer consciousness and enter into the deeper consciousness to receive power, understanding and authority that is ours, waiting at times to be used when we have found the source. But the source cannot be found until we have first become deeply aware of thought-feeling-reaction to all that is external, and understand it.

As this awareness deepens we become conscious of our relationship to the Creative Principle behind all things, thereby consciously employing this Creative Principle in the great scheme of Life for the benefit of the whole. The three are "One," become one, not separate. The self, the Christ, the Father become One this is the Universal All, the son of man becomes the Son of God and enters into His eternal home partaking of all the attributes of the Universal All.

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We have but to speak and He hears, the Spirit in man is not separate from the Spirit of God, therefore we all meet in the Christ that is within. Our breathing is but the expression of Him who created us and we will know that He is nearer than hands and feet.

We must cease to look upon ourselves as separate from our neighbour thereby separating ourselves mentally from the great Creative source. When we have become aware of what we are doing we will cling to true values. By then we will banish savagery and barbarism from the world. War and crime against humanity will continue until man finds the Christ within himself, wherein only is God's revelations revealed, enabling us to unite our highest mental and physical efforts for the benefit of all. In the security of the "All" lies our own security, for there is no security in separation. There is no power in a Christ separate from man himself, it is but an image in the mind, a mere belief.

Our love for our neighbour is the Divine protection we have against all that assails us. It places us in a constructive harmonious relationship with others and with Him who created us in His own likeness. It will produce in our minds a state of certainty in the world where our individual plans are sure to prosper with the greatest possible success. "Love worketh no ill to his neighbour therefore Love is the fulfilling of the Law."

Benediction

O Eternal and Ever-present Life, my Life is Thine and Thine is mine, I do not ask Thee for freedom from conflict and sorrow because in myself is the cause. I have now learned that ignorance has its roots in my stupid self. I now know that with Thy Ever-present Life in me I am already free because I was never bound except in my own mind.

When I see human suffering beyond human endurance I know that the realization of Thy Presence is the cure. Therefore I do not pray to Thee in separation but in unity for we are ever alive and living in Thee and Thee in us. This is the peace we can have now, individually and collectively, O Beloved One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #5 (4th March 1952) in the book "The Word of Creation."

May 1952

My dear friends,

The Sanctuary works twenty—four hours a day throughout the year. Right round the world people are tuning in to the healing vibrations, also right around the world people are sending out healing vibrations twenty-four hours of the day. These vibrations are like the vibrations of light that travel at the rate of 186,000 miles per second, magnetizing the ether like radio waves. You can hear radio-waves at all points of the globe at the same time. So can these healing vibrations be felt at all points of the globe at the same time.

This is why you should tune in regularly, the more regularly you tune in the better the results.

Here are a few of the many letters received this month:

“I cannot thank you in words for what you have done for us. The same day that I cabled you my husband began to get well. Although all hope had been given up for his recovery it did not shake my faith and today he is 100% again. God bless you and your wonderful work.” J.C.D.

“Your monthly letters are an inspiration to us all and a guide to our lives. The happiness you have brought to our home can never be measured in words. We thank God the day we came to know about the Sanctuary.” M.C.I.

“I want to tell you of my good fortune through the Sanctuary. I suffered all my life with a weakness which I was told was incurable. When Mr. Todd told me of you and the Sanctuary, I wrote to you. I received your reply assuring me that I would recover and that there was nothing impossible. I did not really believe but put into practice what you directed me to do with the result that the weakness has completely disappeared. I would like you to make use of this letter so as to help others. God bless you.” G.M.

WE STRUGGLE WITH BELIEFS AND GAIN NOTHING*

“Behold, God giveth to a man that is good in His sight wisdom and knowledge.” Eccl. 2: 26.

The appalling conditions which we are aware of in the world today have their roots in man himself. This unrest is caused by man’s desire for conquest either in the political, economic, religious or the personal field.

* See Notes page 310

MAY 1952

Certain groups and systems of thought claim that their particular panacea will solve the problems, but any limited, restricted, incomplete or sectional remedy as a solution to the complexity of Life, however rational or logical, must inevitably fail and bring in its wake other complications.

To solve any problem, struggle, suffering and misery in ourselves and in the world we must understand it, not through the limitation of any particular group, but with a free mind capable of facing the problem as an undivided whole.

First we must realize that there must be a cause for this confusion and misery not only in ourselves but also in our relationship with others. If we can understand the fundamental cause then the problem can be solved forever. Let us see how we can approach this all-engaging nightmare of existence in which we live.

When we try to solve our problem of relationship with others from the outside we soon realize that there must be a complete change in our social and economic structure. We see that there must be a complete elimination of barriers—racial, natural and economic—we must also be free from religious barriers with their separate dogmas and beliefs.

Wherever there are different groups formed, religious or otherwise, they become antagonistic to each other. We realize that all these organizations have not united men, they have separated man from man. These things happen in ourselves first then they become world domination, thus we are caught up in the result of our own causes.

If we approach the problem from without, the emphasis must be laid upon legislation and the importance of the State with its resultant dangers. We have experienced, that through the action of the State, man is sacrificed for an ideology bringing with it brutality, corruption and suppression. We must look into our minds to see how much we contribute to this state of affairs.

Strange as it may seem the majority think that through losing themselves in an ideology, in service to the State or some religious order that their sorrow, anxiety, responsibilities and conflicts will cease. Yet this can never be, for no sacrifice of the self alone to the outer can solve the problem; We only become slaves to be exploited by those who advocate this sacrifice.

When we look within we are conscious of the “I” with its personal limitation, its ambitions, hopes, fears, passions and greed. As long as the ways of the “I,” the self, are not discerned and understood, the State only becomes a means for its cunning, its self-expression, its glory which again

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and again bring about new chaos and misery. As a man thinketh in his heart so is he, so is civilization, for he is civilization.

When we look around in the world today do we see any leader worthy of being called a leader? Are they not all sectional or religious fanatics or politically arrogant because they represent a section of the people and must bow to their ignorance or lose their leadership in the conflict? Living in separation we create strife and ill-will and antagonism that lead to misery for all.

The desire for conquest, for approbation, for power, for gain will be sought as long as the self exists in separation. The cause of this outward manifestation of conflict is the result of the inner conflict of craving for ambition, for approbation. The worship of conquest and success is always within the mind that is ignorant of the wholeness of "Being:" craving is going away from Reality not approaching Reality.

We must understand our relationship to others, we must understand and know what our beliefs are. We must understand our desires, our cravings and without compulsion from within or without, intelligently understand ourselves, in this only lies the solution of our troubles.

It is not by mere control and introspection our understanding comes but through becoming aware of our daily thoughts and actions; becoming aware of our possessive love, our nationalistic ideas, our religious intolerance and the desire for personal advancement and continuity in separation. When we begin to understand these things there comes into being a comprehensive understanding without superiority or inferiority.

Most of us are controlled by our environment, our external burdens, our external values, our opinions. So we are kept in bondage. If the inner is the result of our outer influences we will ever bring about discord and conflict in ourselves and others and in the world, for we are the world.

No matter how orderly the outer is planned and however carefully our social and economic conditions are arranged, if the inward conflict is maintained these will be constantly disintegrated for the inner is ever overcoming the outer and not until we understand ourselves and the ways of the self can even a well-arranged social order be maintained. When we seek a solution we will find that the self is the cause and the self alone can solve the problems.

Through constant awareness of our thought and action we will free ourselves from all that hinders the true expression of the Self that underlies every other self. Then we will love completely without fear, without the

thought of the self. We must not identify ourselves with family or race or creed, for as long as we are caught up in these there can be no true understanding of the Real, therefore we must become aware, discerning the ways of the self, so that we can free our thought from bondage of the unreal.

The Universe, including man, is Spiritual, harmonious and Eternal. In this is "Being" therefore the likeness between God and man is the likeness of the Creative Power inherent in God not as separate and distinct from man, but as one and the same. When we realize this we will work in accordance with the Divine Law of Love your neighbour as yourself.

When Jesus told the Scribes and Pharisees to look within themselves and see that their thoughts and actions were not in accordance with the Truth of the "One" they immediately proclaimed him against the Law. But he knew what was in the inner was manifesting in the outer, so the blind lead the blind. "The last shall be first and the first shall be last" shows us the all-inclusiveness of our Divine Nature when the illusions of separation disappears.

God is Spirit and all that He creates must be Spirit, this is the Truth that sets us free. God is "One" and not a series of One. It is man who creates this illusion in his own mind. Human theories are totally inadequate to interpret the Divine Principle involved in the work and words of Jesus. He says with no uncertain words, "I and the Father are one." This is the leaven of Truth ever at work and must eventually destroy the entire mass of error in the world and so be eternally glorified in man's Spiritual freedom.

Yes this is the leaven of the Spirit that changes man's thought through discerning that which is opposed to it. It is said that the flesh is opposed to Spirit, this is not so, for is not the body the Temple of the Living God? It follows as night the day that freedom from all conflict is man's heritage.

As God is Omnipresent Love and is natural in man, then evil is unnatural and is opposed to the nature of God. Thus evil arises in man's mind and he gives it a Reality it does not possess.

In discerning our thoughts we see they are continually changing from sorrow to joy and joy to sorrow, from health to disease, from disease to health, from success to failure from failure to success, from fear to hope and from faith to fear. This shows man governed by his reactions to the physical senses. But man's "Being" being Divine Spirit, and it must be so, he cannot be controlled by sin and death etc., except through his own volition, his own belief in them.

Your personality is the sum total of your thoughts, actions and reactions. It is in fact a record of your thoughts and actions. If you become aware of

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this you can change your personality no matter what circumstances you are in. But this is not the Truth I want you to see, the Truth I want you to see is yourself free from conditioning understanding what your ideas, your beliefs, your opinions, your actions and reactions are and how they come about. Then you will find the Eternal and Ever-present Life.

This is the Divine Truth for everyone no matter how great or small, remember the first shall be last and the last first. We use our intellect as a means of getting by in this world of ours. But with Spiritual understanding we will have more than just getting by, we will reach the highest degree of our possibilities, and our capabilities will be shown in the outer manifestation of our lives.

We will look deep into things instead of accepting the outward sense of things we will see that we cannot gather grapes from a thorn-bush nor brambles from a thistle. We will come to the true and thorough understanding of ourselves and the true value of Reality, then our purpose will be constructive and in harmony with the Whole. We will become invincible and our results will be abundant and permanent.

“I will give you a mouth and wisdom, which all your adversaries shall not be able to gainsay nor resist.” Luke 21: 15

Benediction

I lost my “Father of all” in the wastelands of beliefs and I could not find my home. Although I prayed and kept the door of my Soul open expecting Thee to enter from without yet I did not find Thee.

My groping mind was filled with fear in a world created by man. At last in the throes of despair I heard Thy Voice from within. Then I rose out of my darkness to find the Light that shone from the beginning of time. It enveloped me in Thee who art my home for ever more and I am now no longer afraid, Beloved One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #2 ‘Behold God Giveth to Man that is Good in His sight Wisdom & Knowledge’ (12th February 1952) in the book “The Word of Creation.”

June 1952

Dear friends,

Prayer is asking and is effective only when you understand what the Master meant when he said, “when ye pray believe ye have received and ye shall have.” This is the secret of healing, believe you have received and you shall receive.

This month has been one in which hundreds of letters have been received, relating wonderful results through the Sanctuary. Here are just a few extracts:

“I am writing to tell you of the wonderful recovery of my wife, truly a miracle after seven months of severe pain almost unbearable. When nothing more could be done for her I was told of your wonderful work and I wired you immediately. Your prompt reply by wire came at the same time the pain disappeared and this pain has not returned, this was fourteen days ago. You can imagine my rejoicing also when the doctor said the condition had disappeared, truly a miracle.” G.G.

“I am grateful indeed for the help I have received from the sanctuary. Your letters are full of the glorious truth. We have read many works but your letters go to the very heart, truly a wonderful revelation. If the whole world knew what a wonderful place it would be.” D.L.

“Thanks for your prayer on my behalf. The trouble has passed and all is now well. Thank you and God bless you. We pray that you may live long and do more wonderful work.” S.J.

“Not long after I wrote to you for help for my mother her whole outlook underwent a change, from a morbid attitude of mind she became positive and happy with the result that her health improved. We can never thank you and the Sanctuary enough for this wonderful change? N.D.

“Your monthly letters are very beautiful and inspiring they have helped me a great deal in overcoming my problems and also understanding the problems of others. God’s blessings upon your work.” G.M.

CAUSE AND EFFECT ARE ONE*

“If anyone thirst come to me and drink—out of his body streams of Living Water will flow.” John 7: 37, 38.

* See Notes page 315

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We all generalise Life by names such as Christ, Reality, Essence, Truth, God etc. When we do so we set up in our minds different ideas of what we think Life is, but you will readily see that Life is not an idea nor an image in the mind. Life is our living, expressing Creativeness within, which is not separate from the Livingness of the Eternal Christ.

Names give a relative characterization to Life and few have become aware of this fact, therefore we will never find this Creativeness until we have discerned this clearly. Names and ideas and our beliefs change from day to day, but never this Eternal Living Creativeness which neither knows birth nor death.

When we become “aware” of ourselves as the Living Ever-present Creative Life which alone has consciousness, there is a continual unfoldment through which we continually make adjustments as we begin to understand ourselves. We see how our thoughts and emotions arise, consequently we begin to understand ourselves.

That which creates is that which is behind all creation including man and has no beginning and no ending. All manifested substance, forms, composition, all visible things are but the expression of this Interior Creativeness and is the invisible Essence within that substance, form, composition and all visible things. Just as electricity is the invisible power in the dynamo so is Life that invisible power within us—that creativeness that has no beginning, no ending?

Yet to think about this, makes It relative—thereby we lose the awareness of It. When we discern our own creations-thoughts-emotions-effects and become aware of our own creativeness, then does the consciousness begin to know Itself, not in the knowing of what It is, but of becoming “aware” as the Creativeness behind all things, great and small.

There is “identification” not in the relative as an idea in mind but as an anterior and interior “identification” that realizes and understands what is behind all Creation and is the Creativeness within the self. Yet only when the self has disappeared can the Completeness of this “Invisible Creativeness” be realized.

Is it not so that we are caught up in our own creations, and are not aware of the Creativeness, that “Invisible Force” that holds our creations in substance, composition and form? When we are caught-up in the created then we react to the created and our thought-feeling is built up from our mental reactions to the external, so we are no longer “aware.” We become chaff that is blown about by every wind that blows.

This is the most important thing in our daily existence but few have comprehended its great significance. We must realize that the Creativeness is Ever-present and is the only Reality. The things we see, feel, touch, are but the effects of this invisible Cause which is the sustaining power in every created thing. When our minds and thoughts become confused we will know that it is because we are not “aware.” Awareness is something that each one must find out for him/herself.

Science has revealed to us that there is an invisible Substance which they have named “ether of space,” and that this invisible Substance is the basis of all things visible. This Substance of Itself is not the cause of things visible, but an “Invisible Intelligence” that is creative within it.

If you become aware that it is by this “Invisible Intelligence” that you create, then whatever the consciousness is aware of so does the invisible Substance become the composition—the form, be it a thought or any other creation yet there is but one Source of Creativeness, whether your thoughts are the result of external reaction or of pure thinking. Through “awareness” this “Invisible Intelligence” becomes the hidden force behind all our creations.

Therefore form comes through an anterior and interior cause which is responsible for appearances. Now appearances are what the senses respond to and are generally taken for realities. Only the consciousness that is “aware” can see behind appearances, and there find the cause. Is it not necessary then for us to become aware of our thought-feeling-reactions to know the cause of our own misery or Joy? This all-important Truth must be realized otherwise we will still perpetuate our misery.

The stars beckon us to seek that which is beyond all appearances for herein lies the power of man, but few have grasped it and used it. “I was with Thee before the world was.” Man today is impotent in a world of effects. He is torn with confusion and strife which overwhelms him and he sees no solution because he himself is the cause. What man is, so is the world.

Man is not limited to the five senses, for what they reveal are but effects. The Intelligence has created an instrument for Its own self-expression through which intuition and clear thinking is possible, therefore not depending on what others did, said or believed, in the past. If the past prevents the expression of the Ever-present Life and Love, it must be absolutely discarded, only that which is helpful must remain, otherwise we will perpetuate the ignorance of the past to cause more misery for ourselves and others.

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When we find that our troubles are created by ourselves we will soon find the solution within ourselves, certainly we will never find it external to ourselves. The cause is never separate from the effect. The effect can only be removed when the cause is revealed and the self is the cause. Unless we begin to understand ourselves, our motives, our thoughts, our reactions, we will never know the real cause, therefore we will continue to perpetuate the cause and the effect, for man thinks good and evil by the same power.

It is this deep understanding that will enable us to move onward and upward side by side with deep logical reasoning, which enables us to see further than those who attribute their knowledge to the limited sphere of the physical senses. When we become thoroughly “aware” we will have a guidance that cannot be obtained by mere groping in the mind. We will never find the secret of the Lotus-flower in the mud out of which it grows. For only by understanding the Spiritual cause that forever remains invisible to the senses, can this be comprehended through deep thoughtful contemplation.

Are we not told in St. John that we will never understand until we comprehend the mighty Truth about ourselves, that we are not the blood of man, nor the will of the flesh (because it has none), nor the will of man but born of God? No man has ever seen God, but the Father is revealed in the Son. It was this that Jesus revealed to us. The price he paid in revealing this great Truth can never be appraised by the human mind. Only those who understand can realize that the debt humanity owes him can never be paid, except through following in his footsteps.

In plain words, the master stated to us that he was in the Father and the Father was in him, and the things he did were done by the Father who ever remained in him. It was the Father who was performing His own deeds. For when you have seen me you have seen the Father. Your Father and my Father, “Our” Father who art in heaven, and the Kingdom of Heaven is within you.

Now this has nothing to do with ethics which blinds the consciousness to the Truth of the Ever-present Life that is ever creative. I have said to you before that if we live in the past or the future we will never know the Ever-present Creative Life that is all in all. Ethics is eternally caught-up in the relative, therefore Truth can never be revealed through ethics. Those whose minds are caught-up in ethics can never know the warmth and joy that can be attained through the awareness of the Ever-present Life and Love, waiting to express Itself through the individual that is “aware.”

JUNE 1952

The Ever-present Love and Wisdom is Ever-present, ever waiting to give expression through those who realize It. It is simple, unaffected, just and kind, always loving, always generous, always forgiving, never makes a vain display and does not boast. It is not easily provoked and thinks no evil. It never fails when put to the test, no matter in what situation. Its Power lies in the fact that it is Ever-present and all-knowing. It knows no opposition and is never antagonistic in any individual towards others. There is a calmness that nothing can move because It is all in All, there is nothing outside It and all is within It and It is within all.

It goes beyond the reason of man but It is not subject to the reason of man. It is Reality Itself. It is perfect harmony and this harmony is within all. Yet It cannot express this harmony until man has subdued the noise in himself. It is the translation of this Ever-present Life in our daily living that reveals what is in our hearts.

We may have an intelligent grasp of the Truth, but unless we translate the Truth into our daily living we will be as ignorant as those who never heard of It; we will be like the man who looked into the mirror and saw a reflection of himself and immediately went away and forgot what he was like.

This likeness to our Creator is covered up with our possessions, our cravings, our antagonism. We battle, we struggle with effects unaware of the cause yet through understanding our suffering caused by our own misunderstanding will come the wisdom that will guide us to freedom.

“I will give unto him that is athirst (aware) of the Fountain of the Water of Life freely.” Rev. 21: 6.

Benediction

O Eternal Ever-present Life and Love, my inspiration is Thine.

The vast expanse of Thy Eternal Presence cannot be measured by human mind, yet my prayers will be the expression of Thy Presence, and Thy Love and Wisdom my guide.

As I know myself so do I find I am one with Thee, O Eternal One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne.

* Digest version of Lecture #7 (18th March 1952) in the book “The Word of Creation.”

July 1952

My dear friends,

“The Sanctuary has been to me the most wonderful thing that ever came into my life. I was one of your first members and have all the Monthly letters. I have put them together into a book-folder and when I want to know anything I just turn this up and there is the answer. I can never thank you enough for all you have done for me, and I am sure that there are thousands of others as grateful as I am. May God bless and keep you with us for a long time to do your wonderful work.” M.J.D. Orange Free State.

The above letter received the other day is similar to many we receive each month and I have put this one in complete to show what the Sanctuary means to a great many people all over the world. We now send the Sanctuary letter to thirty-two different countries from which we receive letters and requests for help and healing. I am grateful for the opportunity of helping all those who need my help. I will give a few extracts from letters received this month:

“Since receiving your letters I am glad to tell you that there has been a decided improvement and the pain and stiffness in my hand and fingers is disappearing. Your wonderful book “Spiritual and Mental Healing” is a great help and inspiration.” E.H.A.

“It is just ten days now since I was told that nothing more could be done for me. A friend of mine Mrs. J.A.D. told me of your wonderful cures so I wrote to you, and now this is the result, completely whole again. Your work is truly wonderful. My gratitude is beyond words. Thank you.” L.D.T.

“I cannot convey in words how grateful I am to you for your wonderful help. I was unable to walk for over twelve months. On receipt of your letter I did what you advised and I walked right away and have done so ever since. I now walk about my farm all day. Thank God for you and your wisdom.” E.J.F.

“Your Monthly letters are a great source of wisdom and inspiration to me. No matter what the problem may be there is always a solution to be found in one or the other letter, and when tuning in to the Sanctuary there is this wonderful feeling of confidence and well-being. Thank you and God bless the Sanctuary.” J.J.K.

WITHIN MYSELF IS THE GLORY*

“And he had a name written on his vesture and on his thigh King of Kings and Lord of Lords.” Rev. 19: 16

As I have said before it is the invisible electricity that gives power to the dynamo. Without this invisible power there can be no movement, no power. It is the same with us, our bodies are like the dynamo, the invisible Life is the power that makes it move. Not only does Life make it move but created it for Its own self-expression. This is the Life that never dies. This is the Life that is Eternal and which alone has consciousness.

It is Life that gives us self-consciousness. But when we are not aware of this Truth we seek the expansion of the self. Do we not seek to expand the self both Spiritually and materially for our own benefit only? So we exploit and become the exploited.

The paramount longing in the human heart is the desire for things, for Spiritual security, unaware of that which produces all things and which is resident within us, so we develop a sense of inward poverty. To cover up this inward poverty we surround ourselves with things, title and rank which we find never fills the vacuum. Thereby we develop a sense of insecurity, both spiritually and materially, so we try to buy a passport with as little as we can of our worldly goods, to some unknown destination from those who claim to know the way and have the sole right of admission. Thus, the exploiter becomes the exploited.

Is it not so that we try to make ourselves secure at the expense of our brothers and all we gain is sorrow and conflict? So we create the exploitation by which we are exploited from every side. It is only when the truth of the Ever-present Life which is the Creativeness within ourselves is realized, that we begin to understand that the cause as well as the remedy is within ourselves also.

This Ever-present Life is beyond all personal allegiances, yet it is the moving factor in the personal Life. When we come to see this clearly we will abandon the illusion of self with its past and future. We will see how magnificent we can become in the recognition of our oneness with this Ever-present Life which unites us as one great family, not only on this earth but with all inhabitants in the vast Cosmos.

* See Notes page 321

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Within the one mind of the Infinite all does exist at the same time. Therefore all must be moving at the same time and in the same direction. Therefore we are not separate from the furthest star but are all moving according to the Cosmic plan of perfection, even if we may think otherwise it makes no difference. Therefore to co-operate with the Divine Mind is the fulfilment of the Law. In fulfilling the Law we naturally see that we must co-operate with each other in harmony with the whole, thus we inherit the qualities of the Divine.

When we take the broad and comprehensive view of the whole we lose the pettiness of the self and what it stands for. Unless we do this we are caught up in the narrowness of dogma, creed, selfishness, and possessiveness etc., which causes misery for the individual and for the world in which we live, for are we not the world? We condition it and ourselves.

The comprehensiveness of the Whole—The Cosmos—is beyond human conception, nevertheless it is a fact that we cannot be separated from the Whole except in the illusion of the individual mind. All great people have become great by understanding that there can be no separation. It is only when we come to discern our own limited thinking and how it arises can we get the greater view beyond our immediate surroundings.

Let us consider these interesting facts about the Cosmos, We are told that there are something like two thousand million millions of worlds visible to us from the earth, and that this is but a fraction of manifested Universe. Many of these suns and worlds are thousands of times larger than ours. Our world on which we live is but a grain of sand in the panorama of worlds. Yet we are one with the Whole. The same fundamental substance, the same mind, the same creative Spirit is the creativeness within us. How can we then, after knowing this, become petty and selfish?

Then let us lose ourselves in the Cosmos so that the Cosmos may manifest in us, this was the realization Jesus had when he said, “all power is given to me in heaven and on earth.” He knew that there could be no separation between himself and the Father.

Spiritual Science has also revealed to us that there are belts of invisible matter inhabited by Spiritual Beings who were once physical beings like ourselves, Although we are (most of us) incapable of seeing these inhabitants, they are not oblivious to our existence for many are helping and guiding us even while we are not aware of it. This was revealed when Jesus went up the mountain to pray and there Moses and Elijah appeared to him and his disciples.

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To get a true understanding of what is, we must get beyond narrow bigoted dogmas and creeds, ethics and the limited thought of the human mind. Some will say where is your data to explain all this. There is ample proof given by those who have experienced at least a modicum of its truth to make it evident—that there is more in heaven and on earth than man has ever dreamt of.

Scientists have told us that they are only groping in the dust, but as we progress the science of the Cosmos will reveal things that man has at present only merely thought of. There are far-reaching powers inherent in the human mind that will reveal to us that the hopes and desires of the inhabitants of the inner worlds are mainly on our behalf. At present the law of gravity, which unites all the worlds in the Universe in one grand system, separates man from his kindred Spirit in other planets, Man will one day overcome this so-called impossible barrier to make excursions to distant regions to find things out for himself.

There is a saying that, “man cannot think of anything that is impossible,” and when we look back we find that we have thought of things, and at the time we thought them impossible, but this saying has proved to be true, they **have** become possible, and we are now experiencing them yet we no longer give them a thought, only accepting the impossible as an accomplished fact.

I am giving you a vista beyond that in which the human mind is generally caught up, then the mind will not remain stagnant in its own circumscribed orbit, but can rise above its present limited beliefs and inane thinking. Are our thoughts not mainly built up from the created, blinding us to the Creativeness that is within and which is behind all the created, the means whereby that which is known within Itself will be made known to the individual, when the individual is capable of true understanding?

Man’s understanding is still in its infancy yet through the realization of our Eternal existence our faculties will expand. A few have expanded these faculties, but these few have been regarded by the masses with awe and often put to death for fear that the pet theories and religious beliefs of the blind who lead the blind would be shattered. Yet those who acclaim Bar-Abbas and put Jesus to death could not destroy that which they could not see nor understand. Nor could they dim the Light that came into the world in the beginning and is now beginning to shine brighter in the darkness of the human mind.

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In our darkest hour we will see that Light for we will no longer seek the darkness that has brought ruin into the human family through separation and distrust, through the misery of mass murder, we will realize that It is the same Life, the same Consciousness that makes us aware, the same birthless and deathless Spirit unfolding the beauty of the human soul as well as the beauty of the Universe in which we live and in which we can never be separated from the Whole. My words are incapable of explaining this mighty Truth yet the Truth can be found within ourselves when the noise of the outer is quietened down.

The Infinite has revealed Himself in us and with this understanding we can reveal the Infinite. Was it not this that Jesus showed when he said in other words, “when you have seen me you have seen the Father and the deeds you see me do are the deeds of the Father who ever remains within me.” Could there be plainer words than these to reveal the Truth?

When we begin to think clearly we will see that the whole Universe must be within the consciousness of the Infinite Supreme Architect and it must be the same Consciousness that makes us living, thinking beings made in His image and likeness.

Man has lost the power to think for himself, he accepts what the blind say and they never saw because they were blind from the beginning being caught up in differing creeds and beliefs which separate man from man and man from God through ignorance. Although man cannot be separated from God yet in his ignorance man has assumed this separation and what man thinks so is he.

Oh, could I wing my way with the swiftness of a seraph (one of the highest of angels with love as a cherubim and with knowledge) from sun to sun and from world to world until I have surveyed all the systems visible to the naked eye and at the same time gather within myself the glorious landscapes and scenes of grandeur they exhibit, and could mingle with the pure and exalted Intelligences who people these resplendent abodes and behold the humble and ardent adoration of the Almighty,—their benign and understanding deportment towards one another each esteeming the other better than himself and all united in the bonds of the purest affection without one haughty or discordant feeling, what indignation and astonishment would seize me on my return to this obscure corner of Creation. Yet within myself is this grandeur, the Consciousness of the Infinite Himself. To know this in

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our hearts is to live it. Can we comprehend the magnificence of this mighty Truth that the Consciousness of the Infinite Whole is within?

“He who overcomes shall inherit these things and I will be his God and he shall be my son.” Rev. 21: 7 (Eastern text)

Benediction

O Beloved within my consciousness I can scan my Eternal Home and Thou art my Eternal Joy. I found that all my errors dissolved away when Thy Love and Wisdom became my staff.

I no longer need to probe my way in the darkness, for Thou art my Eternal Light. Yes, I was beaten by the winds of fate and drenched with the rain of misery while I wandered in the darkness of my mind.

But now the storms have abated, the rocks have disappeared from my path and I no longer stumble for I have Thy staff of Love and Wisdom.

I have seen Thee in my brother, O Beloved.

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #8 (25th March 1952) in the book “The Word of Creation.”

August 1952

My dear friends,

Thousands of people are eagerly reading the Sanctuary letters each month. The many letters we receive testify to the work that is being done all over the world. The number of countries that are now receiving the Sanctuary letter has risen to forty.

Here are a few extracts from the many letters received this month:

“Your Monthly letters are a joy and a blessing to us. In fact your letters are a guide to our lives. God bless you for your noble work.” A.J.T. England.

“I wrote you on the Tuesday for help for my wife and on the Wednesday afternoon she recovered so much that she was able to get up and now is perfectly well. How wonderful is the work of the Sanctuary! We hear so much about the great work you are doing all over the country. May God spare you for many years to come to continue your good work.” A.S.J. Transvaal.

“Words can never thank you enough for your help in our time of need. Everything went off as you directed. It amazes me how you knew the right thing I should do. Indeed you have Divine guidance.” S.T. Australia.

“Thank you, thank you! thank you, words cannot express what I feel for the most wonderful help I have received from the Sanctuary and your Monthly letters were a God-send to me during my trouble. I do not know what I would have done without them. Yours gratefully.” C.C.J. Cape Province.

“I received your kind and sympathetic letter in reply to mine. The interest you have taken in me has afforded me great comfort. Your advice I have followed with astonishing success. How can I ever thank you for your kindness. Yours.” M.T.F. Germany.

TRUTH-FREEDOM IN THE CONSCIOUSNESS OF GOD, IN THE CONSCIOUSNESS OF MAN*

“I say to you do not worry for your life, what you will eat, and what you will drink, nor for your body, what you will wear. Behold, is not life much more important than food and the body than clothing.”
Matt. 6: 25 (Aramaic Version)

* See Notes page 327

There is nothing more ignorant than a rigid mind with fixed ideas, a mind that says it is rubbish because it cannot understand. Most minds are filled with the ideas of others and are incapable of thinking for themselves, an understanding mind is one that is pliable, for without pliability of mind there can be no understanding.

Truth-freedom is always unfolding the consciousness that is aware of itself as the creator of thought, also the creator of conditions, and the moving power in human nature. But as man unfolds, his consciousness reveals a Divine nature, that is Eternal and Perfect and knows nothing of death, sickness or health, success or failure.

Consciousness is an awareness of "Being." When you look with your physical eyes you see an outside world, you are aware of your own physical body. When you close your eyes you do not see the physical world around you, but you can hear all the sounds of life. Still you are aware of "Being."

There are subtle states of mind that one is not physically aware of. You digest your food without knowing it, inhale and exhale their Life-giving forces that keep your body alive, pump your blood to the remotest parts of the body, eliminate the impurities from your body and maintain an even temperature winter and summer by a form of internal adjustment. Who is it that maintains your bodily health so that you can express yourself in the body?

You will say that you do not do all this consciously, but there is no one outside the body doing all these amazing things for you, then you must admit that you do them subconsciously.

There is no machine created that can match this wonderful mechanism that underlies the human organism. Since all machines, even the most intricate, are the creation of the human mind we must realize that the created can never match its creator.

As we begin to understand we will realize that the subconscious is the same consciousness that is underneath. Thus we are in constant touch with a source of inspiration, genius, intuition, and a limitless source of Love, Wisdom and Power.

But if you are caught up in ideas, images, beliefs, traditions, the consciousness is bound up in them and there is no longer any freedom, because you act and think in accordance with what you believe. Therefore anything that is fixed in the mind is binding and a prison in which we live. We may change our ideas, our beliefs but this is only substituting one prison for another.

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To free ourselves, our consciousness, there must be a true discernment and understanding of what is in the mind. We must know that the ideas are just ideas, we must know what our images are and how they came about, we must know and discern our beliefs and why we believe as we do. We must also understand what rituals are, what tradition is, then we will see that these things have nothing to do with Truth-Freedom but only limit the person that is caught up in them. Even the idea of Reality is not Reality. If we are not aware of our own conditioning we can never free ourselves from it.

Most people are unaware of “Being” the proof is in the multitudes that float in the sea of ignorance, tossed by every whim, idea or emotion and are drowned in their effects. They rush here and there to find health and happiness. The one cry is, “how can I change my environment, how can I demonstrate health, wealth, success, how can I obtain the key that opens the door to all these things?” So they rush here and there to those who claim that they can teach them. All they do is to put them on a rudderless boat still subject to the storms and waves on the sea of ignorance.

Is it not so that all those people speak of God as separate and distinct, they make their God relative, something apart from themselves?

Now matter cannot say, “I suffer, I die, I am sick, I am well, I am a failure, I am a success.” It is the “physical consciousness” that is caught up in these things, **this is the error**, being unaware of “Being,” so to the physical consciousness sin, suffering, death are real. But to the true sense (call it immortal or Divine the name does not matter) there is no sense of error, no error of sense, therefore It has no destructive element in It.

If truth and error commingle they produce health and sickness, good and evil, Life and death, then who can say whether truth or error is the greater?

The power to see and hear does not originate in matter, they originate in mind, otherwise there could be no understanding. It is the soul that perceives, the body is but an instrument that the soul uses for its own self-expression. If the soul is unaware of Being then it is caught up in the error that it is the body that is subject to all manner of conditions and that the mind has no say in the matter.

The human mind makes all things start from the lowest instead of the highest. Suppose now that we reverse the process and see the formation from the source of all things, that perfect Divine Consciousness that knows no

duality. So in tracing them we constantly ascend in "Infinite Being" where there can be no separation, no error, no duality. The physical consciousness, the cause of error then dissolves away and the consciousness of Reality takes its place. (He who seeks to save his life in the body will lose it, but he who gives up his life will retain it.)

When the physical consciousness gives up the delusion that there is more than one mind more than one God, then man in God's likeness will appear. This Eternal man will include all the attributes of that likeness, having dominion over all things as natural and not supernatural as we are asked to believe. Jesus never claimed any supernatural powers, all his powers were natural and these are natural in us also. "These things I do even greater things shall you do if you will but believe (if you will even understand "Me").

The physical consciousness must free itself from the bondage of a material existence; then the Spiritual or Divine principle dawns upon our consciousness thus we will have our Immortal Birth that nothing can shake. We will say with understanding, "I and the Father are one." "One!" Can you realize the meaning of this saying fully? Think deeply upon it. When this is understood the earth will be transformed and the darkness of the error of separation shall pass away.

Man will then understand that not a blade of grass, not a flower or tree or a bud blooms by its own volition, man will see that there is nothing on earth that has not its source in the Infinite "One."

We should no longer ask the question, is it our lungs, is it our heart, is it our liver etc.? We will understand that we are immortal Spirit, we are no longer mute before ignorance, neither will we mingle with error but will cast it out by the truth of our immortality.

We will then understand our psychological cravings, our demands, our conflicts, we will transcend our inner passions, our inner fears and envies. We will no longer determine to possess much or possess little, we will eliminate intelligently these demands.

We will no longer seek power nor will we be self-assertive, for there will be a peace that passes all understanding, we will have found the source of our Creative Reality, "Being" not becoming, but Being. Try to understand this fully.

We will no longer be seeking security, for in the mind that is always seeking security there is fear. It can never be joyous, it can never know

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Creative Being. The very basis of our security is not in seeking but in knowing. The highest form of our thinking-feeling is knowing, not in positive aggression but in Divine comprehension, in this is the basis of our security.

When we grapple with the problems of mass murder, hunger and destruction on their own level, we only create further misery and catastrophe for we will then only be concerned with reorganisation of greed, ill-will and ignorance and there will be no end to confusion and antagonism. Neither does it help to rebel against these conditions. Neither can freedom come through trying to escape from them, for there is no escape except through understanding.

The error is in the belief that material means will eliminate material suffering. Remember our, “will to do is not wisdom.” If physical consciousness is not aware of its own creation it, can never alleviate its own suffering. Evil is not a power, it is an illusion of the senses and soon betrays its own weakness. It has no existence in the source of man, and when this is realized it will fall away for it is the mockery of man.

So we see clearly if the reformer or the contributor to the solution of the world’s problems which are his own has not radically transformed himself, if he has not the inner realization of true values then what he contributes will only add to further conflict and misery.

He or she who is eager to transform the world must first understand him or her self, for are we not the world? Have we not made the world what it is? The present misery and degradation of man is brought about by man himself, and if he merely plans to reform the pattern of conflict without understanding himself he will only increase ignorance and sorrow.

If by suffering we are awakened out of our mortal dream and that which perpetuates the dream, then the less we think about material means and laws and the more thought we give to the Divine Nature of men, the sooner we will have that peace that passes all understanding. Man can only find this, so will the world, when man regenerates and adjusts his mind through understanding and awareness of his Being now, not in some “future” which is but an illusion.

“I am the Lord thy God” now and forever more.

Benediction

I shall no longer whine with complaint nor shall I say that Thou hast yoked me to the demands of the flesh.

Neither do I crave anymore for earthly comforts for they are the figments of my mortal sense, neither shall I blame any man for being busy with material things, for everyone must find his own way.

All I know is that Thou watered the yielding crops that grew without man's aid. All man did was to plant the seed and Thou, the Master Potter, moulded the earth and sprinkled it with sun and rain.

I am now content that all is mine because we are one, for Thy seed is mine and mine is Thine, O Infinite One.

MY PEACE AND MY LOVE REMAIN YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #1 '*I Say to You do not Worry for Your Life*' (5th February 1952) in the book "The Word of Creation."

September 1952

Dear friends,

This is one of the many letters I have received this month, it conveys what the Sanctuary means to thousands throughout the world.

Mr. A.J. says, "I think I have been one of the first members of the Sanctuary and I have kept intact all the Monthly Letters up to date. They are indeed a treasure and unique in the fact that there is nothing like them. They have been to me a tower of strength in times of need. The many times I have asked for help, the Sanctuary has never failed in giving 100% relief or the 100% satisfaction required.

"Our home now is a happy one, when at one time it was near breaking point. But since joining your wonderful Sanctuary my home life and my success in business have been beyond my expectations, the health of the children and of my wife has been 100% and for myself I have never felt better in my life.

"I do not know how to thank you for what you have done for us and many others whom you know nothing about. This has been accomplished by a monthly gathering of many friends to whom I read the letter. The eagerness of our group is such that not one has missed a monthly meeting for over two years now.

"My letter is a long one but I cannot let the time pass without letting you know what the Sanctuary has meant to me, my family and many of my friends. Your grateful and earnest member of the Sanctuary."

This letter I picked out of hundreds received this month, because it is such an earnest one and portrays what many other people want to say.

The Sanctuary feels more than satisfied at the results accomplished throughout the world. The work has spread now throughout forty-one different countries. Soon there will not be a part of the globe where the Sanctuary is not known, so fast is it growing. That humanity will be helped out of its misery is now never in doubt.

THE CONFLICT OF OUR THOUGHT-FEELING AND ACTION*

“With wisdom did the Eternal found the earth.” Prov. 3: 19

We cannot separate the inner from the outer or the material from the Spiritual. Is one not the product of the other? The inner becomes the outer, what is visible is but the invisible, what we create within comes to the outer. Whether we like it or not we are responsible for good or bad for they are both the expression of the inner. Only in the creation of Reality is there freedom from good or bad.

“Love worketh no ill to his neighbour, therefore Love is the fulfilling of the Law. Many people are deprived of the fulfilment, the satisfaction and the happiness they anticipate from the fulfilment of their desires. This is due to the methods they ignorantly employ, methods which interfere with the growth, development and happiness of their neighbours.

While the Law of Creation fulfilled their desires yet in their ignorance they overlooked the most necessary element of success and happiness, so all their accomplishments were beset with difficulties. They did not realize that “Love your neighbour as yourself” was the fulfilment of the Law. In other words the first consideration in the fulfilment of desire, is your neighbour, when you think this out you will see how necessary it is.

When we take this higher law into our operations the things that beset us rearrange themselves in a wonderful way, they straighten out in the most unexpected fashion, we need not designate special ways and means. The Higher Intelligence is capable of leading us into avenues more wonderful and infinitely more satisfactory than we ourselves could have chosen. But first we must fulfil this one most important part of the bargain, “do unto others as you would have them do unto you.”

When man’s thought is purified through understanding of the Law of Love—to love his neighbour as himself—he will love God in a practical way, and to love God is to be lifted to the throne of wisdom and power. Yet nearly everyone is restricted by their limited understanding arising out of their reactions to conditions in Life, so they further perpetuate these conditions against which they rebel. Wrong reaction to things external limits our creative ability. “Trust your affairs to the Eternal and your plans will prosper.” In the proportion that we know ourselves so shall we know God. This is not a

* See Notes page 333

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sanctimonious attitude of mind or a mind caught up in ethics nor in virtues or opposites, for if we are caught up in these we shall never understand ourselves or Reality.

So many people become virtuous to obtain a place in heaven, so then virtue is founded on craving which becomes a vice, the “more Spiritual than thou” attitude. The Master said, “the last shall be first and the first shall be last,” showing that there is no separation. The first and the last are the same, it is the one Life manifesting through all.

When we create distinction we have separation and separation leads to antagonism. Jesus is said to have associated himself with robbers and sinners. He understood them and their difficulties because he understood himself. They were more ready to receive the Truth than those in high places saturated with envy, mistrust, separation and superstition.

Scan your mental field and see how much of your thinking is influenced by your existing conditions. If you love the created more than the Creator then no matter what you possess, your mind will be negative. But if you love the Creator more than the created, no matter what condition you are in, your positive attitude will lift you out of the darkness into the Light.

If you live in the material in opposition to spiritual or you live in the Spiritual in opposition to the material, there will be no understanding and your thought-feeling and actions will be in conflict. But if you intelligently comprehend the material you will come to the Spiritual, and thereby the division between the outer and the inner ceases. There is no conflict between the inner and the outer. All this conflict arises in man’s own mind through his lack of understanding, so his thought-feelings become disturbing.

If you condemn one and praise the other you no longer understand. But if you realize and discern that you are the centre of all objective and subjective existence and comprehend your reactions, your feelings, your beliefs your cravings, your fears, then you will begin to understand your self. Only when this is accomplished will there be perfect balance, creative understanding and inward peace.

If you deny the material world or if you try to escape from it, if you distort it, shaping it to your own fancies then your spiritual world will be an illusion also thus hindering the true expression of Reality. To be (Being) is to be related to both, and understanding this relationship. but if you distort this relationship by becoming more and more self-centred, more isolated, then mental conflict will result.

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When we understand our desires, our cravings, our beliefs, our superstitions or fancies, our thought-feelings and reactions we will begin to understand ourselves and that which is behind both Spiritual and material. We will see that these things do not affect the Reality in us, except we are caught up in these things.

If you are uninfluenced by these things then you will discover the Immeasurable. For it will come into being by Itself when the mind frees itself from the past, from conditioning influences which create false values. To discern, to observe, you must be detached, uninfluenced, must cease to be a slave to public opinion, tradition, propaganda, however subtle it may be. The influence of environment shapes also thought-feeling and this too must be understood. Only through freedom from all that hinders the Real can the Real be expressed.

When you are discerning your thought-feelings continuously you will realize how easily you have been persuaded to accept, to believe, to act. Is it not so that the daily newspapers, radio, cinemas, books, periodicals shape our thought-feeling? Can you say that you are capable of freeing yourself from their limiting influence?

What about the differing cults and religious thought-feelings? One person will accept this while another will accept that and by doing so create antagonisms and conflict. Can you discern clearly how this imitative acceptance is influencing and fashioning thought-feeling? In this imitative confusion there is little hope of finding the Real.

It is said that a belief in God will change the world. But we have had a belief in God for centuries, yet we have created a terrible world of strife and misery for three-quarters of its population. Has our belief in God altered our intentions in the racial field of action? Have we not taken from the heathen races a belief to give them another belief? Yet because we do not practice what we preach the poor unfortunates who look to us for wisdom and love are sadly disillusioned.

Both the savage and the highly civilized believe in a God. But this belief has not done away with killing, oppression and exploitation. On the contrary it has added more subtle methods of destruction and persecution in the name of peace, in the name of God.

If we can put away these contending beliefs and ideologies we will be better able to bring about a deep change in our daily living, thereby bringing about

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the means for a better world. Human beings are more important than beliefs, differing creeds, political ideas and ideologies.

Is it not our everyday thought-feelings-actions caught up in false values that have caused all wars, strife and misery? Is it not so that we have changed little in our thoughtlessness, our exclusive nationalism, our racial and dogmatic creeds, lack of goodwill and compassion. Unless we discern this with a clear mind we will create further chaos and sorrow for ourselves and others.

Is not the Divine Truth, "Love your neighbour as yourself" our only protection? But how can we love our neighbour unless we first understand ourselves?

Is it not so that we are still the result of the past and the past is still influencing our actions? Without understanding this we only invite further disaster. Thought-feeling-action based upon the past becomes a hindrance to the expression of the Real. When our thought-feeling is anchored to the past, made dependent upon the created, the past or future, understanding of the Ever-present is not possible. What is the use of having a belief in God unless we first understand ourselves?

Only through spontaneous flow of the Ever-present Life in the mind that has silenced the past and future can the glory of the Uncreated be known. In this alone is there true creativeness which brings goodwill, peace and brotherly love.

This spontaneous flow of the Ever-present Life must be free from the memory of the past. What I mean is this, when you see a beautiful sunset, in that moment of beauty there is a spontaneous creative inward joy, when you wish to repeat the experience through memory there is no such spontaneous creative joy. You try to imagine through memory, you try to get that same spontaneous inward joy but it is not there.

Therefore we will not build upon such a flimsy foundation as a memory, but upon the Eternal Ever-present Life. Instead then of trying to strengthen our belief, our ideologies let us become more aware of our thought-feelings, for what our thought-feelings are so is our world. Our belief in God is of little value to us, if by our thought-feelings and actions we make the world more terrible and ruthless. Harmony is the foundation of our Being and true discernment of our thought-feelings and actions will enable us to co-operate with that Divine Nature that was revealed through Jesus, our Divine Brother.

"He loveth the stranger in giving him food and raiment." Psalm 146: 9.
"If thou be wise thou shalt be wise for thyself." Prov. 9: 12.

Benediction

O Ever-present Life, wisdom is waiting to give joyful revelation of Thy Presence.

Man's mind has been clogged with beliefs and illusions of the past and has not heard Thy Eternal Voice.

Yet Thy Love wash away all race, colour and class prejudices and in Thy Everlasting and Ever-present Wisdom we will experience that spontaneous creative joy, when our minds are freed from the burden of memory.

The paths we have trod will melt like the snow before the blazing sun of Truth, O Ever-present Life.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #6 *'Is Our Thought-Feeling and Action in Conflict with Our Belief in God?'* (11th March 1952) in the book "The Word of Creation."

October 1952

My dear friends,

It is wonderful to hear of the many healings that take place all over the world through the Sanctuary and here are a few extracts from the many letters received this month.

“I am writing to thank you for what you have done for me. I am thankful to say that I have now no blood-pressure since writing you. A condition which I had for many years. . .neuritis in the breast, I tried many doctors and other methods without any result. Now since your help through the Sanctuary the whole trouble has cleared up. I am now well and my eyesight has also improved. Your lectures have given me a wonderful Spiritual uplift and I feel that I am no longer separated from the Father. I can see now how God works in and through us. Words cannot express my appreciation for all your help and healing. And now I will be able to pass on to others your wonderful truths. God bless you and your blessed work.” Dr. J.C., New Zealand.

“Thank you for writing your wonderful Monthly letters, they are truly wonderful and all your books which I have are helping so many other seekers. Life is wonderful now. My health has been restored 100% and I have a solid foundation in Truth now, thanks to your precious books and Monthly Letters.” H.B. New Zealand

“I never thought it possible that I would walk again. I was told that my spine was so badly injured that it would be six months before I could get out of bed. It is just 3 weeks since my name was sent in to you for healing and now I am up and about again. I cannot thank you enough for what you have done for me.” A.L. South Africa.

Hundreds of similar letters come in every month and they are very much appreciated. Although they cannot all be printed, you will realize they are very important because they enable us to understand and know what the efforts of the Sanctuary are doing throughout the world. Please continue to send your letters in, although they are not all published there are many others who are benefited and inspired by these letters.

IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE?*

“I come that they might have Life and that they might have it more abundantly.” John 10: 10.

There are no conditions in the Divine creation of man. Conditions are brought about by the human mind that has nothing to do with the Creation of man. When we create conditions we begin to struggle with them, this is where we fail to see our own creation, thereby intensifying the error.

You do not struggle when you are free, you only struggle when you are imprisoned. The way to freedom is to discern the cause.

You struggle with thoughts that enter the mind when you wish to be quiet. These thoughts you think are foreign to your nature so you try to banish them, but instead of getting rid of them they worry you further because you struggle with them.

It is necessary to become aware of the movements of the mind without struggle, then they will dissolve away. If you are aggressive, quarrelsome nagging all day long, if you are jealous, envious, selfish and egotistical etc. etc., you will see that these are the false movements in which you are caught-up, thus you imprison yourself.

If there are difficulties, it is no use trying to escape from them but to face them with confidence for this is an opportunity to assert the Christ Life, yet every sensation must be dealt with carefully and not ignorantly denied, otherwise it will rise again in the nature.

Patience and understanding is the basis upon which we must act so that the Christ can speak the word of power from within. When this is done with understanding there will be an unfolding of the Real Self.

The body is for the purpose of your experiencing Life in the flesh but the flesh has no say in the matter. When the true awakening comes through understanding that which is false, the Real Self frees Itself from conditions that surround It in the flesh.

We make our limitations by clinging to the form. Spirit is Life and Life is formless and is the only Creative Power being complete whole. It is the Christ that possesses the body of flesh, when this is understood there is a renewal of the Christ Life in the body.

* See Notes page 338

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This is faith through knowing, not a faith in someone or something apart from yourself for when this is so, faith and fear exist side by side and this is the faith that most people have. When this faith dies, fear takes its place or vice versa, this is the see-saw of human existence, devoid of understanding.

Without knowing-understanding we react to things external to ourselves so our creative power is turned in the wrong direction, so the things you do not want but which you fear, you get. Through lack of knowing and understanding we unconsciously use our creative power, this is probably the biggest factor for much of our unhappiness and ill-health.

The reason for this ignorant reaction is because most people believe and act in separation. Man divorces himself from his Divine inheritance because of his belief in separation. In this way he has become impotent while the outer rules him.

Life is a Spiritual force and our birth is a Spiritual fact, invisible to the mortal eyes for Christ is manifesting in the flesh.

If one is caught up in the stream of unconscious reactions in fear and anxiety this leads you away from the Christ within that is all powerful.

“Let it be quite plain that God has always been manifest in the world.”
“And the Christ is the Love of God manifest in the flesh.” When we have no longer the belief in separation we will know that God is all in all, then our false beliefs and ideas will disappear and the Consciousness of the Christ within will manifest, making all things anew.

It is the state of consciousness that brings about the outward manifestation in all planes, both in the inner and the outer. When we know this we can avoid much unnecessary suffering.

Those who acquaint themselves with this understanding can specify with authority knowing that they are exercising powers bestowed upon them by the Almighty.

Recognition of the Almighty is not the recognition of something that is outside ourselves for the Almighty is not a relative thing. Even to talk about the Almighty puts Him in a relative position and this is wrong. But with understanding we can speak the word of power from within knowing that the word will not return void but will accomplish that which it is sent forth to do. If we are dependent upon an outside source we are not using that Almighty Creative Power from within.

Around you are many people in sickness, misery and want who are followers of the personal Jesus, but they have not made the great discovery of the indwelling Christ.

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There is no special state of learning required for one to renew the body and soul. For the laws of Nature, mental, spiritual and physical will serve us in exact proportion that we understand and observe them.

Love is the secret, "Do unto others as you would have them do unto you," is not a mere command but the law of Divine protection.

When the prophet said, "an eye for an eye and a tooth for a tooth" he did not mean that we must apply the Law ourselves but meant that the Law of balance would extract in exact proportion as we dealt out to others. Nature forces us into a corner where we are forced to use her laws with intelligence and understanding. If we kill a murderer do we not become murderers as well?

We must make ourselves independent of other people's efforts on our behalf. Dependence on others has been the cause of much unhappiness and disappointment, and has brought distrust and failure into many lives. We must work from the centre outwards, not from out in, "whatever I see the Father do I do likewise." This means we no longer wait for others to act for us but become creative, co-operating with the all-Creative Life.

If you are dominated by example or follow a pattern or recognise the only authority as being that of something that happened previously or be limited by existing facts you will never be really creative. You must transcend the experiences of the past and enter into the Ever-present, that realm where others fear to tread. Then you are automatically endowed with unlimited resources. Remember we cannot use the Law unless we apply it.

The true sower is one who knows himself, then his faith increases. For there is no difference in the Law that operates in the ear of corn and the Law that operates in man's consciousness, aware of the one Creative Law, yet most people have failed to see this Truth.

A well-ordered individual is one who intelligently directs his thoughts and efforts in accordance with these Laws therefore a well-ordered society rises out of individuals who understand.

When man's mind is focussed less upon the created and more upon the Creator he will not be dominated by circumstances and things. For is it not the craving for things that all the trouble is about in the world today? Man has enslaved himself by allowing effects to determine his state of mind and thus he is controlled by the effects of his own cause.

Only when man feels the thrill that comes from the self-confidence arising out of his realization of his true relationship to the Creator of all things

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will he free himself from himself. Man can never be really useful to his brother until he has gained this freedom.

Do not think that by giving up the little things in Life that you will succeed, little things do not matter so very much. We must see the great Vision. So many people are blinded by the small petty things that people do. If you understand yourself you will understand why they act in that way. Only little people are taken up with little things, so do not waste your time and life in trying to combat them, when the big Vision comes those things fall away and disappear into nothingness where they belong.

We must not separate heaven from earth but bring the Kingdom of Heaven on to earth. So cast out your false beliefs, your beliefs in sickness, beliefs that cause fear, belief in the power of sin, belief in false prophets who preach sin, the devil and hell. Instead lift your eyes to the sky and as the sun rises you will see all the stars disappear, they give way and go into the background. So with us when we realize the Truth of our being. All these things dissolve away with the personal self, with all its prejudices and possessiveness. Then we shall be like Him who made us in His own likeness.

Benediction

O Mighty One, Thou art not separate but one with me Eternally. In Thee there is no evil for the devil cannot exist in Thy Omnipresence.

It was the king of illusion who sat on the throne of ignorance was the cause of ill-health, unhappiness and my soul-blindness.

It was in my deepest moment of despair that I heard Thy Voice calling “be not afraid, for I am with thee always.” Then the Light that shone from the beginning of time blotted out all the darkness in my mind.

Now I see with clear sight all that hinders Thy expression. I thank Thee, O Mighty One, that Thy light becomes mine for ever more.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #3 (19th February 1952) in the book “The Word of Creation.”

November 1952

My dear friends,

Thanks for the many letters received this month. We are all beginning to realize that there is no separation. Life alone lives and the conception of ourselves as being separate from the Life of God is the root of all our troubles.

Do we not look upon our neighbour as separate from ourselves? We must seek deeper than the external and we will find that there is only one root to the Tree of Life which makes each one of us a living person. If we would bear this in mind when we tune into the Sanctuary our troubles would soon disappear.

Here are a few extracts from the many letters received this month:

“The impossible has become possible that my son was given up by all the specialists as incurable, yet when we tuned in to the Sanctuary hour for healing the miracle happened—the dead came to Life. My son is well again. How can I ever thank you enough for the wonderful truth you have shown to us. God bless you and your wonderful work.” M.K. England.

“I am very confident and full of faith regarding the outcome of the examination of my niece. Ever since her name was placed in the Sanctuary she has been improving. We cannot thank you enough for the wonderful work of the Sanctuary which not only has brought relief to my niece but to countless others. Thanks for the opportunity of being able to participate in the great work through tuning in. In deep appreciation.” O.B. Denmark.

“Within a few days of my asking (for) help my condition eased and now I am on the road to perfect health. Thanks for sending me the monthly letters, I pass them on to a number of people who receive a great deal of comfort from them. May God richly bless the work of the Sanctuary, the world is in great need of it. Thanking you once again.” D.B., Sydney, Australia.

I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME*

“Since this people draw near me with their mouth,” says the Eternal, “honouring me with their lips, while their hearts are far remote; since their religion is a mockery, a mere tradition learned by rote; . . .” Isaiah 29:13.

* See Notes page 344

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Are we not trying to rearrange the world, to rearrange its values while maintaining our own separation in nationalism, religious dogma, superstition, hatred and acquisitiveness? Is it not necessary that we eliminate first these causes within ourselves that produce conflict and misery?

If we seek Truth we must first abandon those values that are based upon ill-will, possessiveness, greed, superstition. We must first of all decline to be guided by politicians, priests and economists with their endless plans for so-called peace which leads us into destruction.

The fact remains that we have made them our leaders through ignorance of true values. Now we have to become deeply aware of the cause within ourselves, and the responsibility remains with us to remove the cause. This alone is the solution to all conflict. First of all we must understand the cause, then the Reality that is behind all can be realized. This alone can bring peace and happiness.

In Reality alone is there enduring happiness. In Reality alone is there Creative Being. Without this inward treasure the outward can have little value to mankind. The organization of law and economic planning will ever defeat its own purpose. But when the awareness of the Real is established, the outer and the inner will cease to be separated, for we will understand that the outer is but the expression of the Inner. Our religion will no longer be lip-service but the true expression of Reality, the one and only Creative Being.

There are many who say they practise brotherly love, yet condone organized murder. We have to understand our contradictions to understand ourselves. Without self-knowledge, brotherly love is impossible. We must think out every thought-feeling, then we will understand what is in the mind. You cannot practise brotherly love if you are caught up in envy, jealousy, hate, antagonism, differing creeds, mass murder and conflict. Brotherly love only comes when all these things are cleared away through understanding oneself.

Try to understand every thought-feeling, pursue it and it will yield its meaning. Only in this way can the mind be freed from conflict. Then we will create, in co-operation with the Divine Principle, a true democracy. When the individual becomes aware that this co-operation is possible, then the mind-heart becomes passively still to receive the creative Reality that is Ever-present. This is renewal.

Renewal does not come from birth or death, the past or the future. There is no renewal in the world of opposites, only freedom from past and future

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brings renewal, for there can be no understanding except in the present. But if the present is burdened with the memory, regrets and hatreds of yesterday, there can be no renewal in the present.

Our past successes or failures are the experiences we have. This must not hinder the use of our creative ability now, or the way in which we use it. Just as the growth of corn reveals itself while man sleeps, so are our thoughts revealed, and there is nothing strange about this. The great thing in man's life is to understand himself. Only when this is accomplished can pure thinking and pure action come into being. The seeds we sow in Divine Mind grow apace and produce hundredfold for our benefit.

The only authority you should recognize and the only command you allow is that of the Creative Principle of the Present within, which nothing can change. Beliefs will change, people will change, but the Presence never. In this way you increase your joy through your Creative ability in the Presence that is Ever-present. It is like the rock in the ocean, the waves beat upon it but it remains unmoved.

Most people are afraid of the evil they are always looking for and are blinded to great Divine Light of the Presence. Some become wrapped up in the evil which they make a Reality, thus so many become childishly ignorant, which leads to pettiness and narrowness. This does not give true experience, but rather a retreat from Life Itself.

You must enter the arena of Life with confidence, understanding that the Creative Principle is within. You are the navigator that sails on the sea of Life and are not affected by the waves or the surface unrest. With this understanding you are no longer caught up in external values, but are able to navigate the ocean of Life with true creative ability, dissolving all that hinders your true expression.

Your experiences must only be channels that lead to the vast ocean of Life in which you become one. Then open your sails and let the Breath of God direct you. "Not my will but Thine be done."

The person who does not know himself and tries to convince others of the Truth is a hypocrite, but the person who has the Truth in however small a degree, like the smallest of all seeds, will grow to become a great tree and all will shelter under Its branches.

This is the state of mind that is ready for creative ideas. It understands that the things that are seen are but the product of that which is unseen. Jesus

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said, as the people who listen to the word and take it in “bearing fruit at the rate of thirty, sixty, and a hundredfold.” (Mark 4) “Be not overcome with evil but overcome evil with good.” This means directing our creative ability into constructive channels producing that which is acceptable to “Him,” and that which is acceptable to Him must be of benefit to all for He is the All.

If we look to the mechanism of our bodies we will see that the brain, through the nervous system, is connected with every part of the body and controls all voluntary and involuntary activities. This mechanism responds to our thoughts and emotions, therefore there is a consciousness that traverses the whole system, out-picturing what we think and feel.

We are told that we are the microcosm of the great Macrocosm, therefore what we think and feel must affect everyone some way or another. If we can discern what we are doing we will not create conditions that adversely affect ourselves and others. The Intelligence that built the body, brain and nervous system; built it for its own self-expression. If we would remember this when we feel and think, it will be a guide to our thoughts, words and actions.

All visible forms are the result of the great invisible Creative Energy revealing the Creative Principle in action, with a little understanding we can co-operate with the great Divine Creative Principle which created us in Its own likeness.

The use of “**our**,” this creative ability, has only been dimly understood. The greatest possibilities, more wonderful than man has dared to imagine, can be enjoyed through the conscious use of “our,” this creative ability, with understanding.

Then let us be mindful of the fact that the seeds we sow in fertile soil will be produced by the Creative Principle in the exact form of the seed itself, sometimes thirty, sometimes sixty, and sometimes hundredfold. “Even greater things than these shall ye do.”

The walls of Jericho (Ignorance) are being broken down by the truth of the Creative Power within; and with the rhythm of all in united understanding, the walls of ignorance will crumble. “Let every soul be subject unto the higher powers, for there is no power but God.” “Let the mind be in you which was also in Christ Jesus who, being in the form of God, thought it not robbery to be equal with God.” Phil. 2: 5-6.

The meaning of these words shows us that, if the individual consciousness through discovering all that which is relative (good and evil) will unite with the

Universal Consciousness, that makes the individual a conscious creator, all is possible to that individual who understands this relationship. This is the faith Jesus had when he said, "know ye not I am in the Father and the Father is in me."

Faith built upon an outside agency will be full of fear and doubt, but a "faith" that is built upon this "rock of truth" will stand against all that assails it. Therefore, true faith comes from beyond the mind, for what is in the mind is double, fear and faith are side by side, when one is up the other is down and vice versa. Therefore the thoughts created under these conditions are equally produced. Thus conflict arises in the mind that is double, the double-minded creature that he is, he need not think he will get anything from the Lord.

There is no validity if you merely accept my statement, for such acceptance will just become another illusion of the ego, you must know for yourself, directly. The Truth of yourself cannot be realized through another however great he may be, and there is no authority that can reveal it. Truth can only be uncovered through your own understanding, and understanding comes only through self-knowledge. We have all the same problem but each one must find the answer himself.

Therefore, my words to you are only a means to direct you to the uncovering of the self and all its ways; only when this is seen and understood can there be freedom from illusion and conflict.

If you are intense in your search, you will find the right answer. Surely, each one can become aware of his own prejudices, greed, intolerance, superstitions, antagonism, beliefs, cravings, etc., in which he is caught up. You can only understand another when you have understood yourself.

Is it not so that according to your own pleasures and pains, your prejudices, your beliefs, your desires, your passing fancies, your antagonisms, that your thought is shaped and controlled. You cannot build Truth upon such a weak and changing foundation. If you are prejudiced, limited, you will find according to your conditioning. How to approach this great problem is all-important, and what is important is first to understand the self.

You will know what is your state of consciousness by your attitude towards others. If you live in Reality, you will translate Reality into your daily living and you know best yourself how far you are from fulfilling your mission on earth.

"What I yield is better than the best of gold, what I bring in is better than rare silver. I deal right fairly, justly do I act, enriching those who love me, and filling their stores full." Prov. 8: 19-21 (Moffatt)

Benediction

O All-Prevailing One, from within my consciousness Thou hast removed the cloud of doubt from my mind-heart.

My mind is made free with Thy Ever-Presence and my soul purified with Thy wholeness.

Now I recognize Thee alone. Thou alone art my teacher, my guide, my friend, my Creative Being.

O Blessed One, thank Thee for showing me the way to Thee within.

MY PEACE AND MY LOVE REMAIN WITH YOU.

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #4 (26th February 1952) in the book "The Word of Creation."

December 1952

Dear friends,

My very best wishes to you all for a Merry Christmas and a Bright and Happy New Year. At this time families and friends will be gathering around the dinner table. New friendships will be created and old scars will be forgotten. . . Or will they be forgotten?

I can remember when I was in France in the First World War, when Christmas came enemies became friends and we joined in Christmas greetings to each other. But this lasted for one day only. If this friendship can last a day it can last a lifetime if we would see the cause of our antagonism.

Is it not so that we quarrel only about that which we make up in our minds? We do not quarrel about the Truth because the Truth is in each one of us. It is the Life that is the foundation of all and makes us all brothers and sisters. In this there is Love and Freedom. What we make up in our minds creates enmity and suspicion.

If you can see what your mind is made up of, then you will understand the cause of antagonism. In Reality we have no enemies. This was the way of Life of the man whose birthday we celebrate at this time but few think of what he gave to us. He gave us a way of Life which, if followed will bring-in a world of peace, plenty and security for all, for the security of all means security for the individual.

The Eternal Love-Life alone is freedom and security and is Ever-present. Is it not our past memories that condition us? When we begin to realize that we have created antagonism within ourselves through our own thought-feeling-reaction that enslaves us to its own creation, it will dissolve away and that which is Eternal and Ever-present will manifest its one Freedom and Love. We do not create It, It is Itself creative and we are one with It.

“I of myself an nothing it is the Spirit of the Father within me that doeth the work.”

THE WORLD IS SICK BECAUSE
YOU ARE SICK WITH CONFUSION*

“. . . . You seek me, not because you saw the miracles, but because you ate bread and were filled. Do not work for the food which perishes, but for the food which endures unto life everlasting, which the Son of man will give you; for this one God the Father has sealed.” John 6: 26-27.

What I want to say in this letter is of a very popular and personal nature. It is one of healing, not in the sense that we generally look upon healing of our own minds and bodies, but of the nature of healing of the world which is ourselves.

When we can see that the cause of the confusion of the world is ourselves we must heal ourselves first. When we do not see the cause of confusion is ourselves then this confusion will continue to express itself upon our minds and bodies and likewise in the world.

Sickness is but the outward expression of our inner confusion. When we begin to see that the individual human mind is an expression of the Universal Divine Mind and that the individual human mind is the specialized reproduction of the Universal Divine Mind, we see that the individual mind can give expression to the Universal, for this is exactly what takes place when the individual understands that he and she are in the Whole and the Whole is in him and her, and Its expression is Divine Wisdom, Love and Power, and this combined action produces what we call “creation” in which there is no confusion.

The Bible attributes the creation of the world to the Divine word and it therefore rightly says, “in the beginning was the Word and the Word was with God and the Word was God and without the word was not anything made that was made.” This brings us to the crowning result in the manifestation of the “word of man.” Man, first ignorant of his Divine nature, but nevertheless containing all the potentialities of the nature of God, “the Father having Life in Himself granted the Son to have the same Life in himself.”

When man then looked outside himself for guidance he accepted this guidance and became confused by the many ideas which confronted him. But when he finds that this confusion is of the mind of man, he realizes that this confusion which existed within himself was transferred outwards into the world, the world became sick as well as himself.

* See Notes 350

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Through the discovery of his true relationship to the Divine Mind he arises and “returns to the Father,” thereby being a child of the Almighty he can speak “the word of power” through the Divine potentialities inherent within himself.

He may have been the prodigal son who is ignorant of this Truth or he may be the respectable brother who thought that only limited supplies were doled out to him. But as soon as the truth dawned upon him he realized the meaning of the words, “Son, thou art ever with me and all that I have is thine.”

Here we become fellow-workers with the Father of all, invited to work in harmony with one another in His vineyard, to carry on the work of the Universal “the Whole” vested in man himself. The key is found in the Master’s words, “the Father worketh **hitherto**, and I work.”

All that I can do in this letter is to point this out to you, but you must make your own personal application of it. For the law remains forever the same that through **action** in Divine Truth is produced the corresponding unfoldment of Truth. The Supreme Truth is reached in that final recognition of the Divine Name. “God is Love” therefore our action must be Love to express the Divine Mind in man.

Now comes the question, how can we solve the present chaos in our minds and bodies and in the world? We may solve the problem of our bodies from an external point of view temporarily, but to heal permanently we must solve the problem of our minds and our reaction in our relationship with others. If war is waging within ourselves it will eventually externalize itself in our minds, bodies and in the world, for we are the world.

War in the world is the spectacular and bloody projection of our everyday life. War is merely an outward expression of our inward state, an enlargement of our daily action. It is perhaps more bloody, more destructive, but it is the collective result of our individual thought and action. Obviously we have not discovered the cause because we have not discerned the cause within ourselves.

We are therefore responsible for war, internally and externally. If we can see what creates wars and if we are interested in stopping wars then we can begin to transform ourselves, who are the cause of the war, internally and externally.

What is it that causes this war? Craving for things, belief in either nationalism, in ideologies or in particular dogmas which create in ourselves

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antagonists, ill-will and all the things that set into operation the cause of strife, internally and externally.

If we had no belief but goodwill, love wisdom, which would develop brotherly consideration between us then there would be no wars inside or out.

What most cannot or will not discern is that we are fed with propaganda, we are fed with antagonistic ideas towards each other, fed on dogmas and national divisions and hatreds which breed confusion within our minds and bodies and breed discontent in families, groups and nations.

We can either pursue a path of constant conflict and continuous war within and without as the result of our everyday action, or we can discern the cause of war and “arise and return to the Father,” thereby becoming a child of the Almighty and speaking the word of power through the potentialities of Love and Wisdom inherent within us, thus we have peace in and out.

Is not our action in ignorance of our Divine nature the cause of war? We desire the outward show of power, position, prestige. Are we not diseased with what we call nationalities, we all worship a flag, we are diseased with organised religion so we worship a dogma. We are diseased with greed, diseased with envy, therefore we are producing our own society which leads to our destruction of minds, bodies and circumstances through war within and without, created by ourselves.

Therefore it does not depend upon our leaders, it depends upon ourselves, but we do not seem to realize that.

If we really felt the responsibility of our own actions we could bring about an end to all this war within and without and all the appalling misery we create for ourselves and others.

But if we are indifferent because we have three meals a day, a job, a banking account etc., we do not want to be disturbed, so we add more coals to the fire because of our action towards others. We want to maintain things as they are but there is nothing to maintain. Everything is disintegrating about us. We do not want to face the fact that we are responsible for war within and without.

We may talk about health schemes, we may talk about peace, sit around a table and discuss, yet inwardly maintain our greed, selfishness, our antagonisms, our ideas, our nationalities, our intrigues, our actions in our relationship to others. If we are bound by our beliefs, our dogmas, for which we are willing to die and destroy each other, do you think we can have peace inwardly and outwardly?

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To have peace, inwardly and outwardly, we must be peaceful. To live peacefully means not to have hatreds, antagonisms, cravings. Peace is not an ideal, it is a way of Life, living in Love and Wisdom which is Eternal and Ever-present and within ourselves, by knowing that we are all working in His Vineyard and in harmony with one another.

An ideal is merely an escape, an avoidance of what **Is**, a contradiction of what **Is**, an idea prevents the direct action of what we must do is to Love and not merely have ideals but to see things as they are and act upon them by discerning the cause of all misery thereby transforming ourselves. But what are we doing? We are seeking a psychological security which does not exist, we seek it through power, position, titles, rank, all of which destroy our physical security. This is plain enough to see if you look at it through clear thinking, unattached.

Economic revolution without inward revolution is useless and meaningless. Hunger and misery are the result of our internal action, of our mental state, our greed, envy, ill-will and possessiveness.

To put an end to these things which cause misery both internally and externally we must transform ourselves, not merely discuss peace plans, create new leagues of nations and legislation, inaugurate new health schemes and so on and so on. We will never win peace and eliminate confusion until we cease to live our stupid lives as we are doing today. As sickness increases in the individual so will it increase in the world, for the world is made up of individuals.

Others cannot bring peace, leaders cannot bring peace, what will bring peace is inward transformation and not isolation. Inward transformation is not isolation, is not withdrawal from outward action. On the contrary it is right action and right thinking and there can be no right thinking without self-knowledge. Without knowing yourself there can be no peace, inwardly or outwardly.

So when we end war and confusion within we will end war outwardly. This can only be done by putting an end to this confusion and war within. This will end only when you realize your own responsibilities, **when you realize the danger you are to yourself.**

This requires immediate action, for peace comes only within and without when we are peaceful, when we are at peace with ourselves and with others, by "loving your neighbour as yourself."

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“They that are whole do not need a physician, but they that are sick. Go ye and learn what that means! Matt. 9: 12-13.

Benediction

O Great Eternal One, Thou art whole and complete. Thou art Love, Wisdom and Power. Thou art **our** Father Who art in heaven.

Man has through his ignorance created confusion within and without, thus he creates his own hell.

As Moses lifted up the serpent in the wilderness so must the son of man be lifted up, to arise and return to Thee, O Divine One.

Then we are made whole for Thou alone art my Physician who dwells within me.

I am no longer sick, O Eternal One, neither will my world be for Thou art within me, my Beloved.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours very sincerely,
Murdo MacDonald-Bayne

* Digest version of Lecture #2 (21st October 1952) in the book “The Secrets of the Science of Life.”