

Lecture 1 (19th April 1949)

## **SPIRIT, SOUL AND BODY**

In this lecture we desire to correlate these three, Spirit, soul and body, although separate and distinct as far as you are concerned to the Universal Mind they are one, because they are all the product of this One Infinite Mind and all originate from the same source.

It has been common with you to separate these three because they have a different function, but this has been the cause of much ill-health and misery in your world and what we intend doing in this lecture is to make plain to you how Spirit, Soul and body are related to each other and why.

In the first place, to have a clear understanding we must state a truth that you can all prove for yourselves, that the Universal Mind or Infinite Mind whichever name you like to call It resolves Itself into an electronic substance that fills all space as a means of manifestation and is the basis of all form including the Soul structure as well as your body structure. The Spirit or Consciousness, again whatever name you like to call It, is that which is within this electronic substance and controls and directs it. It is in the Consciousness where your thoughts originate and these externalise into form, according to the law inherent in all. It is the same with us as it is with you, with the exception that our manifestation is more rapid than yours and we become aware of the action of our thoughts almost at once. You will readily grasp the great truth that a change of thought must according to the Law of the Universal Mind, change the form.

It is impossible to change the substance for this is fundamental, but the form in the substance changes according to the dominant idea held by the Spirit or Consciousness. You will readily grasp this and I will make it more plain to you in my remarks to you during the lecture.

From our position here I will explain to you what we witness in your world and around you, in your environment and condition.

If you will pay strict attention to what is told you and put into practice these instructions you will overcome most of your difficulties, if not all of them, for in fact you have been given dominion over all things. This may seem a platitude, to many it may seem just words. But if you think deeply enough you will see that it is a truth that cannot be denied and you can prove this for yourselves. Of course it needs practice as does with every other thing you wish to accomplish perfectly.

I want to put this question to you first. How do you react to your environment? Have you ever studied yourself in this way? Or have you just gone on reacting unconsciously to every suggestion, every fear, every trial, every emotion, every condition? How do others affect you? How do you react in your business life, your home? When you begin to study yourselves in these circumstances you begin to know what your thoughts are and this is the all-important point for both soul and body.

I am aware that many are under a continuous emotional strain. This burdens you to a great extent. Under these conditions various thoughts are engendered, and are not recognised at the moment, with the result that they surround you and hinder your true expression. Everyone of you is affected in this way, some more and some less, not only does this affect your soul structure, but also affects the body as well. When conditions are so created, naturally you are not aware of the cause and therefore you make no effort to counteract them and this is another very important point. Although you may think it is not of much importance, we see what is happening and often try to counteract these conditions on your behalf. Every soul on earth has a Guardian Angel.

The next point I want to bring to your notice is the fact that physical matter or form is but a mental substance conditioned for the purpose of your habitation in the physical plane. Now you will see that as this substance is responsive to your thought vibration in the inner realm so it must follow that it must be affected in the outer.

Your world will come sooner or later to the realization that thoughts do affect the mind or soul and body of the individualized

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Spirit that is the inhabitant. Not only the individual, thinking, but the whole world is affected by your thoughts and reactions. If this was more widely known, religion would change from one of ethics to one of practice in the Universal Truth of the perfectness of the Universal Mind in Spirit, Substance and form.

From your own personal experience you will note I hope that conditions created by yourselves in the inner realms through your emotions and reactions, what you think, show themselves eventually in your body, conditions and circumstances.

A contented state of mind is the first thing that must be desired, this is not a static form of thinking but is the basis of your progress and your future happiness on the earth. When your thinking is based upon this foundation it has a very positive action in your lives and if you will think this out for yourselves you will see how true it is. This does not mean that you will stand still, it means that a contented mind is a mind in which power can be generated, and naturally the Universal Forces can more easily manifest through such a mind than it can through a mind that is in a continual turmoil of discontent. For it is in such a mind that dwells confusion and this confusion is expressed upon the body and circumstances, for the body is the vehicle of manifestation and sensation. Therefore one in such a state does not correlate the relation of the cause to their thoughts and emotions.

I have just told you that the physical substance is a substance that is conditioned, conditioned by the Intelligence of the all-Supreme Being. The body is regarded by many of your philosophers and teachers as a body of animal tissue. But what is animal tissue? What is mineral and what is vegetable matter? These are also conditioned substance, conditioned from the one primary substance of the Universe, the "Electronic Substance" that fills all space.

These planes of manifestation go to make up your physical body and as you live in them your experiences contain influences which have been impregnated in them for a specific purpose.

When you leave the physical you will know better what I mean, you will be able to see this great and wonderful Mind of God at work in all planes below you. Yet there are many things that you will not know or understand as we also do not know

and understand. But we do know that all is a perfect scheme for a perfect purpose. Jesus said that there are certain things that no one knoweth not even the Son but the Father only.

Your scientists have given names to the many elements that make up your bodies, and they have found out how these elements, groups, etc., work together. But they have still to find out that these elements change their formation according to the thoughts you engender through your emotional and thought-reactions to your environment etc., yet all this is for a purpose to lead you to the truth—that you have dominion over all these elements. At present you act upon them unconsciously and bring about conditions that are not in harmony with the Scheme of Life. Therefore you suffer, but through the suffering you learn the true Law of Life.

When on earth, I was a very deep student of the ancient mystical works, some of which have been included in your Bible, also I was a Disciple of the Master himself, and his wonderful words of truth. “Love your neighbour as yourself.” “Love casteth out all fears.” His theme was “Love” and how true it is, that when one “loves divinely” without fear or jealousy, harmony is established in the elements and they form to coincide with the Divine Scheme throughout all nature and thus a perfect state is always in operation. This was and is the salvation of the race, the Master went to the core of things, and by his simplicity gave to the world the secret of true happiness and everlasting Life.

In the physical plane there is an instinctive principle in operation designed to carry out the Divine decree, yet this instinctive principle is affected by the thought of the individualized Spirit inhabiting this instinctive plane of action. And this must be so, because of the fact that the Individualized Spirit is given dominion over all things. This Principle will assert itself to maintain its equilibrium according to the Divine decree and that is why many of you get better in spite of your reactions to your environment, to people, events and conditions in your lives.

The cell life of your body has an intelligence, a predetermined knowing of the Infinite, as I have heard our beloved brother here

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express. This was an entirely new phrase to me, the origin belongs to him, but it fits into the scheme so well that it must be taken as an absolute truth, and describes in a few words the wonderful Divine Nature that exists for your benefit as well as for ours.

I would put it this way to you, the body is called animal tissue, but in reality it is a mechanism created by the Intelligence revealing an Instinctive Principle founded upon definite Universal Laws, for the Universe is one whole and what pertains to a part must pertain to the whole. Therefore it is Universal in nature. The food you eat and the air you breathe are all harmonized by this intelligent action which makes your body function.

The Instinctive Principle functioning in your individual body can be upset by habits, thoughts, emotions, which are not in accordance with the nature of the Divine and we can readily see when we inquire what is the Divine Nature like. It is harmony, call it peace if you like, strength, love, contentment, etc., you all know now when you identify yourselves with this Divine nature It will externalise Itself in your lives.

Habit is perhaps the most difficult to overcome because habits are the result of a repeated process that becomes established in the individual. The remedy is not to rebel or feel inferior because of any habit, but to rise to the level of your Divine nature and the habit will fall away automatically.

Jesus taught us how to identify ourselves with God, the Father of all, whose Divine Nature is made manifest in all He has made. The religion of Jesus was the re-identification of ourselves with Him who created us in His own image and likeness, but I regret that this religion is not taught in the places where the Master is most spoken of.

What I have told you is true and if you will practice this simple method, your soul will be developed and strengthened and your body developed along with it. In Psalms 1: 23 you will read these words: "His delight is in the Law of the Lord, and in his law doth he meditate day and night. And he shall be like a tree planted by the rivers of water that bringeth forth his fruit in his season, his life also shall not wither and whatsoever he doeth shall prosper."

Here then is the way. Remove fear, anxiety, doubt and limitation and all such things, not by denying them, but by knowing what they are. The real is not the result of **your** actions or thoughts, Reality exists eternally and will be established in you by your meditation and practice of the Law of Life. The Truth of the Christ that Jesus taught was the truth about yourselves. You are not travelling on a road that has not been tried before.

Not one of you is perfect in yourselves but in God all things are perfect. There is ample proof that by yourselves you will stumble but **you will never fail**, this is made possible by the Christ within you. Failure is impossible with God. When you realize that your so-called failures are but experiences on the way, you shall no longer fear or become dismayed, instead you shall move forward fearlessly knowing that the beginning and the end is God. "The Father and I are one," you keep on going forward with this firmly established in yourselves along the way that has no ending, no beginning, Infinite expression in the Infinite Mind. From one victory to another from one glory to another. Then you know that Spirit is triumphant and eternal. Soul and body are the substance of the Mind of God where the Consciousness or Spirit is continually expressing Itself. That Spirit is now and now It will always be. It will be now in a million years as it is now, yet the expansion of your individual Consciousness is now, and will be an eternal expansion. "From perfection I have come to perfection I shall return." To end this address to you I will repeat words from the Master's Course which was written through inspiration by our beloved brother.

"Live in the realization and recognition of your oneness with Me, and as ye know me as I am so shall ye be." "Meditate on this daily till the burning Sun of the eternal Reality bursts forth in your soul, to consume you in the All-ness of Its Immortal Love, Wisdom and Power."

LOVE AND PEACE BE WITH YOU

## Lecture 2 (26th April 1949)

### “I AM THE RESURRECTION AND THE LIFE”<sup>1</sup>

“I am myself resurrection and Life, he who believes in me will live even if he dies, and no one who lives and believes in me will ever die.”

When I came into the study tonight to take down this lecture, the whole place was filled with the beautiful aroma of incense and this was wafted through the whole house. My sister<sup>2</sup> also felt it and exclaimed, “What a beautiful smell of incense!” When I sat down I was compelled to write the above words.

“I am the resurrection and the Life.” And now my pen begins to flow.

The central Life is Love. Perhaps you have been theorising, never do this! You must let the truth unfold without suggestions from outside, nor must you make conclusions for this closes the avenue to truth.

What is space? You are now learning the rapidity of thought transference. What is between you and the mind that is influencing you? These thoughts know nothing of distance. Nathaniel asked, “Whence do you know me?” “Even before Philip called you, while you were under the fig tree I saw you. Truly, I say to all of you that from now on you will see the heavens opened and the Angels of God ascending and descending to the Son of Man.”

There is nothing that can interfere with the current of pure thought directed from Life for really there is no distance, the **only necessity is a condition of receptivity**. All your thoughts of Love and Healing sent out even without any special direction are caught up in the stream and helps all. Remember nothing is lost in this world of thought.

Space is a wrong idea belonging to separation and in reality there is no separation.

Let your hearts and minds rest undisturbed in the realization of the omnipresence of God. Even the flesh will come to know

that there is no space or distance for you all dwell in God and there is absolutely nothing outside God.

For God Who made the world and all things therein and Who is the Lord of Heaven and Earth does not dwell in temples made with hands, neither is ministered unto by human hands, nor is He in need of anything, for it is He who gave life and breath to all men. And He has made of one blood all nations for to dwell on the face of the earth so that they should seek and search after God and find Him by means of His Creations, because He is not far from anyone of us. For in Him we live and move and have our being, as some of your wise men have said, all are His kindred.

Now therefore man being of the family of God is not bound to worship resemblances made of gold or silver or stone shapen by the skill and knowledge of man into resemblances of the Deity. Yet when men heard of the resurrection of the dead they mocked.

Your sense-mind would cloud or hide the vision. But now you are in the secret place of the most High and He shall wipe away all tears from your eyes and there shall be no more death, neither shall there be any more pain for the former things pass away. "I am Alpha and Omega, the beginning and the end, I will give freely of the fountain of living water to him who is thirsty."

Even as the rivers flow out and refresh the earth, so can you bring out that stream of Eternal Life into the outer, that unseen Spiritual Substance that is alone substantial and the only reality that can be expressed in your personal life now.

Use every opportunity to express that which you know. Let your love flow out and bless every brother every sister, so that all your divisions will be swept away by the ocean of Love, welling up in human hearts and lives.

You must all come to the understanding of the Omnipresence that fills all space, knows nothing of past or future but is eternally present, the same yesterday and forever. When you begin to know that all time is the present, you cease to "long," and a great strain drops from you. When you gain this understanding you eager

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souls who feel that you must accomplish so much in a given time, will come to know that service is pleasure and rest.

You will renew your energies and unfold wider avenues for further experience with a sense of peace and quiet that comes from that which does not consider time or space as an essential factor, for it knows no time or space being Ever-Present. To live in the spiritual is to live in Reality, not spasmodically and in limits.

“Love” is the eternal present and glorious now, which is a rest and a joy, a satisfaction too full to make us look backward or forward since we know that Love is ever-present. Its sufficiency is the active present. Think over this carefully so that your joy may be full. “I am” is the ever-present Love.

“Lazarus come forth,” was to speak from the Spiritual plane realizing only the present Life.

“I am” the Lord, “I” change not. Open your eyes and see this wonderful Truth.

You can be just as much of God as you are prepared to manifest. Christ, the Son of God, in the heart of humanity reaches out to man urging him to awaken to the Divine Consciousness.

The seven acts of Christ become actual to you now at this moment instead of belonging to a past period. The Christ experiences the birth into this Life, the awakening in the Temple that is not made with hands, the anointing—the consecration of the life to God, the temptation, the crucifixion, the resurrection, and the Ascension.

The Christ is in you and nothing can avail you from without, the evolution of one Soul exalts the whole race, that they may all be one.

The complete understanding of time as the only present factor, with neither past nor future, would remove false ideas and inherited ills. Only the good that man does has any vitality, then cease to uphold the working out of ignorance and sin. In your physical sense you make both good and evil seem of equal power. This is but theorising with mortal sense and is not a truth of Reality.

Love is the only reality and is ever-present and to realize this ever-present is eternity free from all conditions.

Darkness is but the absence of Light, when your hearts are full of Love there can be no darkness in the soul, for Love is the Light of the world. Truth is the search for the Light of the world “Love” is the first Cause and when you find this truth you have found everything.

As Love casteth out fear so does Love cast out all that is contrary to the true nature.

Fear is a thought-power generated by the self through lack of understanding and has the temporary effect of interrupting the flow of Life through the body affecting the entire body mentally and physically through chemicalization, to overcome this condition you apply the antidote of Love—Reality, the only permanent power in the Universe.

Love is power just as electricity is power. Love pours forth from its fountain in one continuous stream and is the only power there really is. Love is the Life Energy passing through the body. Love is a passion of great power in the heart. Love is the protective agency in every living soul. Love flows through all planes of Life, Love is the foundation of all Divine action and is the Salvation of the Race.

All are subject to the Divine, the more we know It, the more like God we become.

Love is the only Power that exists in the whole Universe, everything responds to it. Flowers, animals, humans and Angels all respond to Love’s adoration.

Love being God, It must be the greatest power there is. It harmonizes everything. We cannot separate Love from anything in nature, for It is the cause behind all true manifestation and will remain when all other conditions are removed.

Ignorance has no principle in its-self just as error has no principle, mathematics has a principle but error can have none, for when the error is corrected it disappears, therefore you learn that ignorance and error have no power of their own. The prophet wrote in Proverbs, “My son, eat this honey because it is good

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and this honeycomb which is sweet to thy taste, so shall the knowledge of wisdom be unto thy soul, when thou hast found it, then there shalt be reward and thy expectations shall not be cut off.” Yet Love is the secret balm that all can use, the learned and the untutored, the wise and the foolish. It speaks all languages. It is the soul’s haven of rest.

God is Spirit and Spirit is Life, Life is Love and Love is the vital force in all things, is the harmony in all things, then we must worship in Love if we would attain a consciousness of God. Idols and images are but symbols in the mind and we gain little from them, we must identify ourselves with the Love of God which is Spirit. You must identify yourselves with Spirit for Spirit is the power behind thought. The greatest power in heaven and earth is Spirit, the Greatest Power behind thought is LOVE.

The Real is the Principle of Love. God made the Universe by pure thought, positive and creative, which is the expression of His nature “Love.” Then Love is the union between God and mankind. This Divine Energy is the eternal link that holds us fast to Him that made us.

So mankind becomes the vehicle for the expression of Love and this is the science of Living.

As we gaze upon the Fountain of Love, God’s nature becomes our nature. “What I see the Father do I do likewise.” It is no longer strange to you now, that our thoughts become the healing power that changes the ether of disease and death to those of health and Life.

By the power of the holy thought your bodies will be changed from carnal flesh to spirit form.

We are all sons and daughters of God by birth and all become sons and daughters of God through understanding and Love.

Through true understanding the vision is revealed, the Truth that we are all sons and daughters of God, from this point you start a new and greater civilization upon earth.

You shall all gain your inheritance even in the darkness that surrounds you for the Light that lighteth the world is within yourselves.

## LIFE EVERLASTING: 2nd Revised Edition

We are all joint heirs to all that is God's when we attain to an understanding heart full of Love. "Son thou art ever with me, all that is mine is thine."

Be through my lips, to unwakened earth, the Trumpet of Truth. The Lord thy God is one Lord and this is the Infinite Spirit within all mankind.

"I am the light of the world: he who follows me will never walk in darkness he will enjoy the light of life."

Then the Pharisees said, "You are testifying to yourself; your evidence is not valid."

I replied to them "Though I do testify to myself, my evidence is valid, because I know where I have come from and where I am going to—whereas you do not know where I have come from or where I am going to. You judge by the outside. I judge no one; and though I do judge, my judgement is true, because I am not by myself—there is myself and the Father who sent me."

## PEACE BE WITH YOU

1. This Lecture was originally given in Johannesburg 9th September 1948 and is the first lecture in the famous series that formed the basis of the book *Divine Healing of Mind and Body*. It was repeated in this set of Pretoria lectures. The difference being, in this instance, is that here you have the basic lecture note which formed the basis of the famous lecture.
2. Murdo's sister, was Mrs. Flora Chisholm (nee MacDonald). Flora accompanied her brother on his lengthy stay in South Africa and on some of his overseas trips (c. 1945-1954)

## IN SEARCH OF HAPPINESS

The ecstasy of an exalted state of mind is a state of freedom with the enraptured feeling of drawing breath from God with no past memory of wrongs, filled only with knowledge of the great Love-Life expressing Itself in the omnipresent, assimilating all that is happening into the present and living in the now always.

You would say that this is an impossibility while living on earth, that you would have to wait till you die before this was possible. But when we understand Life, there is no death, for Life and death are one.

If you would understand Life you must seek the truth away from the narrowness of conformity, free from the dictates of religious authority, however learned they may be.

Life is more important than any belief and to obtain the full fruits of Life you must liberate It from beliefs, authority and tradition for those who are bound by these things will have difficulty in understanding Truth.

If you condition Life with beliefs, dogmas, creeds, religions, you have imprisoned It in the walls of your own prison in which you live.

What I am saying to you is not a new doctrine nor am I forcing upon you any new or old authority for this would be limitation, one must be freed from limitation then you can free others by helping them to think for themselves.

To do this effectively it is necessary to question the things that are held dear and precious. So that by inviting doubt you will separate that which is unreal from the real, then only that which is of eternal value will remain.

Liberation and happiness do not exist away from you in some far-off kingdom by the sea or in the mountains. Liberation is freedom from all authority from all beliefs no matter what they may be and with this liberation comes happiness.

The question arises, how can one be in love with Life if Life is a burden, or how can one learn to have no fear, if fear is born in us.

Immediately you begin to understand your burden it will begin to disappear. Immediately you acknowledge that you have fear it will also begin to disappear. But if you say you have no burden, that you have put aside fear, you are deceiving yourselves and you are caught up in the net of both, your own deception and the condition. As soon as you know yourselves in all your weakness then you are the conqueror.

If you are not in love with Life, Life will make you unhappy and will force you to be in love with it by sorrow, by pain. It will lead you into deep waters so that you will have to struggle. When you understand Life, struggling will cease and you will love Life as Life loves you.

You must not divide Life into Spirit and Matter. Life has no problems, only man is in a bondage of his own making. Happiness can be translated into the physical. Any other happiness is not worth having. Those who say they will be happy when they die will always be postponing that which is theirs now. Happiness can be achieved here and now in the activities of your daily life.

The fact that you have divided Spirit and Matter, you imagine that Spirit dwells in some far-off unknown locality and where this Spirit is, there only can happiness be. But Spirit is here and now. It is the Omnipresence and the cause of all activity. If this is properly understood happiness can be attained immediately.

If you neglect and avoid the physical by ignoring the material as many try to do, you will never solve the problems of the world in which you live.

It is not by transcending the world that you can help the world which is at present in bondage, so long as Life is held in the bondage of ignorance so will there be imperfection.

You will never know sorrow unless you have suffered, and it would be useless for me to try and teach you if you have not suffered. It would be useless for me to talk to you about happiness if you had no desire for happiness. You could never know

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affection if your heart did not respond to love, nor would you understand if your heart did not ache. Neither can I give you a pill to swallow that will give you understanding.

Understanding comes when you have a strong desire to discover Life, when you are really suffering, really searching, when you are intelligently in revolt at limitation.

Life is “one,” you cannot divide it, there is no ordinary or extraordinary in Life. This is but an attempt to divide Life. Immediately you do this you are caught up in limitation.

The Creative faculty is expressed in form but that which is created in form must work towards that which has no form. Life must take on form in order to function, but this same Life is not limited in the form. **This is the realm of absolute Peace, the Kingdom of Happiness.**

You must not divide Life into that which is manifesting and that which is not manifested for it is the same Life. Nor can you divide the inner from the outer or the outer from the inner. Nor can you separate the visible from the invisible. When you have understood this you are free, and freedom is creation without limitation.

Form is not reality yet reality is behind form. To attain the Creative faculty you must not seek the form but realize the Life that is behind all form.

Rejoice for your names are in Heaven, Heaven is the inner Life without form. The souls that have perceived something of this light behind all men, have been overwhelmed by the knowledge of the possibilities of their own lives. They have come to the understanding of the Omnipresence that fills boundless space, knows nothing of past or future but is eternally present. The whole human race must eventually come to this understanding.

If you are caught up in the toils of your own creation you can never be real creators. To be real creators you must have the view of the Omnipresence though you may be creating in the manifested world, then your creation will have the stamp of eternity. The work of Jesus, Buddha,\* Moses and the prophets fulfilled their own lives by awakening in others the life that is without form.

\* See page 128

The majority of people only know the objective form, a form that needs laws, regulations, creeds and dogmas. But there is a Life that is formless, a Life that is eternal and omnipresent, it is of this Life that I speak. This is the Life that I have realized, this Life you can also realize, then service will become a joy and rest.

To the weary heart the present is enough and to live in the present is to live in Reality not spasmodically in the past and the future which is limitation. “Lazarus come forth” was to speak in the Omnipresence realizing the ever-present Life, unlimited and free. If you do not see this then you are limited in the form. Jesus spoke from the unlimited state of his own consciousness, realizing the Eternal Life now. “I am the Lord.” I change not. “I am the Life.”

Open your eyes and see this wondrous truth. Realize the present then you will know that it is the physical Law that makes good and evil realities, when in themselves they are nothing.

Creation is Life. Life is creation. “To Be” is to create. Perhaps you do not quite understand this, but if you think deeply enough you will see that when this is grasped there is an awareness of Reality, not a limitation in Reality but Reality Itself. What we call manifestation—that which you see and touch is Life actively creating. It is not a limitation nor a disturbance of Reality. It is Reality in self-expression “I am this Reality.”

Into the world of form Reality breathes. The Absolute is no longer some remote abstraction to those who understand this truth. There can be no separation between that which is manifest and that which is unmanifest. And this is the Universe in which there is no limitation.

Creativeness is that which is within all. The sculptor, the painter, the musician, the philosopher, may be giving expression in different ways but is the same creativeness in them all, the only difference is in the technique used. All are releasing that creativeness which we call self-expression, giving shape to creative ideas. In this way we see that there is no separation, no limitation when we recognise and realize that which is working in us, is that which is expressed in the manifested Universe.

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Life remains Itself no matter in what form it expresses Itself. When this is understood to the full the release of the Creativeness within takes place and finds full expression in form, and form is this living energy in manifestation. Pluck a flower and it is there, in a handful of earth, you hold it in your hand. The world about you is no longer a prison house. The air and sky reveal also Its presence. Reality has ceased to be a stranger to you now as you become conscious of Its presence.

When we cease to regard solidity as something to be carried, something to stumble over, and see it as the manifestation of the unmanifest we get a free Universe, when formerly there was nothing but burdens and limitation.

We reach that state of consciousness where the creative energy works with the effortless spontaneity to achieve perfection. We realize that Life is creating within us with that effortless spontaneous perfection as it is manifesting throughout the whole Universe, and wherever there is perfection, there the Absolute has found release through the form created. If you can become conscious of this great truth, then there is freedom and freedom is releasing the Creative Energy in all its own perfection.

A child may build a castle in the sand and in its mind there is perfection and freedom so with the artist with his painting, the sculptor with his statue. With that same freedom through experience we can co-operate with this Creativeness and produce that which has life and freedom which amazes all who look upon it, yet not knowing what it is. It is the Creativeness within being given free expression. It is the Absolute manifesting in us being given freedom through release, through realization and recognition.

This gives you a better understanding of the Ever-present, man and not God made yesterday and tomorrow. The Spirit of God manifesting in the flesh is the Christ in you. This is the Eternal Truth. The Christ does not age nor die, when you have discovered through awareness the eternal youth of the Christ, then you will know, as Christ is, so are we.

Although this does not appear to your mortal sense yet it is the Eternal Truth that all must learn.

We are still eating the fruit of the Tree of Knowledge of Good and Evil. Not until we become fully aware of our oneness with the Absolute that is ever-present and not something afar off—aware of the Christ filling the whole consciousness will we cease to be at war with ourselves, with our brother and sister and with God.

Through our attachment to one another we find happiness and pain in the personal sense, yet through this limitation we find the unlimited through the Beloved within ourselves. Then our affection becomes free from attachment and glorious in its expression to others.

Thus true happiness is gained. The ecstasy of an exalted state of mind.

## SO MOTE IT BE

\* Buddha ('Enlightened one'), Siddartha Gautama (c.560-c.480 B.C. ), also known as *Sakyamuni* ('Sage of the Sakyas'). The son of the rajah of the Sakya tribe, as a young man he left home in Nepal and renounced the world. Practised an extreme form of asceticism and became the founder of one of the great Asian religions.

**THE SUREST WAY TO SUCCESS AND HAPPINESS  
IS TO LIVE IN THE PRESENT NOW**

The present is the only time there is. I have so often spoken to you about this but I know that the great significance of this Truth has not fully dawned upon you.

If you are troubled with the past or if you have fears for the future you can never be one hundred per cent in the present, which is the only time there is. Action can only be done in the present and action is all that counts. Pure action is living in the present.

Some people are always harping about the “if” had been this or that, things would be better now. It is this “if” of the past that is preventing the present from being what it should be in your life.

Experience is essential to your freedom, through experience you begin to realize what lies behind the individual. Without experience you would be dormant, asleep in your limitation, yet experience, without discernment and continual adjustment in the present is but a repetition of error, and this means frustration. But through continual adjustment, through experience there is freedom.

Many people rebel against their past experiences, they fight, they struggle and become emotionally upset. This is the way to frustrate the true self, preventing it from coming forth in the individual.

All your experiences are merged into the present when you live in the present “now” and all the force of your true nature is present only when you live in the present. For if you live in the past or the future you live in the illusion of separation and this means struggle and disappointment.

It is the Infinite Life that is ever-present in the individual, and when you become aware of this all tension, all fear, all sense

of wrongs and rights, all hate, jealousies, all things that frustrate the individual in the present are dissolved away. **This is truly freedom.**

The Infinite Life is expressing Itself in the individual in the present always, this is the secret that many people have tried to find, but failed because of conformity to some idea, to some pattern or some system.

If you try to conform to some pattern you are in limitation; and if your pattern is not unfolding then there is worry, and worry makes your present work a failure. How many people in the world have tried to fit their lives into a pattern built up in their own minds. To follow a pattern is to be limited.

The Infinite Mind is complete, there is no limitation, no pattern to fill, it is complete and perfect. In reality the Infinite Mind is expressing Itself, It has created the finite for the purpose.

The finite is the individual existing in the Infinite. It is the wearing down of that individual existence in the consciousness through discernment and understanding lies the purpose of the individual existence. The small “I” loses itself in the great “I am” of Life where there is no separation, no division, no distinction.

This at present in your personal state seems to be afar off but in reality it is an actual fact now, that is why the present is so important, not the past or the future.

Any great thing that was ever done by man was done when the mind was concentrated on the present with no other thought or interruption of any kind. This is the Infinite Self giving expression to Itself through the individual or finite—the vehicle of expression.

Life built the body, the brain, the nervous system, the whole being, this is Life’s expression. Can you see this truth? I have said to you that you must identify yourself with the Infinite Life. This expression is from the relative but in reality you cannot identify yourself with the Infinite Life for you are It. Immediately you try to identify yourself with the Infinite Life you put Life outside yourself and this is an impossibility. What I want you to do is realize It, to recognize It as yourself. It is in this way I mean identification.

## THE SUREST WAY TO SUCCESS AND HAPPINESS

There is no distinction between the manifestation that you see before you and the Life that created it, and this Life is always present. It is the creativeness in you. If you live in the present not in the past or the future you will learn of this creativeness in which all is possible.

You cannot separate a part from the whole, separation exists only in your individual consciousness, and this is the illusion that causes frustration. For if you feel yourself to be only a part seeking to become one with Life, the Life that is behind all invisible and visible manifestation, if this Life is external to the self, then there can never be a cessation of this continuous struggle that you are engaged in.

Most people are trying to picture what God is like, then He becomes an image in the mind. When this is so, there is limitation, living in the past and future living in a mind that is crowded out with events and sorrow, pain, hates, jealousies, frustration.

When you get a glimpse of this Infinite Life, this Life in which there is no separation, no sorrow, no pain, no past, no future, no birth, no death, when you can realize this presence then there is spontaneous action. You wear away the wall of separation that is in your own consciousness.

When there is complete realization of the ever-present there is no longer any craving, for you are everything, you are creation and the scar of individuality that was in the consciousness will have vanished. It is this scar of individuality that is in the consciousness that is the cause of all struggle, the cause of all craving, the cause of this separate existence, the cause of fear for the future and the cause of all fear of memories of the past.

The only experience that is retained in the finite is that which is pleasing to the Infinite, all else dissolves away. There cannot be perfect action in the present when there is a sense of separation. This all must learn, for it is the way to perfect happiness and success.

Perfect action, or pure action I often call it, is the result of the consciousness realizing its oneness with the Whole, understanding all external to it, the past or future, so that it becomes

aware of the external as the effect and not the cause. The cause is the creativeness within and this creativeness is not separate from that within the individual.

This is often difficult for the students to grasp at first because most of their reactions are made from the external world, not knowing what it is.

Individual existence is imperfection, and this individual existence is worn down through understanding and constant adjustment. That is why it is so necessary to put off all theories.

If you are caught up in the rights and the wrongs, if your mind is engaged in things external to the self you will never know reality. But if you are only concerned with the present you will express that which is perfect, for Life knows no wrongs or rights, no birth or death, no distinction or separation, no past or future. IT IS that which Is and I am That. This is why living in the present is the secret of success and happiness.

You will now see that it matters little whether the self exists or not for when the "I" realizes the great "I am," separation no longer exists and with this realization, struggle ceases and freedom is reached. You will readily see that this cannot be reached through theories, cults, creeds, for they are the epitome of separation themselves.

So it matters little to you now what appears external to you when the present is realized because this present is in everything, and what is always present is that which is eternal and the cause behind all manifestation. With this understanding, doubt, worry, fear disappear.

The material world is the revelation of the Creative Power, both grow out of the same source. Visible things are the representation of things invisible so both come from the same source. When you understand this you will understand the conditions that surround you, and you will no longer be afraid of them.

To realize the great Creative Law that is ever-present and by conscious use of this Law, you can operate upon the Universal substance in co-operation with the Creator of all things. This reveals a far greater power than any material possessions external to the self can give.

## THE SUREST WAY TO SUCCESS AND HAPPINESS

When the material world appears to the onlooker as the reflection of the Spiritual world where the idea becomes materialized, the material takes on a greater significance. Where at one time material conveyed only a substance composed of atoms, it now is seen as an Intelligence in expression, an Intelligence that is ever-present and responds in exact proportion in the lives of those who live in the present with the mind free from the past or the future.

This is pure action, an action that is the result of the release of the Absolute Life expressing Itself in man.

Then man will see that he is one with the Creator and with the same process he brings forth into his life and circumstances, conditions and things that he desires. But if he fails to understand these things he will eventually create a series of causes and effects and will be caught up in the illusion of his own separateness and limitation until he finds the Truth of the ever-present. Therefore in the present and not the past or the future lies the happiness and success of every individual.

SO MOTE IT BE

**THE GREATEST THING IN LIFE IS  
TO UNDERSTAND THE LAW OF CREATION**

Just as we weave into our minds impressions and ideas from the objective world, likewise we can weave into our minds the attributes of the “Presence”.

The Presence is that which “is”; It is not created by the human mind or any other mind. The Presence is that which “is,” never had a beginning therefore can never have an ending. This Presence is your real Self.

What we create in our minds tends to out-picture in the objective world, this is the result of our thought action, but thought itself must have an originating source, otherwise it could not exist, and the originating source is the Presence. Thus when we realise and recognise this Presence and dwell upon Its attributes we establish them within us.

When you think back until you get a clear conception of what you are in Reality you will then understand the Creative Power of Divine Thought. We must think back until we reach the source of things, before we can develop the power within ourselves.

“Faith is the substance of things hoped for, the evidence of things not seen.” “Faith” is that state of consciousness which has reached its own source. When this state is reached creation is automatic. Just as electricity flows through the filament in the lamp and produces a light, so does the Creative Power flow into the ideas the consciousness holds. We know that electricity is a form of energy but no one can tell what it is. Neither can we tell what the Creative Power is, but we know that It is, just as we know that electricity is.

To clearly understand how the Creative Power works we must understand our relationship to this Creative Power.

Jesus compared himself as a Son of the Father. “As the Father has Life in Himself so He grants the Son to have Life in himself,” showing that it was the same life in both, that this same Life in the Father flowed through the Son as a means of creation.

“Whatever I see my Father do I do also.” Here is the answer. The mode of action must be the same, the Son being made in the image and likeness of the Father.

Jesus brought it down so that the human mind could comprehend the meaning that there was no separation between the Father and the Son.

All the struggle we see going on in our own lives and in the lives of others is caused by a sense of separation, thus a continuous struggle is set up to bridge the gulf of separateness, but when truth is realised the struggle ceases. “In other words take hold of the Tree of Life and it shall become a Spring of Living Water rising up to Eternal Life.” But to do this we must let go of the Tree of Knowledge of Good and Evil for we cannot hold on to both. We must cling to one and leave the other.

This world is still struggling with good and evil, with the result that chaos reigns instead of peace. “I am the Light of the World, he that follows me shall not walk in darkness but he shall find for himself the Light of Life.” This is the great “search” we have to find for ourselves, the Light of Life, then we shall not walk in the dark; we shall not walk in ignorance.

“All things were made by Him and without Him was not anything made that was made,” no existence came into being apart from Him. This is a clear statement of fact that the manifested world is but an expression in the Mind of God and not outside It. In the general way we look upon matter as something solid, but this “solid” substance can be changed from solids to vapour and disappear. We have not destroyed this substance, we have only changed the vibration of the atoms that make up the substance. So we can definitely state that matter is mind materialised and this manifestation of mind is the Intelligence in action. Therefore what we see before us is not merely a substance but the Intelligence expressing Itself and this same Intelligence is in us all.

## THE GREATEST THING IN LIFE IS TO UNDERSTAND THE LAW

The Master discovered this method by which he could use the Creative Power by understanding the Law. Want, limitation, sickness, failure and unhappiness in our daily lives are evidence of our ignorance of the Law of Life. Therefore the greatest thing in our lives is to understand the Law of Creation.

“I have come that they might have Life and that they might have it more abundantly.” This message is an extremely simple one. So simple, that it is difficult to understand. When we realise that our minds are the reflection of Infinite Mind then there can no longer be need for struggle, the only condition being a sustained acceptance of the “Presence.”

The secret of how the Law operates is well expressed in these words “It is not I who doeth the work but the Father who dwelleth in me, He does the work.” We must take exactly the same position, there is not one law for the Master and another for us. He showed that all are capable of using the Law, the only thing that prevents us from doing so, is our sense of separation.

When we comply with this Law of the all-originating Mind we bring about results. We must see clearly that the Life behind and within the form is formless yet it is the Creator of all form, “the Father that dwelleth in me, He does the work.”

The Intelligence is the predetermined knowing of the Infinite and whatever we ask with understanding, this Universal Intelligence will find ways and means to bring about any manifestation.

James says, “The double-minded creature need not think that he will get anything from the Lord.” “Let him ask in faith not doubting for he who doubts is like the waves of the sea driven with the winds and tossed.”

Thought is first invisible, then it becomes visible. If our thoughts are to become visible we must know what we want. The invisible power of electricity is controlled and made visible by the use of the laws pertaining to it and millions have benefited by it. Yet we can consciously or ignorantly violate the Law and bring about disaster. The lack of understanding of the Law governing the invisible world has the same result.

The mind must be free from past or future, free from prejudices, fears and envy or revenge. “Do not condemn lest ye

be condemned.” “Love thy neighbour as thyself.” It is the state of mind that attracts the best in Life. It completes the circle between God and man and the Law of Harmony operates for our benefit. In other words you are in tune with the Infinite.

To be in tune with the Infinite there is a constant flow of Divine Energy through you and this flow never ceases for a moment. As you become more aware of this so it will flow with greater power to renew the mind, body and circumstances.

If your thoughts are not in harmony with the Infinite there is a condition created known as disease and unhappiness. The physician may diagnose the case by giving it a name, thus increasing the trouble instead of eliminating it. If wisdom and love were substituted it would strengthen and nourish the soul, then the body would soon recover as the inflow of the Divine energies is re-established.

Jesus cured the sick, and if people understood him they might do the same again today. What we need is the understanding of the Master and not theories or names of diseases. The Master was the oracle, Christ the Spirit of God is the Bread of Life and when eaten the Soul and body is renewed. When this truth is revealed to man the scales fall from his eyes and he sees how he has been deceived, generation after generation, by the beliefs and theories of others.

Man made in the image and likeness of God lives in a material or visible world in which he has been given dominion over all things. A world so constituted that if he understands the Law and uses it intelligently he will be lifted up to Spiritual heights yet unknown. He will expand his consciousness and practical knowledge of his oneness with the Creator of all things by the conscious use of the Creative Law within himself, and will represent to him a far greater power than the mere intrinsic value of material possessions which are the expression and use of the Law of Creation.

The material world to him will not be mere “material” which is little known or understood, but will represent the intelligent use of the Law of Creation situated within himself. We will see

## THE GREATEST THING IN LIFE IS TO UNDERSTAND THE LAW

that the invisible and the visible are one and the same thing, one is the cause and the other the effect and cannot be separated, one is the expression of the other.

“God Himself has made it plain for ever since the world was created His invisible nature, His everlasting power and Divine Being has been quite perceptible in what He has made.” We must be one-pointed in regard to the Presence. We will see that this is the only Reality, all other things are relative, therefore have no power of their own, and are subject unto the Will of God in man.

Freedom comes when we discern the cause within ourselves not merely by denying it. This ignorant denying has been the cause of many abandoning the very thing that would be of help to the individual sufferer. The only way is to discover the cause within ourselves and deal with it fearlessly and without struggle, then there is a clearing of the way for the Presence to operate in and through us. “As a man thinketh in his heart so is he.”

“Whatever things the Son seeth the Father doing the Son doeth also in like manner.” We must become aware of the Presence sufficiently so that every moment of our lives is an expression of It. This is wisdom and wisdom is pure action going out, never relying on external things but knowing that all external things are but the effect of the cause within.

The surest way and the simplest way is to love. To understand love you must first experience it. To love intensely is to grow in Love and we must learn not to condition Love, but to free it from all entanglements. In this way the Father who ever remains within us performs His own deeds, for this is the Law of Creation.

## BENEDICTION

O, Beloved Presence, I hear Thee calling to me to awake from my sleep of delusion and separateness. The Sunlight blazes forth in me yet I was blind to Its Spiritualising power and beauty, while my soul was darkened with separateness and ignorance.

LIFE EVERLASTING: 2nd Revised Edition

Let the fragrance of Thy Presence pierce through my being to overflow with Thy love for all Thy Creation.

O, Beloved, I now drink of Thy Presence and Love that spreads everywhere, revealing Thy everlasting nature, embracing all within Thyself, and have found myself at last in Thee and Thee in me.

**IS IT NECESSARY TO STRUGGLE IN LIFE  
AND IS STRUGGLING A BAR TO OUR SUCCESS  
AND HAPPINESS?**

The majority of people in this world are in a continuous<sup>1</sup> struggle through their reactions to conditions and circumstances that surround them. They struggle because of unfulfilled desires, they feel the lack of things, they are bound by ill-health, they fear the future because of the past, so the struggle goes on incessantly.

*<sup>2</sup>Now think, the large mass of people in the world today are doing this. In fact struggling has become to be a habit with most people. And when they are struggling they have lost that which is real within themselves. Struggling is always something towards outside themselves. Therefore they are reacting to conditions and by reacting to those conditions they begin to struggle, unaware of the fact that they have power and dominion over all things.*

Now when we begin to analyse the condition of the mind under this continuous struggle we find that it is full of negativeness which means only one thing, frustration.

If we struggle with ill-health, if we struggle with burdens, we struggle against any condition, we only create a greater burden upon ourselves, because of our minds being filled with the effects of our struggle, therefore incapable of true direction, because we are unaware of cause.

Now let us analyze this deeply so that we can see how to act with direction. If we rebel against anything we struggle with it, this is reaction from without. If we are controlled by our conditions and circumstances, we have lost our God-given power of dominion over all things.

*Now you will see clearly that struggling is a negative condition. Supposing now that you were in water, in deep water, and you are not able to swim, and you found yourselves floundering. You*

*begin to struggle in the water and what is the first thing that happens to you? You drown of course, because you struggle in such a way without any direction of any kind, and consequently you sink. That is exactly the same as it is in the world. You are sinking through your struggling in a world that you do not understand.*

*But if you begin to realise the great Truth of that central power within oneself. You will see then that there is no need to struggle. When one learns to swim there is confidence, and innate accurate strokes in swimming and able to swim in deep water or shallow water.*

*The same thing is with you when you learn the Law. This Law of the Infinite Being that is expressing Itself through each and every one of us and we see this Life that is Creative in Itself, that is All-Power in Itself. When this consciousness in mankind realises that all is Spirit. There is nothing else but Spirit. Even the substance that is seeing this Spirit and the animating power within is the consciousness in that Spirit.*

*The power of the Master is nothing more than a realization of this Truth. A realization of the Truth where the Master becomes aware of himself as the ruling factor in everything. He becomes that centre around which everything revolves, he sees that everything does revolve around himself. Therefore he is the central point and has that power of direction, because he is aware that the power within him is creative.*

*If you are not then a proficient swimmer and you go into deep water, the first thing you will find is that you sink. The same thing applies to you in your daily life, if you are not aware, if you are not proficient in your expression of the truth you also sink. You struggle, and the more you struggle the more you intensify your conditions. Just the same as the drowning man, the more he struggles the quicker he drowns.*

On the other hand, if we understand the cause of our condition we would not rebel but would work from within, knowing that the Presence was there and that in the Presence there is no such thing as fear or lack or ill-health, therefore no need to struggle.

## IS IT NECESSARY TO STRUGGLE IN LIFE

*If ye knew in yourself, realise this tremendous truth that there can be no sickness, no ill-health, no loss of power. Nothing that is detrimental to the human being whatsoever existing in the Presence. When you know yourself to be the Presence, you establish that in your own consciousness, and the individual consciousness then begins to express itself outwardly because you are the central point in everything. Whatever the consciousness begins to express so does the body and circumstances take on.*

*Remember that there is no power external to you greater than the power within you, and when you recognise the truth “I and the Father are One,” and this power is Infinite in nature. Only Infinite to you according to your awareness of it, if your awareness of it is as much, you will begin to swim and you will begin to struggle, and you will begin to drown and you will call for help. If your awareness is just that you will only have that much. But if you can stand, on both feet, with your arms outstretched looking upwards with confidence knowing, “That all that is mine is thine.”*

*In the picture of the initiation where there are three steps in the initiation. One; is a person kneeling on the ground with his head down. The next; is the same person standing up with his head forward towards the ground. The third; is the person with his hands stretched outwards looking upwards. That is then the three initiations the beginning of the understanding where you bow to this wonderful Truth. You are amazed by it. In wonderment. Then you begin to understand it and you rise upon your feet ready to act with it. When you begin to practice with it, it gives you confidence, and when that full confidence is supreme then you look forward with complete faith and understanding. There is never any looking back.*

We will learn that by pure action from within we can set in motion ways and means to accomplish without struggle, knowing well that the Law fulfils itself according to our understanding and practice of it.

*The most extraordinary thing about it, is this, that when we begin to know the understanding of the three principles or*

*the three points of the Law. In the first phase; the great Mighty Intelligence that created all things, involves Itself in Its own Creation, and with it establishes Its own Law which becomes immovable, indestructible, and it can be neither affected by angel or man.*

*The second phase of the Law is this; that this Consciousness, that this Intelligence that is active in the Universe will respond to man's consciousness and will create for him also according to what he thinks good or bad. That is his responsibility*

*Then the third phase of the Law is; the true nature of God Himself being Love Supreme. The individual recognises this great Truth and instead of looking outward he turns back and looks within. Just as the prodigal son did, returned to the father, and whenever we find that we see that Divine Love that overcomes all conditions and we stand before Him complete as He made us in His own image and likeness. With this understanding there is freedom.*

So that is what I call pure action, which alone brings results through understanding; while reaction to things external is only a degree of misunderstanding.

If you go to sleep at night happy or sad, depending upon success or failures, you will know that you are only reacting to your conditions. But if on the other hand you go to sleep understanding the Law of Creation and practising it, then while you sleep the Lord is preparing things for you. The Higher Intelligence will then begin to take a "firm" action in your affairs.

*How many of you then go to bed at night, think now, happy or sad according to your successes or failures. If you go to bed at night unhappy, its because of your failures and very often happy according to your successes. You are buoyed up because of these things. Don't you see, you are on a seesaw—up and down, backwards and forwards on a pendulum.*

*But if you go to sleep recognising the Law and this is what you should think of. This true Law that exists within yourself. Because you were created in His image and likeness you carry inherent within yourselves that Divine Law that exists throughout*

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*the whole Universe, that neither man nor angel can destroy. That Law is there for you, whatever your consciousness becomes aware of, so in that state of understanding, you will produce. So the Intelligence will take a firm hand in your affairs.*

You will perhaps not find immediate results but be assured that things are shaping. Your mind will take on a new aspect as your experiences become different, and a real start is made. "Blessed are the poor for they shall inherit the earth." The opportunity to those to create. To feel within themselves the desire to create. If you look for immediate results, this makes the mind unstable and double-minded.

*You begin to demonstrate and then you begin to doubt whether your demonstration will be true or not, and leads us often into deep waters because the simple reason is this, that you do not understand the true Law of Creation. Anyway what are you demonstrating? Are you going to try to prove God to yourself? That can never be a demonstration in any persons life, because that is a negative way of looking at it. You are putting God relative to yourself, putting God as something outside yourselves so that you can say, "God do this for me."*

*But if you realise that the Creative Power is within yourselves and knowing that this Law, this second phase of the Law, is this; that the Intelligence will act for you, whether you desire things that are good for you or bad for you, this Intelligence will produce them for you.*

*But if you are on the seesaw of fear and faith, you will be on the pendulum, swinging backwards and forwards not knowing where you are. You will perhaps not find immediate results but be assured that the thing has taken shape.*

If you know the law to be infallible, results are sure to come. The motto is "Be happy in your doing" knowing that the Presence is working for you. "Whatsoever I see my Father doing so do I in like manner." That was what the Master said. If you can understand this then there is pure action which is creative.

*His whole theme was based upon "love thy neighbour as thy self." Everything he did was not for himself but for others.*

*Everything God does is not for Himself but for everyone. He does not need to do anything for Himself because He is complete in Himself. If you are the image and likeness of God you must have that belief also being complete in yourselves. Then whatever you do, you will do for others and what you do for others, you do for yourself. "Whatsoever you do unto one of these so you have done unto me."*

It is difficult for the mind in trouble to discern for itself the difference between pure action and reaction. All things external to the self must be relative to the self and what is relative can have no power of its own except that the self gives power to it, and this can only be done by fearing and struggling which means frustration.

*I know how difficult it is for people in trouble to discern the difference of reacting to the condition and pure action. It takes time to sit down quietly. Quieten the mind and get a grip on oneself and begin to discern what the mind is doing. Where it is moving and how it is moving. What thoughts are passing through it. What thoughts you seem to grasp or grasp at. What thoughts you begin to fear. What thoughts you begin to have faith in. This is discernment of the mind that is unstable. But immediately you begin to realise that discernment is necessary then your mind will become calm and peaceful, will slow down. You will be watching what is passing through it.*

*Then you will know what you are creating or what is taking place in your own mind, and when you have done that, then you begin to realise your own creative power. The ascendancy of the consciousness takes hold of oneself in its realization that it is the Creative Power in existence and begins to create purely, by pure action from Itself. First of all it says; "Peace!—be still." There is a calmness that comes over the mind, even a calmness will come over the world and everyone could see that.*

*But over the self this calmness comes and the mind is stilled. Then you begin to say "What should I fear? The Lord and I are one." Then begin to create in your own mind. To dissolve these thoughts of fear and bring harmony and peace into your soul*

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*and you call in the great Mighty Intelligence to prepare for you. You recognise at once that there is one greater than yourself. "I am myself the Father within me that doeth the work." "I and my Father are one." "The Father is greater than I."*

*The recognition of this greater one in which you begin to act together to bring about that which is necessary in your life. Then Truth pervades, things take shape, "and whatsoever you ask in my name so it shall be done unto you."*

Fear and faith are on the same yardstick, we measure with both. Job said, "What I fear came upon me," and this has been proven by millions of others. We create ignorantly with fear and faith, unfortunately we create more with fear than with faith because of the emotion attached to fear.

*So we create ignorantly with both fear and faith.*

*What is your faith? Have you ever asked yourself that question, "What is your faith?" Then you will know what your faith is based upon, something that's real or something that is illusionary.*

*If your faith is based upon something outside yourselves, then its an illusion. But faith based upon that which is real within oneself, that the Creative Power of God and the creative power in you is one and the same. Linked together. Individualised for your own benefit. But unfortunately most people fear things, therefore they create most things in fear. "What I feared came upon me."*

*How I see that every day of my life.*

*People come to me full of fears with regards to their troubles. Some people, old perhaps, aged, with very few years to go in this world, they are full of fear. They're religious but their religion has not done much for them. They are still full of fear and they do not know the truth whether they will live at all. The first thing they fear is death. They are afraid to die. Their troubles are uppermost in their mind because they know that the trouble may cause their death. But they are afraid to die and their fear of death adds to their troubles enormously. Immediately I take the fear of death away from them, their face begins to clear.*

*I have known many a person in this world who has been sentenced to death by the medical profession saying; "You have*

*got six months to live,” “You have got two months to live.” Time being there was a terrible shock to the individual. But after the individual gets settled down, gets things properly in his mind, recognizing their proper place in his mind. He means to say to himself, “Well if death ‘is’ I’m going to enjoy myself during the last two months of my life.” He forgets all about his troubles. He forgets about his death. All he is engaged in now is to enjoy himself. He goes out and enjoys himself. At the end of six months he is still alive and he wakes up to the fact that he should have been dead four months ago. So he still goes on, and another year goes past and he is still alive. He wakes up again and he says, “I’m still alive.” Now he is thinking, “how is this?, I should have been dead now. Yes, nearly eighteen months ago. I’m still living.” The reason why is this, the simple reason is; that he forgot all about his troubles. He forgot all about death. He went out to enjoy himself and naturally Nature did her own work without hindrance. Nature is kind. She is beautiful. She is wonderful.*

If we are unaware of the truth of our being then we are living in the pendulum of both fear and faith, we are swinging backwards and forwards according to our reactions to the external world. But if we understand the Law of Life we remain at the fulcrum, we are aware of both fear and faith and what they are, therefore we understand the cause of our struggling and our struggling ceases.

*You struggle in faith. You struggle in fear. But you never struggle when there is this pure action that comes from knowing the Truth of your being. “I and the Father are one.” Many have not yet completely comprehended that tremendous statement. It unfolds in your mind. You wake up one morning and you will say it and have a greater meaning for it, and you think you have found the completeness of it. But next morning another great vista of the same thing will appear before you, and this will go on continuously because of the Infinite nature of the Spirit within you continually unfolding glory after glory. This unfoldment will never cease. But few understand it.*

*The majority of people are searching for what we call selfish sensationalism which is of little value to them. There are only a*

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*few people in the world who barely grasp the Truth. Jesus had twelve disciples and even some of them denied him. "Peter, before the cock crows thrice you will have denied me twice."*

When the individual begins to see the object external to himself and the subjectivity within himself, he will see that this subjectivity moves outwards to the object. If the individual is unaware of the "Presence" as himself then there is a reaction to the external, often in a negative way and this action from within outwards. *Therefore you see when the individual is unaware of the Presence within himself, and he moves to the object external to himself, there is a reaction from the object to himself. If he is not aware of the Presence within himself then he reacts to this condition in a negative way. But if he being aware of the Presence within himself and recognises this condition, he does not react in the negative way, but knows at once, "I have been given dominion over all things," "My Father and I are one."*

*I am the Creative Principle with God. All power has been given unto me in heaven and on earth. All is Spirit Substance which folds and forms according to the Spirit Consciousness within. The Intelligence that is the Active Principle inherent in all Creation responds to the consciousness of man and accordingly responds to my consciousness as well. Therefore God and I are one. My thoughts then become pure in action, directed towards the subject or object and I am no longer swinging on the pendulum of fear and faith. I am at the fulcrum, where at the top, where you watch the movement. When the pendulum flows outwardly then flows away in this direction and in that direction and in this direction. Then you are watching carefully this movement taking place knowing what it is.*

The Presence, you will note, is entirely different. For within the Presence there is everything because from within Itself It expresses everything outwardly. The Presence acts from within Itself outwardly but does not react to the things Itself creates, having dominion over all things, and man is made in the image and likeness of the Presence with the same dominion over all things.

*Is the Presence afraid of the things It creates? No of course Its not, but you are. You are afraid of your own creations. Why? Because you do not know you created them.*

“The greatest amongst you is the servant of all.” When the Master said this to his disciples he had been explaining the Law. Yet they were still unable to understand the full meaning of his words. He meant the Servant of all within, this Servant is the “Presence” that knows all things—knows how to produce all things perfectly. What we have to do is to love with all our hearts so that the Law fulfils itself and what we seek for so shall it be unto us.

*We cannot get away from the Law that is paramount in God. Because if it were not for this Law of Love, for this Power of Love, the Universe could not exist as one Whole. This Law is inherent in everything that God has created. This Law is adamant and neither be affected by angel or man.*

*You see this wonderful story when we read the prodigal son. Here is the prodigal son. He goes to his father and says “I want my inheritance.” He goes away and spends his inheritance. He wants his share of his fathers goods so his father gives him his share, and he goes away and he spends this share. When it is all spent he finds has got nothing, so he comes back to the fathers house. Repents. The father sees him a long way off and goes to meet him. He does not chastise him. He did not say to him, “You are a bad son.” But he puts his arms around his shoulders, his neck, and he kisses him. He brings him back into the house and he sit down at the table and he feasts once more. Partakes of the father’s table now, forever. Because not only his share, but he finds that his share now can never be expended. It goes on to Infinity.*

*Now if you are like the prodigal son thinking you just have a share in the Father’s House, that share will soon go by. Will soon be wasted and finished. But if you continue to eat and feast at the Father’s table you will realise that that share means Eternity.*

*Sometimes there are others who object to see a prodigal son sharing in the fathers goods and making merry with them. You find that in the elder son who would not go into the house because*

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*of the music and noise. When he found that his younger brother had come back. Then he remonstrated and said "Why I have been with you all this while. I have done this and I have done that. I have obeyed your commands and yet I can't even have a cake to make merry with my friends." The father turned around and said, "All that is mine is thine, son." He did not know either that all was his. Although he thought he was in the father's house because he obeyed him all of the time and obeyed his commandments all of the time, and thought he was the good fellow. The good boy that the father would bestow all his goods upon just because he was good.*

*But that is not the way because in James it says; "If you are in anyway defective in wisdom, ask God and He will give without reproach. But you must ask in faith but never doubt Him."*

*Do you think then that God, being the God of Love would hate one of his children and love another. Could he be the God of Love if he hated one and loved another? You are not a loving person if you hate one and love another. You cannot be. But God is perfect in Himself. He is flawless. It is impossible for there to be any flaw in the Creative Power of God.*

*Therefore it lies in the central point. It is within oneself that the Law is adamant, unchangeable. The Master said it clearly and distinctly when they asked him the question, "Which is the greatest of the Laws?" He said, "Love the Lord thy God with all thy strength, with all thy might, with all thy soul. Love thy neighbour as thy self. When you fulfil this, you fulfil all the other Laws."*

But if we harbour hate, jealousy, fear and the like we break the circuit, we become our own enemy. The one great truth that should be paramount in our minds is that which made the Master the greatest figure of all time, "I and the Father are one." (*If you realize then what the Father is and you are one with Him. Then you must act up to that or try and translate the Absolute into your daily living.*) If it made him what he is, it can do the same for us if we can realize its true meaning.

This is the transforming power in us all. It turns our base thoughts into loving thoughts, our negative but limited thoughts into faith and understanding that can move mountains.

*“I and the Father are One.” When you go about with this, think what it means. Say often to yourself and think what it means. Continuously think in your mind how much it means to you and as it begins to take hold in your consciousness you see how wonderful it is. So many different aspects will rise to your mind. “I and the Father are one.” Why I should fear? If I and the Father are one. I know this is the Law of God.*

The searching light of the “Father” as the Master called Him, brings Him nearer to us and enables us to discern the cause within ourselves. For we produce that which we gaze upon. If we gaze upon the objective world with fear so shall we produce. If we gaze upon the “Father” the only Creative Power seated upon the throne of Love within, we shall we create that which is perfect and acceptable to Him who created us in His own image and likeness.

That which is acceptable to God only remains permanent, all else will be dissolved away, even if in our ignorance we try to retain it. In this way I am satisfied that in the end as in the beginning all is perfect, and it must be now if we can realize it.

*How else can it be. A Perfect God. A Perfect Individual.*

*The trouble with us, a majority of people we do not understand the Law of Transition, the Law of change and when we see this Law of change taking place, we think it is evil. We say, “That there is decay, there is death.”*

*But if we knew the Law of Transition, that Nature is always Unmaking something to make something else. She is also always Undoing something to build something else out of that which she is Undoing and that the Law of change means a Law of progression unfolding. Above this Law of change, there is the Law of the “individual.” That Law that is above the Law of change, that Law, comes to man in his own recognition of his oneness with God. “I and the Father are one.”*

*That is the Law of the individual which is above the Law of change which the individual can act upon this Law of Transition and form for himself what he desires. But when knows the Law of change he will recognise that the Law of change may often take*

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*place within himself. For instance if you have a lot of poisonous material in your body and you go onto a properly balanced diet whereby you try to eliminate most of the poison. First of all you feel like the body was in rachs, stretching this and pains come here and pains there and so forth. Because you do not understand what is taking place you become fearful and you drop what you are doing straight away and you never get any results. You do not understand the Law of change, the Law of Transition. Nature is tearing down some old material to build up the new.*

*If you do not understand the Law of Transition in your own lives then you will react negatively to most things in your life. This is the Tree of the Knowledge of Good and Evil. But the Tree of Life is the Truth. It is Life Itself, It is Perfect in Itself, and in Itself creates only Perfect things. Tears down old things completely and builds up the new. Being Perfect in Itself it tries to make everything as Perfect as Itself. That's it's nature.*

Love is dynamic, It is creative without the necessity of an object. It is immortal, It is Life and Life is creative and formless yet by it all forms are created. To understand Creation then we must understand form and through form we arrive at the source of Creation because we are Creation in form, and through form you gain all your experiences that enable you to realize that the Life in form is the same as the Life that is formless.

*The Life that I am in this form. It is the same Life that is formless, throughout the whole Universe. That Life is not affected by this form. But that Life can act in this form and re-create and re-build this form provided I am aware of It.*

*Every night when I go to bed I rebuild my body. The great secret of youth, to rebuild the body after the days work is done. You lie awake a little while thinking of the Creative Principle. Thinking of the Law of Transition, the Law of change, the Law of the individual. Thinking of Life Itself knowing what it is. Seeing that the Life in you is one with the Life that is formless. I am Eternal in God. It cannot be anything else except Intelligence in movement. Rebuild my body. Reconstruct it. Dissolve all these conditions away. You are my servant as you are God's servant,*

*because I and the Father are one. In the morning when I awake I am refreshed. All conditions have gone. I am a new born babe once more, with a little more knowledge. If you can realize this great Truth, you will find that not only in your own body but in circumstances things will change.*

When this Life is realized It must be stripped of all personal whims, personal viewpoints. You must not be caught up in the opinion of what It is. This is limitation because even the greatest idea you can have of Life is but a limitation.

Freedom comes as your consciousness becomes wider and wider. For the “Presence” expresses Itself in the proportion to the conscious awareness of the unlimited nature of the “Presence,” understanding that there is no beginning and no ending. It is everything and It is whole and beyond the comprehension of the human mind.

Nevertheless it is through the human mind that the Presence expresses Itself, this is the great Truth of the “greatest in the smallest and the smallest in the greatest.”

*You must realize that everything that we can do, God does also. “What I see my Father doing I do likewise.”*

The reward for this awareness is beyond price and cannot be classified with any other effort whatsoever. The awareness and mental poise resulting from our understanding is permanently established in us. For nothing in Heaven or earth can deprive us of our unity—“I and the Father are one” through which all is possible.

There is no degree of material wealth, no degree of earthly power, no intellectual attainment that compares with this living satisfaction.

*Think it over. Practice it. See what it does. “Seek ye first the Kingdom of God and the right use of that Kingdom. And all shall be added unto you.”*

All students of the Truth can see that this was the mind of the Master and Paul never expressed a greater command than “Let the mind be in us that was in Jesus Christ.” The dominant thought in the Master’s mind was his oneness with the Father “I and the Father are one.”

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If your life is commonplace, filled with fears, apprehension, negativeness, you will discover it is because you are not aware that the Father and you are one. If you are the victim of mass teaching, of some God external to yourself whom you have to pray to, to beseech Him to come to your aid, and when you beseech Him and you doubt whether He will come or not, then you will never be able to come out of your commonplace life.

Many have read book after book trying to find the truth, but they will still be as far away as ever till they realize the great truth of the “Father and I are one.” If I could blaze this Truth in letters of fire to dazzle your sight I would do so for so important is this realization. *It is the greatest Truth that man could ever discover “I and the Father are one.”*

Many who write books on Truth have not yet found the simple Truth themselves. Consequently books of this nature can only be a hindrance and not a help, because they encourage limp thinking.

I have told you before not to deny any condition but to discern its cause, then bridge the gap in your mind between the Father and yourself by realizing your oneness. Every time you realize this Truth so does it become more firmly established in you, so that in time nothing can assail you from without.

Much of the teaching in mental sciences tells you to control your thinking. It is not so much the controlling of your thinking for this is a form of contraction, it is the raising of your individual consciousness into its Source and thus realizing the unity of God and man, thus unfolding the consciousness—the source of thinking. One may control one’s thoughts yet the consciousness remains in its limitations of separation.

*What is the use of you controlling your thoughts if you are still living in limitation and separation. You are merely contracting your mind, not expanding it.*

*If I want to see what my thoughts are and control them, I look at them. I am not afraid of them, I look at them. I know that it is my own creation anyhow. Why should I be afraid of anything relative to myself, no matter what thought it may be. That is the*

*essence of sanity. But to be insane is to fear your own thoughts, and that is what most people are doing, and most people are insane because of that one fact. The more you try to control your thinking the more you begin to fear your thinking. The more you realize the source of your thinking then you are more free.*

The power of the Master is the raising of the Consciousness so that the source of thinking is realized, then you do not juggle with images in your mind, not knowing where they come from nor understanding their nature or cause.

Jesus personified the Father in Himself, not that he limited the Father in that personification. The fact that he revealed the Father as working in and through him showed what man was capable of when this truth was realized.

*“I and the Father are one.” “The Father is greater than I.” Thank God He is greater than I. Thank you Father for being greater than I because I can rely on you. I know that I can rely on you I rely on myself because you and I are one. What is the use of talking any other nonsense. The other rubbish you hear is nonsense. I will say dam nonsense.*

We must not approach this Truth as a means of gain in the material sense, because our minds are then concentrated\* (*the recording ends here*) upon the external and not upon that which is Creative, nor should we give with the idea that by giving we shall get more in return, then we are lost again in the illusion of the mind.

I am not going to tell you how to make your demonstration in the physical plane, there is enough of this misleading material given in books of the American type of psychology and many so-called teachers have been caught up in its net. The propounding of this so-called Spiritual teaching is a worthless imitation of the Real.

Only when you begin to realize the real Truth can you be freed from this false teaching that has deceived millions through its selfish sensationalism.

The world is full of people who boast of their manifestation as a proof of Truth, while all they are doing is showing how

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ignorant they are of the Real Truth. They boast of their material gains as a proof of their knowledge of the Law, but let them lose all their possessions and see where they stand. They stand upon the shifting sands of craving and selfishness. They will remark “I don’t believe there is a God.” How often have I heard this statement from the lips of those who should know better.

Your heart is where your treasure is and one can easily find out where the treasure is by searching the heart.

If your treasure is in Heaven, in the inner and not the outer, you then become the son of the Father who says “Son, all that I have is thine.”

“For he shall be like a tree planted by the rivers of water that bringeth forth his fruit in season. His leaf also shall not wither and whatever he doeth shall prosper.” Psalm 1: 3.

We see now that struggling is a bar to our success and happiness in this Life.

“The Father and I are one,” this is the answer to our question “Is it necessary to struggle in Life?” When we realize this Truth our struggling ceases.

## PEACE BE WITH YOU

1. The sound recording starts abruptly here and also ends just as abrupt (page 156).
2. The Italic verbatim text is taken from the actual original wire sound recording of “*Is it Necessary to Struggle in Life and is Struggling a Bar to our Success and Happiness*” as it was first given in the Auditorium at Escom House in Johannesburg on Thursday night 3rd March 1949. (It is to be noted that no sound recording exists of the Pretoria Lecture 7th June 1949).

**A GLIMPSE OF WHAT IS POSSIBLE TO MAN  
THROUGH THE SUBSTAINED ACCEPTANCE  
OF THE “PRESENCE”**

The majority of people in the world are blind to the radiant power of the ever-present Life. They have looked to the external world for power with the result that they have lost the only power to create with true satisfaction.

Man has been seeking for “something” above everything else in the world which would give him freedom and satisfaction, yet by his temporary blindness he has missed the splendour and radiance of this very thing, because It was too near to him, thus he could not see It.

The Sanctuary of the Silent Healing Power has proved to me more than anything else that when we once get a glimpse of this radiant power, the so-called impossible becomes possible.

The thousands of letters that I have received from those who have benefited through the Silent Healing Power has convinced me more than ever of the mighty power that is awaiting expression from within us all.

I sat down the other day to read some of these marvellous results where so-called incurable diseases have vanished almost overnight, where the depressed and dejected have been restored to happiness, where peace now reigns where at one time there was chaos, where the burdens of life have been lifted and confidence restored, where homes have been reunited in happiness, and success has taken the place of failure, where freedom has taken the place of bondage, and perplexed minds have attained the light of truth.

I could go on enumerating the many wonderful things that are happening in our midst, which shows that once we get a glimpse of the radiant presence of the “Presence” the impossible becomes possible.

The most important thing in life is to gain a further understanding of this great and mighty power that can do all these things.

I am not speaking to you about theories, for I have had enough evidence of the practical application of this power in my life and in the lives of thousands of others of whom I speak, to assure me that with our continual practice of the “Presence” in our lives the results we will obtain will be beyond our present ability to imagine, and **I say without any fear of contradiction that this is the greatest thing in your life and mine.**

We will examine the practical application of the technique we should use so that by understanding and applying this technique we can help ourselves and thousands of others to win this crown of glory.

When I say it is a state of mind that enables us to use this radiant power, it is a truth that cannot be denied. Although our contact with the “Presence” is eternal and ever-present we do not create the state of mind that is essential for the manifesting of this mighty power through us.

The majority of people have been led to believe that they have to learn philosophy, psychology, mythology and much more before they are able to express the Omnipotent Omniscience. Some would make you believe that they have the only right to It, and through them alone are you permitted to even glance at It, but I tell you It is free to all and is exceedingly simple in Its application.

When I switch on the electricity I get the light, the electricity is there all the time waiting to express itself. It is the same with the “Presence”. By our conscious awareness of the “Presence” we switch ourselves on so that the “Presence” produces for us according to our needs.

Now this seems very simple, and it is simple, when the mind is at rest and there is a quiet, calm peace. When there is a silencing of the outside noise, then this contact with the ineffable and glorious “Presence” that is above everything else in the world, is possible. It is possible to the extent that all is possible unto those who are “aware.” Do you understand what being “aware” means?

## A GLIMPSE OF WHAT IS POSSIBLE TO MAN

Do not think that the world has been left to itself to swim out of its difficulties as best it can. It is not so. There is a great Spiritual plan and that plan will be made manifest as the “Presence” is realized in our lives.

What we need is a sustained acceptance of the “Presence” so that Its mighty power can be active in our individual lives.

We must not try and make an image of the “Presence” for that would be useless, we would then be limiting the “Presence” according to our own “image” of It, and this has been the cause of most of our troubles. We have been trying to create an image of the “Presence” according to man’s standards.

Man made in the image and likeness of God has been trying to make a god according to man’s own image, with the result that the world has been lost in dogmas, creeds and illusions while Reality has been smothered by these beliefs.

We have smothered the “Presence” with religious ritual and sanctimonious formalities to the extent that we ourselves are buried in a grave of ignorance, and not until we dig ourselves out of this grave of ignorance can we realize that truth of our Being, and everyone must do this for himself or herself, there is no other way.

In my previous lectures I have made it plain that the “Presence” is the only Creative Power there is—the only substance there is. Therefore the “Presence” created form within Itself for Its own self-expression. Therefore in Reality the finite becomes the Infinite when this Truth is properly understood and realized, you know that “the Father and I are one.” Man gives expression to this absolute Love, Wisdom and Power.

Now, the state required which leads to the inspiration and expression of the Infinite power through the finite is one of aspiration. This state I would like you to understand is one that is free from craving from without. There must also be a state of awareness of the mighty “Presence” full of enlightenment and realization of the Love, Wisdom and Power of the “Presence”.

An enlightened consciousness is a consciousness that knows itself to be the point through which the Infinite expresses Its radiant power of Love and Wisdom.

The Infinite “Presence” is in nature omnipotent, omniscient and omnipresent, and although it is impossible for the individual consciousness to comprehend the immensity of the Infinite “Presence”, it can be aware of that “Presence”. Therefore the individual should make no effort to define It, but allow It to express Itself and rejoice in the expression.

We can see that the “Presence” does not crave, for within the “Presence” there is an eternal peace. It is the craving of the human mind which brings a deep sense of lack, and it is this turmoil in the mind that causes sorrow and conflict.

When you are fully aware of the “Presence” and Its peace, this peace and quiet is established in the mind, but this needs practising the “Presence”. By practising the “Presence” you improve your daily living in all directions accordingly.

When there is craving there is frustration, and when there is frustration there is sorrow and conflict through the mind being in a continual turmoil. You cannot reflect the mighty “Presence” through a ruffled mind.

The following will help you to attain the necessary state of mind:

First of all you must discern that which is relative to that which is Real within yourself. Everything that you can analyze is relative, what you can look upon, see, touch and the like, even what you “think about,” is relative to you. Therefore to think of God, to try and analyze Him you make Him relative, this you can see is an illusion.

That which is analyzing that which is thinking is Real. Thus you become aware of yourself as the thinker, the creator, the “Presence”. Then there is an awareness of the self as the greater Self. The finite and the Infinite become one in conscious realization. In this way there is no struggle no effort only calm discernment as if you were looking at something that you can control, and handle with ease, this gives you dominion over all things—the relative world.

With the awakened consciousness there is devotion which leads to earnest aspiration, then wisdom comes into the individual consciousness which leads to peace and “silence.”

## A GLIMPSE OF WHAT IS POSSIBLE TO MAN

When your peace is disturbed it is because you have not realized the truth of your Being. You are under great provocation, under emotion and desire. You allow things external to the self to control you, then the mind becomes ruffled and turbid.

The more you are aware of these experiences the sooner you overcome them, you get more and more strength as you begin to discern the cause of the turmoil and realize your dominion over all things.

Do not be dismayed if you do not obtain that peace at once. All things have a beginning and soon you will experience a peace that nothing can move, and as this peace is developed the “Presence” manifests Itself through you more and more. That is why tuning in to the Silent Healing Power is so essential. You must give time to this precious thing that you so earnestly desire. The time will come when no effort will be needed, the “Presence” takes Its abode in you permanently. This is the peace that the world cannot give. It is the peace that the Christ gives and is beyond human understanding.

You will see now that there is no need for you to become the football of your own unruly thoughts or a rudderless ship on the sea of your emotions and desires. Neither need you sink in the thought atmosphere that surrounds you. But through the practice of the “Presence” you will dissolve this atmosphere and help not only yourself but others as well.

You will soon recognise that there is within yourself that which is the factory of thoughts and also that which can discern, judge, dissolve and accept. You will then realize that which is real and that which is relative.

Some people struggle with their thoughts, they say that they practice the controlling of their thoughts, while all the time they are only creating turmoil and not peace.

The way to get peace in the mind is not through struggle but to watch quietly thoughts that pass across the mind, viewing them as you would a flock of birds crossing a windless sky. They come, you discern, and they disappear leaving no trace, while you remain undisturbed in the realization of the truth of your Being.

Practice is essential every day, then the Presence will surround the individual consciousness, and the outer will be full of peace. Then the Silence that is beyond description will reveal the vast impersonal Omnipresence and Omniscience giving expression to the omnipotence of Its Creative Power from within. This develops from that deep, deep silence that is only known to those who have realized the true Source of their Being, which begins to reveal Itself more and more as you expand into It.

I and the Father become one in Reality. This state is not a surface feeling nor a platitude in the mind but is an awareness every moment of the “Presence” that is ever-present, and only in the **present**, the only time there is in Reality.

This is why I say practice the “Presence” as often as you can at the times indicated in the Sanctuary of the Silent Healing Power.<sup>1</sup>

You will then have a glimpse of what is possible to man through the sustained acceptance of the “Presence” in your own life.

## BENEDICTION

Be still, let the “Presence” work through you.

Learn to know the “Presence” through your own experiences.

The formless gives birth to the form, yet remains formless, while giving voice and power to the form.

The roar of the ocean, the silence of the deep, the rush of winds reveal the “Presence”.

Remember the thing or person that you loved most in the world, then feel this love and much more towards the “Presence”, then the Divine flame will leap forth to dissolve all that is not Its own.

<sup>1</sup> Although this Angelic Power is permanently active, there are times when man can be more receptive. The most positive time of the day is 12 o'clock noon, when the sun is at its meridian, and every three hours afterwards are suitable times, such as 12 noon, 3 pm, 6 pm, 9 pm, 12 midnight, 3 am, 6 am, 9 am, and so round the clock daily. *It is not necessary for you to engage in all these times—the time most suitable to you for a few minutes wherever you may be, is all that is necessary.*

You will note that, as the earth revolves and as this work will cover the whole earth, there will be a continual flow of the Divine Healing Power moving throughout the world. There will be no time when this Love, Wisdom and Healing will not be dissolving away the chaotic conditions created by man himself. At the same time, mankind will receive this Angelic Healing Power in his or her own heart and mind to make It his or her own. Thus your work will be the greatest blessing that has ever been offered to the world, *for the Christ can live again in the hearts of man and woman.*

Lecture 8 (21st June 1949)

## **OUR MOST PRECIOUS GIFT IS THE POWER TO THINK**

The cause of most of our troubles in the world today is that we are told what to think and what to say. We become puppets expressing the ideas of those whom we follow blindly.

What we need is to learn how to think for ourselves and to speak for ourselves and thus free the world from the burden of race thought and propaganda, dogma and creed which stifle the individual's true expression.

We must free ourselves from the age-long belief in sickness and limitation that makes us weaklings in God's Eternal Mind, when we should be as He created us in His image and likeness. The world is ruled by wrong thinking and we are perpetuating the error, so the whole world suffers and we suffer with it.

Shakespeare put his finger on the truth when he wrote, "There is nothing either good or bad but thinking makes it so." "The fault, dear Brutus, is not in our stars but in ourselves that we are underlings."

It is thought that creates our condition, whether we like to believe it or not, and the only way to correct the error is to understand the error and the error is in our thinking.

The power of thought is not a new discovery and those who have found this out have found the means of greater opportunities and have advanced above the average. They have become the unusual, the extraordinary.

When we realise and recognise what is behind our thinking, when we turn thinking back upon itself we will find what is behind thinking, then our thinking will become more like that which is behind thinking.

We will see that the Christ is the power in man and the only power there is, that is why we are directed to take hold of this Tree of Life and let go of the Tree of Knowledge of Good and Evil.

It was the Master who thoroughly understood this truth and those who have truly followed his sayings and acted on them have brought about great achievements.

Directly or indirectly the greater part of our lives is dependent upon those who have made these discoveries, they have given to us the law upon which we can work for ourselves.

Some people will imagine things which they fear, whatever you fear comes upon you. To have faith in anything outside ourselves is an illusion and can never be a help but only a hindrance. We must learn first of all that the only power is within and this is the power in which alone we can feel secure, because it is God in us and therefore with this Consciousness there is nothing that can harm us in any way.

We must discover the law of our own minds and use this law for our own benefit and also to enlighten others of the fact so that they also can understand and remove fear and helplessness from themselves.

The Law of Life reveals to us secrets that no outside source can reveal. It is the Christ within that says, "He that believeth in me and the works that I do shall he do also." If we can understand the Master's words we understand that he did not mean a power external to ourselves but the power of God within.

It is through getting this understanding of the power behind our thoughts that makes our thoughts resound throughout the world and this knowledge has come down through the ages but is little understood by the masses.

The Sceptre of Power is the consciousness within and its messenger is thought and this messenger is constantly moulding our invisible world which in turn produces our environment and condition in the objective world around us.

Therefore the real business in Life is to learn how to think, and this has been placed in your hands—a magical power that can be used for the all-good. Only through the awakened consciousness can one direct thought in such a way that it does not return void but accomplishes whatever it is sent forth to do.

## OUR MOST PRECIOUS GIFT IS THE POWER TO THINK

An awakened consciousness is a consciousness that has become aware of itself as one with all Creation and the more we realize it the more powerful it becomes, and not until we have a true recognition of this can we expect to get results.

The Master of Masters did not say that he was different from other men, he came to show man's own Divinity. "I Am" is the name of God, this is the secret word of power that is on everyone's lips yet they comprehend it not.

This is the awareness, having no limitation, expanding into infinity. The majority of people talk so superficially about that which is within as something separate from themselves. If you ask them what it is, they will in all probability say "God". But if you pursue it further you will see it is but an image of God they have in their minds, something apart from themselves. This thing then is useless for it has no power at all.

If you make God relative to yourself then there is no God at all for you, and most people are in this stage. Even most of our Truth students are making God relative to themselves, they talk about Him as if they know all about Him. You will see how utterly stupid this is.

It is only when you become consciously aware that the Infinite Spirit is yourself, that you realize this is the power behind your thinking, for it cannot be anything else otherwise God would be relative and this is impossible. Yet you will see that unless this awareness is grasped there can be no "within" that has power.

This is the thing that eludes the intellectuals, their God is a God that they can comprehend intellectually. They have no God at all in reality but only an image, an idol. So the real gem of the Christ is submerged in sanctimonious formalities that have no power.

So when you try to free them from their images they only create more images, so they create a god according to what they believe and so the vicious circle is created again and they are forever confused.

It is not by images that this awareness is obtained but by and through realization and recognition of the Infinite Life as

the only Living Reality, therefore It must be the Real Self and thus the only Self. Images are your own creations, but **you** are God's creation and the only Reality is the Spirit of God that is the Christ in you, your Christ-Self. It was by this same Self that Jesus performed his miracles, "The Father that forever remaineth within me does the work."

It may take time before the full significance of this Truth dawns upon the consciousness but it will grow and grow as you realize It, and not until we have a true recognition of this can we get the results we so much desire for we are forever misusing the Law against ourselves.

The greatest rewards go to those who are capable of true thinking. What we need to know is, how the Law works. Consciousness is cause. Intelligence, which is the predetermined knowing of the Infinite, is brought into action and form comes forth.

Now when we examine the form we do not know what it is, we only know that it is, through our senses. We can say this is a man or a child, a tree or a flower, a dog or a cat, whatever the case may be. But let us analyze it and we will find that we do not know what it really is.

The same is with our own thoughts, we create thoughts that appear before us, some see these thoughts and become afraid of them and we call them demons or whatever the mind conjures up about them. But when we learn about them they no longer cause fear because we know that we are their creators.

Therefore in relation to the Universal Mind it is as a craftsman is to his tools. The Universal Mind is the Servant of man, the one that is the greatest amongst ye is the Servant of all.

The substance, we find, is the energy solidified in form and the energy is the Intelligence in action and the Consciousness is that which is the Director of all. Therefore there is no separation anywhere, the invisible is not separate from the visible, man is not separate from God, being one and the same. All is Universal Mind in action, Consciousness is the directing power and thought is its messenger, clothed in form. There is one Mind and all is within that Mind and there is no outside It. By the power within

## OUR MOST PRECIOUS GIFT IS THE POWER TO THINK

you create whether you like what you create or not. According to your thoughts so are your circumstances and conditions. If you dwell upon your conditions you hold fast to them. If you understand them you can dissolve them. We now see clearly the simplicity of the one Law that operates throughout the whole Universe.

What we have to do is to practice, to think for ourselves and not allow others to do our thinking for us, and we are more capable of thinking correctly because of our knowledge of the Law.

It is the conscious thought of the Infinite that keeps the world systems in operation. It is conscious thought that keeps man's world in operation. This is Mind in action. Universal Mind supplies the power to our minds just as electricity supplies the power to the dynamo. What we have to do is to turn on the switch of our own consciousness for we are the channels for the Active Principle of the Universe, according to our thought so does it mould into form. When we recognise this, we dispense with limitation because we know we are our own limitation. Modern science has proved that that which Jesus knew and acted upon two thousand years ago are scientific facts of our modern age. For Jesus knew and acted upon the atomic structure of the ether by the power of his own thought. He knew that the Divine Idea, that is an Idea in the Divine Mind, in a Mind that knows itself to be Divine, attracts electrons, atoms and molecules and forms a body according to the Idea in Mind. The Idea must have a cause and the cause is the Consciousness. The Idea is the mould into which the substance flows. "All power has been given to me in heaven and on earth."

God, **by expressing Himself**, created man therefore man and God are one, made out of the substance of God and held in God's image. I therefore exist in God as His own image and likeness with dominion over all things. "Do you know that you are God's Sanctuary and that the Spirit of God has His home with you." 1 Cor. 3: 16.

(Here ends this lecture)

Lecture 9 (Additional as given in  
the Johannesburg series L9—31st March 1949)

## **THE TRUTH OF OUR BEING**

Many of the students have told me that the last lecture was so helpful in understanding the truth about the Real Self and some have asked me to elaborate some more on the Truth of our Being.

I know, as do all Masters know, that to acquire Divine Power we must realize the fundamental Truth of our Being. No matter what we may learn about the relative it does not give us true understanding and this means lack of power to our thinking.

The Supreme understanding is our realization of the Oneness of everything. Our own creative power is one with the Creative Power in everything and we must learn how to operate this Creative Power.

Now the majority of people today are striving to be something they imagine they should be, so as to ensure Eternal Life, and at the same time with a craving for the things of this world. Their minds are full of concepts and preconceived ideas which prevent their understanding the Truth of their Being. They are bound up in the world of phenomena in which they live. They have not got beyond the external, consequently they cannot understand the Truth of Reality.

There is only one Being and this Being is also our Being, therefore everything else must be relative to It. Unless we understand the error of our reactions to the external world we will continue to perpetuate the error.

“I am” is the foundation of Eternal Life and liberty, and we violate the Law of our Being when we think or believe that there is a living originating power outside the “I am”. When we realize that is impossible we will see that evil has no power over us, therefore we cease to react to it, we no longer eat of the fruit of

the Tree of Knowledge of Good and Evil—the intellect—but cling to the Tree of Life “I am the Life.” As long as we limit the “I am” in us to the narrow boundaries of the relative and conditioned, we will never realize that the “I am” personified in ourselves is the same unfettered “I am,” God, the Creator of the Universe.

This Truth is clearly stated in the first chapter of John, let us read the Aramaic translation\* of this:

“1. The Word was in the beginning and that very Word was with God and God was that word.

“2. The same was in the beginning with God.

“3. Everything came to be by his hand and without him not even one thing came to be of what was created.

“4. The life was with him, and the life is the light of men.

“5. And the same light shines in the darkness, and the darkness does not overcome it.....

“9. He was the true light, which lighteth every man who came into the world.

“10. He was in the world, and the world was under his hand, and yet the world knew him not.”

Moffatt’s translation says:

“11. He came to what was his own, yet his own folk did not welcome him.

“12. On those who have accepted him, however, he has conferred the right of being children of God, that is,

“13. On those who believe in his Name, who owe this birth of theirs to God, not to human blood, nor to any impulse of the flesh or of man.

“14. So the Logos became flesh and tarried among us; we have seen his glory—glory such as an only son enjoys from his father—seen it to be full of grace and reality.”

These are the words of the Apostle John.

\* See Notes page 176

## THE TRUTH OF OUR BEING

Now these are the words of the Master: “Believe me the time is coming when neither on this mountain nor in Jerusalem they will worship the Father. You worship what you do not know but we worship what we do know. But the time is coming and it is here, when the true worshippers shall worship the Father in Spirit and in Truth. For God is Spirit and those who worship Him must worship in Spirit and in Truth.”

It was Moses who first revealed the Universal state of the great “I am” and Jesus showed the same “I am” in man. Moses and Jesus to my mind are the two great prophets, not only are they prophets for the Jews alone but for the whole world, but it takes time for the human mind to comprehend the great Truth unfolded by them because of preconceived ideas.

The “I am” (God) in man is the doorway of the great “I am” (God) “Universal” coming forth into expression in form. When you grasp this fundamental truth then the use of the Christ Power is available to you—as sons and daughters of God. There is nothing mysterious about it, it is true in fact and cannot be denied.

The first process in this realization is to separate your self (Creative Being—Reality) from the external (the relative). What you analyze and discern is not the self but form. The self analyzes and discerns form but cannot analyze or discern what the Self is. It can only know It is.

The next process in the realization is to know that the substance of God, that is the Mind of God, is perfect and is the only substance there is, and this substance is the foundation of, and supports all form, yet the “I am” is not fettered or limited by the form but free and unlimited even while in the form. Yet you cannot separate one from the other, for one is the creator of the other and such creation must exist in the creator—the creator exists in his creation.

Now the human mind cannot conceive the whole Truth although it can realize the whole. For the truth that you may or can perceive is only in your imagination, an idea, whereas the Truth is none of these things. You do not create Reality, Reality

is the creator. That is why I have said to you to turn your thinking back on your thinking then you will find the source of your thinking.

You have been given power to reason, and Truth does not run contrary to reason but goes beyond it. Therefore do not limit truth by your limited reasoning power but realize it to Be all power, all knowledge and ever-present.

I have no intention of trying to define Reality, for I know that to be an impossibility for there is nothing with which we can compare it. It is beyond mind, yet it is the power in and behind mind.

If I can bring your consciousness to become aware of itself, not **what** it is but **that** it is, then you have found the first step to power and unfoldment.

If you can follow this line of action you will find that that which “is” beyond mind, will express itself through you in Its great Wisdom, Love, Power and Perfection, Its own true nature, and what you will see will only be Its manifestation.

But unless you recognise the Truth, that the “I am” in man is identical with the “I am” God, you will live in the relative and will be limited by the relative through your reactions to the relative.

The majority pattern their lives after what they have heard or read and what others have taught. You will notice that some will say this is the truth and others will say, no this is the truth. You will readily see that their truth is wrapped up in ideas and theories and none is the truth. No one argues about Truth for Truth is beyond argument. We only argue about our ideas of Truth and beliefs of Truth.

Truth is “Life” and you cannot find it in any philosophy or creed, idea or system. If you try to find the Truth in this way you will find that your conception of Truth is but a continual movement from one illusion to another illusion in the relative, and this leads you from one teacher to another or from one prison to another prison.

One stage will continue until another stage is reached, at each stage there is a pause, a feeling of satisfaction. You think

## THE TRUTH OF OUR BEING

you have found the Truth, only for a moment does this exist, shortly the hunt will begin again with renewed effort along the same path of illusion. When you see that it is freedom from illusion you are really seeking then you will begin to grasp the Truth.

Even the disciples of the Master could not discern the truth, the Master tried to show them, for we read where Phillip asked, "Master, show us the Father," and the Master replied, "Have I been with you this long while and you know not what I say to you? When you have seen me you have seen the Father. The Father and I are one."

The disciple must know the Life to be the self, not separate from all other selves but one with all selves, even the Christ of God.

Reality cannot be imagined or fancied, that which can be explained is not the Truth.

Truth is "Living" joyful spontaneous, without effort or introspection. It is sweet and silent and complete, full, whole, and to realize this there must be non-attachment to ideas, beliefs, the past or the future, for with these you are held in a prison of your own making.

Free your mind from all authority, limitation and imitation. Refuse to allow others to do your thinking for you. Strip yourself naked of your beliefs, Spiritual, mental or material. If you look into your heart you will find inherited theories of right and wrong. Empty your mind and heart of all these things, then God will fill His own dwelling place with His Love and Wisdom.

The Truth requires no effort, no help, no aid. What you have to do is to keep your mind and heart free so that Wisdom and Love can manifest. My words cannot express the wonder of it all, but by constant recognition and realization the truth of the glorious Reality will unfold in you and as you begin to know It, live It fully and freely then you will unfold more and more for It is eternal and everlasting.

When we set our affection upon the Father of Love, the Creator of all, recognising our oneness we see how rich we

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really are. We see that God's name is stamped in ourselves in the name of "I am".

The Universal in God is individual in man and as soon as we realize this, the veil is lifted and the consciousness becomes aware—one with Christ, one with God, one with each other in one Mind that is Divine, with power and dominion over all things. Thus we are made in His image and likeness. This we must realize to the full.

(Here ends this lecture)

\* "Holy Bible: From the Ancient Eastern Text." George M. Lamsa's Translations from the Aramaic of the Peshitta. A.J. Holman Company, Philadelphia, 1933.

**THE FATHER DOETH THE WORK  
WHEN WE CLEAR THE WAY**

In our last two lectures we dealt with the Realization of the Self, after this is accomplished there is a further step: the discernment of our motives and reactions to the conditions in our everyday life. If we are incessantly reacting to these conditions no matter how we try to realize the Self, we will have failed miserably to translate our Divine Nature into our daily living.

I may seem drastic when I say that to acquire the Power that overcomes all things we must also refuse to identify ourselves with the family tree, tradition, state or church. If we identify ourselves with anyone of these we have lost the power to overcome all things because we have identified ourselves with something that is external to the Creative Self, with something that is illusive and unstable.

Just think for a moment. If you are caught up in race thought you identify yourself with the race you think you belong to. If you are caught up in nationalism you have a belief in separation that leads to antagonism. If you are caught up in the net of creeds, politics, disease, ignorance and death you have permitted these beliefs to rule you.

If you permit any of these beliefs to rule you then you have lost your Divine Power over the things of the world.

There is a great struggle going on in the masses today. The ignorance of the individual is shown in the ignorance of the masses. In the midst of our amazing scientific achievements we find ourselves in a world sick, disabled and depressed because we have looked outside for our remedy. The more scientific we become it seems the more ignorant we become of Reality.

This is because we have not yet realized the deep underlying error in our whole civilization. When we see the causes that prevent us realizing our unity we will discard them.

Now what applies to the individual applies to our civilization, what the individual has to do is to observe, discern and dissolve the cause of the trouble. If the individual feels that he is in a prison, he struggles to be free. But if he does not understand the cause of his struggling he will still be in prison.

It is easy for me to say to you, the Father and I are one and it will be easy for you to accept this by reason of the fact that we are forced to accept this as a truth when we begin to think about it. But this does not free you from your prison, you only bring this truth into your prison and you are not much better off than before.

For instance if you struggle with a thought that comes into your mind, you feel that this thought is foreign to your true nature. But you will fight with this thought till doomsday, if you do not understand it.

There are many wrong movements in the individual, movements of the emotional nature, movements caused by selfishness and possessiveness, movements of antagonism because of various ideas and beliefs. There are hundreds of these movements in the individual. These frustrate the true expression of the Divine Nature because they rule the individual, hence the individual is in a prison of his own making.

Now just to look at these movements and shrug your shoulders or ignorantly deny them does not get you out of your trouble. Neither does dwelling upon your defects help you, this only makes you depressed and discourages you. It is only when you discern the cause in an impersonal way that you can dissolve the error and translate the Divine Nature into conduct in your daily living.

There are natural thoughts that arise from the subconscious, thoughts that are caused by the reproductive urge that is within every individual. Thoughts that arise from the influences of the evolutionary process come to the surface in mortal man. Mortal man fights them but the Spiritually-enlightened man transmutes them through understanding their nature.

## THE FATHER DOETH THE WORK WHEN WE CLEAR THE WAY

Our realization of the “Presence” within ourselves as the source of our “Being” frees us from the illusion of the senses and belief in evil as having a substantial power within itself. If the Presence is all-power, then there is no power but the power of the Presence. With this understanding and the discernment of our thoughts, feelings and our emotions and understanding them we are free from the illusion that they have any power over us.

We are all liable to react to conditions in our daily existence in a negative way. We harbour fear, doubt and anxiety about things. We lose control because we submerge ourselves in those conditions.

If we will but realize that **worrying** about our condition is the only trouble we have, immediately we cease to worry our trouble begins to disappear.

What we must understand is that Life alone lives and created the body, brain and nervous system through which It could act in the physical, and through this Life in us we have connection with every other soul in the world. When this is realized to the full, fear of your fellows is dissolved away.

There is no need to deny fear, by doing so we give it a power that it does not possess, but when we understand the cause of fear it dissolves away into nothingness, the illusion of fear disappears, but if you say you have no fear, you are only deluding yourself.

When I was a boy I saw coming from certain fir trees in Scotland a white vapourish substance. I was terrified, but when I was shown that it was just the phosphorescence coming from the trees all fear disappeared.

We are apt to fear things that will never hurt us. When we are lost in fear we have lost our Divine Power over the things of the world. There is nothing in God’s world that you need fear, for God alone lives.

The curse of our age is that children are taught to fear from infancy. In most Sunday Schools they are taught to fear God, the devil, hell, sin and damnation. This has dominated the lives of billions all over the world.

Christianity is supposed to be the means whereby all peoples of the earth can come together and worship the one Father-God. But what do we find? Those who are supposed to teach this truth are influencing the minds of their adherents to suspect their brothers and sisters. Instead of being taught the doctrine of “Love your neighbour as yourself,” they are adroitly taught to hate those who are of a different race or creed.

How can the world have peace if in each country individuals are divided into antagonistic groups? What do they expect to gain this way? It shows that they are incapable of true reasoning or thinking for themselves. Aspiration to the real things in Life is nullified.

Let us free ourselves from all exaggeration, self-depreciation by the belief in sin and damnation, fear of lack, failure, sickness and death. These are an immense obstacle and hamper our progress. They belong to the pseudo-religious and not to the adept in Truth.

When we understand that the movements of Nature, movements of the subconscious, and the unconscious, are common to all, and all have their problems, their sorrows, their joys, we will see that we are all passing through the same school of experience. The things that are helpful we will retain and that which hinders we will dissolve through understanding. With full confidence in the Divine Presence we will emerge without weakness, fear and depression or negligence, and without excitement, impatience or violence.

This rule I give to you, it is the rule of the adept. Do not let movements in the nature or in mind depress you. Stand back from them and observe them, understand the cause and correct the error for the cause is always within the control of the self through understanding.

What is needed is to become more aware in the inner and less in the outer, even if you live in the outer. The more you react to the outer the more you expose yourself to its touches.

The Christ, the “I am” of Reality, is not affected, It stands in Its own closeness to the Divine Omnipresence, Eternal Love and

## THE FATHER DOETH THE WORK WHEN WE CLEAR THE WAY

Wisdom, It sees the small surface movements as superficial, yet remains quiet and unaffected with power and dominion over all things, all power being given to the Christ in Heaven and on Earth.

The attitude of the Master Jesus should be studied so as to acquire that calm will to conquer through Love and Understanding.

We must stand in the shade of the ever-present Omnipresence quietly poised in the assurance of our unity, witnessing the surface struggle of evolution in the outer in accordance with the Divine decree.

In this way we are aware of the Presence in ourselves that is not disturbed or affected by outward conditions and effects. Where this state of consciousness is developed there is a progressive unfoldment of the Divine Nature which is translated into our daily living.

Quite a number of students have remarked to me that this or that is their test. Now this is not a healthy idea and should not be considered too far. The Presence is not testing you at every turn but rather helping you every moment to rise above difficulties that trouble the mortal consciousness.

The forces of nature are always desiring to express themselves and this has been allowed by the Divine as a means of the soul's unfoldment, by becoming through overcoming. Thus the soul will realize its power over all limitation.

To be always conscious of Divine help is our best safeguard against all conditions, whether they be the result of our own cravings or desires or those which are born to give us the experience to overcome. Experience is our stair of progress when properly understood. Rebelling does not enlighten us, but understanding and faith moves mountains.

Tennyson\* says,

“Speak to Him thou, for He hears  
And Spirit with Spirit can meet—  
Closer is He than breathing, and  
Nearer than hands and feet.”

\* Alfred Lord Tennyson (1809-92), 1st Baron. English poet and poet laureate from 1850.

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Not until we can embrace the Whole with the nature transformed shall we be released from the school of experiences. We shall eat the fruit of our selfish craving and desires (sorrow and conflict) as the result of the error of our misunderstanding of the Divine Law inherent within ourselves.

Success is assured for this is the Divine Decree. This is illustrated in the message we get from the Master. When the Centurion said to him, "I am also a man of authority and if I give an order it is obeyed. But you are of a different realm and if you give a command it will also be obeyed and my servant will be healed." The Master said, "I have found no greater faith in all Israel." At that moment the servant was healed. The Master was aware that the same Life in him was in the Centurion and in the servant, that Life being the Father. The Father and I are one. When the Master spoke the circle was complete, the Father did the work. This is the secret behind all manifestation. "The Father does the work when we clear the way."

PEACE AND LOVE BE WITH YOU

*ADDITIONAL LECTURES*  
*(Johannesburg Series)*

Additional Lecture as given in  
the Johannesburg series (L4—24th February 1949)

**IF YOU ABIDE BY MY WORD YOU ARE  
TRULY MY DISCIPLES**

1. The world in which you live is full of wonderful possibilities yet remains unconquered because man has not reached the crown of his being—the Christ Consciousness.
2. The very seasons are dependent upon God in man and are according to the inner mind.
3. Because you have not yet risen to the consciousness that controls the world you pray to God for the seasons to produce for you.
4. If you had known that the Lord and Master was within; the very trees would respond on condition you became one with its hidden law.
5. I stilled the storm with the words, “Peace be still.” Not that the words were the cause but that I had control over my natural self and therefore used my God-given right of dominion over all things.
6. My disciples were fearful and said to each other “Oh, who is this that even the winds and the sea obey him.”
7. But I say unto you ye are the channels through which the Divine Will manifests Itself if ye abide by my word.
8. And to do this you must become selfless and at one with the Lord thy God for the Lord thy God is one Lord and not many.
9. This must be imprinted on your mind so that wherever you are it shall be before you to remind you of the Truth.
10. Then you will be alive to the truth of your Being, the omnipotence of God in man.
11. You have already learned that the body has no control over you, for the Christ in you does the work of healing. For it is not you who speak but the Spirit of the Father which speaketh through you.

12. All this is possible if you abide by my word for God never fails, and victory is yours.
13. Fear not what you shall do, for when the need arises you will know how to act. Never for a moment allow the senses to suggest fear or doubt. For I am with you always.
14. The Father never fails nor does He make a mistake. And He is forever working in you and the more you give the more you receive.
15. No weapon forged against you shall succeed. No tongue raised against you shall win its plea. This the Eternal has promised when you abide by my word.
16. There is nothing higher or more satisfying than that you know how to speak the word and heal in proportion to your understanding of the Truth.
17. For whoever wishes to save his life will lose it. But whoever gives up his life for my sake will find it.
18. This means that whosoever realizes that the flesh has no say in the matter, but that the Spirit alone has life, that one shall find the Christ.
19. The Christ stands for the complete and deliberate obedience to truth. This is the first step to be taken in the Christ Life.
20. This does mean giving up all things of the world in which you live. It does not mean that you have to become poor and desolate and separate yourselves from your fellows.
21. It is the sense of dominion over all things while using all things in their true values.
22. You no longer are in obedience to the world but are rulers of the world with Christ the “one” Lord.
23. True renunciation becomes real acquisition, you lay down your life of the world to take up your life of the Spirit, not that they are separate for they are not. One is the effect and the other is the cause—Spirit is the only Reality.
24. Yet the weapons you use are not earthly weapons but with the might of God you conquer all things.
25. Cast down every false thing that exalts itself against the ruling of the Christ of God for Christ alone is master over all things and you are my disciples.

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26. No man has power to take my life away from me. But if I lay it down of my own will I have power to take it up again. This command I received from my Father thus I am eternal and ever-present,
27. So with me, you lay it down to take it up again but with the great difference that you are one with me and are my disciples.
28. So while you are mortal you have become immortalized, and although the battle of life rages around you you know that the battle is already won, for no one can conquer those in Christ the only begotten Son of the Father.
29. For I have come that ye shall have life and a more abundant life.
30. Those who believe in death let them bury their dead, but you who believe in everlasting Life go and tell the good news so that all may hear it; and I am that Life which is eternal.
31. For it is the same Life in the Father as in the son and whatever I say my Father shall manifest for me for we speak as one.
32. Likewise you are Spiritual beings sent out from God to do His work. Thus the Father has sent you, as He hath sent me unto you.
33. The world is your place of action, never mind for the morrow, the morrow will take care of itself, sufficient unto the present. God has prepared everything for you, but you can only take in the present therefore the present is the only time for you.
34. You are my disciples for I have chosen you, you have not chosen me as I have already told you.
35. Therefore follow me for I am the good Shepherd and I know my own and my own know me.
36. Just as my Father loves me so do I love you.
37. It is my Father that gives all, the world gives nothing.
38. You are one with me while on earth to bring the Kingdom of Heaven, the Kingdom of the inner to the outer so that all may be one.

39. Thus it is important that you live every moment as the Christ lives every moment. There is no death in Christ only Life and this Life is all there is in Reality, all else is but illusion and shadow.
40. I am teaching you to be full of confidence for in this lies your work as my disciples.
41. For you have received the Spirit of God never to fear again and you now call God your Father.
42. For those who are led by the Spirit of God are the sons and daughters of God so you are not indebted to the flesh for your life but to the Eternal Father in whom you live and who lives in you.
43. There is a beautiful work before you, realize that the world cannot touch you for you are doing God's work and willing His will.
44. You have reached the place where you no longer hear two voices, only the one Voice of the Christ in you and His name is "Love".
45. To love thy neighbour as thyself is to live in the Law of Life and the Law is paramount.
46. Whatever ye decree in my name so shall it be unto you, because of the Law that is highest is above all things, all things respond to Love.
47. Love never fails but whether there be prophecies they shall fail, whether there be tongues they shall cease, whether there be knowledge it shall be superseded.
48. But with Love, It endureth forever and with it all things are subdued and conquered. I am that Love, therefore abide in my word and truly be my disciples.
49. Therefore I command you to love me as I love you so that my Father in Heaven shall glorify Himself in you.
50. And as you grow in Love you draw others with you. This is God's perfect plan for the fulfilment of the Christ on Earth.
51. There is a wave of unrest covering the earth, but be not dismayed. This unrest only proves the inherent Life at work to free mankind from bondage.

IF YOU ABIDE BY MY WORD YOU ARE TRULY MY DISCIPLES

52. God's wheels do not clog. We are watching and waiting patiently the unfolding of the Divine Plan.
53. Wars are but the signs of the times. The Prince of the World is doomed as the Day of the Lord is at hand.
54. For the Christ is not mocked nor has He changed, He is ever the same, for all things are under His feet.
55. What is born of the flesh is flesh, what is born of the Spirit is Spirit.
56. That which descended from Heaven shall ascend to Heaven even the Son of Man who is in Heaven.
57. God so loved the world that He gave His only begotten Son so that whosoever believed in Him shall have everlasting Life.
58. And just as Moses lifted up the serpent in the wilderness so the Son of Man is ready to be lifted up so that all who abide in Him shall find peace and everlasting Life.
59. And the Keys of the Kingdom are in your own hands. With your heart steadfast and strengthened, out of chaos and confusion there will come peace and order upon earth.
60. The wars of nations are but the pangs of the birth of the New Era, the Consciousness of the Race will be lifted up by pain, the refining fire.
61. Open your hearts to the Christ Consciousness and be at rest for the new dawn is rising, the Christ the Light of the World shall reign. His Kingdom is the Kingdom of Love that cometh to reign forever and ever, then if you abide by my word you are truly my disciples.

MY PEACE AND MY LOVE I LEAVE WITH YOU  
TO REMAIN WITH YOU ALWAYS

Additional Lecture as given in  
the Johannesburg series (L7—17th March 1949)

**THE GLORY AND POWER WHICH MY FATHER  
HAS GIVEN TO ME SO THIS SAME GLORY  
AND POWER DO I GIVE TO YOU**

1. No one else can do your work in the great plan of Life.
2. Therefore you are not just born to suffer and decay. You are here for a purpose.
3. This is the great lesson you have to learn, then you will not accept the suggestions of the senses as real.
4. If you have difficult circumstances these can be made steps of progress. It is an opportunity to assert the Christ Life.
5. Yet every sense suggestion must be dealt with carefully and not ignorantly denied otherwise it will rise in the nature again.
6. There must be patience and understanding so that the Christ in you can speak the word of power.
7. Say silently in your heart It is God who worketh in me. Hold fast to this truth.
8. When this is strong there will be a gradual unfoldment and true awakening of your Real Self.
9. You only need the body so that you can experience Life in the flesh. The flesh has no say in the matter.
10. After true awakening, the Spirit is free from conditions that surround it in the flesh. Even pain has no effect upon the real self, for your strength is made perfect in suffering.
11. You are renewed every moment from the inner realm of God's own Life.
12. And when you have gained spiritual qualities through the refining process in your individual life, you reach the highest and best.
13. I tell you again that the continuity of Life is not broken when you cease to breathe in the physical. You keep on breathing in God's Life in the soul Life.

14. Life becomes more intense, even memory. Yet you have the power to dissolve into nothingness and forgetfulness all that is not of use.
15. You make your own limitations by clinging to the form. Spirit—Life is formless and is the only power, being whole.
16. For God created the body and the body is for God.
17. And as God raised me so shall He raise you by the power of His own Spirit.
18. Now you see that the Christ possesses the body of flesh, and although I am away from you I am with you with all the power of Christ. It is this you must realize.
19. There is no reason why your body should not respond, unless you believe in the great enemy of separation.
20. Hear, O Israel, the Lord thy God is one Lord.
21. The Garden of Eden is the Garden of the Lord in which there is no separation.
22. Man divorced himself from the Garden of Eden through his belief in separation, in this way he has become impotent while the outer rules him.
23. Immediately you bring the outer into subjection through your awakened consciousness you are fulfilling the great purpose of the Christ.
24. Life is a Spiritual essence and birth is a Spiritual fact, invisible to the mortal eye, for Christ is born in the flesh.
25. Abstain from worshipping idols and symbols for the works of God are known from the very beginning.
26. Let me make it quite plain to you that God has always been manifest in the world.
27. And the Christ is the Love of God manifest in the flesh.
28. When you have conquered your false belief in separation and know that God is **all in all** then your false consciousness will disappear and the consciousness that is real will manifest to make all things anew.
29. The state of consciousness always brings about the outward manifestation on all planes both in the inner and the outer.
30. If you will learn this now you can avoid much unnecessary suffering.

THE GLORY AND POWER WHICH MY FATHER HAS GIVEN ME

31. You are constantly clothing yourselves with your thoughts and the state of consciousness determines the kind of thoughts you have.
32. I want to lead you to the higher possibilities of the Supreme truth of my abiding in you.
33. My word has power, then listen to my teaching for I preach the Kingdom of God.
34. Around you are people in sickness, misery and want, some of them Christians as regards followers of the personal Jesus.
35. But they have not yet made the great discovery of the indwelling Christ.
36. There is no special state of learning required for one to renew body and soul when this Truth is realized.
37. Learning is often a hindrance because of false beliefs.
38. Much head-learning may create a giddy whirl in which many lose their balance between things external and things of the Spirit.
39. The mind clings to the things that are seen, not realizing that what is seen is but the effect of that which is unseen.
40. The senses tire with repeated pleasures and excitement and cease to respond.
41. Beware that thou forget not the Lord thy God for it is He that giveth thee power.
42. It is the invisible Soul that sustains the living body so does the invisible world sustain your world.
43. If you cut yourself off from the invisible your inspiration ceases.
44. "Forget not," let this be fixed in your consciousness.
45. The world has indeed forgotten to look for Him, that alone can be found within.
46. You are clothed in the flesh so that God Himself can manifest, therefore do not allow anything to mar or blur the Divine Expression.
47. I have come that you shall have full rich abundant Life and there is no finer school for this experience than the earth life for you, at this stage of unfoldment.

48. To enter into the Christ Consciousness is to express “wholeness” in its **true** meaning.
49. I speak of the wholeness of the race and the mystical body of Christ, that is why I am in each one waiting for recognition.
50. In this way you make real on the plane of the senses the new earth.
51. True unity is not to separate heaven from earth but to bring the Kingdom of Heaven on to earth. For this I labour, watch and wait—Thy will be done on earth as it is in heaven.
52. The Christ has come to His own. The Christ of God who dwells within, the same spoke through the Life of the one you call Jesus.
53. This same Christ now speaks and He alone can deliver mankind from bondage of the world of the senses—the Christ in you.
54. In the morning when you awake, cast out false beliefs, beliefs in sickness, beliefs that cause fear, belief in the power of sin, belief in false doctrines, belief in false prophets.
55. The Spirit of God is not touched by sickness, fear, sin or death, remember this always.
56. By true reasoning and understanding with that awareness of your oneness with the Spirit of God the only reality you learn of the Christ of God.
57. Strengthen your soul with Love and the desire to bless all, no matter who they are.
58. For no man can serve two masters for either he will hate one and like the other or he will honour one and despise the other.
59. But ask and it shall be given to you, and whatsoever you wish others to do for you, do likewise for them, for this is the Law.
60. Therefore whoever hears these words of mine and obeys them he is like a wise man who builds his house upon a rock.
61. But whosoever hears these words of mine and disregards them he is like the foolish man who builds his house upon sand.
62. In all your thoughts in all your affairs with others remember you are one with Christ who dwells within all.

THE GLORY AND POWER WHICH MY FATHER HAS GIVEN ME

63. Seek ye first the Kingdom of God and His righteousness and ye shall prosper in all thy ways.
64. You are rich beyond human language for the Lord thy God in the midst of thee is mighty.
65. And everything which is mine is yours and what is yours is mine and you are protected in my name.
66. And as my Father has sent me, so do I send you forth with the word of Power upon your lips.
67. And the glory and power which my Father has given to me so this same glory and power do I give to you, and where I am there shall ye be. And where you are so shall I be there also.
68. And the Love which my Father has given me this same Love do I give to you that we may be one.

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