

1951

January 1951

My dear friends,

Thank you so much for your many letters of good wishes for Christmas and the New Year. I feel that now I have many, many friends and I want you to know that you have a friend in me that will do all I can to help you.

I want you also to remember that there are a host of spiritual helpers helping in the Sanctuary work and even if you are far away and time is precious you can tune in to the Sanctuary and ask for help and it will be given. Many of you have found this to be true to your great surprise.

More and more letters are coming in each month with grateful thanks, not only for the help received but for the Monthly Letters. I feel indeed pleased that these letters are doing such good work among the thousands who receive them.

Here are just a few extracts:

“Your letters are an inspiration to us. How we look forward with delight to receiving them each month! Thanks for the help to my mother. She has completely recovered when it was thought she would not speak again. Not only has her speech come back but she is moving about quite well. Thanks ever so much.” J.S.

“God bless you and the Sanctuary for the wonderful help given to my child. You will remember I asked for help when he was severely injured in a motor accident. At first, amputation was suggested. Then I received your letter to say not to amputate but to trust in God and now to think that both his legs are completely cured is a wonderful revelation to us. How wonderful is the work of the Sanctuary.” M.S.C.

“Thanks! My words can never express what I feel. Our home is like heaven, the happiness we have received through the Sanctuary and your Sanctuary Letters is beyond words. God bless you.” C.J.C.

“Your Monthly Letters are looked forward to with anticipation of the wonderful help you give us each month. They come at the right time and in fact they give us the right answer to our questions. It is marvellous to think that there is such wonderful Truth to help us on our way of Life.” D.P.

‘FOR LACK OF STATESMANSHIP, A NATION SINKS: THE SAVING OF IT IS A WEALTH OF COUNSELLORS’*

Prov. 11: 14

We have entered another year, the year 1951. Upon the horizon, man is destined to greater things by living in the Timeless—the Ever-present Reality. Yet by his own folly he can bring about greater misery to the world by living in the element of Time.

Do not think that I am inventing some mystical formula through which you may escape from the world, nor can you close your eyes to that which is going on in the world because you are part of it.

It is impossible to rearrange the world which is the exact copy of your own mind-heart which you have not truly discerned.

Economic and social evils, antagonisms, wars, etc., cannot be adjusted without understanding what causes them. When we discern clearly our own mind-heart we will see that individually and collectively we have created these conditions, therefore individually and collectively we can bring clarity and freedom to our thought-feeling thereby bringing about a change in ourselves by understanding the cause within ourselves that produces outer conflict and misery.

We may legislate but this will not bring about a change. Legislation cannot cause a change in the inner. It may alter the outer but if the inner is not changed, antagonism will rise in a greater form than ever. These outer reforms will need other outer reform and this will lead to further oppression and violence.

Lasting and outer peace and harmony which is creative peace will only come when we have peace and order within ourselves.

Then let us look into our mind-heart and see if we are seeking power, position, things, as a means to dominate. The more we seek to dominate so we create an opposition that will eventually destroy us.

We must observe that society is becoming more and more complex, more efficiently organised in order to survive, to exploit, to kill. We have progressed, but we have paid a terrific price and we are liable to pay a more bitter price unless we begin to ‘Live’ in harmony with each other.

We have made great advances along the physical and intellectual planes, but we have failed to make the same advance along the Spiritual, with the result that we are entirely out of balance. All physical and intellectual advancement must be balanced with Spiritual understanding so that our progress will be made real and constructive and not artificial and destructive.

* See Notes page 229

THE SANCTUARY OF THE SILENT HEALING POWER

We have movies, we have radio and television. We have faster moving transportation and all the equipment of modern civilization. We can kill thousands upon thousands in a few minutes. We can wipe out whole cities and their people in one flash of an atomic bomb.

We are all aware of this and we call it progress. Can we really call it progress? Can the urge to dominate be called progress? This, you will see, only creates an opposition which is out to destroy the progress we have made, so we invite our own destruction.

In this progress there will never be an end to conflict and sorrow, because there is no end to struggle and pain in the expansion of the self.

“For lack of statesmanship, a nation sinks, the saving of it is a wealth of counsellors.” A nation can only survive when there is a wealth of counsellors.

Look back into the history of the world and you will see the cause why nations have faded out of existence. Old Empires have died because they were based upon domination, contrary to the Law of Love, while cruelty, hatred and selfishness were the only factors in their riotous existence.

So will all nations destroy themselves when they seek to dominate others or sections of others, only by love for one another can progress, true progress be made.

The self is but a bundle of memories of good and evil the product of time. We do not experience Love through time nor do we become nobler through time and memory. We can never gain freedom through an accumulation of memories. You cannot find enlightenment through the cause of ignorance and conflict.

It is not in the time element that we can find freedom but in the Timeless, that which is Eternal and Ever-present. If we think of ourselves as gaining or losing etc., our thought-feeling will be held bound in the time element and we will never know the Timeless, the Eternal and Ever-present in which alone exists our freedom and happiness.

If our thought-feeling is bound up in the time element of yesterday or tomorrow we will never experience the Timeless.

It is the incessant noise outside—the din of social problems, the strife of war and misery that hinders the expression of Reality. In Reality there is a deep, deep silence, therefore if we would deeply understand we would be silent and to be silent there must be an awareness of the “Immensity of Being” in which there is no division, no separation, no domination, no yesterday, no tomorrow.

JANUARY 1951

If we look into our mind-heart and there discern our motives, our thoughts and actions, we will discover that we are seeking power, we are greedy, there is violence in the mind-heart through antagonisms, envy, jealousy, acquisitiveness. The Timeless, the Real is thus ever hidden, covered up by those elements that spring from time, from yesterday, from tomorrow.

If we are to bring about the necessary fundamental change in the outer with its wars and tyrannies we must firstly deeply transform ourselves. Some may think that this will take a long time before the world will be reformed, but as long as man is caught up in time there will be no reformation. Right ends never come through wrong means. Only through the Ever-present, the Timeless that is **now** can we see the Light, that was the Light of mankind that came into the world for man's salvation.

It is ignorance that prevents right thinking and gives emphasis to the things that are secondary, so Life becomes an intolerable burden from which all are seeking an escape. But there is no escape except through understanding.

Only when the storm and conflict of time cease can the Timeless be understood. We do not bring It into operation. It becomes active of Itself when the storm abates. The Sea of Galilee was calmed by the Word that was in the beginning so is the mind calmed by the wisdom of the Truth of the Timeless.

If we would try then to understand the outer we must come to the inner and when the inner is rightly understood we are led to the Supreme, the Timeless, the Ever-present. This is the realization that brings peace to the world through the soul of man.

We can readily see now that the world is in chaos because we have pursued wrong values. We have given prominence to the things that produce conflict and misery.

True value is found only in right thinking and there can be no right thinking without self-knowledge, that which will lead us out of the time element into that which is Timeless, Eternal and Ever-present. This is the Reality where alone can be found true Love, Compassion and Freedom. Remember that true Love is compassion, not passion.

This is the Living Water that Jesus said was the free Gift of God and any one who would drink It would never thirst anymore. This water would turn into a Spring of Living Water welling up to Eternal Life.

To worship God we must know what we are worshipping, not an idol or an image, nor secondary issues but the Eternal which is that Timeless Reality within everyone, and is waiting to come forth when we clear the way.

THE SANCTUARY OF THE SILENT HEALING POWER

Character can be modified, changed, made harmonious, but character is not Reality. We must go beyond thought and then comprehend the Timeless.

When we think of progress we are thinking and feeling within the pattern of time. It is only when our thought and feeling frees itself from time can we hope to become aware of the Timeless—the Word that was with God, the Word that was God and was made flesh. “God makes things by becoming the things He makes.” Therefore only the Timeless can free us from those conditions which we have created in ignorance of our true nature.

Therefore we must not depend upon time but through self-knowledge we will become aware of the Timeless which is harmony, which is Peace, which is Love and Compassion.

How few of us can understand the great significance of the Eternal that is within all—the Eternal, the Timeless which Jesus knew, and which we must also know, for it was for this that He came. “It is the Father who ever remains within us, He does the work.” Jesus told us in very plain language that it was the Father within that does the work, and that there was nothing impossible to the one who understood this completely.

John 5: 25 and 26—Jesus says, “truly, I tell you, he who listens to my words and believes him who sent me, has Eternal Life; he will incur no sentence of judgment, he has already passed from death across to life.” “For as the Father has Life in himself so too he has granted the son to have Life in himself.” The great Truth is that the Life of the Father is in the Son. This Timeless, the Everlasting Life, is in everyone who will realize It. This is the Real Value upon which we must depend. The Silent Voice that is ever waiting to come forth to perform miracles.

It is the Father who sent me sent you, into the world to witness unto the Truth of the “Only One”—the Eternal, the Timeless, in which harmony and peace eternally dwell.

We are all capable of recognizing and realizing the great spiritual Principle of Life. To die in our ignorance of this is the great sin in the world. We seek knowledge from past experiences and fail through lack of understanding and faith to look to the Infinite for the unfoldment of our limitless possibilities, so we employ our intelligence in denying that which would be a Spring of Living Water rising up to Eternal Life and Freedom.

“Do not work for the food which perishes, but for the food which endures unto Everlasting Life.”

Benediction

In the Timeless Hall of Creation everywhere I hear Thy footsteps. In the booming thunder and in the Silent Atom that moves in my soul, they are one. Thy steps are echoed in the farthest horizon.

May Thy steps ever tread to the magic music of Infinity in the Sacred Sanctuary of any Soul. There I will listen to Thy invisible Harmony, which is Eternal and Ever-present, Beloved.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #10 (10th April 1951) in the book "Life More Abundant."

February 1951

My dear friends,

This month has been a record month for the Sanctuary, month after month the work increases. This month we have registered over 1,500 for help and guidance and have answered over 1,000 letters. As this letter is a longer one than usual I am not giving extracts from any letters this month.

I want to thank all those who have sent in letters of thanks and appreciation. I feel uplifted when I read these letters, to think that such a great amount of work is being done all over the world through the Sanctuary.

The title of this month's letter is:

“WITH THEE IS THE FOUNTAIN OF LIFE”*

Psa. 36: 9.

“Where could I go from Thy Spirit, where could I flee from Thy face?”

“I praise Thee for the awful wonder of my birth; Thy work is wonderful. For Thou didst form my being, didst weave me in my mother's womb. Thou knowest all about my soul, my body is no mystery to Thee, . . .”

Psalms 139.

We create ideas in the inner realm and their power is according to the nature that we attribute to them. Fear of an idea on our part causes it to condense so that it might be seen even with the natural eye.

Then we identify it with what we believe to be real with all its horrible characteristics held in the mind. If we could only understand what we are doing we will see that the only power it has is the power we give to it.

Matter does not create for there is no power or action in matter by itself. By our ignorance we have closed our eyes to the creative power within ourselves in which lies the cause of every effect visible in the natural world.

By understanding ourselves we will know that we have our happiness or misery in our hands, and much of the suffering of the world will be done away with.

* See Notes on page 234

FEBRUARY 1951

It is the general conception that the cause of disease lies in the body, but Jesus shows that this is not true. We have set up standards of right and wrong with regard to health, with regard to other things in the world in general. When our belief embraces these things we ignorantly sustain them because we fail to understand ourselves.

Happiness is not dependent on the external but lies within us. We fail to see that the effects which bring about our unhappiness is from a wrong direction given to the mind. We have opinions, thoughts and beliefs but all these can be changed. But that which is eternal can never be changed.

What we really "know" we have no opinion about. This knowing can only come when we thoroughly understand ourselves. If we do not understand ourselves we shall not understand anything else, for the root of understanding lies within ourselves.

In understanding myself I must understand my relationship with others, with the world, for in me as in everyone else is the "Whole." I am the result of the Whole. "I praise Thee for the awful wonder of my birth. Thou knowest all about my soul, my body is no mystery to Thee."

This is the Reality that we have no opinion about, no doubts about. The recognition and understanding of this fact will bring about the necessary and vital change in the individual first and then the world, for the world is what we are.

Is not the state and society what we are in thought-feeling? The world is but the projection of ourselves, without us the world is not. What we are, the world is, the State is, society is. When we are brutal, perverse, exclusive, greedy, envious, we live in separation so we create in body and circumstances just what we are. There is no denying this fact.

The study of oneself is by no means easy, it requires alertness and keen observation of every thought-feeling and an understanding of our motives and what our feelings are towards others.

Our subjective self has taken years to build, and most of our motives are hidden behind a series of misconceptions. There is a whirl of activity and inward confusion torn by conflicting desires. We deny, we assert, we praise, we condemn.

We must slow down our thought-feeling like a slow motion picture to see what is happening on the surface, then we can study the movements of our minds.

THE SANCTUARY OF THE SILENT HEALING POWER

To merely control our thought-feeling, to merely apply a brake to it, to merely say this is wrong or that is right is a waste of precious time and effort. If we are merely engaged in controlling our thought-feeling there can be no understanding of it.

Most of you have found that your mind wanders all over the place, one thought is never finished before another jumps up, no thought-feeling is ever finished. Just to control this wandering, to restrain it, instead of examining it and understanding it only makes you more petty, narrow and thoughtless.

The mind has to slow itself down. If you use force you only create more opposition. But as you discern every thought-feeling without restraint, without comparison, without judgment of right or wrong, letting go completely of what the mind is made up of, you will become aware of that which is unchanging, you will become aware of that which is significant, that which is real. Then follow this up with awareness of the self, not as a separate self but as the whole, this will lead to freedom from mental confusion, beliefs, opinions and separation. You will begin to “know,” you will understand yourself.

This is being religious in the fundamental sense of the word, not dependent on a particular organised religion for this will make you irreligious which leads to separation through your belief. You will be responsible for separation which is the cause of dissension, economic disasters, wars, starvation and oppression.

I urged you before not to label yourselves with names for are you not followers of the “One Life” that is in all, understanding him who showed mercy and compassion to all, who refused to be limited by any nation, church or society.

Labels only bring confusion, labels such as Christian, Jew, Hindu, Buddhist, Mohammedan, American, German, English, Chinese etc. True religion is above nationalities, above creeds, and is the way to the realization of the Supreme, the way to Peace and happiness, and world prosperity and so for the individual.

When we all become truly religious in the true sense of the word then only will there be peace in the soul, peace in the world. Then only will we understand ourselves and others. Unity can only come through right thinking and in no other way. We will have that inward wisdom and peace and love of the Master himself. “I am the way, I am the Light of the World.” How true these words are to us now.

In Mark 7, Jesus rebukes the Pharisees for their tradition. In verse 5, it states, “then the Pharisees and scribes put this question to him, ‘why do your

disciples not follow the tradition of the elders? Why do they take their food with 'common' hands?" He said to them, 'yes, it was about you hypocrites indeed that Isaiah prophesied!—as it is written; This people honours me with their lips, but their heart is far away from me: vain is their worship of me, for the doctrines they teach are but human precepts.'

In Isaiah 29 verse 13 it states, "since this people draw near me with their mouth," says the Eternal, 'honouring me with their lips, while their hearts are far remote; since their religion is a mockery, a mere tradition learned by rote;. . .'" This is what Jesus was referring to.

Mark 7: 8-10, "'you drop what God commands and hold to human tradition. Yes, forsooth,' he added, 'you set aside what God commands, so as to maintain your own tradition!'"

Here Jesus shows us the unreality of tradition and outer show which meant so much to the Scribes and Pharisees was useless in themselves, in fact it was honouring with their lips while their hearts were far away from God. Is this not the same today? We have pomp and ceremony, tradition, lip-service, while antagonism and separation is rife, then all our prayers become hypocritical.

Here Jesus shows that right thinking goes above and beyond all creeds and tradition. Right thinking is freedom while conditioned thinking is oppression. People are trained what to think. Is not our civilization based on conformity? Our thought is directed by those who themselves are bound to nationalistic ideas, to separation in religion, in politics. Are we not subject to propaganda to make us think the way our leaders want us to think? Thus we are led like sheep to the slaughter.

Propaganda is not conducive to right thinking, it tells us what to think, and here Jesus with his right thinking shows the way.

Jesus was showing us that Spirit was the only Reality in man and through self-awareness we discover our conditioned thought. We discover that we are merely copying another, that we have acquired a habit of thinking which is erroneous and disastrous to ourselves and others.

Jesus was aware of himself. He had the source of Reality within him. "The Father and I are one." But he could not have reached this state unless he had first discovered the truth for himself. "Let the innocent among you throw the first stone." Anyone who is "innocent" would not cast a stone at another and those who knew they were not innocent could not do so either.

THE SANCTUARY OF THE SILENT HEALING POWER

“No one has condemned you, neither do I.” Jesus could not condemn for that would be against all the laws of Spirit. The Spirit of God could not condemn for the Spirit being perfect could only see perfection.

Thus when we are free we see all things in their proper perspective, the relative world and the real. There is no confusion in the mind that has truly discerned all things and has “awareness” of the Spirit of God within. “He who has sent me is at my side, He has not left me alone for I always do what pleases Him.” John 8: 29.

Benediction

I am that I am. I sang my song on the many branches of my Tree of Life.

My Song of Life was echoed in the green leaves, the souls who fed upon Me.

In My Garden, through centuries of time, sleeping souls awaken unto Me.

In My Eternal concert my rhythm stirs the hearts awaiting to hear My Voice, calling all to come into My Cosmic Freedom.

I have heard Thy Voice in my soul, O Beloved “One,” and now I am free.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #2 (24th April 1951) in the book “Life More Abundant.”

March 1951

My dear friends,

I am giving you a few extracts from some of the many letters received this month.

Mrs. J.S. writes, “words cannot express what I feel for the great help received from the Sanctuary. The Sanctuary Letter is a blessing to all of us. We look forward to it each month. God bless.”

Mrs. F.C.S. writes, “I am writing to tell you that my son is out of hospital, a miracle indeed. There was no hope, but when we asked for his name to be put in the Sanctuary he got better, that is why I say a miracle. God bless the Sanctuary.”

Mrs. L.D.M. writes, “thanks for the wonderful help. When my daughter asked for my name to be put in the Sanctuary I was so very ill. Now I am completely well again. Our doctor said it was only with the help of God that I got well. Please send us the Monthly Letter. Also send it to my sister in England, her address is enclosed. Yours gratefully.”

Mr. T.S.B. writes, “your monthly letters are a great inspiration to us. Our friends come in when it arrives and we read it together. What a wonderful thing it is to have such wisdom given to us at this time. We send our love and blessings to you and long may you be spared for the great work.”

Miss F.G. writes, “I am so happy, you have no idea what your Monthly Letters do to me. I have read many books but never got the satisfaction I got from your wonderful monthly letter. Enclosed find a small donation towards your great work. I only wish I could send more.”

Dr. G.F. writes, “congratulations! Your Monthly Letters are more inspiring every month. As a doctor I find so much mental stimulation from your words and my work is better than it has ever been. Thank you for the confidence and courage you have given to me.”

THE GREAT DISCOVERY*

Most people become complicated in their superficial beliefs, beliefs in this and that, beliefs in dogma, belief in systems. All these are superficial and lead only to chaos.

* See Notes on page 239

THE SANCTUARY OF THE SILENT HEALING POWER

Before one can grasp what I am speaking to you about you must unburden your minds of all these things, there is no other way. To make the great discovery, you must do this yourselves, I cannot do it for you although I may show you the way.

You must not twist what I say to you to suit your beliefs, your fears, your creeds. You cannot distort the Truth to suit your own ends. Truth is so immense It cannot be abased.

The Truth is the Self that is in all other selves, and on It all things depend, and from which all transformation arises.

That Self is in everyone and you must look to that Self and put everything else aside, then you will find the core of all things.

If that Self is perverted, fearful, burdened, anxious, all your creations will bear the stamp of your fears. The care and realization of this Self is more important than anything else, because the Self creates everything else.

It creates either beauty or ugliness. It creates either sorrow or everlasting happiness. It is also the creator of illusions thereby creating pain, suffering or rejoicing. If the Self is without true understanding then there is self-expression without meaning.

If you are concerned only with things which are but the expression of the Self, if your happiness is dependent upon things, you are bound to have sorrow and conflict and you are lost in chaos.

To lead you into a better understanding of the Self I will repeat to you this saying of the Master, "hear, O Israel the Lord thy God is one Lord. You must love the Lord thy God with your whole heart, with your whole soul, with your whole mind and with your whole strength. The second one is, you must love your neighbour as yourself. There are no other commandments greater than these."

Here he tells us how to translate the Truth into our daily living. He also shows that the Truth is above Law because It is the seed of everything and from it all transformation arises.

The fulfilling of this commandment brings about perfect poise of the "Self" which is true creation, and that you must care for that "Self" that abides in everyone. This is the great individuality of the "Universal Self." The same is individualised in you and me. This is the realm which is limitless, boundless. There is no one path, no one guide for It Itself is all guides and all paths.

You can only approach It when your eyes are not blinded by tradition, by law, by convention, imposed by society, by religion or by fear.

MARCH 1951

The Universal is impersonal in nature, all abides in the Universal and the Universal abides in all and by this power we all think, "as a man thinketh in his heart so is he." It is the vehicle for expression as well as the cause of expression. The Universal is behind every created thing, every movement seen and unseen, above and below.

The most unsuspected happens because man does not realize that the Universal will create for the individual just as he thinks. It will create a negative condition as well as a positive. Our attitude then must be one of understanding, not fear nor limitation.

The next point I want to make clear to you is that the Universal is harmony and when this is really seen by the individual all fear dissolves away. The individual no longer struggles to create harmony when this is understood. Harmony is the foundation of the Universe and is Ever-present.

It will be seen that our various mental states, emotions and fears have their effect upon our mind and body and circumstances producing their own peculiar kind of trouble. We are connected through the Self with every other self and the only way to obtain true harmony is to obey the commandment of the Master, "to love God and love your neighbour."

Everyone knows how hate, anger and jealousy cause inharmonious changes in the body through chemicalization and everyone knows that harmony of thought and mind excites the healthy flow of all the secretions in the body and opens the channels so that the Life Force surges through the organism to replenish and renew the whole body.

When the recognition of the true meaning of "Life" is in the mind the body responds because the body is also mental substance that responds to vibrations.

Your thoughts are in the inner world and the effects are in the outer. The reason for this is that the physical organism is the mechanism especially adapted for the transmission of the inner or mental action into modes of external activity.

Whatever activity is created within so it must come to the outer, this is a truth that all have experienced, but few have sense enough to discern it.

With further reference to the body which many are so much concerned with, we see that it is traversed by a network of nerves that serve as channels of communication between the Indwelling "Self" and the functions of the external organism. This is the Temple of the Living God that is built without hands.

THE SANCTUARY OF THE SILENT HEALING POWER

When we care for the “Self” which is in all, through understanding, harmony is established in the self.

Thought is the one mode of action throughout the Universe. All forms are the result of thought. We must realize day by day that we live, move and have our being in Him the “Universal Self” Who created us in His own image and likeness.

We must know that we create by thought from a Source that is unlimited and that only we ourselves create the limitation. The great Self in us all is constantly seeking to make Itself perfect in us and thereby eternal and free.

But if you are ignorantly concerned with the outer then you will never understand the Self. If you are constantly taken up with the shadows cast by the Self you will never realize what creates the shadows for this alone can transform all shadows.

Once you discern that the shadows are of your own making you will begin to realize that which can retransform them. You will see that this is the only thing that matters. You must seek the heart of all things, then you will not burden yourselves with the effects. It is this that everyone must concern him or herself with.

The creator is the thinker, the thought is the invisible nature of the form that manifests.

These three are one, therefore all transformation lies in the understanding of the Self. Jesus gave us the key when he said, “the Kingdom of Heaven is within you.” Heaven was the state of harmony, the innermost Spiritual, and the outer world will appear as the inner when we realize the source of our thinking. His words again, “the inner shall become the outer and the outer shall become the inner,” showing that both eternally subsist in the one in perfect unity.

The nervous system out-pictures our thoughts. We produce in the body the exact replica of the dominating thought we hold.

Therefore we see that the “Self” alone gives power to any idea in the mind that may arise in reaction to the external. The “Self” alone has the power to transform all things.

The outer “self” is but the reflection of the inner “self,” just as the inner “self” is the reflection of the “Universal Self.”

If this understanding is lacking, the vicious circle is set in motion and we live in secondary causes not understanding their origin.

When we deeply discern what the cause of our condition is within ourselves, and the dissolving action is also within ourselves we are no longer affected by suggestion one way or another.

MARCH 1951

We shall free ourselves by “the Truth” that we are made in His image and likened that all power has been given unto us in Heaven and on earth.

Mental analysis is death, awareness is Life, mental analysis deals with the past and the future, awareness deals with the present always. This is the **great discovery**, the Truth that sets you free.

Benediction

O Eternal and only “One,” I was lost in the wilderness of wrong beliefs and could not find my home in Thee.

I always kept the door of my Soul open expecting Thee to come from some external world.

At last I have found Thee arising out of the darkness of my soul to become the Star of my groping mind, calling me to recognise my home in Thee and there I found that we are one, O adorable and perfect “Love.”

MY PEACE AND MY LOVE REMAIN WITH YOU.

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #3 (25th October 1949) in the book “Developing Your Faith.”

April 1951

My dear friends,

As each month goes by new wonderful healings take place and startling things happen. The many letters received this month from all over the world reveal even greater success than the month before. Thank you for your love and co-operation, for only with your love and co-operation can this wonderful work proceed.

Here are a few extracts from the many letters received this month:

M.K. Transvaal, writes, "my mother is in perfect health today and. I feel very grateful to you."

K.E.H. Kumasi, writes, "words are not adequately strong enough to express how grateful I am to you for the great change wrought in me. It will be more than interesting to you to learn that your Monthly Letters have done the job where orthodox medical science has failed. May God bless you."

R.G.M. Bulawayo, writes, "I have to thank you for your most wonderful help to me, the rapid recovery of my limb has puzzled the hospital people when amputation was suggested. I am now so grateful to you for your wonderful help."

G.W. Zurich, Switzerland, "I do want to thank you from the bottom of my heart for your kind letter and for the precious Monthly Letters which are pearls of great price. I sent the January one on to the Statesman at Bern. May God through your letters open their eyes that they may see. God bless you and your work in every detail and everyone connected with it."

F.C.G London, "it is with the greatest joy that I have to tell you that my boy has completely recovered from his very serious illness, thanks to you. We were in despair when told that nothing more could be done. But immediately I cabled you I felt that God would help us. When your cable came assuring us of his recovery, from that moment he began to get better and today he is as strong and healthy as ever he was. God bless you."

YOUR PERSONAL EFFORT MUST BE FREE FROM STRUGGLE*

Struggle always results from reaction to conditions, unfulfilled desires and circumstances that surround the individual who feels the burden. The individual who is aware of lack, bound by ill-health, full of fears, is always struggling against the relative world and this is the cause of frustration because this struggle is filled with negativeness.

* See Notes pages 244

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This is the error in the mind that is always reproducing itself. But when Truth is established the error disappears. When the mind is filled with negativeness greater burdens are created.

Personal effort must first be experienced until one sees the uselessness of struggle then the personal effort becomes free from struggle, this is action which does not result from reaction to the relative but from creative thought through understanding. It is action from within oneself.

Everything that is seen or felt is mind materialized. The question is how is mind materialized? And the answer is, by the power of thought. But again where does thought originate? Thought originates in the consciousness. What the consciousness is aware of is automatically materialized.

The next question is the most important one. Where does man's consciousness or creative power originate? It originates in Divine Mind. It is the moving factor in Divine Mind and must be the moving factor in human mind, the two being interlocked in the manifestation; for it cannot be otherwise when Divine Mind fills all space and is all power there is, all knowledge there is.

These are profound and important statements and are the foundation of all original thinking. But thinking alone is not sufficient, there must be feeling, for this is the motive power behind thought.

When the great fundamental Truth is grasped, the consciousness—our Spiritual creative power attracts conditions which correspond to its own recognition of itself, and its recognition of itself must always be the exact reflection of its own dominant thought and feeling.

We can see clearly here why Jesus announced forgiveness of sin as the accompaniment of physical healing. By sin, in the sense we have now seen, death and all lesser evils enter into the world and our belief in this sin, is the cause and all sickness and death is the effect.

It follows that if the cause is removed so will the effect cease. The root of the tree of the belief in the non-existent is cut away so the fruit must wither. This is the simple working of cause and effect. Therefore the belief in evil, the Devil and death have their destruction in the realization of Life. For sickness and death of the body result from the imperfect realization of Life by the soul and its non-realisation of its eternal unity with its Divine Source.

So the logical conclusion we must come to is that the removal of lack, ill-health, fear and death is the removal of separation. Thus it will be seen that the ignorance of our eternal unity is our greatest sin.

THE SANCTUARY OF THE SILENT HEALING POWER

“Thy sin is forgiven thee, arise and walk.” This I hope will convey to your mind the difference between reaction and pure action. Thus we cast off the burden which separation brings upon us, and we find freedom in our eternal unity.

On his return the Prodigal Son did not expect forgiveness but that he could be at least a servant in his Father’s house, and was willing to take what the Father would offer him.

But the Father saw him a long way off and came to meet him, put his arm around him and kissed him and not one word of condemnation was uttered. He became the son that was lost and now found, the son that was dead and now alive again, the son of God born of the Spirit and not subject unto flesh and blood.

The greatest antidote to any negation in your mind and body is to become aware of the Divine Presence always, so that not even for a moment can you at any time hate instead of love, or cease to look upon everything with the eye of the all-embracing Truth.

Love and pure reason are never in opposition to each other, the result is wisdom or pure action always going out from itself, never relying on or reacting to the external.

To arrive at that perfect balanced and poised Love, without fear or reaction or struggle, you must go through the attachment of Love before you can understand Love and through your experience your growth is attained.

To say that you “love” and have never experienced the surge of this blessed thing, love to you is but an illusion. For if you do not know what individual love is and recognize its limitation you will never know even a fraction of what the Love of God is.

When this Love is then turned towards the Eternal then there is the beginning of freedom and the gate to happiness is opened. The most practical person in the world is the one who has found true values, that person is poised ready for action without struggle.

If you live in your own separate centre you will sooner or later find that the struggle is too great and you then try to find a way of escape. Only by true discernment of the cause of your struggle will your struggle cease. Then you will begin to realize the presence of wholeness, the Eternal.

I have told you before that you cannot make an image of the Eternal for the Eternal is Infinite in nature. But this Eternal can be realized for It Itself is Love, wisdom and Healing.

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I have repeatedly told you that mental theories are of no fundamental importance. You only accept those because you want to support your beliefs, and I am not dealing in beliefs or theories but in the practical and actual working of the Presence of the Omnipotent Omnipresence.

By applying yourselves in this way you will find that there is a Supreme Existence which is not a mere theory. Neither is it a static or a featureless Absolute but a dynamic complete and all-embracing Presence that is ever expressing Itself, and will do so in you when you remove the barriers that hinder Its true expression.

This must be realized as now existing and not at some future time or beyond. The acceptance of this Divine Presence is the foundation of your great work in the world today, for is it not you who have been called to do this work?

Your development is taking place here and now. I know that some of you are struggling with your burdens but through your experience you will find that freedom, for you will discern why you are struggling.

If you look into your minds you will see that you have filled it with the “non-existence” instead of the “Existence,” with the result that you are creating more of the non-existing and less of the true “Existence,” thereby creating greater burdens.

The source of our being is the Eternal and as we come to know our Father in Heaven we become aware of the great inner Light for there is no darkness when the inner Light begins to shine. The Christ Consciousness becomes the outer as well as the inner, knowing that in this, all power and dominion is given. All that is dark disappears because it has no power of its own.

By making an image of the Divine you create separation. It is not what It is, but **that** It is.

By putting the Divine outside yourself you will be always looking for the Divine in the distance, Reality is here and now. In this realization your work will never cease but will expand to a more radiant form of beauty of the Eternal which becomes your personal effort in pure action.

This glorious Truth is not speculative or imaginary It is actually and eternally true. “Try me,” says the Eternal, “and I will open the door of heaven and pour upon you all good things.” “For all that I have is thine.”

Jesus says, “cast the net on the right side of the ship and ye shall find.” St. John 21: 6.

Then cast your net on the right side and you shall also find.

Benediction

O Divine “One,” I lost everything while I was roaming in the darkness.
At last I saw a glimmer of the Light that lights the world and darkness
began to fade away.

O Mother of Love, Thou didst stir in my heart my remembrance of
Thee and as I saw in myself Thy likeness I was freed from all my illusions.

O Eternal One, when I gave up my Life I found Thee and no longer
buried in separation and death, but in Thy perfect eternal bliss.

I craved for all things but found that I loved Thee more, now I shall
abide with Thee always for Thou art “all there is.”

MY PEACE AND MY LOVE REMAIN WITH YOU.

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #6 (15th November 1949) in the book “Developing Your Faith.”

May 1951

My dear friends,

It is like a snowball increasing as it rolls along and I wish to thank you for your wonderful help and inspiration through the many letters received. I have picked a few at random from which these extracts are taken.

“My leg is now nearly normal and there is absolutely no deformity. The cure has been marvellous. I am most grateful for what you have done for me.” L.R.v.G Natal.

“Words cannot express my gratitude to you and our loving Father for the wonderful help we have received. Last week: I phoned you and asked you to help my daughter P- who was lying, seriously ill in a nursing home. Everything according to medical science went wrong and the specialists were called in. Immediately I phoned you everything went right, this greatly puzzled the specialists. God bless you and the wonderful work you are doing.” B.V.M. Transvaal.

“I have never in my life experienced such happiness when my little girl recovered from a so-called incurable trouble in her spine. We all despaired of her recovery when Mr. W. called on us and told us of your wonderful work through the Sanctuary. I can tell you now that I did not believe him. But when he urged me to write you, a feeling of peace came over me. To think that in less than a week our little girl came home completely cured. How can I thank you! May God bless you and we send our united love to you, Beloved brother.” A.F.C. Rhodesia.

“What a joy it is to receive your monthly letter, at first our numbers were few but now our room is filled with friends and neighbours to hear your Monthly letter read, words are totally inadequate to express the pleasure and help we get. God bless you and our love goes out to you.” M.B.S. London.

“BE YE DOERS OF THE WORD”*

Your wealth lies in the Creative Power within and not in the things created. This is the secret of your power in a world torn with strife and confusion.

In the understanding of this great Truth and the acting on this Truth is the beginning and ending of all things. For the Creative Principle is the embodiment of all laws of Creation with a knowing how, therefore ask and ye shall receive is the natural outcome of the Creative Principle in operation. For it cannot be otherwise as we will see as we proceed with this letter.

* See Notes page 249

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The main theme of this letter is to be doers of the Word and not listeners only.

When we begin to look into the activity that takes place in the event of our acting on the Word we note that there is that eternal link we have with the Creative Principle which Jesus called the Father. Then comes the Son—the Christ—who is conscious of the Father and also conscious of the thing asked for.

Although the two are one, one is active while the other is passive until the asking causes the action to take place. Then the greater of the two becomes the actor in every case. This is the Will of God in action to fulfil your every desire.

What I also mean to do in this letter is to show you that the most important thing is not to place any limitation on the Will of the Father. But if you do not understand the perfect Law of Liberty you will fail to see that every experience is in accordance with the Will of the Father leading to the successful fulfilment.

You should therefore look upon events as the Father revealing His Wisdom step by step according to His Will and not according to your will, for He works in mysterious ways to fulfil your asking. Therefore you must not come to any conclusion nor pin your faith upon the action of any other individual or situation but have complete dependence upon the Father Himself for He alone does the work.

To ask and believe in the name of Christ is to immediately bring into play the Creative Principle in translating into form the things asked for. Therefore the thing asked for should cease to be the paramount longing in the human heart but to know “That” which produces all things. “Hitherto have ye asked nothing in My name, ask and ye shall receive that your joy may be full.” It is not the things asked for that gives joy but the knowing of the Father, Who when ye ask aright it shall be done unto you. It is your ignorance of this great Truth that deprives you of the privileges bestowed upon you by a loving Creator.

Nearly everyone is restricted by their limited understanding arising from their reaction to any environment and conditions in Life, most of us are trying to run our own lives with the result that we fail miserably. We feel that we are crippled, most people are like an engine with only one cylinder firing instead of six.

Remember the saying of the Master, “I of mine own self can do nothing, it is the Father who ever remaineth within me doeth the work.” Also in Proverbs 16

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we read, “a man may think what he will say but at that moment the word comes from the Eternal.” “Trust your affairs to the Eternal and your plans will prosper.” “A man thinks out his plans but the Eternal controls his course.” “Better get wisdom than gold, better choose knowledge than silver.

Thus it is necessary to get wisdom so that you can ask aright. You will then discover from your results that it is not merely listening but really acting on the word that counts, and your experiences derived from your practice will increase your wisdom and understanding.

Thinking along these lines will prove that your thinking is God’s word manifesting through you and everything that takes place is the unfoldment of the Creative Power in accordance with your desire. But your desires can only be truly fulfilled when this truth is established in you, not haphazardly but with Divine understanding. Then let your thinking (Creative ability) be towards a definite purpose.

The entire material world, including man is the manifestation of the Creative Principle becoming the things It makes. Therefore it follows that what we think and feel we create. If this was known generally man would not be controlled by circumstances and events, but would be at the helm of his own ship guiding it into port, laden with “all the good things that God has promised to those who love Him.”

The Father is the Source of our Creative Power, but He cannot be more to us than we know of Him in our lives. This must not be a sanctimonious attitude of mind or a mind that is caught up in ethics, nor in virtues or their opposites. It must be a truly dynamic understanding of the Reality of His Nature. By doing so the power of our thought will produce that which we will delight in.

I have tried to make the simple Truth clear to you, of “asking and believing” knowing that the Father does the work, and produces for us what we think. At first it may seem difficult to comprehend. But when we employ the method successfully of asking and believing, knowing that the Father doeth the work, we will realize that all Creation is working towards the fulfilment of our desires. “Therefore be ye doers of the Word.”

If you examine your mind you will see if you are creating the things you desire or creating the things you do not desire, remember that your individual experience is the Will of God. To know that we can think with God and will with God is the Sceptre of Power.

THE SANCTUARY OF THE SILENT HEALING POWER

If you love the created more than the Creator then no matter what you possess your mind will be negative. But if you love the Creator more than the created no matter what conditions you are in, your positive attitude will soon lift you out of these depressing circumstances into the sunlight.

To enter into the Kingdom there must be no narrow conformity. It is the sense of unity that matters most, then you can give without holding back. You cannot be happy until you make others happy.

You must be falling in love all the time with everything that lives, everything that moves or does not move for everything dwells in the Kingdom and Love is the power behind all Creation. Once you have realized this you will realize it again and again, once you have tasted this, you will never be satisfied with the transient things for you will know that which is Eternal and Ever-present, and is Creator of all.

You must learn to live, not to conform. If you look into your lives you will see there is a constant struggle to conform to this and that. All your efforts are merely to adjust your ideas, your feelings, your actions mostly to the dictates of another.

Your efforts and struggles do not lead you to understanding but make you critical, insincere and hypocritical to yourselves. You do not know what you really think, what you really feel.

Most of you are seeking security with the result that your mind is in opposition to itself, and opposites are born of illusion and one is easily caught up in the illusion of the opposites.

Then there is the search for Spiritual security and your progress is measured by the acquisition of virtues, thus virtue becomes a vice.

There are those who are spiritual and those who are not spiritual. You have division high and low, all this leads only to conflict, so the basis of your thinking is imitation. Where there is consciousness of distinction there can be no realization of that which is the living Reality and is the only Creative Power.

You create your own barriers which prevent you from creating in the present and prevents you from living in the present. You need not fight these self-created barriers, but become aware of their falseness, then you will see how your mind has been suffocated all these years, therefore incapable of true understanding.

The Simple Truth can only come through the ecstasy of Love, and when you have found It there is no doubt no more loneliness no more

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darkness. There will be attainment through enlightenment because you are the embodiment of all that you seek.

The wheel of birth and death has ceased to be in your Eternal Home, for you and the Creator are One.

“Know ye not I am in the Father and the Father is in me. It is the Father who ever remaineth within me is performing His own deeds.”

Benediction

O Divine Father, Thou art forever behind my desire, Thy Presence behind my thoughts.

Thou hast rent the veil that separates us and now I can speak to Thee and Thou dost speak to me.

Thou hast taught me to be confident in Thy Presence and I have lost my fears and found Thy all-conquering Power of Wisdom.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #3 (14th February 1950) in the book *Developing Your Faith*.”

June 1951

My dear friends,

Have you ever stopped to think how you are helping the world with your thoughts each day, no matter who or what a person is and where he belongs he receives the blessing of the Sanctuary and this is proved by the many letters we receive each month.

Here are a few extracts from these letters:

“My friend Mr. S.S. told me of your work and what you had done. I really did not believe him as it seemed to be beyond the bounds of the possible. But when I became seriously ill I got my wife to write to you when your reply came to us that I would recover by the end of the week, I did think it impossible. When the weekend came I was well. Now I know that these things are possible. God bless you.” A.D.F. Cape Province.

“I wish to thank you ever so much for what you have done for my little boy, his nerves are so much better and he sleeps much better too. I am deeply grateful.” B.S. Sweden.

“Some months ago you placed my mother’s name on the Sanctuary healing list with the remarkable result that healing was effected immediately and has continued ever since. May your great work grow and God bless you.” A.L.T. England.

“I am very glad to let you know that my wife as well as my daughter are quite free of their conditions. The help you have given is greater than I can express to you but God knows. I thank you thrice for your work and hope you will live long to carry on with your work amongst those sufferers and those who are in need of help.” P.H. Belgian Congo.

“Since I started reading your books and also your Monthly Letters I have experienced a very big change in my life. I have learnt the secret of love which Christ revealed to those in need of the light. God bless the Sanctuary and you ever more.” J.L.L. British Guiana.

“Thank you very, very much for all your help and guidance and for the comfort and happiness which your Monthly Letter brings to me. They have been an invaluable aid to me in a very trying time and words cannot express my deep gratitude.” D.R. England.

“THE TRUTH SHALL SET YOU FREE”*

Jesus showed what was Universal in God was individual in man and as soon as we realize this the veil is lifted and the power shines from his instructions.

His words, “but anyone who drinks the water I shall give him will never thirst anymore, the water I shall give him will turn into a Spring of Living Water welling up to Eternal Life.” Yet he did not separate himself from mankind but came to reveal man as the expression of the Father and to show himself as the great example reaching the full individual expression.

You can never know Truth through an idea of Truth for Truth is not an idea. An idea of Truth is but a standardization of thought which is limitation and prevents the unfolding of the Self in Truth. You must not try to imagine what Truth is. If you say it is one flame in many lamps and so forth these are but words and you are no nearer the Truth.

You cannot imagine the inconceivable, so you must free your mind from the ideas of what Truth is, for this only binds you, limits you, crippling your thought and wasting your energy.

If your whole structure of thought is based upon an idea of what Truth is you are only imitating and your imitation is emptiness but few see the misery of it.

It is only when you are conscious of your own bondages will you become aware of Truth. But then do not try to find out **what** It is, only know **that** It is, this will lead to freedom and the realization of the ecstasy of Life.

In this way you will become a supreme individual losing all sense of the particular. Then you are like the wind that moves, no one knoweth where it cometh or where it goeth. You are like the water that fits into every jar, you are free to fit any situation. But if your mind is burdened with the past or the future you will only find stagnation and frustration.

“The Word was in the beginning and that very Word was with God and God was that Word. Everything came to be by His hand and without Him not even one thing came to be of what was created. The Life was in Him and the Life is the Light of Man, and the same Light shines in the darkness and the darkness does not overcome it. He was the true Light which lighteth every man who came into the world. He was in the world and the world was under his hand yet the world knew him not. He came to his own and his own did not receive him. But those who received him, to them he gave power to become sons of God especially those who believed in His name.

* See Notes page 254

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Those who are not of blood nor of the will of the flesh nor of the will of man but born of God.”

“No one has ever seen God but the first-born of God who is in the bosom of his Father, he has declared Him.”

When we consider this we enter into the realm of fact in knowing that all there is, is Infinite. Therefore all must be of the Infinite and in the Infinite there is no other Substance, Life Consciousness or Power but that which is Infinite. Therefore all is Infinite and therefore indestructible.

Not one particle of substance we know of can be destroyed. It may change its form yet nothing is lost. Some call this change in form “decay” or “death,” but when we examine this further we see that there can be no death anywhere, it is but an idea in the mind of man. These ideas then bind you and help to create sorrow and limitation by your belief in loss so you become afraid.

When the Law of Change is not understood you create ideas which you think are true. Don't you see how you become limited and fearful, thus you no longer can be free, but have conditioned yourselves in your beliefs.

Modern Science has proved to us that there is only one substance underlying all formation whether it be mineral, vegetable, animal or man. Science has also gone on to show that all solids, fluids and vapours are but a modification of this one Substance which is invisible and of which Science says no one knows what it is.

All is acting according to definite laws which are stable and eternal, showing that there is an Infinite Intelligence underlying everything and we only know, that it is, not what it is.

Therefore you cannot say that Truth is this or that, yet we can become aware of It through discerning the relative.

“But anyone who drinks of the water I have given him will never thirst anymore.” The fact that drinking is symbolical of taking into oneself that it must flood our whole being, conveying that there is neither a beginning nor an ending in that which is ever renewing, which is ever pliable, **this is Life Itself.**

I am not trying to describe the indescribable and you would never understand even if you tried to copy it.

There is no end, so if you try to achieve an end and hold it, then you can never free yourself.

I have already stated to you if you talk of that which is within, you make it relative and if you try to imagine what it is you are lost in your own

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imagination, for that which you thought was within becomes an image of your own making, something apart from yourselves which is worthless.

If you examine your minds you will see now that all you had of the Truth was but an image, the whole thing is very simple yet it is extremely difficult for those who still cling to the image or idea they think is Truth.

But if you can discern all the images and ideas you hold, then you will see that they are only ideas, your own, or others whom you imitate, then you will free yourselves from them and Truth will begin to express Itself without effort, for Life Itself is free and unconditioned. You will become aware of yourself as Life, free from all ideas of what It is, or beliefs in which you have wrapped it up, thereby stifling it. You will realize that you are not separate from Life. Jesus performed all his miracles by this “awareness.” “I and the Father are one.”

We can further debate the matter relatively by understanding that the Infinite, being all there is, there can be no other but His Creation. Therefore He must become what He creates as He cannot create anything outside Himself, so there is the meaning of the “Word.” “The Word was in the beginning and that very Word was with God and God was that Word and this same Word was made flesh. All things were made by Him and without Him was not anything made.”

“This Word was the Light, that Light that shineth in the darkness and the darkness did not overcome it.” This Light is the freedom of Life to all who can comprehend it. Therefore if we discern the darkness, that which hinders the Light, we shall free the Light that is in us, we will then know that we are the Light—which the darkness cannot overcome.

This Light therefore must be realized as the fundamental Principle inherent in All. The Light lies patiently waiting recognition, but this recognition is not possible if we wrap it up in ideas, images and beliefs.

The world is ignorant of true facts so the mind of man is filled with mental concepts of what he sees or hears but when we examine these concepts we find that there is no evidence to substantiate the truth of them. Therefore the majority of people live in a world of illusion which is the cause of their feeble, inefficient and ineffectual existence.

When true understanding comes there is no uncertainty, but direct expression of Reality Itself freed from all illusion and limitation. But if you do not know the difference between the real and the relative you are lost in your own error.

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We are connected to the world without by our objective consciousness, the brain is the organ of the objective world, our senses are acted upon by vibrations of light, sound, taste, smell, hearing and feeling. If we are lost in the outer world we fear, the consequences are of our own making.

But if we are aware of the Truth, our nervous system conveys constructive impulses which react upon our body and circumstances creating harmony instead of chaos, with the result that we build health and establish harmony in our surroundings which brings happiness through the expression of the Light that overcometh all things.

The Infinite has given us free will to choose, the choice is left with us to choose freedom or limitation.

Benediction

O Eternal One, Thou hast blest me with Thy light that I may put to flight the gathering gloom of ages, matured in the dark corner of the human mind.

Through the grace of Thy Light and wisdom I will dispel the accumulated error of a million years.

The vision of Thy Creation floats in my dream, and I awake to find that I and Thee are "One," O Omnipotent One.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #2 (18th October 1949) in the book "Developing Your Faith."

July 1951

My dear friends,

From twenty-six countries we have received letters this month, this is wonderful when we come to think that it is only a few years ago since the Sanctuary began, yet it has spread all over the world in this short time. And you who are helping to send forth thoughts of healing to all nations can be proud to think that all nations, no matter what nationality, are welcome in the Sanctuary.

The following are extracts from letters from some of these countries:

“My health is greatly improved, life is much fuller and happier. Long may your very good work continue.” E.H.A. Scotland.

“I would like to express my gratitude to you and the Sanctuary for the wonderful help I received after the terrible accident I had been in, my recovery was so rapid, the Doctor was amazed to find me back at work after a week. We are receiving your monthly letters regularly and are sharing them with our friends. May God bless your wonderful work always.” B.L.F. Australia.

“You and your Sanctuary are always in my thoughts and I cannot tell you how I look forward to those interesting letters, I always read them to my wife and no matter how often I read them I always seem to find something new, and how my wife enjoys them too. Words cannot express my gratitude to you for what you have done for us both. God bless you and your Sanctuary.” C.S. Czechoslovakia.

“Words fail me, and I cannot express my gratitude and deep thankfulness for the love and compassion I have felt so freely given through the Sanctuary to me and countless others. I am sure that the blessings of many must rest upon the work of the Sanctuary. In a world that to us here seems very insecure the Sanctuary brings security and peace and also a better understanding. I and my friends send our love and may God’s blessing rest upon you and your work.” E. T. China.

“I HAVE SEEN A VISION OF THY GLORY”*

The fog must be cleared from the mind before the clear vision can be seen. If you seek the psychic alone you get lost in phenomena and images. If you live in your mind alone, you become intellectual and clear vision is impossible.

Intellectuals are mostly steeped in idolatry, they can never get away from their own ideas and beliefs. You must recognise the difference between head-learning and soul wisdom and the difference between what the eye sees and the heart knows.

* See Notes on page 259

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What most people believe to be true is often entirely false, this is the cause of much conflict and complex minds. Few can discern the false from the true for the simple reason that the intellect can never give you the knowing of the Spirit.

To change your belief from one belief to another does not free you, but makes you still a prisoner in your illusion.

If I say to you that God is Love, God is healing, God is Life, you readily accept this yet if your mind is clogged with beliefs you will never understand the wholeness of Life, the completeness of Life and the true meaning of what I say is lost.

You will see now what I am trying to show you. If you accept God is Love, God is healing etc., those are but half truths, because you make this a belief only in your mind and that is not Truth. It may be “a truth” but it is not “the Truth” that sets you free. When you become aware of the Self the mind may be under your control, but even this control is contraction and not expansion. To be aware of the Self is but a half-truth.

If you no longer limit the “I am” to the narrow boundaries of conditions, in which you are involved, you will begin to realize Truth. This will lead you to the true nature of the Self unfettered and free. This must not be an idea of freedom but a knowing of freedom, realizing the wholeness of Life, the “One” in which all have the liberty of Life.

The old original sin of “Eve”—the soul, is the belief in evil as having a substantial originating power and the soul believes, that it is under the control of this “evil,” having its climax in death.

No destruction of Life can come from the Fountain of Life, therefore death does not exist in Life but in man’s mind. Thus fear of death has been played upon to man’s detriment throughout the centuries, and because of man’s belief in death many are led to believe that they can buy their passport into Eternal Life, and the more that they can pay the better it will be for them.

Darkness is but the absence of Light. The Truth is the Light that lighteth everyone who comes into the world.

Ignorance is the absence of wisdom, thus most people mistake the law of transition for death so you see death is a belief created in the mind and becomes the illusion, a prison of your own making.

God is “One” the only “One Life,” indivisible in nature, therefore not one part of Life can be destroyed, in fact not one particle of substance can be destroyed, it only changes its form through the law of transition.

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Life, "the Presence" is never in opposition to Itself in any human being, therefore we must recognise the Self in all other selves. If we fail to do this, we lose ourselves in separation which also becomes a prison of our own making. When we feel in anyway separate from others we live in the illusion of death and this means sorrow and conflict.

Our transgression is the illusion that there can be any living originating power outside the "I am." When we see that this is impossible we realize that evil and death have no power over us. Therefore we cease to react to it, hence we are free from it.

As long as we limit the "I am" to the narrow boundaries of the relative and conditioned, we do not realize that, personified in ourselves, It must by Its very nature still be unfettered and free as acting with the "One" Creator of the Universe. Beware lest you make Him relative and lose the Reality of your own Being.

As long as we limit the "I am" we shall never get out of the fear of death which we impose upon ourselves, and this fear of death makes all our ailments gigantic in proportion to what they really are.

Our Creative Power must be God's Creative Power because there can be no other, the only difference is in the degree of recognition of this Power.

The world is praying to a God outside. It asks but receives not because it asks amiss. God is Spirit and we must worship Him in Spirit and Reality and this Reality is within us, not apart from us. Our living proves the "Presence."

To get best results all tension must be taken off the mind. Before we can transform our condition all tension must be taken off mind and body and this can only be done when we truly realize what Jesus meant when he said, "I and the Father are one." "It is the Father who ever remains within me He doeth the work."

When all strain is taken away, Nature begins to do her own work expressing Her own perfection. One should not become anxious about one's condition, nor try too hard to get well. Remember, "As a man thinketh in his heart so is he." For it is not what you want you get but what you think deeply, then realize that Divine Life fills you.

The soul is the inner vehicle of the deathless, immortal creative Spirit this is your immortality. It neither knows death nor sickness. With this realization you go from glory to glory in an eternal progression.

Every atom in your body has come from its own solution in boundless space and all will return to that solution because it is part of it, not one atom can be destroyed.

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Science has proved that which we term “matter” but know very little about, is composed of atoms, and atoms are composed of electrically charged particles which derive their existence from the nucleus of the atom and science now says that this nucleus has a nucleus within itself, pointing to the fact that all must rise from that sea of intelligent energy that fills boundless space, the Absolute expressing Himself in Himself and by Himself. Thus we are made in His image and likeness.

I know that it is difficult for some to discern impersonally their own thoughts, but this must be done before harmony can be established and the “I am” must be freed from the illusion of limitation and fear.

You should under no circumstances try to banish a thought from your mind nor fear it, but quietly discern it carefully. Do not disturb your thinking but become aware of your thoughts by practice, you will be able to dissolve any idea or thought, and above all you will know what you are thinking about.

Your beliefs you will see are but an external creation of your own, or what you have conformed to through the belief of another who is also in prison. You will know that they are not “Truth,” you will readily see that the mind is steeped in illusion. You will become aware of the hindrances by confronting them, by discerning them, by penetrating them, and with your pure thinking you will free yourself from them, and by doing so you will realize that harmony, that poise, that understanding of the Indescribable.

One thing is sure, you will cease to have divisions. No longer will you have differing creeds and cults. You will no longer think in accordance with a belief that separates you from others. You will see these falsehoods for what they are, for the Presence cannot be divided against Itself.

What you must do is to discern these hindrances, but do not fight them, nor pacifically endure them but become conscious of their falseness. You can become free only by examining them with your mind utterly free from all attachment, free from prejudice, free from beliefs. There can be no comparisons because you cannot compare the Truth with the relative, for this is just further delusion.

If your mind is suffocated with demands for conformity you will be incapable of true understanding.

The Presence requires no effort, neither has It to discipline Itself into action, It Itself is pure action. In this then is freedom for the individual who realizes it. **“I have seen a vision of Thy Glory.”**

Benediction

Divine Presence, Thou art the Fragrance that streams from our hearts ennobling our souls.

The stream of Thy Love Fragrance washes away all separation which has been the cause of our sorrow and conflict.

Divine love fill our consciousness with Thy Presence so that our hearts will beat with Thine, to rest in Thy omnipresence forever and forever.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #4 (1st November 1949) in the book "Developing Your Faith."

August 1951

My dear friends,

The work of the Sanctuary is spreading in ever widening circles as more and more people are being brought into contact with it and realising that healing is there for the asking, which is proved to you by the following extracts from just a few of the letters that come pouring in every day in ever increasing numbers:

“I am writing this to express my complete satisfaction and appreciation of the wonderful cure which I have had through the Sanctuary. The chest complaint which I laid before you some months ago has now completely disappeared. I work for long hours now without the former weariness. God bless you and your work for humanity.” S.G. Gold Coast.

“My son was desperately ill a while ago and the Sanctuary was immediately called upon. My boy is now completely cured and more than grateful to you and the Sanctuary.” L.J. New Zealand.

“It is a great joy to be able to send you very good news regarding my cousin. She had been ill for a long time and the doctors intended to operate on her. From the time that her name was placed in the Register of the Sanctuary she started improving so that the doctor gave up his plan to operate. She gained weight, and was dismissed from the hospital with the assurance that she would get completely well without an operation. It is impossible for me to express my gratitude for the good work you are doing every day.” G.S. Denmark.

“I am very grateful to report that the Lord has greatly blessed my husband. The operation was a success, only a scar is left and he is quite well. I wish to thank the Almighty God for his answer to all the prayers, and the grace and blessing bestowed upon us.” M.K. Pretoria.

“You will be very happy to hear that the little boy whose name I sent in to you for help has improved a great deal. The change began to take place as soon as help was asked and now the nervousness has gone and he sleeps quietly and normally.” B.L.T. Southern Rhodesia.

THE DEVIL*

It is impossible to read the Bible and ignore the part assigned to the Devil.

* See Notes on page 264

AUGUST 1951

Most people are afraid of the Devil, this some unknown one that is always trying to do them harm. This Devil is depicted to exist in hell, a place having no locality but very vivid in the imagination, waiting to pitchfork you into red flames belching forth from Hell known as the bottomless pit.

What we are going to do in this letter is not to imagine the Devil but deal with him by pure reason.

There was once a little lad well advanced for his age. He was forced by his parents to go to Sunday School which he detested. He had already told his parents many times that he did not believe what the minister said. So one Sunday the minister said that the Devil lived in a bottomless pit, and this bottomless pit was filled with brimstone and fire. After the address was over the minister asked if anyone wanted to ask a question. So the little lad put up his hand, the minister, "well my little man what is your question?" And the little lad replied, "will you tell us how a bottomless pit can be filled with anything?"

This floored the minister and afterwards this "little man" was not welcome at the Sunday School, much to his delight.

The question in your minds now is, "what is meant by the 'Devil'?" And I will begin with what is self-evident, that God and the Devil must be the exact opposite to each other; whatever God is, the Devil is not.

Now since God alone "is" then the Devil "is not." Since God is "Being" the Devil is "not being." So we are met with the paradox that, though the Bible says so much about the Devil, the Devil does not exist, and it is precisely this fact of non-existence that makes up the Devil.

It is that power which in appearance is, and in reality is not, in a word it is the power of the "non-existent."

All our growth towards perfect humanity must be the recognition of that which exists and not that which is non-existent. But because man's thought conceives the non-existent and gives it a substantive power of its own, this becomes a real power to the person that believes in it.

This is the same old serpent that beguiled Eve in the Garden of Eden, the individual Life, ignorant of its true nature, "the serpent not raised up," "the son of man not raised up."

So we see that the Devil is all a product of the mind that is ignorant of the "all-existing Life" that underlies all and is ever expressing Itself through form. It is the individual Life in form, not seeing this is the cause of all confusion.

There is only one power, even that which organises the atoms into form, and that which maintains them in form in the distinct organism which seems

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separate, must be the mode of action of the same power. The building-up power and the disintegrating power and the holding-together power are all of the same origin, as well as the consciousness in man, which is man's own creative faculty.

The question is often asked, why need the individual die? Those who believe in the blind forces of Nature say that this is the Law of Nature, those who believe in Divine Wisdom say that it is the appointment of God. But strange as it seems both answers are wrong.

That death is the will of God is emphatically denied in the Bible, in Hebrews we are told that the Devil is the Father of death. Death is the opposite of Life, therefore does not exist. It is the individual ignorant of the principle of Life, that believes in death, so this is the non-existent that exists in the mind.

The disintegrating power at work in the form is the evolving process, the direction of the Infinite Cosmic Creation whereby all particles revert back to their own solution to be further evolved in ever-progressing forms. This is the Eternal Law of Progression of the never-ceasing and perpetually expanding individual Life.

Both the Bible and our pure reason tells us that there can only be "One" Power in the Universe which must be the building-up and this work is ceaselessly in action, therefore when the mind is not aware of the Truth of the only "One" it assumes the transition of that form to be death, "that which is not," and this is the "Devil." So the Devil is the cause of fear and death.

In all Nature we see positive and negative in action but these two are of the same source, this is the cause of all manifestation and disintegration, both forces are at work directed by the "One Intelligence." The individual not realizing this fact, affirms the non-existing to be true and for this reason the Scriptures calls it the Father of lies.

The word "Devil" means "false accuser" or "false affirmer." When the Creative Principle individualized is unaware of wholeness and affirms the non-existent, we see how this can become an impersonal power in the mind of man, still at the same time having no real existence. This is the denial of the Spirit, the Reality, but few see the misery of it. This is the ignorant inverted thought of the "Spirit" that denies its lord.

This is the exact opposite to the Son of God in whom all things are "yes and amen," that is the Spirit of the affirmative and therefore the Spirit of Life. This is he who would destroy the power of death "the Devil" and

deliver all who, through fear of death, were all their lifetime subject to bondage. In Hebrews 2: 14-15 we read thus:

(14) "For as much then as the children are partakers of flesh and blood he also himself likewise partook of the same and by his death he has destroyed him that hath the power of death, that is the Devil.

(15) "And has released them who through fear of death all their lives were subject to slavery (bondage)."

We readily see that there can be no Universal Devil in the same sense as there is a Universal God, therefore there can be no individual devils, only ignorant "Spirits," for we are all of the same Spirit and no harm can come nigh to one who realizes this Truth.

There are many more aspects of which I can speak to you, on the subject but I want to bring home to you the importance of the removal of this limitation which is self-imposed.

This must be done and can only be done by the removal of the barriers imposed upon the Self by the self. There must be a constant breaking down of all limitation made by the Devil and death till the Self arrives at the point where there are no more barriers between it and the Eternal the "Self" made immortal deathless, imperishable, everlasting, indestructible and all-abiding through understanding. The Self is perfected because of its immortality.

Wherever there is limitation, ignorance of this Truth, there is sorrow and man is always seeking a "way," this only leads to struggle and exploitation. It is only when you recognize your struggle you will recognize your exploiters.

You are seeking that freedom of that "existence" that cannot be touched by the non-existent, this can only be done when you recognize the "non-existent" for what it is, the Satan that blinds you to that which is Real and Eternal, this is the immortality of the individual.

It is the "I"-ness in the Self which causes all these barriers which separate, which create false realities. This "I" must be made immortal, imperishable, made pure through "Wholeness."

Life fulfils Itself in freedom which is eternity. This is the ocean into which all must enter knowing that the true beginning of the Self-discipline is understanding.

Then you will know the difference between that which does exist and that which does not exist.

The Devil is dethroned never again to rise up in your mind to confuse you. "Get thee behind me, Satan." The head of the "Serpent" the deceiving element is forever crushed never to rise up again.

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For if the Devil was a reality, man could not destroy him, nor could he say “Get thee behind me, Satan.”

“Any realm divided against itself comes to ruin, house after house falls down; if Satan is indeed divided against himself, how can his realm stand?”

Benediction

O Mother of All Creation, All that I know is Thine.

My innermost thoughts are known to Thee because we are “One.”

All the barriers between us have vanished for Thou alone dost exist and ever will.

Thou art the Christ, the Buddha, the Krishna, born in the flesh, visible and invisible, personal and impersonal.

Thy Cosmic Infinitude appears in Cosmic finitude. So do Thou appear visible and living, eternal and free, O Blessed One.

O Thou Ocean of Life, Thou hast absorbed the ripples I created in my ignorance and now I know. I am in Thee and Thou art in Me.

PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #5 (8th November 1949) in the book “Developing Your Faith.”

September 1951

My dear friends,

Time passes, we say, but in Reality there is no time. The same Power is present always. The proof of this is the hundreds of letters we receive each month from all over the world, telling the same story. Healing after healing is taking place. Here are a few of the many letters received this month.

“I am always grateful to you for the monthly letters you send to me and my friends. These letters are a blessing to me and my family and I can assure you they are a real comfort in times of distress, lack and limitation. May God bless you and increase your good works for the benefit of humanity.” T.A.O. Nigeria.

“Another miracle has been brought about by the Sanctuary through your loving help and I want to tell you that my friend was saved from the operation that was booked to take place a few days after I asked so urgently for help. The specialists said that nothing but a miracle could prevent another operation which they greatly feared. But before the operation could take place the miracle occurred, and he is now back at home getting stronger every day.” L. K. New Zealand.

“I have always seen what wonderful things have happened to other people, this I had the most amazing experience. When I phoned you at 9.30 that morning I could barely move for pain and had a bad cough. At 10 o'clock I had to take care of a friend's children and by 3 p.m. was absolutely free of all pain and the cough subsided at once. So I just give thanks for my own experience of what is done by the Sanctuary.” K.D. Pretoria.

TRUTH*

No one can hate the Reality in man for God comes to us in the likeness of man, we are taught to see and love God in man. What we hate is something that surrounds and hides the real man.

What is behind the true nature of man we always love. This is the reason why we love those who have passed on with a love that holds in itself forgiveness. For we know in ourselves that we also need this forgiveness, not only forgiveness but forgetfulness of all that was unworthy of our true nature.

* See Notes on page 269

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We find that love is more unselfish when it embraces those who are risen. The disciples loved the Master more when he had risen than they did while he was with them in the flesh.

While he was present in the flesh, Peter denied him, but when he returned to the Father, Peter would die for him.

This is all so true, but one must first go through the experience to understand it. When the realization comes that death has no power over the one that is risen there is a feeling that is blessed with the Love of God. This can only be understood when one has come to the realization that everyone must pass the same way.

The great “Truth” changes the nature of our feelings towards others but this “Truth” is here now, and when we begin to realize it, we find that our feeling towards others changes here and now. This means our freedom from the results of our own actions towards others.

Wisdom and Love are our only true guides and when we realize this Truth we see that there is no room in our lives for that which hinders our true expression. For when we discern that which hinders our true expression “we are washed by the word” which is spoken of in Ephesians 5: 26, this means the Spirit.

The Divine Spirit Itself does the cleansing. Thus we receive our daily washing as we put away from us that sense of separation from the Divine. For it is only by the retention of this separation does guilt remain in the heart.

This is why Jesus bathed the feet of his disciples. You will remember the story when Peter refused to allow the master to bathe his feet saying that he was unworthy of such an act, that the Master should lower himself to bathe his disciples feet, but Jesus made it plain that later they would understand the true meaning.

A wonderful light is thrown on this dramatic incident of the Master in Luke 12: 35-37, “keep your loins girt and your lamps lit, and be like men who are expecting their lord and master on his return from a marriage-banquet, so as to open the door for him at once, when he comes and knocks. Blessed are those servants whom the lord and master finds awake when he comes! I tell you truly, he will gird himself, make them recline at table, and come forward to wait on them.”

When we are found prepared, the Lord will gird Himself and serve us. This means that God grants our requests immediately we realize our

relationship to Him. In other words, that Nature obeys us in proportion that we first realize Her and obey Her so shall She give to us all Her goods and serve us completely.

The Lord becomes our humble Servant immediately we obey Him. This can be clearly seen in all walks of Life, because the Life Principle is not something separate from ourselves but is the supporter of our individuality. The more we understand and obey the fundamental law of "Love thy neighbour as thyself," the more fully shall we be able to make specific application upon it.

"If I wash thee not thou hast no part with me." These were the words of the Master. He spoke as the conscious mouthpiece of the Divine Spirit Itself and when seen in this light the meaning becomes clear. We are cleansed by the Spirit as we find ourselves one with the "One" in all.

Energy and matter are inseparable just as man and God are inseparable. When the most advanced Science becomes the starting point for our religious philosophy the world will come to understand that Spirit is the one and ultimate Substance underlying all things.

Truth is the search for First Cause and when we find Truth we find the Cause behind all things, thus we will have dominion over all things.

Our consciousness is the out-picturing of the Divine Consciousness. By this consciousness we think, but the majority are not aware of it and often man is unaware of the fact that he is thinking.

The asylums are full of people who have failed to discern their own thinking and have allowed their thoughts to control them.

We can dissolve all conditions in our minds and bodies by the power of the Spirit. Through Divine chemicalization all adverse conditions are dissolved away. This is the Truth that sets us free.

Truth casts out fear and all that is contrary to our true nature. If we will take time to discern our fears we will see that it is this self-created force generated by our ignorance that paralyzes our nerves, reduces the circulation of the Life's blood, affecting the entire mind and body.

Ignorance in man is his ignorance of the Truth. When Truth is realized, people act naturally, this shows that ignorance has no principle in itself therefore we learn that it has no power of its own, only Truth has power.

In Proverbs 24: 3-5, 13-14: What builds a house is skill, it is erected by intelligence; and knowledge furnishes the rooms with all that is rare and pleasant. Wise men are better than warriors, brain is better than brawn; My son, eat honey—it is good, and honeycombs are sweet: so wisdom tastes."

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Truth must not only be established in the mind, but a knowing in the heart must be established so that it becomes habitual in your everyday life.

Idols and images are but concepts in the mind, but Truth is not a concept. Moses tells us that we must not carve any idols in the shape of anything in heaven above or on the earth below or in the sea, “ye shall not bow down to them or worship them.”

Exodus 20, verse 1, states, “God spoke these words ‘I am the Eternal, your God. You shall have no Gods but me.’” Moses knew that there was the only “One” which was the Creator of all and that any other God was a false God created in the mind of ignorant man. And any image or idol was a forgery.

Truth is all-inclusive. If there is not an all-inclusiveness then there is no Truth. When you find out that anything less is un-intelligent, thoughtless and stupid you will realize for yourself the Truth.

It is for you to discern that your beliefs have been based upon illusion. This is not so easy for the one who is influenced by beliefs based upon separation. But it is essentially simple for the one who has put aside ideas of attachment to any belief. In this way only can you come to the core of the Truth of that which is immortal in yourself and others.

You must first become a human being recognising the all-inclusiveness of all human beings, knowing that Truth is not divided in humanity but is expressing Itself as a Whole in humanity and is never in opposition to Itself. Unless you realize this you will never be able to give to the world the best that is in you.

It is not what I say or what any other person says. You must arrive at the Truth through your own discernment of what is utterly false. Neither can you compare what I have said with that which someone else has said or what you think you know, nor must you accept what I say because it coincides with your beliefs. If you do this you are not thinking intelligently. It is the core of Truth you must find and this can only be done by yourself through your own discernment and realization so that you may become “aware.”

You must have no prejudices for this blinds you and leads you away from Truth. Opinions are of no value either, for you will note that this is not Truth. Truth is “knowing,” awareness, freedom.

Truth means the actual realization of the Presence, “The Truth,” an “awareness,” that comes through discerning that which is not “Truth” and which is a hindrance to the expression of the Truth in the individual.

SEPTEMBER 1951

You must be sure that you are not deluding yourselves for it is not merely skimming the surface that leads to your final conclusion which is “awareness.”

A belief is not the Presence, a belief is but an idea in your mind and the Truth is not an idea nor an image, Truth is Life, Reality, is complete in Itself. It does not need an idea for Its expression. It Itself is true expression.

The Truth is already established and every human being can be helped through It. Therefore the more you clarify your own minds the more the Truth can make Itself known through you.

Benediction

O Everlasting Truth, bless me that I may behold Thy wholeness.

May the Morning Star of Thy Glory appear before me so that my eyes are opened to Thy abiding Presence in All.

At first I saw not the Spirit within their bosom, but as I discerned the falseness of my beliefs the veil fell from my eyes.

I became aware of Thy Infinite Presence everywhere and I met Thee face to face, for Thou art the Everlasting Truth.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #9 (6th December 1949) in the book “Developing Your Faith.”

October 1951

My dear friends,

Each month passes with greater results and each month more and more letters are flowing in with thanks for help received and many more requests for help which is always given without reserve.

Here are just a few extracts from the many letters received:

“I want to take this opportunity of expressing my sincere thanks for the Monthly Letters. I assure you they are most comforting and have helped my husband and myself immensely in tiding over difficulties and problems, and every new letter received puts new faith and courage into us, I find it difficult to express my gratitude adequately and do not know what I would do without them.” R.T. Queenstown.

“I cannot express my gratitude in words and money could not buy the peace and relaxation I am enjoying now.” C.R.V. England.

“Thank you very much for your help and guidance and for the comfort and happiness which your monthly letters bring to me. They have been an invaluable aid to me and I have learnt the secret of love which Christ revealed to those in need of the Light. My words cannot express my deep gratitude.” C.E.B. Togoland.

“Both my husband and self wish to express very deeply our heartfelt gratitude and thanks to you and the Sanctuary for your greatly needed Spiritual help during those long months for both of us, when the ‘Light seemed to have failed.’ I would like you to know that words written by you to my husband during that period gave him continual renewed faith and confidence that all would be well. My recovery to many was a miracle.” G. C. New Zealand.

THE WAY TO HAPPINESS AND A SUCCESSFUL LIFE IS LIVE IN THE PRESENT*

The present is the only time there is. I have so often spoken to you about this but I know that the great significance of this Truth has not fully dawned upon you.

If you are troubled with the past or if you have fears for the future you can never be 100% in the present, which is the only time there is. Action can only be done in the present and action is all that counts. Pure action is living in the present.

* See Notes page 274

OCTOBER 1951

Some people are always harping about the “if” had been this or that, things would be better now. It is this “if” of the past that is preventing the present from being what it should be in your life.

Experience is essential to your freedom, through experience you begin to realize what lies behind the individual. Without experience you would be dormant, asleep in your limitation, yet experience without discernment and continual adjustment in the present is but a repetition of error, and this means frustration. But through continual adjustment, through experience and understanding there is freedom.

Many people rebel against their past experiences, they fight, they struggle and become emotionally upset. This is the way to frustrate the true Self in the present, preventing Reality from coming forth in the individual.

All your experiences are merged into the present when you live in the present “now” and all the force of your true nature is present only when you live in the present. For if you live in the past or the future you live in the illusion of separation and this means struggle and disappointment.

It is the Infinite Life that is ever present in the individual, and when you become aware of this, all tension, all fear, all sense of wrongs and rights, all hate, jealousies, all things that frustrate the individual in the present is dissolved away, **this is truly freedom.**

The Infinite Life is expressing Itself in the individual in the present always, this is the secret that many people have tried to find, but failed because of conformity to some idea, to some pattern or some system.

If you try to conform to some pattern you are in limitation; and if your pattern is not unfolding then there is worry, and worry makes your work in the present a failure. How many people in the world have tried to fit their lives into a pattern built up in their own minds. To follow a pattern is to be limited.

The Infinite Mind is complete, there is no limitation, no pattern to fill, it is complete and perfect. In reality the Infinite Mind is expressing Itself, It has created the finite for the purpose.

There is really no finite, for it is the Infinite that is existing in the individual and it is the wearing down of that individual existence in the consciousness through discernment and understanding lies the purpose of the individual existence. The small “I” loses itself in the great “I am” of Life where there is no separation, no division, no distinction.

This at present in your personal state seems to be afar off but in reality it is an actual fact now, that is why the present is so important, not the past or the future.

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Any great thing that was ever done by man was done when the mind was concentrated in the present with no other thought or interruption of any kind. This is the Infinite Self giving expression to Itself through the individual—the vehicle of expression.

You cannot separate a part from the whole, separation exists only in your individual consciousness, and this is the illusion that causes frustration. For if you feel yourself to be only a part seeking to become one with Life, the Life that is behind all invisible and visible manifestation, if you feel this Life is external to the self then there can never be a cessation of this continuous struggle that you are engaged in.

Most people are trying to picture what God is like, then He becomes an image in the mind. When this is so, there is limitation, living in the past and future, living in a mind that is crowded out with events and sorrow, pain, hates, jealousies, frustration.

When you get a glimpse of this Infinite Life, this Life in which there is no separation, no sorrow, no pain, no past, no future, no birth, no death, when you can realize this presence of the Omnipresence, then there is spontaneous action. You wear away the wall of separation that is in your own consciousness.

When there is complete realization of the ever-present there is no longer any craving, for you are everything, you are creation and the scar of individuality that was in the consciousness will have vanished. It is this scar of individuality that is in the consciousness that is the cause of all struggle, the cause of all craving, the cause of this separate existence, the cause of fear for the future, fear of memories of the past.

The only experience that is retained is that which is pleasing to the Infinite, all else dissolves away. There cannot be perfect action in the present when there is a sense of separation. This, all must learn, for it is the way to perfect happiness and success.

Perfect action, or pure action I often call it, is the result of the consciousness realizing its oneness with the Whole, understanding all external to it, the past or future, so that it becomes aware of the external as the effect and not the cause. The cause is the creativeness within and this creativeness is not separate from that within the individual.

This is often difficult for the students to grasp at first because most of their reactions are made from the external world, not knowing what it is.

OCTOBER 1951

Individual existence is imperfection, and this individual existence is worn down through understanding and constant adjustment. That is why it is so necessary to put off all theories.

If you are caught up in the rights and wrongs, if your mind is engaged in things external to the self, you will never know reality. But if you are only concerned with the present you will express that which is perfect, for Life knows no wrongs or rights, no birth or death, no distinction or separation, no past or future. IT IS that which Is and I am that. This is why living in the present is the secret of success and happiness. You will readily see that this cannot be reached through theories, cults, creeds, for they are the epitome of separation themselves.

So it matters little to you now what appears external to you when the present is realized, because this present is in everything, and what is always present is that which is eternal and the cause behind all manifestation, with this understanding, doubt, worry, fear disappear.

The material world is the revelation of the Creative Power, both grow out of the same source. Visible things are the representation of things invisible so both come from the same source. When you understand this you will understand the conditions that surround you, and you will no longer be afraid of them.

To realize the great Creative Law that is Ever-present and by conscious use of this Law, you can operate upon the Universal substance in co-operation with the Creator of all things. This reveals a far greater power than any material possessions external to the self can give.

When the material world appears to the onlooker as the reflection of the Spiritual world where the idea becomes materialized, the material takes on a greater significance. Where at one time material conveyed only a substance composed of atoms it now is seen as an intelligence in expression, an Intelligence that is Ever-present and responds in exact proportion in the lives of those who live in the present with the mind free from past or future.

This is pure action, an action that is the result of the release of the Absolute Life expressing itself in man.

Then man will see that he is one with the Creator and with the same process he brings forth into his life and circumstances conditions and things that he desires. But if he fails to understand these things he will eventually create a series of causes and effects and will be caught up in the illusion of his own separateness and limitation until he finds the Truth or the Ever-present,

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Therefore in the present and not the past or the future lies the happiness and success of every individual.

Benediction

O Mighty one, Thou art not separate but one with me Eternally. In Thee there is no evil for the devil cannot exist in Thy omnipresence.

It was the king of illusion who sat on the throne of ignorance was the cause of ill-health, unhappiness and my soul blindness.

It was in my deepest moment of despair that I heard Thy Voice calling "Be not afraid, for I am with thee always." Then the Light that shone from the beginning of time blotted out all the darkness in my mind.

Now I see with clear sight, all that hinders Thy expression. I thank Thee, O Mighty One, that Thy Light becomes mine for evermore.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #4 '*The Surest Way to Success and Happiness is to Live in the Present Now*' (10th May 1949) in the book "Life Everlasting: 2nd Revised Edition."

November 1951

My dear friends,

Thank you very much for the many letters received this month from all parts of the world. Perhaps you would like to know that we are sending to and receiving letters from thirty different countries. The work is spreading with great rapidity and with wonderful results.

Here are a few extracts:

“Words cannot express our heartfelt gratitude for the wonderful help the Sanctuary Letter is bringing to all of us. The whole family and many friends eagerly wait for the Letter to arrive and we read it together. There is wisdom and healing in every line. Thank God that we were directed to you. God bless you, dear friends.” M. S.

“As you know my husband was not expected to live. When I contacted you I felt that all would be well. That night a change took place and the doctors were amazed. A miracle indeed, God bless you.” G. J.

“Thanks for your prompt reply to my urgent wire for help. The condition left me immediately and now I am safe and well.” Y. S.

“Thank God for the Sanctuary and you. How can we ever thank you enough for the wonderful help we received during our deep sorrow. The upliftment we got from your Monthly letters is too marvellous for words. God bless you.” F. M.

When I was overseas lately I came across a number of people who got your Monthly letters. I was greatly surprised and delighted to learn that so many people have contacted the Sanctuary and what a grand thing it is to know that we of little faith can be helped. In my own case I did not believe, but after seeing the results I know now what can be done. Many blessings upon you all at the Sanctuary.” H. L. W.

THE GREATEST THING IN LIFE IS TO UNDERSTAND THE LAW OF CREATION*

Just as we weave into our minds impressions and ideas from the objective world, likewise we can weave into our minds the attributes of the “Presence.”

The Presence is that which “is;” It is not created by the human mind. The Presence never had a beginning therefore can never have an ending. This Presence is your creativeness within.

* See Note page 279

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What we create in our minds tends to out-picture in the objective world, this is the result of our thought action, but thought itself must have an originating source, otherwise it could not exist, and the originating source is the Presence. Thus when we realise and recognise this Presence and dwell upon Its attributes of Love and Wisdom we establish them within us.

“Faith is the substance of things hoped for, the evidence of things not seen.” “Faith” is that state of consciousness which has reached its own source. When this state is reached creation is automatic. Just as electricity flows through the filament in the lamp and produces a light, so does the Creative Power flow into the ideas the consciousness holds. We know electricity is a form of energy but no one can tell what it is. Neither can we tell what the Creative Power is, but we know that It is, just as we know that electricity is.

To clearly understand how the Creative Power works we must understand our relationship to this Creative Power.

Jesus compared himself as the Son of the Father. “As the Father has life in Himself so He grants the Son to have Life in himself,” showing that it was the same life in both, that this same Life in the Father flowed through the Son as a means of creation.

“Whatever I see my Father do I do also.” Here is the answer. The mode of action must be the same, the Son being made in the image and likeness of the Father.

Jesus brought it down so that the human mind could comprehend the meaning that there was no separation between the Father and the Son.

All the struggle we see going on in our own lives and in the lives of others is caused by a sense of separation, thus a continuous struggle is set up to bridge the gulf of separation, but when Truth is realised, the struggle ceases. “In other words take hold of the Tree of Life and it shall become a Spring of Living Water rising up to Eternal Life.” But to do this we must let go of the Tree of Knowledge of Good and Evil for we cannot hold on to both. We must either cling to one and leave the other.

This world is still struggling with good and evil with the result that chaos reigns instead of peace. I am the Light of the World, he that follows me shall not walk in darkness but he shall find for himself the Light of Life.” This is the great “search” we have to find for ourselves, the Light of Life, then we shall not walk in the dark any more.

The Master discovered this method by which he could use the Creative Power by understanding the Law. Want, limitation, sickness, failure and

unhappiness in our daily lives are evidence of our ignorance of the Law of Life. Therefore the greatest thing in our lives is to understand the Law of Creation.

“I have come that they might have Life and that they might have it more abundantly.” When we realise that our minds are the reflection of Infinite Mind then there can no longer be need for struggle, the only condition being a sustained acceptance of the “Presence.”

The secret of how the Law operates is well expressed in these words, “it is not I who doeth the work but the Father who dwelleth in me, He does the work.” We must take exactly the same position, there is not one law for the Master and another for us. He showed that all are capable of using the Law, the only thing that prevents us from doing so, is our sense of separation.

When we comply with this Law of the all-originating Mind we bring about results. We must see clearly that the Life behind and within the form is formless yet it is the Creator of all form, “the Father that dwelleth in me, He does the work.”

The Intelligence is the predetermined knowing of the Infinite and whatever we ask with understanding this Universal Intelligence will find ways and means to bring about any manifestation.

James says, “the double-minded creature need not think that he will get anything from the Lord.” “Let him ask in faith not doubting, for he who doubts is like the waves of the sea driven with the winds and tossed.”

Thought is first invisible, then it becomes visible. If our thoughts are to become visible we must know what we want. The invisible power of electricity is controlled and made visible by the use of the laws pertaining to it and millions have benefitted by it. Yet we can consciously or ignorantly violate the Law and bring about disaster. The lack of understanding of the Law governing the invisible world has the same result.

The mind must be free from past or future, free from prejudices, fears and envy or revenge. “Do not condemn lest ye be condemned.” “Love thy neighbour as thyself.” It is the state of mind that attracts the best in Life. It completes the circle between God and man and the Law of Harmony operates for our benefit. In other words you are in tune with the Infinite.

To be in tune with the Infinite there is a constant flow of Divine Energy through you and this flow never ceases for a moment. As you become more aware of this so it will flow with greater power to renew the mind, body and circumstances.

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If your thoughts are not in harmony with the Infinite there is a condition created known as disease and unhappiness. The physician may diagnose the case by giving it a name, thus increasing the trouble instead of eliminating it. If wisdom and love were substituted it would strengthen and nourish the soul, then the body would soon recover as the inflow of the Divine energies is re-established.

Jesus cured the sick and if people understood him they might do the same again today. What we need is the understanding of the Master and not theories or names of diseases. The Master was the oracle, Christ the Spirit of God is the Bread of Life and when eaten, the Soul and body is renewed. When this truth is revealed to man the scales fall from his eyes and he sees how he has been deceived, generation after generation, by beliefs and theories of others.

Man made in the image and likeness of God lives in a material or visible world in which he has been given dominion over all things. A world so constituted that if he understands the Law and uses it intelligently he will be lifted up to Spiritual heights yet unknown. He will expand his consciousness and practical knowledge of his oneness with the Creator of all things by the conscious use of the Creative Law within himself, and will represent to him a far greater power than mere intrinsic value of material possessions which are the expression and use of the Law of Creation.

The material world to him will not be mere "material" which is little known or understood but will represent the intelligent use of the Law of Creation situated within himself. He will see that the invisible and the visible are one and the same thing, one is the cause and the other the effect and cannot be separated, one is the expression of the other.

"God Himself has made it plain for ever since the world was created, His invisible nature, His everlasting power and Divine Being has been quite perceptible in what He has made." We must be one-pointed in regard to the Presence. We will see that this is the only Reality, all other things are relative therefore have no power of their own, and are subject unto the Will of God in man.

Freedom comes when we discern the cause within ourselves, not merely denying it. This ignorant denying has been the cause of many abandoning the very thing that would be of help to the individual sufferer. The only way is to discover the cause within ourselves and deal with it fearlessly and without struggle, then there is a clearing of the way for the Presence to operate in and through us. "As a man thinketh in his heart so is he."

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“Whatever things the Son seeth the Father doing the Son doeth also in like manner.” We must become aware of the Presence sufficiently so that every moment of our lives is an expression of It. This is wisdom and wisdom is pure action going out, never relying on external things, but knowing that all external things are but the effect of the cause within.

The surest way and the simplest way is to love. To understand love you must first experience it. To love intensely is to grow in Love and we must learn not to condition Love, but to free it from all entanglements. In this way the Father who ever remains within us performs His own deeds, for this is the Law of Creation.

Benediction

O Beloved Presence, I hear Thee calling to me to awake from my sleep of delusion and separateness. The Sunlight blazes forth in me yet I was blind to Its Spiritualising power and beauty, while my soul was darkened with separateness and ignorance.

Let the fragrance of Thy presence pierce through my being to overflow with Thy love for all Thy Creation.

O Beloved, I now drink of Thy Presence and Love that spreads everywhere revealing Thy everlasting nature, embracing all within Thyself, and have found myself at last in Thee and Thee in me.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #5 (17th May 1949) in the book “Life Everlasting: 2nd Revised Edition.”

December 1951

My dear friends,

Greetings, Love and Best Wishes to all at this time when Love entered the world.

Again and again the months pass and again and again we repeat the familiar stories of the wonderful results obtained through the Sanctuary. I wish to thank you all for your great help in this work, to know that with your faith and co-operation thousands are helped, most of them you have never seen or even heard of.

Here are some extracts from the hundreds of letters received during this month:

“I cannot express in words my gratitude for the wonderful help given to me during the last few days when my mother was so seriously ill. When I told the doctor I was certain she would recover, he just looked at me. Now she is up and about, as well as ever. Thanks, and that means a lot.” A.L.B. New Zealand.

“Six times I have asked for help from the Sanctuary of the Silent Healing Power and each time that help has come. I think that this is the best proof of the work you are doing to help humanity. God bless you.” A.G. O.F.S.

“How can I ever thank you, words fail me. What words could convey the feelings of one so happy. Your monthly letters are a joy, a guide and an ever-present reminder of the Ever-present Life. The past and future do not matter anymore for I live in the now as you have shown me and my cup is overflowing. God bless you.” C.R.B. England.

“Your monthly letters are a Joy to us. They contain that which we have been seeking all our lives. My group listen with eagerness to my reading of them each month although we have been studying Truth for many years there was always something wanting, that something has been supplied in your letters. God bless you.” D.B.C. Australia.

“LOVE IS THE FOUNTAIN OF JOY IN THE HUMAN HEART, THE COSMIC MIND IN HUMAN CONSCIOUSNESS”*

It was just one thousand nine hundred and fifty-one years ago on the 25th of December in Bethlehem where the Love of God was born in the child called Jesus. The wise men came to do homage to this wonder child who was destined to lead the whole world into that true state of Being that would bring peace and goodwill to all men.

* See Notes page 284

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God so loved the world that He sent His only begotten son "Love" into the world so that all could have Eternal Life through him. "When you have seen me, you have seen the Father."

God is Love therefore Love is not relative. **It is a reality beyond analysis.** Immediately you try to analyze Love, you have lost it. Love defies analysis for the simple reason Love is beyond mind. The mind of man can become aware of Love but does not know what It is, we only know **that** It is.

When Love is in full force the self does not exist because Love swallows up the self in Its expression. This is the great Truth we must learn if we are to love and be loved.

To be truly loved there is a union in which the self disappears. You should not try to recapture those moments because you then make Love relative, just a memory. Love is always present and flows into the soul at any time the soul makes way for It. But when the self is in evidence there can be no true Love. If you want to feel the joy of Love you must lose yourself in Love.

Perhaps you think you love your wife, your husband, your children. The great test is how much self is in your Love. Do you do things for Love or do you do things because you Love? To truly Love you must become Love Itself.

Most of our troubles today arise from the fact that as a child our natural Love (God's Love), born in us died because It was never given a chance to express Itself through the ignorance of our parents, who themselves did not know how to Love. Yes, a wife or a husband may be a dutiful wife or husband and dutiful parents but have they learned the art of true Loving? Most have not, because their parents and their parent's parents did not understand what Love meant.

They thought that to Love God was a virtue but this virtue became a vice because they mostly saw evil in others. There is no Love in this kind of virtue. One may try to do good or try to be virtuous but that is not Love, that is going away from Love. Love is an inward "Unknowable virtue" that takes no cognition of any of these things, for It Itself is free, complete in all its goodness. It is like honey, it lives in its own sweetness.

True love does not bind another through possessiveness or dependence. Love is the expression of God who loves all irrespective of who or what they are. God's only concern is our happiness that is why when we seek happiness we can only get it from that which is within and not from without. When you love others, all you will be concerned with is their happiness. But

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how can you help others to find that happiness unless you have first found Love yourself?

Have you hamstrung yourself? Many have, for the simple reason that they although good kind and generous, do not know how to open up the flow of the Living Water of Love from within, this can only be done when the self has disappeared. If the self is always in evidence then there can be no true Love.

Physical relationship in itself is not Love, but true Love makes physical relationship beautiful and raises it up to the Divine Nature that created us in this way. When you know this Love you are always in Love. Looking at a beautiful sunset, a lovely scene in Nature, you can only enjoy this as if you were one with each other, there is no need to talk or say a word because the self has disappeared.

Love is not a mental or a physical thing, Love is Spiritual. That is why one grows naturally in the surroundings of Love. Love is not taking, but giving in such a way that the other grows in the soil of Love in freedom.

It is just piercing the minds of those who have the welfare of children and human beings at heart that Love is the most essential thing in their lives. The cause of most delinquency is the fact that the inherent Love within has been thwarted. The world to these becomes drab indeed. We will bring our inherent beauty to the surface when we begin to love, for there is little wrong with those who truly love.

When you are Love itself you are never angry when another does something wrong, there is a friendliness that leads to the human heart, which leads to right thinking. Even the worst offenders will respond to Love and you will find that the inherent beauty within the soul will come to the surface.

To check, criticize and denounce or punish is a hindrance to the true expression of the love of God, that is within each one of us. Good citizenship is brought into being by Love and not by harshness, both in the home and in the institution.

The beautiful wife, the clever child or the brilliant husband is excellent and brings approval but that is not Love, sometimes the ugly duckling is more fortunate. Love is expressed through the touch of the hand, the tone of the voice, the look in the eye, the smile on the face and the absence of the self. "O Love, where art thou?"

The way to make children loving is to love them selflessly, respecting them as people, as individual souls for they may be much older than you. Let

them grow up with individuality. Some people smother their children with everything, doing everything for them, thus destroying their independence.

Some parents offer something in return for their obedience or for their good behaviour, thus ‘buying off’ leads to disaster later on. When the child grows up he or she thinks that they can buy themselves out of anything and when this fails there is frustration, disappointment and misery. You must never confuse the issue, **appeasement** is not Love.

When one loves, one acts normally, when one does not love, one acts abnormally. We must look deeper than the outer self to find peace and love. Some are continually caught up in the net of a guilty conscience, think of the prodigal son, the Father never held anything against him, only his brother did that.

When you begin to realize the Truth you will begin to love your neighbour and also yourself. If you love your neighbour first, you will be better able to love yourself. But if you are always seeing the bad in your neighbour you are sure to see it also in yourself. The Master said, “take the plank out of your own eye, you hypocrite, and you may see better how to take the splinter out of your brother’s eye.” Live in Reality of Love more than you would do in the relative world and all will be well.

Many illnesses have their root in carrying the burden too long or too far through introspection. Love is the cure—lose yourself in Love. This Love does not mean that you only Love your wife, your husband, your children and a few friends there must be the capacity to Love, the capacity for goodwill towards all. This is the only way that the world will change. If we hate people we will be hated, if we dislike we will be disliked, if we love we will be loved. Why not try and follow in the Master’s footsteps and see what will happen, individually and collectively? The world will be made over to Love, and there will be peace and goodwill to all men.

Paul says, “Love is very patient, very kind, Love knows no Jealousy, love makes no parade, gives itself no airs, is never rude, never selfish, never irritated, never resentful. Love is never glad when others go wrong, love is gladdened by goodness, always slow to expose, always eager to believe the best, always hopeful, always patient, Love never disappears.”

The Master says, “I give you a new command, to love one another—as I have loved you, you are to love one another; by this everyone will recognize that you are my disciples if you have love one for another.” This is the message of the Master who was Love Itself, the blessed son of the Loving Father in

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whom we all live and have our Being, and who lives in all of us, always waiting patiently for us to open up to His love and beauty so that the Christ will be made manifest upon earth.

It was in Jerusalem after his resurrection that Jesus told his disciples to meet him in a spacious room they had chosen by his command. Jesus then instructed his disciples to go to a mountain he had appointed and he would meet them there. Jesus said to them, “full authority has been given to me in heaven and on earth, go and make disciples of all nations. Baptise them in the name of the Father and the Son and the Holy Spirit and teach them to obey all the commands I have laid on you that ye love one another, and at all times I will be with you to the very end of the world.”

“Those who believe in the Christ and the Love of God shall heal the sick and will cause the blind to see and the deaf to hear and the lame to walk, and shall not be harmed even should they tread on deadly serpents nor burned should they pass through flames.” “The secret things that I have told you may now be told to the world, you shall make them known to the faithful, who will in turn reveal them unto others until the time will come when all the world may hear and comprehend the words of the Truth and power of the Love of God, the Christ made manifest.”

Benediction

O Infinite Love, Thy Son came and tore away the veil that hid Eternal Life and appeared in Thy Holy Temple not made with hands. When I close my eyes and seek to grasp Infinity my brain cannot fathom Thy Infinitude.

But when I open my eyes and gaze upon the Eternal Christ I behold Thy Cosmic Presence of Love. And as I hear the throb of the one Heart and feel the one Love and see the one Life in all I know now, he came to give love and to serve all. He appeared as Immortal Life to destroy death.

He came as a babe to unite parents in greater unselfish Divine Love, born in the child. He was the Fountain of Joy in human hearts, he showed the Cosmic Mind in human consciousness and as he passed beyond the Creation of time and space I found immortality in him who was once man.

MY PEACE AND MY LOVE REMAIN WITH YOU

Yours sincerely,
M. MacDONALD-BAYNE

* Digest version of Lecture #10 (4th December 1951) in the book “Life More Abundant.”