

# **DIVINE HEALING OF MIND AND BODY**

*The Master Speaks again  
through a series of Lectures given*

**By**

**DR. MURDO MACDONALD-BAYNE**  
M.C., Ph.D., D.D.

**MYSTICA**  
PUBLICATIONS LTD

Other Paperback titles by Murdo MacDonald-Bayne

BEYOND THE HIMALAYAS  
THE YOGA OF THE CHRIST  
*(SEQUEL TO BEYOND THE HIMALAYAS)*

BEYOND THE HIMALAYAS/THE YOGA OF THE CHRIST  
*(SPECIAL ONE VOLUME EDITION)*

YOUR LIFE RENEWED EVERY DAY:  
EXPANDED REVISED EDITION

*(A BOOK OF 366 OF MURDO'S BENEDICTIONS)\**

SANCTUARY OF THE SILENT HEALING POWER  
*(THE MONTHLY NEWSLETTERS 1947-1955)\**

THE HIGHER POWER YOU CAN USE:  
*(WITH COMMENTARY)\**

I AM THE LIFE

HEAL YOURSELF

SPIRITUAL AND MENTAL HEALING

WHAT IS MINE IS THINE  
*(PARTS I & II IN ONE VOLUME)*

COSMIC CONSCIOUSNESS: YOUR SILENT PARTNER  
*(LECTURE NOTES 1947-48)\**

DIVINE HEALING OF MIND AND BODY  
*(THE MASTER SPEAKS AGAIN THROUGH A SERIES OF LECTURES)*

LIFE EVERLASTING: 2ND REVISED EDITION  
*(LECTURE NOTES 1948-49)\**

DEVELOPING YOUR FAITH  
*(LECTURE NOTES 1949-50)\**

HOW TO RELAX AND REVITALISE YOURSELF:  
EXPANDED DEFINITIVE EDITION  
*(LECTURE NOTES 1950)\**

LIFE MORE ABUNDANT  
*(LECTURE NOTES 1951)\**

THE WORD OF CREATION  
*(LECTURE NOTES 1952, PART 1)\**

THE SECRETS OF THE SCIENCE OF LIFE  
*(LECTURE NOTES 1952, PART 2)\**

WISDOM IS THE FOUNTAIN OF LIFE  
*(LECTURE NOTES 1953)\**

THE SPRING OF LIVING WATER  
*(LECTURE NOTES 1954)\**

\* POSTHUMOUS PUBLICATIONS

For a complete catalogue of our titles contact:

MYSTICA PUBLICATIONS LTD  
P.O. BOX 13-581  
CHRISTCHURCH  
NEW ZEALAND

[www.mystica.co.nz](http://www.mystica.co.nz)

First published in the United Kingdom in 1953  
by L.N. Fowler & Co. Ltd.

New Revised Paperback Edition  
2006 MYSTICA PUBLICATIONS LTD  
4th Printing 2010

ISBN 978-0-9582700-8-3

MYSTICA  
PUBLICATIONS LTD  
CHRISTCHURCH, NEW ZEALAND

PRINTED IN NEW ZEALAND

## PUBLISHERS NOTE

These special Lectures were only given by Dr. Murdo MacDonald-Bayne to a selected group of his students, between 9th September and 9th December 1948, in the Auditorium, Escom House, Johannesburg, South Africa.

The numbering of the actual Lecture Notes is as follows: Lecture Notes 6-10 starting with “I am the Resurrection and the Life” are Lectures 1 to 5 in this book. The second series of Lecture Notes 1-10 starting with “The Spirit of the Father Who raised Me....” became Lecture’s 6 to 14 respectively.

The original Lecture Notes as inspirationally written by Murdo and given out before the night, were very basic in content but on the night, in most cases, greatly expanded on by the Ascended Master over-shadowing Murdo.

## CONTENTS

FOREWORD. . . . . 7

INTRODUCTION . . . . . 9

### *The Lectures:*

1. "I AM THE RESURRECTION AND THE LIFE" . . . 17

2. "... AND A VOICE CAME FROM HEAVEN" . . . 33

3. "CHRIST IS THE LIFE IN YOU". . . . . 47

4. "I AM THE TRUE VINE, AND YOU ARE THE BRANCHES" 59

5. "BECAUSE I LIVE YOU SHALL LIVE ALSO" . . . 69

6. "THE SPIRIT OF THE FATHER WHO RAISED ME FROM  
THE 'DEAD' DWELLS WITHIN YOU". . . . . 79

7. "MY WORDS ARE FROM HEAVEN" . . . . . 93

8. "THE KINGDOM OF HEAVEN IS WITHIN" . . . . . 105

9. "HE WHO HATH SEEN ME HATH SEEN THE FATHER" . 119

10. "BLESSED ARE THE PURE IN HEART, FOR THEY SHALL  
KNOW GOD" . . . . . 133

CONTENTS

11. "THE SPIRIT OF GOD IS PERSONIFIED IN THE CHRIST  
OF GOD IN YOU" . . . . . 147

12. "THUS THE CHRIST HAS RISEN" . . . . . 161

13. "YOU ARE THE BRANCH ON THE VINE THAT BEARS  
MY FRUIT". . . . . 175

14. "I AM THE GOOD SHEPHERD AND MY SHEEP KNOW  
MY VOICE" . . . . . 187

## FOREWORD

IT would be impossible for me to explain how these talks were given, for I would only be giving my opinion which might be incorrect, but I can tell you of the feelings I had.

For several months prior to the giving of these talks I would awaken from my sleep at night hearing a voice apparently speaking in me. I thought I was dreaming yet it was not a dream, it was a real voice, whether it was my own or another I cannot say. The peculiar thing was that I could hear this voice and reason what it said at the same time.

After many of these experiences the voice said that special talks would be given when the proper time arrived. The time did arrive and the voice spoke instructing that the talks would begin on a certain night when those attending were all chosen. Thereafter no one must be allowed in during the series of talks, also that these talks must be taken down in shorthand and must also be recorded on a wire recorder so that nothing would be lost.

When the night for those talks duly arrived I took my place in the auditorium, I was quite concerned about what was going to happen, when I felt as if 1,000 volts of electricity were passing through me. I did not lose consciousness although I became aware of a magnificent power, a consciousness far above my own. Yet we seemed to be linked together in some mysterious way, which I cannot explain because I do not know.

Then I could hear my voice yet it was different, speaking with great authority, an authority of one who absolutely knew. I listened very attentively to what was said and could understand with a clarity that I never had before. The language was perfect without a flaw, without a hesitation, for a whole hour this went on, I was amazed because I knew that no human brain could duplicate such a feat, yet this feat was repeated each week for fourteen weeks.

## FORWARD

Only when I heard the talks on the wire recorder did I know that something strangely beautiful had taken place. I wondered and I am still wondering about the wonder of it all. You can read for yourselves what was said and if it gives you the comfort and satisfaction that it gave me and also those who had the privilege of hearing these spoken words, then they have not been spoken in vain.

Not one word has been added nor has one word been taken away.

\* \* \* \* \*

A few of the many experiences of the students who were present have been recorded in the next few pages.

**M. MACDONALD-BAYNE.**

**TALKS GIVEN THROUGH  
DR. MACDONALD-BAYNE**

*Description given by Miss I. Bagot-Smith*

A TRANSFIGURATION EXPERIENCE NEVER TO BE FORGOTTEN

IN the spring of 1948 a series of talks was given in Johannesburg to those who were chosen to hear them, this was a unique and unforgettable experience. No one who heard them could ever be the same again. They were hours of the highest spiritual growth and understanding. It was as though a veil were torn from our eyes and we could see clearly. The veritable presence of the Master became so strong a reality to us that it has never faded but grown in intensity and vividness. And always, since that time, when we lift our minds to spiritual things, suddenly we know the Master is beside us, the Power of the Father is within and all is well.

It was not the actual words that made these lectures so amazing; it was the way they were delivered. The words themselves will ring in our memories forever, but the greatest Truth was shown to us without words, and no description could ever convey the tremendous force of the Presence of the Master, and, through him, the Love of the Father—a distinct evidence more real than anything physical around us.

As the lecturer entered, he was the kindly, smiling man we all knew so well. After a pause of silence, he seemed to breathe himself out of his body in a sudden gasp, leaving it swaying and without control. Then suddenly an amazing change took place: a short, sharp intake of breath and the very Master was present, in the same body, but utterly different. We knew perfectly well that the lecturer was still the man we had all known and respected for years, but at the same time he was someone completely different. The change was so startling that our benumbed senses could scarcely credit it. But at the same time it was true, and we knew it was true. The man before us now appeared unusually tall, much taller

## DIVINE HEALING OF MIND AND BODY

than the lecturer himself. Words cannot tell the strength of this astounding truth—but it was so. We were forced to believe it beyond the evidence of our ordinary senses.

Here now before us was a man, commanding of aspect, austere and of great authority, with brilliant eyes and an assurance of power. Straight and tall he stood before us and with deep solemnity he pronounced his regular greeting:—

*“My peace I bring to you.”*

As the speaker progressed and we became more understanding, the greeting changed to *“My peace and my love I bring to you,”* *“My peace and my blessings I bring to you.”*

The blessing was given with the two first fingers of the right hand raised in the manner of a king, and low our hearts bowed before its majesty.

A quietness spread through the hall: a vibrating power like a stream of warmth passed through our bodies, burning wherever any part was imperfect and healing as it flowed.

As one talk followed the other, we could feel our own vibrations raised and our understanding clarified and lifted to a plane far beyond our everyday life. In dawning comprehension we listened to truths greater than any we had ever heard, and yet—to our wondering astonishment—we realised they were the same statements we had heard and read since infancy. But only now did we understand their meaning. Suddenly the lightning truth flashed into our minds and at last we knew the power of what the Master had first said so many years ago. And then his truths became, for us, Reality, part of our very being, to be held precious in a golden silence from now on into Eternity.

Each word fell deliberately, with never a moment of hesitation, almost like drops of water or jewels falling one after another into the pool of silence deep around us. Each sentence was of perfect construction, spoken effortlessly and with no pause for thought.

Gradually we came to know quite simply and without wonder that we were not the only people present. Among us were those

## INTRODUCTION

whom we loved, who had passed on ahead, while beyond them, in ever-widening circles, ranged thousands of higher entities.

The Master would address us all together and then, in regard to the deeper things of life, we would be given just what each could grasp. We in earthly bodies were addressed as “You of mortal sense,” while the Master would raise his eyes and speak directly to those who had lately passed on as to minds who had gained in breadth of perception, who now knew the joy of a plane more spiritual and lovely and infinitely free. And then in awe we listened while the Master spoke to those who had more nearly approached his highest perfection. High above us we felt them, and far behind us, row upon row; but no one moved or turned a head as our eyes were held by the Master. Our bodies had long since faded from our senses—they were simply in abeyance, glued into immobility, as it were, and it would take a definite effort to move them in any way.

The Master would bless us each in turn, first us “of mortal sense” and then the Spirits advanced so high above us, and his voice would warm to their greater perception. In us he perceived a rooted sense of separation, in them a unity that was a relief and a joy to him. How small we felt—how utterly unworthy!—tiny, lowly people, almost infants, reaching up uncomprehending hands to what was still a mystery. But gradually we grew in the stature of our own minds and our own self-respect. In daily life we found ourselves leading where before we had stepped diffidently back—our voice came with unexpected assurance and authority. We too seemed to grow taller and to tread more lightly as if the spirit—self were growing stronger than the physical self.

Some of us saw glorious colours behind the lecturer: waves of purple and gold so glowing that it almost hurt the eyes. To some a slantwise cross was visible, to some a thick shaft of brilliant white light pouring into the top of his head, while many saw the long red-gold hair and beard, while heavenly music and bells were heard in the background as he spoke. It became increasingly clear to us that the Master had come to give us his age-old message: “*I come to show you the Father.*”

## DIVINE HEALING OF MIND AND BODY

How often we had heard it before, but with blinded senses. Now we began to understand.

We learnt of the Master Jesus, himself a man as we were, highly sensitive, developed, perceiving, aware, as we were not, of the wonder of the Christ within, the Son of the Living God. He and the Christ and his Father were one Being. Of himself he could do nothing; but, identified with the Christ, one with the Father, he could do all things and have dominion over all things.

As the talks commenced, his voice was always grave and austere, as from a distance, sure and firm as a great leader speaking to followers searching for knowledge. But, as he talked, his voice warmed to us, his eyes shone with lovingness, his delight in our response and in the understanding of his Spirit.

The listeners grew more and more. And now and then, in speaking of the Father; he would be overcome with his own emotion of the love so aroused. His voice would fade away and, entirely forgetful of us, suddenly he would so lose himself in the Love of the Father that it was as though an actual Being were between us. He spoke to one much nearer than we were: to someone so close as to be “nearer than breathing.” He would stand wrapped in the glory of the Godhead. He would murmur directly to his Father. Sometimes we heard the words, “*Father, I love Thee, I love Thee, and I love those that Thou hast given me—Thy children. I thank Thee for them.*” In the pause his face was lit with a love of ineffable tenderness; a light of pure ecstasy transfigured his features, almost blinding in its intensity; our eyes could not bear the brilliance that shone from his face. It was as though he had entered into some holy Temple of Love such as we could not comprehend. In awe we gazed—the Presence of the Father so strong, so tangible, so vivid, as to be far more real than the people around us. They faded; he was there strong, powerful, in glory beyond glory.

And we too began to know the Father—an actively loving Being: no mere passive Godhead but a Father, powerful in guidance, in achieving all the Son could wish, a loving Father with arms around him, sheltering him in an ecstasy of peace.

## INTRODUCTION

A love shone through his presence, embracing all of us, impartially, universally, forcing us to realise the Truth as a Truth real beyond anything that could be touched or seen—the Truth of the Presence of God—a loving, active, positive, dynamic Father, a silent partner, at our shoulder always, a God who traveled home with us, came in at the gate with us, protecting us, so that for evermore no fear would enter into our homes or lives. The Love of the Father became an unmistakable reality. No words of the Master gave us that realisation; it was his own intense, burning, joyful love of the Father, that forced this knowledge upon us. And, because of this belonging to the Father, the Son was filled with a peace and a glory of happiness that was eternal and infinite.

And as he ascended again to his Father, he called us his disciples and he left with us his assurance:

*“My peace and my love, my blessings, I leave with you to remain with you.”*

At the time we felt that that was the end, and we longed for the wonder of the talks over again. But twice more he came, with a space of several months between.

At these times he spoke differently, bidding us search our hearts to see how much we had progressed along the path of Love that he had shown us. He asked us: *“Is your faith so great that now you too could walk upon the water?”* And again, *“Does your love for the Father order all your thoughts and deeds?”* *“Do you live in love to the exclusion of all else?”*

How deeply shamed we felt at the little we had done, and how unworthy we knew ourselves to be of the honour of his coming.

\* \* \* \* \*

The speaker continues to lecture week by week and often the Master, quite visibly, takes over his body for an amazing moment,

## DIVINE HEALING OF MIND AND BODY

just at the end to give us his solemn blessing. The transfiguration is complete, with gown, face, beard and hair showing through the brilliant light around him,

*“My love and my peace remain with you.”*

So that, in daily life, we know that the Master is beside us, and reverently we tread the earth, we whom he called his disciples, with the sure knowledge, in our hearts, of the undying Christ, alive and present in the world today.

Mrs. Patterson says:

*“Words are inadequate to express what I saw and felt when our Master spoke to us through the Doctor. For a few seconds I was aware of a silence, unlike anything I had ever experienced; it seemed that I was suddenly transported into another world. Then I saw the whole outline of the Doctor’s body change; his face took on quite a different expression and beams of light radiated from him. The face of the Master showed up clearly.*

*“The auditorium was charged with Power and Light.*

*“ At the time I did not realise it, but a great change took place within myself. I was left with a deep feeling of security in a Living Christ, which is everything to me.”*

Mrs. Gilbert, a medium who travelled the world, states:

*“I have been a medium for over thirty years, but I have never witnessed anything like I saw with the transfiguration of the Master. The Light that shone from him was so great that I had to close my eyes. I have never heard music so clearly before. The Auditorium was filled with those who had gone on before us. What joy it was to listen to the voice that was clear, distinct, without a flaw or an error, for over an hour. No human being could be capable of such oratory.”*

## INTRODUCTION

Misses S. A. and E. A. Arnott say:

*“The greatest thing in our lives has happened that the Master showed himself. His face clearly shone forth, bright blue eyes, with reddish auburn beard and hair down to his shoulders. The light that shone from him was more than our eyes could stand. Then we got accustomed to the brilliant light and could watch every movement. It was a thrilling experience we will never forget. His words were perfectly formed and not a pause or a mistake did He make for over an hour. It was this that amazed us most. The form of the Doctor grew a few inches as the Master overshadowed him. This was the first experience we ever had in transfiguration, although we had heard much about it.”*

Mr. A. Thomas states:

*“I am a most practical and critical person, being an engineer. I was always doubtful about what others saw and heard, and although I have read much on the subject of mediumship I was not convinced. But when I saw with my own eyes a light so bright that I had to close them, for it was some time before I could accustom my sight to the brilliance, then to see the face that is so familiar in many pictures of the Master, I was convinced that it was true. The Master’s voice and speech were more than perfect. It is doubtful if any human being could perform such oratory.*

*“Although the Doctor is a good speaker I know he could not perform such a feat. My wife and her mother attended these talks and they also saw and heard the same as I did.”*

All present have testified in one way or another to the wonderful experiences they had during, these talks by the Master.

LECTURE 1  
(9th September 1948)

**“I AM THE RESURRECTION AND THE  
LIFE—THE LOVE OF GOD”**

*I am myself resurrection and Life, he who believes in me will live even if he dies, and no one who lives and believes in me will ever die.*

1. God is Love and Love is God, yet no one knows what It is—we only know that It *is*. Perhaps you have been theorising—never do this! You must let the Truth unfold without suggestions from outside, and you must not come to a conclusion, for this closes the avenue to Truth.

2. Love is the centre of the whole Universe, and from this centre a continuous flow of Love flows through every soul and through everything that lives. Through flowers, through animals, through human beings and angels, this same Love flows continuously from its Central Font, forever expressing Itself in Its true nature.

3. Love is the affinity in the minerals; Love is the essence in the flowers; Love is expressed in the animal nature. In man Love is expressed in affection, and, when fully realised, the whole being is filled with It and every cell in the body becomes vitalised.

4. There is no other power in the world but Love; It is the only true Power in heaven and all, earth, for It is eternal and ever-present everywhere. The outer will pass away, but Love shall forever be, for it is the Omnipresence of God.

5. Theorising on Love is but a mental aspect of It. To theorise all, what Love is, is to lose its power. You are the creation of the Infinite Life which is Love, and Love expresses Itself in Its true nature when understood and realised in this way.

## DIVINE HEALING OF MIND AND BODY

6. All great souls upon the earth are expressing this Love in different ways in different parts of the world.

7. Suggestions come from outside—but you cannot understand the Truth from suggestions that arise from outside yourselves. Therefore do not come to any conclusion in regard to the Truth, for the Truth is unfathomable and eternal. I am ever-present, expressing myself in my Divine nature which is Eternal.

8. You must accept this, yet you must not come to conclusions of what It is, or what It is not.

9. Remember, this mighty power is waiting to unfold in you; you are the vehicle prepared by It; your soul is the vehicle through which It will flow. To be conscious of this is the secret of the God-man.

10. What is space? You are now learning the rapidity of thought transference which is between you and the mind which is influencing you. These thoughts know nothing of distance.

11. Nathaniel asked, “Whence do you know me?” “Even before Philip called you, while you were under the fig tree I saw you. Truly, I say to all of you that from now on you will see the heavens opened and the Angels of God ascending and descending to the Son of Man.”

12. You have already witnessed this Truth. All are angels in the making; you are born angels, the angelic birth exists in you. This is the Love of God. Some angels, now existing, are those who once lived on one planet or another.

13. The whole Universe is one complete whole, expressing the Divine Nature of Love. Love is the holy cohesive quality, the only power that can sustain all things, and is bringing about Its own perfection.

14. There is never anything wrong where Love exists, for It is complete in Itself.

15. There is nothing that can interfere with the current of pure thought directed from Life, for really there is no distance; the only necessity is a condition of receptivity.

16. It is now possible to receive this wonderful gift of the Father that is being poured out eternally. You can experience It for

## I AM THE RESURRECTION AND THE LIFE

yourselves by opening yourselves up to It. You do not receive It from the external, only know that It is eagerly waiting to express Itself from the very centre of your being.

17. You must become consciously aware of It, and, when you are consciously aware of It, then you will experience It in every cell of your body, in your surroundings, in your friends, in your business place, your home all can be filled with It. And there is nothing that can withstand It. It is so solid in Its nature that It interpenetrates every single particle of substance that exists in the Universe. It supports the whole Universe, and It gives breath and life; “I am the Life and Love.”

18. All your thoughts of Love and Healing sent out even without any special direction are caught up in the stream, and they help all. Remember nothing is lost in this world of thought charged with Love.

19. Space is a wrong idea; it belongs to separation, but in Reality there is no separation.

20. Let your hearts and minds rest undisturbed in the realisation of the omnipresence of God. Even the child will come to know that there is no space or distance, for you all dwell in God and there is absolutely nothing outside God.

21. By my own experiences I found that the flesh changes through the conscious awareness of the Divine Essence of Love. It is the Power that creates all things and attracts everything to It.

22. For God who made the world and all things therein, and Who is the Lord of Heaven and Earth, does not dwell in temples made with hands, neither is ministered unto by human hands, nor is He in need of anything, for it is He who gave Life and breath to all men.

23. And He has made of one blood all nations for to dwell on the face of the earth, so that they should seek and search after God and find Him by means of His Love and His Creations.

24. He is not far from anyone of you. For in Him all live and move and have their being, and, as some of your wise men have said, “all are His kindred” Yes, when you have seen me you have seen the Father.

## DIVINE HEALING OF MIND AND BODY

25. There is no mystery about these words when you thoroughly understand them. The mystery disappears when they are understood.

26. There cannot be one particle of substance that is not of God. Every particle in the whole Universe must be of God, for it is God alone who is expressing Himself, and I and the Father are one, there is no separation between us.

27. Now therefore, man, being of the family of God, is not bound to worship resemblances made of gold or silver or stone shapen by the skill and knowledge of man into resemblances of the Deity. Yet when men heard of the resurrection of the dead they mocked.

28. Understand that the great Truth of the Omnipresence, the Omnipotence and the Omniscience of God is complete. Know that it is He Who lives, and He alone lives, in every living thing because He created all of them and He could not live apart from His creations, for He is omnipresent.

29. If His creations were in anyway separated from Him He could not be Infinite in nature, He could not be complete in Himself. Every creation was created with the fundamental principle of Love harmonising every action, bringing into manifestation His Divine nature. And when man becomes aware of this Truth, then shall man create in himself the reflection of that perfect Divinity which will bring about his Heaven on earth.

30. And they mocked because they heard of the resurrection of the dead. Yet how could there be anything dead in the living Universe? How could there be anything dead in the Eternal Living God? Admitted there is change taking place everywhere, but there is nothing dead in that change; every particle is a living particle which changes from one form to another. What ignorant man sees is death, what enlightened man sees is the action of Life. Ignorant man does not understand the law of transition from the one state to another, therefore man creates in his own mind the illusion he calls death.

31. Not one particle of the whole Universe is dead; every particle is alive, existing in God. Every particle, even in its process of change, is a living expression of Life. And the fundamental

## I AM THE RESURRECTION AND THE LIFE

principle under it all is the power of Love flowing from the Central Font of Love to Its smallest creations.

32. Your sense-mind would cloud or hide the vision, the vision of the completeness of that which is Divine in nature.

33. But now you are in the secret place of the most High, and He shall wipe away all tears from your eyes, and there shall be no more death, neither shall there be any more pain, for the former things pass away.

34. "I am Alpha and Omega, the beginning and the end; I will give freely of the fountain of living water to him who is athirst. I am in myself the beginning and the end, I am He whom the prophets have spoken of, I am the Lord, the Christ that dwells in each and everyone of you, and there is no separation between us, yet you have placed me so far away beyond your reach."

35. In your own minds you have thought me unattainable, yet I am living in the secret chambers of your hearts urging you continuously to recognise me.

36. This is the Christ that is born in the human family, the Christ that is born in every babe. It is the Christ that is eternal and lives after so-called death. It is the Christ in you that shall live forever.

37. Even as the rivers flow out and, refresh the earth, so can you release that stream of Eternal Life into the outer. The unseen Spiritual Substance is alone substantial and is the only Reality that can be expressed in your personal life now.

38. Your consciousness is the reflection of It, your consciousness in the material or physical is the reflection of this Eternal Life expressing Itself, and as you become more aware of It, It becomes more real to you.

39. The brain, the nervous system, and the flesh of the body become filled with It. It raises the vibration of your mind to a state beyond your earthly existence. Yes, in time It will transform the body to make it that perfect instrument, for the Divine in nature is the only Reality.

40. Use every opportunity to express that which you know. Let your Love flow out and bless every brother, every sister, so

## DIVINE HEALING OF MIND AND BODY

that all your divisions will be swept away by the ocean of Love welling up in human hearts and lives. When you bless a brother and a sister with this love, in and out of your own being flows the Christ Life and Love.

41. Do not in any way disregard the truths that are written in the New Testament. If you express that which is true, you will also become true. Your true nature is Divine, let this nature become yours now, because now is Eternity, every moment of Life is *now*. Therefore remember not the past nor be anxious for the future; the future is taken care of, by your living now.

42. You must all come to the understanding of the Omnipresence that fills all space, knows nothing of past or future but is eternally present, the same yesterday, today and forever.

43. When you begin to know that all time is the present, you cease to “long,” you cease to long for things to come, and a great strain drops from you. How many of you are straining today? Because you are not living in the Omnipresence that is omnipresent. You live in a past and a future and miss the glorious expression of the Divine Life now.

44. Peace will come into your souls, things that troubled you before will no longer beset you. You will not be burdened with the things of the world because you will know that all that is mine is thine.

45. Spirit is all power, and directs all things, but if you stand on the outside looking in, then there is no possibility of your ever partaking of the feast spread before you; but if you will come inside, you can partake of the feast now and there will never be any other time but now.

46. When you gain this understanding, you eager souls—who feel that you must accomplish so much in a given time—will come to know that Love and service are pleasure and rest.

47. These words seem strange to you at first because you do not understand them. To rest in the Lord means to be always with the Lord; and as the Lord is the supreme expression of the Almighty, knowing this, there is no fear, there is no doubt, and Life becomes a joy.

## I AM THE RESURRECTION AND THE LIFE

48. Only when you are burdened with the cares of the world is there sorrow. Lift up your hearts and rejoice in the fact that your Father knoweth what you are in need of and has prepared everything for you; the table is already set. You can come into the feast now if you will, and partake of all that you are capable of; the only thing that is necessary is your capacity to receive..

49. You will renew your energies and unfold wider avenues for further experience, with a sense of peace and quiet that comes from that which does not consider time or space as an essential factor, for It knows no time or space, being Ever-present and Eternal.

50. To live in the spiritual is to live in Reality, not spasmodically and in limits. How can there be any time or space in Infinity? Know that you live in the Mind of God that fills all space, for there is nowhere where It is not.

51. If you truly know that you are the Christ of God that exists eternally and is ever-present, the animating and Creative Power within the Mind, then there can be no time or space.

52. You can reach the state where there is no time or space and enter into the completeness of the Lord thy God, that dwells in your soul; the Lord is the only Power there is. *I am* the Lord.

53. "Love" is the eternal ever-present and glorious Life now, which is a rest and a joy, a satisfaction too full to make you look backward or forward when you know that Love is the ever-present Life now. The soul who has realised this moves in the sufficiency of the Presence, that is ever active in the present and never in the past or the future.

54. Think over this carefully, so that your joy may be full. "I am" the ever-present Love. It was this Love that I saw so clearly. I knew that God was Love, and to be His son then I must be Love also. I found there could be nothing else for me but Love, and no matter what was done to me I still knew that I must remain the son of God, the Eternal Ever-present perfect LOVE that knew no past or future, no sin or death.

55. "Lazarus come forth," was to speak from the Spiritual plane, realising only the ever-present Life. If you can understand

## DIVINE HEALING OF MIND AND BODY

these words, you will realise the Life that is eternal and ever-present. You can also speak the word, if your consciousness can grasp the Reality of It, and what you speak shall manifest because it is created in the *now*.

56. You are affected by suggestions that come from without, suggested to by the conditions surrounding you; you believe in death and decay; but in Reality there is no death nor decay, there is only change, and this is Life. If you could see this ever-present Life behind all change and become consciously aware of It, then I say that every particle of your whole body would be filled with It.

57. "I am" the Lord, "I" change not. Open your eyes and see within yourselves this mighty Truth.

58. You can be just as much of God as you are prepared to manifest. Christ, the Son of God, in the heart of humanity reaches out to man urging him to awaken to his Divine Consciousness, for the Christ in each and everyone is alive forever. There is eternal peace in the heart as you recognise this Truth.

59. "I am the Lord thy God. I am one with the Father, the Father and I are never apart, we are always working together in you."

60. The seven acts of Christ become actual to you now, at this moment, instead of belonging to a past period. The Christ experiences the birth of Life in the Temple that is not made with hands.

61. The symbol of the Divine child in the arms of Mary, the Mother, is but the symbol of the Christ being born in every babe. The Father is individualised in each and everyone, thus manifesting the birth of Christ the Eternal Son of God into earthly Life.

62. Look around you and look at each other and say, "From whence didst thou come?" Only the Father knoweth.

63. The anointing is the consecration of the life to God. Then cometh the awakening of the Christ in the Temple that is made by God alone.

64. According to your realisation the Christ manifests in you, so do you consecrate your life to God.

## I AM THE RESURRECTION AND THE LIFE

65. Then comes the temptation. Temptation was in the world for the Christ to overcome: “I have overcome the world.”

66. The crucifixion means that everyone is crucified. All must pass through their own gates of Gethsemane; some pass through it one way, some another. Thus you are purified through your experience.

67. The greatest of all experiences was that I could lay down my life through the crucifixion to take it up again, not for my own benefit but for the benefit of all who live, “and those who believeth in me will never die,” for they have already found the secret of Eternal Life.

68. Then comes the resurrection, the resurrection of the soul out of this mortal body. The Christ is the Spirit of God manifesting in the flesh, the ascension is the true recognition of this Reality, the true realisation of the Eternal Christ.

69. The Christ is in you and nothing can avail from without; the evolution of the one Soul exalts the whole race, that they may all be one.

70. The complete understanding of time as the only present factor, with neither past nor future, would remove false ideas and inherited ills. Only the good that man does has any vitality. Then cease to uphold the working-out of ignorance and sin, and things of the past.

71. Most people’s minds are overburdened with the power of sin. The ignorance in the world and the sin in the world are all they can see. You cannot see the Christ through ignorance and sin. You can only see Christ through the Love of God; the complete and perfect expression of the Father of Love is His Son who lives forever in the present.

72. I am the son of God through Love. So also must you become the sons and daughters of God through Love. In no other way can you become true sons and daughters of God.

73. You are born sons and daughters of God because the Christ the Spirit of God is in you. When Christ is realised you will know yourself to be. Then the flood of Love flows through the heart that understands; this is beyond the conception of any human soul that has not yet awakened.

## DIVINE HEALING OF MIND AND BODY

74. In your physical sense you make both good and evil seem of equal power. This is but theorising with mortal sense, it is not the truth of Reality.

75. In God there is neither good nor evil, God is the complete perfect expression now. If you say that the omnipresent God is good and that evil exists also, then your reason is at fault—how can evil exist in the omnipresent good?

76. Your misconceptions cause you to believe that evil exists. Do not theorise, but allow the Love of God to express Itself through you; and you will find that which makes you fear, that which hinders your true expression, will dissolve away into nothingness—where it belongs. Think, and you will see that it is in your own mind that you are creating fear and evil, for it does not and cannot exist in the omnipresence of God.

77. Love is the only reality and is ever-present; then realise that this Ever-present is Eternity free from all conditions.

78. Darkness is but the absence of light. When your hearts are full of Love there can be no darkness in the soul, for Love is the Light of the world. Truth is the search for the Light of the world; “Love” is the first Cause, and when, you find this truth you have found everything. As Love casteth out fear, so does Love cast out all that is contrary to the true nature.

79. Fear is a thought-power generated by the self through lack of understanding and has the temporary effect of interrupting the flow of Life through the soul and body.

80. Would you fear if you knew that *you* were the Lord? Would you fear if you knew that the Christ was *your* real self? Would you fear if you knew that God alone existed and it was He who was expressing Himself, and that *you*, His creation, could never be separated from Him?

81. Look to the Cross and see what lesson it brings you. Would you deny the Father, even though you were scourged and crucified with nails through hands and feet? Your only strength lies in Him who is with you always, who created you like unto Himself—LOVE.

## I AM THE RESURRECTION AND THE LIFE

82. Fear has the effect of changing the body through chemicalization, but to overcome these conditions you apply the antidote of Love, the only permanent power in the Universe.

83. Every thought, every movement, every action has a chemical change upon the body. You are continuously changing your body structure through fear and anxiety; this is inharmony. But Love is harmony and healing for soul and body.

84. Love is the power that overcomes all things and is working through all Nature. God is expressing Himself, sustaining the body, the temple not made with hands.

85. When you let go of your fears you will find that your God-nature will bring back the normal state of the body, which is harmony.

86. Nothing has been brought into being except through the Christ. As John said, the Word was with God and the Word was God, and the Word was made flesh; and only through that Word did everything come into being. I am that Word, I am the Word of God, I am the Life, I am the Lord.

87. See clearly this Truth in yourselves, knowing that which is possible to me is also possible to you if you will believe in me.

88. Peace and calm will come into your hearts when you know that you are passing through all stages of the Christ from the birth to the Ascension.

89. Love is power and Life's true expression. Love pours forth from its fountain in one continuous stream and is the only power there really is.

90. Love is the Life Energy passing through the body. Love is a passion of great power in the heart. Love is the protective agency in every living soul. Love flows through all planes of being; Love is the foundation of all Divine action and is the salvation of the Race.

91. When you realise that this Love is within yourselves, then the mighty Power grows from within you. No power comes from without.

92. Love pours forth from its Source in one continuous stream and is the only Real Power there is; the soul and body are sustained by It.

## DIVINE HEALING OF MIND AND BODY

93. It is the rapture in the heart, the protector of the soul and body. All Divine action is based upon the Love of God.

94. All are subject to the Divine; the more you know this, the more like God you become. All are subject to the same power, for there is no other Power but the Power of the Infinite Living Life. Therefore the omnipresence of His Divine Nature is a Reality.

95. Love is the only Power that exists in the whole Universe: everything responds to it. Flowers, animals, humans and Angels all respond to Love's adoration.

96. Love being God, It must be the greatest power there is. Love harmonises everything. Love cannot be separate from anything in Nature, for It is the cause behind all true manifestation, and will remain when all other conditions are removed.

97. Do not think that the Father has left you when you find yourself in distress. He is making you more perfect, a more perfect instrument through which He can manifest His Creative Power.

98. Ignorance has no principle in itself, just as error has no principle. Mathematics has a principle, but error can have none, for when the error is corrected it disappears; therefore you learn that ignorance and error have no power of their own.

99. The prophet wrote in Proverbs, "My son, eat this honey because it is good, and this honeycomb which is sweet to thy taste; so shall the knowledge of wisdom be unto thy soul, when thou hast found it; then there shalt be reward and thy expectations shall not be cut off."

100. Love is the secret balm that all can use, the learned and the untutored, the wise and the foolish. It speaks all languages, and It is the soul's haven of rest.

101. The position you hold in the world means nothing. What means most to you is your capacity to receive and give Divine Love, the true expression of God Himself.

102. God is Spirit, and Spirit is Life; Life is Love; and Love is the vital force in all things; It is the harmony in all things; then we must worship in Love if we would attain a consciousness of God.

103. Idols and images are but symbols in the mind and we gain little from them; we must realise the Love of God. Christ is

## I AM THE RESURRECTION AND THE LIFE

the Spirit of God, and has been given all power in heaven and on earth through Love.

104. People are mystified by the healings that took place 2,000 years ago, but there is very little difference in the healings that take place in your midst today; the only difference is the fact that it may be a different personality used. But it is the same Christ that heals.

105. The Real is the Principle of Love. God made the Universe by pure thought, positive and creative, which is the expression of His nature "Love." Then Love is the union between God and mankind. This Divine Energy is the eternal link that holds us fast to Him who made us in His own image and likeness.

106. So mankind becomes the vehicle for the expression of Love, and this is the true science of Living.

107. As we gaze upon the Fountain of Love, God's nature becomes our nature. What I see the Father do, I do likewise. It is no longer strange to you now, that my thoughts become the healing power that changes the ether of disease and death to those of Health and Life.

108. By the power of the holy thought your bodies will also be changed from carnal flesh to spirit form.

109. All are sons and daughters of God by birth, and all become sons and daughters of God through understanding and Love. There is nothing so great in the heart of man as the expression of his Christ nature: there is no greater power in all the world. *By Love I heal, by Love I live.*

110. Through true understanding the truth is revealed—that we are all sons and daughters of God; and from this point alone you become a greater civilisation upon earth.

111. The Love of God through the Christ must dwell in each and everyone of you. Seek ye first the Kingdom of God and His righteousness, and everything else shall be added unto you.

112. And when you pray, believe you have received that which you have asked for, and ye shall have it. When you ask, ask in the Mind of God; it is then established in the Spirit, and what is established in the Spirit must come forth in form, provided you make yourself receptive to it through understanding Faith.

## DIVINE HEALING OF MIND AND BODY

113. You shall all gain your inheritance even in the darkness that surrounds you, for the Light that lighteth the world is within yourselves and can never be extinguished.

114. We are all joint heirs to all that is God's when we attain to an understanding heart full of Love. "Son thou art ever with me, all that is mine is thine."

115. Through my lips, to unawakened earth comes the Trumpet of Truth. The Lord thy God is one Lord, and this is the Infinite Spirit within all mankind.

116. I am the Light of the world; he who follows me will never walk in darkness; he will enjoy the light of Life.

117. The Pharisees said, "You are testifying to yourself; your evidence is not valid." Is it not the same today?

118. I replied to them, "Though I do testify to myself, my evidence is valid, because I know where I have come from, and where I am going to—whereas you do not know where I have come from, or where I am going to. You judge by the outside. I judge no one; and though I do judge, my judgment is true, because I am not by myself—there is myself and the Father who sent me."

## PEACE AND LOVE BE WITH YOU

O Eternal Father of Love, we rejoice in Thy Presence. We know Thou art with us always, and we can never be apart from Thee. We are expressing Thy Life and Love. Thou didst send me into this world to prepare others for that which is to come. And they shall become Thy Angels to administer to others Thy Love. This is the joy of Life; let this joy be theirs, as it is mine for ever and ever. Make it their watchword in the morning, noon and night, so that they shall always be at peace. Even if ignorance darkens the light of Thy Presence, help them to see the Divine Truth: "I am the Lord; I have been given power and dominion over all things." Thy Peace I leave with them, for Thy peace is eternal, and as they seek it so shall they find it. AMEN.

## I AM THE RESURRECTION AND THE LIFE

\* \* \* \* \*

### (THE SCRIBE'S REMARKS:

This was the first talk to us by the Master. Those present were amazed beyond words, for most had never seen a transfiguration before. A shaft of light shone from above, lighting up the Auditorium, and the face of the Master was clearly seen, and those who witnessed it were different henceforth.)

LECTURE 2  
(16th September 1948)

**“...AND A VOICE CAME FROM HEAVEN”**

1. These talks are being recorded as I speak; this will help you to remember what I have said. It is difficult to remember all the words that are spoken, and it is difficult to convey to the mind the meaning behind the words, but if you will pay attention you will be able to understand. My words are profound, pregnant with the everlasting Truth.

2. The only way that you can convey to the mind something that is indescribable is by means of giving the key so that you can open the door yourselves, and this is the meaning of the words “... and a voice came from heaven.”

3. Heaven is not a place but an awareness of God. What are you conscious of? Think for a moment! Are you just conscious of yourselves, conscious of things external, conscious of what you see and hear with your eyes and ears? Or are you conscious of an inner voice, which is waiting to reveal Itself to you, revealing its greatness, Its mighty power in your lives?

4. When we last gathered here together, I made it plain that the Infinite—the Life and Love I spoke to you about—is above and beyond the conception of the mortal sense, yet I know that God is Infinitely meek and lowly, as well as great and wondrous. He fills all space and creates all, and, as you become conscious of this all-pervading Life, It is the answer to the soul’s deepest and highest aspirations, for Love fulfils Itself.

5. This Love is the only power existing in the world, and when you grasp this thoroughly you will no longer fear. Love flows from the Central Font of the Infinite Himself, expressing Itself in everything from the very lowest to the highest. It flows through all planes of manifestation, from the mineral substance to the highest angelic Beings existing in the Cosmos.

## DIVINE HEALING OF MIND AND BODY

6. Learn first and thoroughly that “you are” and will be forever. Your present condition is an opportunity for Spiritual advancement. The condition in which you are in at the present time is one that is most necessary.

7. When you come to learn the great Truth that Spirit is all there is, and that there can be nothing but Spirit, the scales fall from your eyes.

8. I am obliged to use your words and modes of expression. These are wholly inadequate to convey Spiritual truths, yet, by opening yourselves to the Spirit within, you will know what I have said is true.

9. So we will consider together the great truths of God and mankind His offspring.

10. You, the real you, are not the outward or visible form, nor is your personality the real you, for this is far from the true likeness of your real self. You are a Conscious Being that lives in Reality, the voice from heaven. Become aware of this voice from heaven within, and you will know me also.

11. When you see a most beautiful scene and you wish to portray that scene on canvas, the result is but a copy of it and can never compare with the real. It is the same with you.

12. The real is in the Spiritual plane and exists there as your true self. The outer is but a copy, and is blurred by the artistry of the mind reacting to the external world through the senses.

13. Allow the real within to manifest in the outer, Its wondrous power of Love and Peace. The Creative Principle existing throughout the whole Universe is invisible to the eyes of humans, invisible to the eyes of Angels, yet it exists as the only Reality in all, as the building process, the Creative Principle in everything, and through it all visible things must come. Then do not blur the outer through ignorance and fear.

14. I am the Life! I know myself as Life; therefore, in my knowing, I become the Life, and through me and by me everything has been made that is made. I and the Father are one, for there is no other Life.

... AND A VOICE CAME FROM HEAVEN

15. I cannot convey in words to you what I see and know, yet within yourselves is the Spirit that will enlighten you of the glory that remains permanently “now” for you to realise.

16. The realisation of this Spiritual power was the basis of Peter’s faith, and enabled my disciples to perform miracles—yet there is no miracle when the Law is understood. And when you also realise this mighty power within, you will know that the Creative Principle is in your own consciousness, your consciousness being the means through which It is expressed. Through your consciousness everything manifests in your own life, for it is the Father Himself who is living in you. This is what I am aware of always; this is what you must also be aware of.

17. Children know things instinctively. Many pertinent questions that a child desires to know remain unanswered through the ignorance of those who are supposed to guide it. These questions remain unanswered for perhaps a lifetime before being asked again. The soul that desires the truth can open the Door, for: “Behold I stand at the door and knock, and whosoever opens I will come in and sup with him and he with me.” This is the great mighty Truth of the Living God: I and the Father are one.

18. The realisation of this Truth enables that which is ever-present to come forth in your own lives. There is a great force of Creative Power working in and through you—yet you do not see it. Yet It is that which in Itself manifests, and must do so through you, for you were specially made for that purpose.

19. I want you to think clearly on what I have said, so that you can realise the indescribable Truth that mortal mind cannot describe. The Indescribable can only be realised, for the Indescribable is in Itself the Truth, and will manifest completely when you realise It. It is not WHAT It is, but THAT It is.

20. You create anew by the Life that flows from the centre of all Life and Love. Thus the will of God is done on earth as it is done in heaven, and this can be done in you “now.”

21. There seems to be a barrier between the visible and the invisible, that separates us, but this is not true; there is no barrier except in your own minds, there alone exists the barrier between us. Then get rid of this barrier, this separation, through understanding and Love.

## DIVINE HEALING OF MIND AND BODY

22. When you enter into the greater Consciousness of God you will no longer be content with the shadows of things but will seek that which is real and substantial. The invisible is the substantial, the visible is but the shadow.

23. When you see something through your mortal eyes, you say it is real because you can feel it and see it. What you are seeing is but the outer expression of something greater that remains invisible, the Creative Power, the Life, the only eternally existing power in the Universe, and this is the Life-Principle that lives in you and me and in every living thing. This Life is love, this Life is peace. "I am the Life."

24. You think that the passing of great minds from your midst is a loss; this is not so, for these minds become greater and have not left you. They live more in Reality than ever before.

25. Therefore you have not lost anything, but have gained a great deal more. Think of your own dear ones who have passed beyond the flesh; you think you have lost them. I can assure you that is not true, they are greater now than they have ever been and they are nearer to you now than they have ever been.

26. You realise now that I have not left you, but am still with you. I am in the world transforming the world, uplifting the minds of all to see the Truth that dwells within, so that all people shall become aware of their Divine Nature.

27. The more you know of your true Self the more you will understand me.

28. The great mistake most make is to think that I and My disciples have sojourned to some far-off place, there to wait till some future date when you may arrive at the same place, if you get the passport from some organisation that claims to be able to get you an entry.

29. There is no place, only a state of consciousness; and we are with you now. The more you realise this, the more we can come into your lives and help you.

30. Think of what the Consciousness of God means to you now. It is the same consciousness in me as it is in you. There is no difference in the consciousness; the only difference is in the degree of awareness or the realisation of consciousness.

... AND A VOICE CAME FROM HEAVEN

31. The Consciousness of God is not split up in parts; you cannot say that you are a particle of this or a particle of that; God is one whole, complete, expressing Himself, and you live and move and have your being in Him and He lives in you. Through your consciousness you become aware of this, and then your consciousness becomes the power over all things.

32. No earnest prayer is ever disregarded. God knows before you ask what you are in need of.

33. God is Love and you must reverence Him with your hearts full of love. What man is there of you, when if his son ask bread will give him a stone, or if he ask a fish will give him a serpent?

34. If ye then, being ignorant of true Love, know how to give things unto your children, how much more shall your Father who is Real Love give good things to them that ask Him.

35. Some think God is afar off when they pray; I say to you, go into your closet and close the door and there pray in secret, for your Father hears in secret, and He shall reward thee openly.

36. The meaning is quite plain. In your own secret chambers there dwells the Almighty. The Almighty is not afar distant from you but is the living expression of Reality in you, your Reality, your Real Self.

37. When you pray earnestly in this “knowing” in secret, in the quiet of your own soul, the whole Universe is brought into action to create and express that which you ask.

38. All real prayers are answered instantly, and the time will come when your prayers will also be answered instantly. You must practice praying, practice praying in secret with your mind at peace. Believe you have received, and you shall have.

39. It is wonderful to understand that we, you and I, and all others with us, are one great united unlimited whole, one family in which there is no separation, only Love.

40. Perhaps you cannot grasp this at first, but, as you open yourselves to the Spirit of Truth, the Comforter that is always with you will reveal all to you. “I am” the Comforter, “I am” the Life.

## DIVINE HEALING OF MIND AND BODY

41. I am the Life, and he who believes in Me shall not die, and even if he were dead he shall live, because I am the Life in you. He who believeth in Me has everlasting Life; therefore there can be no death, for I am ever alive in you.

42. It is the same Spirit in all. A drop of the ocean has the same quality as all the ocean. I am everywhere.

43. By understanding and love, so do you enter into the Christ that dwells in all souls, for there "I" abide.

44. Ye have heard what I said unto you, "I have set the Lord always before me because He is at my right hand and I shall not be moved."

45. How slowly do you truly learn that God and man are one. You are afraid to throw away your limitation, like children you cling to your toys, your walls, your partitions, your churches, your chapels, your synagogues, your mosques. Oh, could I gather you all together under my wings and show you the one Life in all!

46. You often wonder why you are so long in learning that God is all Life and that this Life is perfect Love seen and unseen. This is because you try to grasp the truth from without, instead of from within.

47. How you all like to cling to the things that you are afraid to lose. He who retains his life will lose it; he who gives up his life will retain it.

48. I speak from the Christ, I always did, and that is why my words seemed strange to those who live only in the outer. Millions are still in bondage, yet at all times my door is open to all, to come in and sup with me.

49. A Satan tries to bar the way, and that Satan is the false personality, the Satan of the senses, that all have to overcome.

50. This illusion of the mortal sense is the only hindrance to the realisation of true Spiritual Consciousness, for the Kingdom of Heaven is within yourselves. I am the Life, the same of 2,000 years ago. As Moses and Elijah were 2,000 years before my appearance on earth yet it was the same Life expressed in all. I am before Abraham.

... AND A VOICE CAME FROM HEAVEN

51. Time does not exist; I am now as I was and always will be. In this realisation you must also remember that you are the living expression of the Almighty, for the Father is ever working in you.

52. The Divine Power that exists in you is the same as in me, and, as your consciousness unfolds into the greater Consciousness of God, so you will know me.

53. The Voice of the Christ is fearless and all-powerful. Christ is the conqueror, and will conquer, for it is the Law of God that the Christ shall have dominion over all things.

54. The symbol of the Cross is the Christ in man overcoming the world, the awakening in the Temple not made with hands, the consecration, the temptation, the crucifixion, the resurrection and the ascension. This is the Christ, the Conqueror. The stages I have already explained to you, and thus it will be unnecessary for me to explain again; but, if you read my words again, the Spirit within you will reveal more of the Truth.

55. As you unfold, so will the Spirit reveal to your consciousness the secret that dwells within the secret chambers of your heart. I am the Life, I am the Truth, I am the Way, no one enters to the Father except through me—the Christ—there is no other way, there has never been any other way.

56. The Christ is the Word of God, the Word that was God, the Word that was with God, and the Word that was made flesh.

57. This is your real self, in Reality, as God the Father knows you, and so you must know yourself to be.

58. The voice of the carnal sense is the voice of the shadow, the Satan that suggests separation, limitation, sickness, death. Then hold fast to the Christ, the only begotten son of God, the Father of all.

59. Do not fear Satan, for there is nothing to fear; all you need say is, Get thee behind me, Satan of the carnal mind. I am the Son of God, the Son of Man, I am the conqueror. I do not live by myself but the Father, who is always with me, He is my guide.

60. These things I have said to you, that in me you may have peace. In the world you will have tribulation but have courage, I have conquered the world, and so shall you conquer the world.

## DIVINE HEALING OF MIND AND BODY

61. The Father, the overruling Spirit, the Living Life, the Christ is His Son, that dwells in every soul, and the Holy Ghost is the expression of the Christ Consciousness in wholeness, in the understanding of "I am the Life." Nothing can assail you, for I am the conqueror within. If you can feel this Truth in your own heart and mind you will know that you are also the conqueror, and you will know also that you are free. So you will overcome the Satan of the senses. "Get thee behind me, Satan"

62. Then worship God through Christ; there is no other way, there never has been except in name. I am He who lives, was crucified, and behold I am alive forever more.

63. I am the Way, the Truth, and the Life; no man comes to the Father except by me. Christ is the Consciousness of the Supreme Infinite Life manifesting in the world.

64. The Christ is the Truth, the Life, the Love, that unites all to God, and only through Love can you be with God, for God is Love.

65. I am one with the Father through Love. Thou shalt love the Lord thy God with all thy soul, with all thy heart, with all thy mind, with all thy strength, and thou shalt love thy neighbour as thyself.

66. Christ is the Son of God born into the world and he remains in the world till the world is transformed, so that the will of the Father which is done in Heaven shall also be done on earth.

67. The one title for God is "Our Father," and it is the best I know; and it becomes more comprehensive as you grow into the knowledge of Him who created you.

68. You are His reflection, His likeness. When you know the Father and you are one, the union that always exists becomes known to you. But these words must not remain in your mind as mere words; you must truly understand them. The true meaning of these words can only come from within yourselves.

69. What you are hearing now through your ears will remain with you. You will remember these words that I have spoken. They will linger in your hearts till the Spirit of Truth begins to

... AND A VOICE CAME FROM HEAVEN

manifest in you; then you will know the true meaning of my words. That, that which is already established in the consciousness of God must be established in the consciousness of man. And through the realisation and the recognition of your oneness with the Father, so is this consciousness established in you.

70. I know how true this is. All those who have passed into the higher realms of consciousness begin to understand the mighty power that comes through this realisation.

71. This very form that I am overshadowing tonight is, as you see, youthful in expression, the face is filled with vitality, the body is filled with a force that regenerates every cell of the body. This is because my consciousness at the moment is one with his consciousness. The consciousness of our beloved brother is one and the same with mine at this moment as I overshadow him. In Reality there is no separation between us. Separation is a mental illusion.

72. Great is this mighty Truth! If you can receive this influence now, everyone of your bodies shall be charged with life, for the Father dwells in you too.

73. Everything has been entrusted to me by my Father, and no man knoweth who is the Son except the Father, and who is the Father except the Son and to whomsoever the Son wishes to reveal Him.

74. These words seem strange to you, but when you think deeply about them you will see the inner meaning.

75. The Father knows the Son and the Son knows the Father, and the Son can also reveal the Father to those to whom he wishes to reveal the Father, because the Son knoweth the Father and the Father knoweth the Son.

76. Blessed are those who see what you see, and hear what you hear.

77. I have been given the power of victory, for the Son lives in the Father and the Father lives in the Son. How can mere words explain this truly glorious Truth? Only by the Spirit that is within you, the Comforter that is always with you, ready waiting to express Himself, can this truth be known.

## DIVINE HEALING OF MIND AND BODY

78. Ask and the gift will be yours. Seek and you will find, knock and the door will open to you, for everyone who asks receives, the seeker finds, the door is opened to anyone who knocks.

79. “Whatever you would have men do unto you, you do the same to them.” Know, in your own heart, that which you see in others is established in yourselves, and whatsoever you would have man do unto you do first unto them.

80. Never be troubled about tomorrow: “now” is the only time, make NOW your reality and tomorrow will take care of itself. Then do not worry about the future and miss the wonderful NOW. The consciousness can only create in the now, not tomorrow; not in the yesterday, yesterday is but a memory, tomorrow is but a hope; now is the only creative moment.

81. You can only create in the mind of God moment by moment and that is now, and that which you create in the mind of God now is already established; then tomorrow takes care of itself.

82. Do not weep with those who weep, but help them by the mighty Love that reigns within; as a mother would love her child so must you feel that Love for all. All are the children of God, from the highest to the lowest, and when you recognise this you will know only one family where there is no separation.

83. Learn to become unselfish; this is the secret of receptivity. You are not a bit of Spirit but you are one with the whole. Spirit cannot be separated from Itself.

84. When you truly become aware of this, transformation takes place, for receptivity is to receive. The Truth is that God is always pouring His gifts out to all, and if you want His gifts you have to open up to receive. This receptivity is the secret of greatness; the secret of all true existence is unselfishness. Therefore giving is receiving.

85. I often wonder what your thought would be if you could see what I see at this moment—thousands upon thousands now listening to these words, bringing clearer the understanding that the Love of God dwells on earth as it does in heaven, dwells in the outer as it does in the inner.

... AND A VOICE CAME FROM HEAVEN

86. I have said, “If you know me, you will know my Father too, but if you do not know my Father, how can you know me, or understand my word?”

87. I speak from the Christ—where do you speak from? The mortal sense? Do you react to conditions or do you realise that within yourselves dwells the Power of God, the consciousness of “I am the Life,” “I am the Truth,” “having dominion over all things?”

88. Within yourselves is the Father. Know that it is so and He will come forth through you. This is the Light of the World and the World does not overcome the Light but the Light overcomes the darkness. “I am” the Light of the World, and the darkness disappears because of my light.

89. This is the Light of man. It is the expression of Infinite Love and Wisdom and creates the perfect state in mankind.

90. The source of your being is God, and when you become awakened to this, you will know the Father Who is in the Son Who is in you also.

91. As the consciousness of the mortal sense becomes aware of the Christ consciousness the mortal sense is risen into the Christ consciousness. As the Christ, I overcame the world and all that is in the world; I overcame mortal sense, the carnal mind, the Satan of the senses, so shall you; thus you will understand the voice from heaven is the consciousness of God.

92. Man by his own thoughts creates his prison walls. According to his concepts, so is he limited; even your greatest conception is a limitation. It is not WHAT Life is but THAT Life is.

93. Creation on the plane of the concrete is the effect of the invisible Cause within. Your physical body serves as a starting point for further advancement, which has to be made through conscious realisation of the totality of all Spirit as the ever-present eternal and the only substance, power, Life; Its expression being Love.

94. Love thy God with all thy heart, with all thy soul, with all thy mind, and love your neighbour as yourself. This is the Law upon which the foundation of the race stands.

## DIVINE HEALING OF MIND AND BODY

95. In the parable of the prodigal Son is shown the Love of the Father; the son's indulgence, his repentance, his regaining of himself—his true spiritual state. First of all he suffers trials and tribulations, spends his inheritance, then he returns willingly to become a servant, yet becomes the Son as he always was the son.

96. The Father's Love is so great that, no matter what the son has done, the Father's love obliterates all error. How true this is in every life. Errors are corrected when you become aware of the Truth. It is experience through which you can rise out of conditions into the understanding of yourself. Then the error dissolves into nothingness, and the Truth stands free as It was from the beginning.

97. Repentance comes before forgiveness; repentance comes from the heart of man as he realises the Father's Love, and he is forgiven. Then man regains his true Spiritual state, the awareness of himself in God willing to become the servant of all, to do unto others as he would have others do unto him. It is when you become like the Prodigal Son that the feast is laid before you; come in, partake of it now with Love for your brothers and sisters. For only through Love can you partake of the feast that the Father has prepared for you.

98. This is what you also have to learn upon earth. How often have you withheld your love from someone who you thought did wrong? It is none of your business anyhow. It is all between the Father and His child, and, if you remember this, you will refrain from criticising others and turn this weapon upon yourselves first.

99. You will understand others better, when you see your own faults first.

100. You would condemn! Condemn not, lest ye be condemned. Judge not, lest ye be judged. Take the plank out of your own eye, then you may be able to see better how to take the splinter out of your brother's eye.

101. We are finding channels everywhere, teaching all over the world by secret ways, as we are doing here. Not only are we teaching here in the physical plane, but also in the inner planes, where some have not yet recognised the true nature of their Being.

... AND A VOICE CAME FROM HEAVEN

102. I am speaking not only to you but also to others whom you do not see with mortal eyes. When they understand they will go forward to the glory that awaits them. As they lift their consciousness into the higher state they find that they are no longer bound to earth but are free, released from the bondage they themselves created in their own minds. Accept my word and you will also be free.

103. Keep your hearts full of Love to God and to all mankind, and I will teach you much.

104. If you do not understand all that I say, wait, listen, tune-in to me, for I am simple and easy to reach.

105. It is written in the prophets that the people shall be all taught of God; every man, therefore, that hath heard, that hath learned of the Father, cometh unto me.

106. God who commanded the light to shine in the darkness hath shone within my heart to give the light and understanding of the glory of God.

PEACE AND LOVE BE WITH YOU

O Eternal Father, Thy Nature is planted in us all; we have realised Thy Presence and find Thy Nature expressing Itself in our lives, blessing all and bringing all to Thee. Loving Father, as Thy Son speaks, bless those who listen to, and those who may read, Thy words with Love and understanding. Amen.

\* \* \* \* \*

(THE SCRIBE'S REMARKS:

The written words, although inspiring and instructive, miss the great Presence that gave an unforgettable experience to those who listened to the words that fell from his lips like pearls of great price. Yet they can be pearls of great price to all who read this with understanding and Love.)

LECTURE 3  
(23rd September 1948)

**“CHRIST IS THE LIFE IN YOU”**

1. The voice of the Christ is far-reaching. It reaches far and near, for It is the Omnipresence. Wherever the Father is, so am I; and wherever I am, the Father is always with me.

2. The great Truth is that the Almighty God is all there is, and there is nothing existing except by Him and through His Son the Christ.

3. The peace of the world dwells in the Christ, waiting for every human soul to recognise the Christ Life, to manifest the love, beauty, strength, wisdom, and power of the Father.

4. There is peace and love abiding in each and every one of you, if you will only allow it to express itself through the recognition and realisation of this Truth, that the Father alone liveth and He is Love, Wisdom and Peace and the only Reality.

5. The power of the Christ is developed in you through first recognition, then realisation, followed by periods of quiet to become more aware of the presence of the Lord thy God.

6. To realise the Truth is to know that *It is*. “I and the Father are one,” the Father is greater than I, yet we work together as one. Without Him I can do nothing, but with Him I can do all the Father does, because we are one.

7. Recognition must come first, followed by realisation and periods of quiet, so that My power will be developed in your own consciousness. Yet there is only one consciousness manifesting throughout the whole Universe, that is the Consciousness that is in Life Itself. Life created all forms in which It can consciously manifest Its glory.

8. Life created the human soul and body so that Life could manifest in Its own awareness. When you truly know this, you bring into operation the Christ Power in your own life.

## DIVINE HEALING OF MIND AND BODY

9. You must come out from your material or business life to rest awhile in the Kingdom of God, knowing that you are steadily growing and unfolding the true Life and Power of the Christ that waits to manifest in your life always.

10. Wait in silence, holding the attitude of the true expression of the Christ, and what It means to you. In this way steady growth is obtained.

11. This state is not one of “blankness,” nor a state of “nothingness” as is advised by some; neither is it one of strain in trying to force acceptance upon the consciousness without understanding.

12. You must avoid these extremes. Hold in your heart a stillness that is alive with true understanding, that there can be no separation between you and the Father.

13. Say in your heart: It is the Father who ever remains in me, He is doing the work. This unites your individual consciousness with your God Consciousness which is omnipresent.

14. I will express myself in my own true nature when you recognise me and the eternal aliveness of my Life. The recognition of the Eternal quality of my Life is the Christ manifesting in you. There is no greater power in heaven or on earth. All power has been given unto me in heaven and on earth. This is my true state, the manifestation of the Love of God. Think in your own hearts what this can be to you, with the aliveness of my living Presence always with you. In this realisation there is glory and peace.

15. Those who have passed beyond the physical body are still living. Some think they have not left the physical flesh, some are still dreaming; but all will awaken to the truth of the living God, eternally expressing Himself in all. His expression is eternal and ever-present and is unfolding the Christ in you.

16. In this way the result will be most beneficial to yourself and all those whom you come into contact with. For the Christ—the God-power within—will assert Himself, and all discord will quietly dissolve away, for discord has no longer any power over you, except through your belief in it.

17. In your thought you think of me as quite different from yourselves. When you read in the Scriptures a history of what

## CHRIST IS THE LIFE IN YOU

happened 2,000 years ago, you think I am of the past, yet I am ever-present with you. Remember that the same Spirit of God dwells in each and every soul, and he or she who does the Will of my Father is my mother, my sister, my brother.

18. It is the same Spirit of God that lives in me, lives in you. The same Christ shall manifest in you also through your recognition and realisation of this Truth, for you have also been given dominion over all things, and He who believeth in me shall do even greater things.

19. "I am" the innermost Spirit-Consciousness; the Consciousness of the Christ is the Consciousness of God, the Father manifesting in the son.

20. Try to hold this truth so that it will reveal its power in your personal life. Become aware that you are conscious, that you are living; your living, then, is the most dominant and important factor in your personal life.

21. Have you ever thought that your living is eternal, that you are life Itself, that you cannot live apart from Life? Your consciousness is the means through which Life manifests Itself in the body, neither does the body live apart from Life Consciousness is in Life Itself and is the directing power within. "I am the Life."

22. Through the individual this power, will manifest; then know that all outside energy is a hindrance. The Christ is ever active and is never, static. Christ is the creative energy with constant activity from within, the silence that is ever active, the Father who is ever doing the work. As you quietly wait upon Him, His breath renews every particle of your body by Its silent orderly activity.

23 My message is "I am the Life." You and me before God are the same. God's Spirit made me, and His almighty power resides in me, and the same Spirit remains in you.

24 I did not come to proclaim my own Divinity separate from humanity, but to show that I was in humanity and that all humanity is in me, and through the understanding of my words everyone will claim the Christ as the Saviour of the Race.

## DIVINE HEALING OF MIND AND BODY

25 The Christ of God is the living Presence of God in each and every one of us—the Father manifesting Himself, and there can be no other, for He alone exists. He alone liveth as it was in the beginning, so it will always be. The Christ is not separate, the Christ is the same in you and in me. The Christ is the Father living, expressing Himself; that is why I say, “I am the Life.” The Father hath Life in Himself and grants the Son to have the same Life in himself.

26. “I” being the son of God occupy the place in the Creative Scheme I know I occupy, and the thing asked in its process of creation occupies a corresponding place, for I have proved that I have dominion over all things, and this you can also prove for yourselves if you will believe in me, and act on my words.

27 John said the word was in the beginning and that very word was with God, and God was that word. The same was in the beginning with God.

Everything came to be by His hand, and without Him not even one thing came to be what was created.

The Life was in him, and the Life is the Light of man.

And the same Light shines in the darkness and the darkness does not overcome it.

He was the true Light which lighteth every man who came into the world.

He was in the world and the world was under his hand and yet the world knew him not.

He came unto his own and his own did not receive him. But those who believed in *his name* became the sons of God.

*These are those who knoweth that they are not of blood, nor the will of the flesh, nor the will of man, but born of God the Father, and this word became flesh and dwelt amongst us.*

28. This is the true interpretation of John’s words given in the Aramaic language as written at that time. So we see how clearly it is shown that those who knoweth that they are not of blood nor of the will of the flesh but born of God the Father have Eternal

## CHRIST IS THE LIFE IN YOU

Life now. God made things by becoming the things He made. The darkness did not overcome the light of man, for this light is the light that lighteth every soul that cometh into this world. The light exists in all humanity, for it was in humanity from the beginning; this Light in man is the Christ of God.

29. This is the Word that dwells in every living soul. Truly I say unto you that every babe that is born, is born by the Word of God, and that Word is Christ that lives eternally. The flesh has no say in the matter.

30. Each individual makes the future by the thoughts and acts in the present, and “now” is always the present. In the “now” only can you create; you cannot create in the future, nor can you create in the past.

31. The Christ is the Creative Power, and by that Power alone do all things come into being. When this realisation is strong in your consciousness, there is a freedom beyond the understanding of the human mind.

32. The mortal consciousness cannot understand the glory of this Truth, but through realisation your mortal consciousness will be lifted into the Consciousness of the Christ.

33. Hold the attitude in all you undertake that God never fails, that it is the Father who worketh in you. In this realisation all is possible to you. By yourself you are nothing, but with God you are everything; say “I and the Father are one.”

34. This attitude, which is the only true and substantial one, holds you above the mortal plane and you function in the Real—the Christ Consciousness. You are lifted out of the mortal sense, and henceforth all things are different.

35. Are you aware only of the things that surround you on the outside? If you are, then you are still dwelling in the mortal sense. But I told you, the only true understanding is that the Spirit of God is manifesting through your consciousness, and this comes from within and not from without.

36. The Christhood of man is already complete. The Christ is the impersonal unselfish expression of a loving God in you and loving all, for all is God. The race must enter into this unity with Me.

## DIVINE HEALING OF MIND AND BODY

37. This is the evolution of the outer, of which the inner is the Cause, ever urging onward and upward the true expression of that which is within. And the outer must become as the inner, and the inner shall become the outer.

38. The time will come when the glory of the Christ shall manifest completely in the flesh, for the flesh has no say in the matter. It is the decree of the Almighty that the Christ is supreme, and shall rule supreme. The Spirit in man is "I who liveth forever."

39. Christ is God and God is Christ. Rejoice that you have this this knowledge that the Christ of God worketh in you "now."

40. Live in the realisation of this Truth, so that the truth shall manifest in your life. Christ, the "Conqueror," will make you *free*.

41. Those who believe in the Christ are born of God and not of any impulse of flesh or of man. Call no one your Father upon earth, for one is your Father which is in heaven.

42. Perhaps you have not quite grasped the meaning of this saying. You are born in the flesh, but the flesh has no say in the matter. You are born of the Spirit, and the Spirit is the only creative power creating all things; this is the word that was with God, the word that was God, the word that was made flesh is immortal.

43. No one has ever seen God, but God has been unfolded by the Christ in me, and whoever sees me sees the Father.

44. God does not separate Himself; He creates within Himself the likeness of Himself, and this is the Light in all mankind.

45. We are all of the same Life, for Life in Itself cannot be different. There are degrees of Life in form, but Life in Itself is impersonal, expressing Itself through the form created by Life Itself.

46. The mighty Intelligence of the Infinite Father has created all forms for His own self-expression. The Life is the same; It flows only from the One Source, yet It flows through all the forms It created. It is manifesting in every form from the smallest to the greatest; Life is manifesting Itself in every form It creates.

47. Nothing comes into being except by the Spirit which is Life. The degree of Life is understood through the recognition and realisation of It; therefore, as I realise Life and know It to be God,

## CHRIST IS THE LIFE IN YOU

He manifests through me according to my realisation of Him who created us in His own likeness.

48. The recognition and realisation of His Life in your own consciousness becomes the means through which Life manifests. Your consciousness is the point through which God expresses Himself and is the point through which you express God the Christ in you.

49. If you are consciously aware of this, then you have gained the hidden secret of Life Itself.

50. It is hidden from the multitude, even today, except to those who know they are not born of the flesh nor by the will of man but through the Christ of God.

51. Therefore I am that Life; I have all power given unto me in heaven and on earth. "Seek ye first the Kingdom of God and His righteousness and all things shall be added unto you."

52. Consciousness determines the degree of Life being expressed. I am conscious that I am the Life of God, "I am the Christ of God," "I am the true Son of the Father who worketh in me."

53. The Christ Consciousness reveals the Father having dominion over all things in heaven and on earth. This is truly Christ Consciousness.

54. It was for this purpose that I lived upon earth and am still with you, even unto the end of the world, that is, until all shall recognise and realise the Christ Consciousness so that we may all be one.

55. That we may all be one through the realisation and recognition of the Truth I wait patiently. You do not quarrel over that which is true; you quarrel only over that which is false; you do not quarrel over the fact that you are alive, living; you quarrel only over your beliefs, your ideas. That which is mortal is seeking a way out of the carnal world into that which is greater, so the mortal argues with himself, but the Christ never argues; he knows. Therefore it is easy to discern that which is false from that which is true.

56. The sacred word is "I am." "I am that I am," the prophets knew through the ages, the eternal secret. Yet only a few could

## DIVINE HEALING OF MIND AND BODY

understand. But all will come to understand, for it is the decree of the Father that the son shall reveal Him, so that all shall know Him. And He who does the will of my Father is my mother, my sister, my brother.

57. As one realises more and more the power of the Christ, one sees clearly that His Power must be Love and Wisdom, because the Christ is the Son of God. When I said that I did not come to destroy the Law but to fulfil the Law, this was true, for I did bring the message of the great Power in heaven to earth—the Power of the Christ within to the outer, and this power is Love and Wisdom. It is the builder of all good things like harmony and peace. It remains forever, while discord remains only in ignorance, which is death and not Life.

58. I want you to give some part of the day to this silent growth, thus bringing poise and balance into your whole being. This is so essential in your daily lives surrounded by the din of social problems and the rumours of war.

59. First, you will be conscious of the quiet feeling of the Presence, a stillness that is ever active. How beautiful is the silence in that ever active presence of God, the expression of His Mighty Power and harmony in your lives. This will develop in you a good sound judgment, and clear insight, and afterwards the result will be established in your body and circumstances.

60. Silence in the heart of flesh will become united with the heart of Spirit and thus bring about perfect circulation of the blood.

61. Thank the Father for His counsel, for teaching you every day.

62. Keep the Father at all times before you. With Him in your heart you cannot fail. Some think that by themselves they can accomplish, yet only with God can you accomplish anything.

63. Is your mind always in a state of wanting? And never in a state of giving? Yet giving is receiving. To be one with the Father you have to open yourself to Him and to allow the precious Power of Love and Wisdom to flow through you. He alone is the supplier of all things; without Him there is not anything made that is made.

## CHRIST IS THE LIFE IN YOU

64. And when your heart and soul rejoice, your body rests secure, and every fibre tingles with the Presence, for the Presence of God is omnipresent.

65. The full joy of His Presence and the bliss of being with Him forever will develop the Christ Consciousness more than anything else. Do not look without, but look within and know yourself to BE. I am. I am real, I am eternal, I am the Spirit of God, I am the Life; in this realisation the soul rejoices. This only comes when the noise from outside quietens down when you discern all that is not of God.

66. The Spirit of the Living God, the Christ, breathes through the outer body of flesh from within. Divine energies always express themselves from within and never from without.

67. The brain is fed by the Spirit, the finer rules over the grosser, the invisible flows through the visible. The visible is but the expression of the invisible. No one has seen the Father, but you have seen His son and he who has seen me has seen the Father.

68. I am making this plain to you so as to make you realise the importance of selecting periods for quiet contemplation so as to bring into the outer the power within.

69. Come out from your busy-day life and enter into the Kingdom and become aware of Who is working in and through you. To become conscious of His power renews your body, renews your mind, and brings peace and Love into your heart. You will find that things around you will move much easier, conditions that exist in your mind, body and circumstances will begin to harmonise with your realisation of the Christ, the power that has dominion over all things.

70. Later when you have become conscious of the Father in you as your Reality, you will be in command at all times, heeding neither discord nor environment, for the Christ within shall be enthroned in the heart and mind.

71. Periods of quiet contemplation and realisation bring into your consciousness the completeness of the Christ, then you shall not heed conditions outside yourself. Inharmony will not affect you; you will be quiet and at peace with that which is in Itself Love, Peace, Wisdom and Truth Eternal.

## DIVINE HEALING OF MIND AND BODY

72. Do not seek Love! Give it! This is the true nourishment of the Spirit, for wherever love is, hate and envy and jealousy disappear.

73. Remember, Love casteth out fear, neither rebel against injustice. When you return Love you are at peace, then only does the Father work to overcome all things. When you resent injustice, when your mind is in a state of turmoil, full of envy, jealousy, anxiety, resentment, there is no Love; Love is the only power in the world that dissolves all these things.

74. It is only possible for the Father to express Himself in you when you are at peace.

75. The only power that exists is the Power of Love, which brings Peace and Harmony; all other things pass away and dissolve into nothingness before the power of the Christ. I am the Lord, I have overcome all things, and so shall you. Nothing can harm you, for you are God's in the flesh.

76. If you will listen to this, my brothers and sisters, you can take from your Father what is your right. "What is Mine is Thine, what is Thine is Mine."

77. God brought you into this world, and every moment He is speaking in your hearts. Every beat of your heart is the Life of God in you. With Him consciously in your heart you will be at peace with all men. To Love thy neighbour as thyself is true religion.

78. For everyone that is illuminated turns into light. Therefore, wake up, O sleeper, and rise from the dead, and Christ will shine in your countenance.

79. Be strictly careful to act as sensible sons and daughters of God, and make the most of your time in the "now," for now is eternity.

80. You think in the Eternal when you think with Christ. Think in the Eternal now, for you can only create in the now. Oh, could I make it so plain to you that you could see it clearly—NOW is eternity.

81. This brings me to the last point in this talk: "Prayer." Prayer to me was and is the breathing of the breath of Life. It is the most powerful thing in all planes and in all worlds.

## CHRIST IS THE LIFE IN YOU

82. The power of prayer lies in the fact that the prayer and the answer are one. Pray with the realisation that you are one with the Father, and the Father's will is done in you. Enter into your Divine Centre within where God dwells, and there I will proclaim for you.

83. I am pleased to see that you have not used this powerful weapon ignorantly. Our beloved brother was taught to pray when he was young. I could tell you many things that have happened in his life, because he was guided when he was a young child. He was born a medium and saw me face to face when quite a youth. That is one of his many experiences. He was brought to the Himalayas for the purpose of learning how to become a medium through which the Masters could speak, and therefore I myself could overshadow him.

84. The time came for him to go out into the world; he has been blest with good health, his spirit is young, and we hope to keep him in the body for a long time to come, for his work here on earth is not yet finished.

85. Most prayers are often sent with the false idea of separation, and in your churches and chapels this is most evident, the belief being that God is afar off. Yet He is nearer than hands and feet.

86. But even this prayer is never lost, although its full value is not gained, because a prayer of this kind mingles with the vibration of separation and the person you desire to help is not helped to any great extent.

87. Enter into your closet where the Almighty dwells and there see the will of God accomplished. Never see or hear anything else. Without strain or doubt see the victory of the Christ, the only begotten Son of God, accomplished in those you wish to help, and it will be established.

88. There are accounts of healings in my records which many of you have read; these healings are brought about by the same means, the recognition and the realisation of the power having dominion over all things, the flesh having no say in the matter.

89. When you speak from the Christ in the strength of your calm assurance, the false condition completely disappears. God

## DIVINE HEALING OF MIND AND BODY

is omnipresent and you bring the troubled Spirit in touch with God instantly.

90. You cannot estimate the value of true prayer. Words fail to express Spiritual realities. Do not cast your burden upon an outside God, waiting for results, wondering; for God is within you, the prayer and the answer are as one.

91. God is the only Life Living in and through all, God is the Reality; the mortal sense knows nothing of Him. The inner must become the outer, and the outer must become the inner. In this way pray: "Father, Thou knowest me; I know that Thou art the only Living Being, the only Creator, and I am one with Thee. As I ask of Thee, I know it is already accomplished; my word does not return unto me void but accomplishes that which it is sent forth to do."

92. To know God in your own heart, and in the utmost space, is to be at "one" with all nations, north, south, east and west.

93. Live in the thought of Love towards all, and your life will become one continuous prayer, a constant going forth from God the Father of all, to all.

94. My blessing is with you always and forever.

## MY PEACE AND LOVE I LEAVE WITH YOU SILENCE

### *Benediction*

The will of our Father in heaven is now being done on earth. Peace be with you.

\* \* \* \* \*

### (THE SCRIBE'S REMARKS:

A great power was felt by all and the hall became alight with a light that was not of earth. The Master's face was seen clearly in the midst of a brilliant light overshadowing the Brother's face. Then the Master took his departure, and the brother was seen standing in the place where the Master overshadowed him.)

LECTURE 4  
(30th September 1948)

**“I AM THE TRUE VINE AND YOU  
ARE THE BRANCHES”**

*My peace I bring to you, my peace remain with you.*

1. I am the true vine and my Father is the worker. It is the Father, Who ever remaineth within me, Who is working through me, for the Father and I are one; we are never separated. We continually work together and what I see the Father do, I do likewise.

2. The branch that bears fruit He prunes, so that it may bring forth more fruit.

3. You all know that a branch that bears fruit will bring more fruit when that branch is pruned.

4. The branch is you, and you are pruned because of the word I have given to you: the word that was in the beginning, and that very word is God.

5. You will realise now that there is no other living Being but the Father, the Father of all, and the Spirit of the Father dwelleth in every living soul; and I am that Spirit.

6. God is Spirit, not “a” Spirit, but Spirit. Spirit in Itself is complete, It has the power to manifest, to create the forms for its own expression. And as you become conscious of Reality you become one with Reality in expression.

7. This realisation and recognition does not come all at once. You will notice how it grows in you. By diligent recognition and continual realisation, there is an awakening within the soul as the soul begins to recognise that it is Spirit of God that dwells within and is the only living Creative Power in heaven and on earth.

8. You have already been pruned because of the word I have given to you; therefore you will bear more fruit in my name.

## DIVINE HEALING OF MIND AND BODY

9. I remain with you and you remain with me; just as a branch cannot bear fruit by itself unless it remains in the vine, so you cannot bear fruit unless you remain with me.

10. The Christ alone has the power to speak in Reality. Then speak in the name of Christ and your word will not return unto you void.

11. The Christ never speaks from mortal sense or from the reaction to things external to Itself, but Christ always speaks from God, and this you must also learn, so that you can quiet the outside. The still quiet voice is made manifest in the Temple not made with hands but by God Himself.

12. The Father worketh in the vine so that the branches bear good fruit, and these who remain with me and I with them will bear abundant fruit.

13. If therefore you remain with me and my word remains with you, whatever you ask shall be done unto you.

14. You have not yet grasped the great significance of what I have said. The Christ never begs, nor does the Christ demand, nor does the Christ command; the Christ manifests, because the Christ knows that it is the Father who doeth the work.

15. The son hath Life in himself only because the Father has Life in Himself, the Life that is now eternally in Himself He gives It also eternally to the son. The same Life in the Father is the same Life in the son.

16. In this way the Father will be glorified, that you bear abundant fruit and be my disciples.

17. And as the Father has loved me, so have I loved you, that you may remain in this love.

18. To remain in my love is the secret of all happiness; without it, your life is barren.

19. When the Christ dwells in the heart, then there is Love, Wisdom and Power, and the things that trouble you will pass away, for the Christ overcomes all.

20. In this your joy will be full. For you did not choose me, I chose you.

## I AM THE TRUE VINE AND YOU ARE THE BRANCHES

21. It is I who live within you who is guiding you and helping you to choose the way, I urge you to recognise the truth of the only “one” Living God.

22. Therefore Love one another as I love you.

23. There are those of the world who, not knowing me, will hate and say things against you. Know well that I was hated and despised before you. The ignorance of the world is still in the world and it is the Christ that will overcome this ignorance through Love, and the Christ lives in you. Yet this ignorance will hate you, will despise you because you say that the Christ lives in you, but verily I say, fear not, for ignorance has no power, it cannot destroy the soul nor the Spirit.

24. It cannot destroy that which it cannot see and does not know. It did not destroy me when it crucified me, it could not destroy the soul nor the Spirit, nor could it destroy the Light it did not know; therefore I am still alive, the living Christ of God, the only begotten Son of the Father.

25. You know now that you are not of the world, that you are born of the Spirit, and the Christ dwells in you, but the world is yet ignorant of the truth.

26. But the Spirit of Truth which proceeds from the Father will testify concerning me, and you will also testify because you have been with me from the beginning.

27. If you will seek deep enough within yourselves you will find this truth, this truth shall testify regarding me, and this Truth shall set you free.

28. My word in you will glorify Him who sent me, and you will be glorified by me in His presence.

29. If my disciples were to keep me they would lose the Christ of God, for I came to reveal the Father, so that I may come and abide with you all forever.

30. You who have passed beyond the plane of mortal sense and entered into that greater consciousness of Life understand more of God.

31. You realise the great truth that there is no death, that you are still living, yet once dwelt in a body on earth.

## DIVINE HEALING OF MIND AND BODY

32. You are Life, you are the living expression of the Almighty. This Life in you is the same Life in me. This is the Christ and I speak from the Christ that is Life.

33. If your faith is great, whatever you wish will be established at that very hour.

34. These words are full of meaning and become greater when you know that I can come to all in the omnipotence of the Christ.

35. I have shown you already that Spirit is our first and only real foundation.

36. It has many channels and modes of expression, but it is the one and only Life, the only Creative Power.

37. Through your consciousness this power is expressed.

38. Let me explain to you how you hear me now.

39. Through recognition and realisation of the Truth that Life is one, that the Father alone is the Consciousness in you and me, and is expressing Himself through His creation in this way.

40. The only way that the Creator can express Himself in all His creations is through His Consciousness, becoming aware of His creation, and His awareness in His creation becomes the Consciousness in you and me.

41. I enter the Life Consciousness being expressed through our brother; my Consciousness overshadows his, just as a greater light overshadows the lesser, yet the same Source-Light shines in us both.

42. Here is a most wonderful manifestation, some people will say phenomena, but really there is no phenomenon but the expression of that one Life becoming aware of Itself through the Consciousness of another.

43. The brother is able to take his departure from his body at any time. He does not really take his departure as one would say, but recedes from the outer Consciousness into the inner Consciousness and by receding into the inner Consciousness is able to come in contact with you at any time.

44. He is able to treat you, to help you, he is able to call upon me at any time to bring more aid and help when it is necessary.

## I AM THE TRUE VINE AND YOU ARE THE BRANCHES

45. Therefore, through the Sanctuary, silent healing work is being done all over the world. And as the consciousness in man becomes more aware of this tremendous power that is within, it begins to express this power.

46. Infinite eternal and perfect Love is in the world, because God is Love and Love is God, and the consciousness must become aware of this to express true Love, the secret of Divine Bliss.

47. The Consciousness of the brother is lifted from the personal to the Universal, yet this does not mean loss of identity but a greater amount of individuality in unity with the All.

48. The Christ is the individuality of the Father being expressed; there is no separation between the Christ and the Father, for they are one. The Father being expressed in individuality is the Christ in you now.

49. But as the Christ recedes into the consciousness of the Life that dwells everywhere, thus I can come to all of you in the omnipotence of the Father. And whoever asks anything in my name it shall be done, for the Father and I are one.

50. In this way your consciousness is also lifted up. The consciousness of man must be lifted up to recognise the Consciousness of God. And it is through these talks that your consciousness is being raised from the consciousness of the self to recognise the Consciousness of God, the indwelling Christ.

51. The Lord dwells in His holy Temple: the Temple not made with hands but by the word that flows from the mouth of God and "I am that Word, nothing has come into being except through me."

52. You must realise the Consciousness of God within yourselves, because through that alone have you come into being.

53. Man on the plane of mortal sense has tried to explain with his finite mind the Infinite wisdom and love of God.

54. Would you, in your new knowledge, dare to limit the Holy One to that of a person? Man who does not know himself dares to explain the whole of God!

55. Your faith must not rest in the wisdom of man but in the power and love and wisdom of God.

## DIVINE HEALING OF MIND AND BODY

56. The Love, Wisdom and Power of God existed before the world was. But none of the rulers of the world knew it. Had they known it they would not have crucified me.

57. Yet through my crucifixion all will come to know the truth that I was before the world was formed. The Spirit of God was before the world was formed, and the Spirit has been made flesh and dwells on earth, yet the same Spirit dwells in Heaven.

58. For it was by me and through me that the world became form. This was the wisdom of God the Father being expressed through the Son, the Son of the very living God, “and I am He that liveth in you.”

59. It is written that the eye has not seen, and the ear has not heard, and the heart of man has not conceived, the things that God has prepared for them who love Him.

60. Yet God has revealed them to me by His Spirit, for the Spirit searches and reveals everything, even the depths of God.

61. It is the Christ that is within, that knoweth the mind of man, and no one knoweth the Mind of God except the Spirit of God.

62. Know that the Christ discerns everything, yet no one can describe Him. It is the Christ that discerns the false. It is the Christ that knows the true. The Christ, being all-powerful, dissolves the ignorance in the world.

63. Around you at this moment there are probably a quarter of a million souls listening to my talks, many of them are mingling with yourselves.

64. You hear my voice here upon the physical, yet in the inner planes my voice is also heard; in the higher spiritual planes my voice is also heard, also by many who are just awakening to the Truth of the Christ within themselves.

65. I am the Christ of God, the very Spirit of God that was before the world began, and through me all things that came to be, were created.

66. If you seek deep enough within yourselves you will learn of Him Who is greatest in His meekness, and highest in His lowliness.

## I AM THE TRUE VINE AND YOU ARE THE BRANCHES

67. Your personality becomes clear as you learn to realise your relationship to the whole.

68. Your mind clears as you become filled with holy reverence, the heart centre is filled with light. The weakest and the lowliest and the meekest person has the whole Universe to draw upon.

69. No matter who you are, or what you are, remember that the Christ dwells in you. The Christ is often hidden by the ignorance of mortal sense that can only hear from without, but, if you will awaken to the Christ within, the still quiet voice that is all-power will manifest itself through you. This awakening is the realisation of your oneness with all, with God who is all.

70. For this is my son that was dead and has come to Life, was lost and now found.

71. For heaven is more joyful over one that was once lost and now found than ninety-nine that did not stray.

72. Many are angry because the Father loveth the lost sheep, yet I say unto you, that one hath more need of the Father's love. Believe in me and know that the Love of God is expressed through me and that I love everyone, even those who despised me.

73. My awareness of God is never clouded by injustice done; my awareness and understanding of the Father's love enables me to enter into that true state where I could say, "Father, forgive them, for they know not what they do."

74. There are those who may not have strayed from the fold, yet are unable to partake of the gifts the Father provides for all who love Him, because they do not know that they are always with Him.

75. They call and cry out with a loud voice to God, thinking that He may hear them from afar off. But I tell you that "I am He who lives and dwells in you, I am the son of God, I am the Light of the World. I am the true individuality of the Father, and whatever I ask of the Father the Father will provide." If you can ask then in my name, recognising me in yourselves, whatever you ask will be done unto you.

76. The Father is always saying in your heart, if you will but hear Him, "My son, you are always with Me and everything that is Mine is thine."

## DIVINE HEALING OF MIND AND BODY

77. You exist because God Is, and all He has is yours.

78. Many of you seem to lack vitality; this is because you live an unequal existence in the three planes of manifestation, Spiritual, Mental and Physical, or Spirit, Soul and Body.

79. This unequal state of existence is brought about by your belief in the fact that Life is derived from some external source.

80. The majority of you pay too much attention to the body and too little attention to the Source of Life.

81. You should recognise first that Spirit is the only Source of Life and vitality. Draw from that Source first, then the soul and body will be nourished and fed.

82. It is God Who inspires you with the will to do the good things you desire to do, and the power to do so is according to your understanding, for God is always inspiring you to do His will.

83. To love God you must also love your neighbour, because God is your neighbour. If you love Me then you must love those around you, because they are also Me. You have been given free will to act according to the Law known to yourselves, but, when the Christ is on the throne, then the Christ manifests perfectly. Let this Christ in you be enthroned in the Holy Temple, the Temple of the Living God not made with hands.

84. The secret of accomplishment is to do all things without disputing and doubting. This brings into operation the Creative Power to accomplish.

85. Only on earth can you do this great work; you do not know yet how important it is to work now. Spirit cannot be separated from Spirit; It is indivisible.

86. I want these talks to help you to enter into your own now.

87. If you realise that the Spirit of the Christ is omnipotent, omnipresent, and omniscient, then why do you wait? It is wrong for you to hope and expect the grace of God only in some future time.

88. The Spirit in you is the Christ of God, and Spirit cannot be less than the greatest; then let the Christ in you take possession of your soul and body and all you hoped for will come to pass.

## I AM THE TRUE VINE AND YOU ARE THE BRANCHES

89. Remember the word was in the beginning and that very word was God, and God was that word; then be true to that word.

90. Remember the word was in the beginning and that word was made flesh and dwelt amongst us.

91. Your thoughts are the outbreathing of this word, the first Cause of All. “I am the word, and my word does not return to me void but accomplishes that which it is sent forth to do.”

92. The Spirit is always revealing me, the Christ of God, and the Spirit will lead you into all Truth. It is the Truth that sets you free. Nothing else can set you free except the Truth of the Almighty God. And when the truth of the Christ dwells in you, the word that was in the beginning, the word that is made flesh, then there is no longer any fear or doubt.

93. There are many who allow antagonisms to enter into the heart and mind, and prevent the Christ from manifesting.

94. Let this Christ then dwell in your heart and be the light that shines in your soul—then it will not be lip-service. You work in God; you are the branches; and you are being pruned so that you will bring forth more fruit.

95. “I AM” the word that prunes you.

96. Do you recognise the meaning of my words? “I speak not as a mortal but as the Christ of God. I lift you from your mortal sense into a Spiritual state of consciousness so that you will understand me.”

97. Your healing took place when God spoke in His Holy Temple and all the senses were silenced by the Presence of His quiet still voice.

98. All outside personalities cease to touch you when you enter into this blessed state of the Christ within. “I am He who was in the beginning and is now and for evermore shall be.”

(SILENCE while heavenly music and singing are heard.)

99. Many of your loved ones who dwelt with you on earth have entered into the larger sphere of Life’s consciousness and are with you here now. They have gathered around you and can get closer to you as you listen to me.

## DIVINE HEALING OF MIND AND BODY

100. Little you know how close they are. They watch and pray with you.

101. Listen to my word and you will understand the inner Voice so that your Life will be full, your bodies perfectly whole. You will be safe from harm or accident, for the veil that divides us is very thin.

102. You can pierce it with your thoughts, and thus we can come to you; this—and more—will be revealed unto you, “for I am with you always, even unto the end of the world.”

103. And as you listen to me I will teach you. Do you think that I am afar off? Do you think there is a division in space that separates us?

104. There is no separation in Christ; there is no separation in that “One” Life that lives through all. God has not divided Himself, He has individualised Himself, but this is not division. It is individuality in unity.

105. God created nothing separate from Himself, but through me He expresses Himself, and I am His son. He who listens to me free from limitation shall know my voice, for I speak for the Father Himself who ever remains within me.

106. Let us now enter into the Sanctuary of the Silent Healing Power. I want you to keep your eyes open, and look towards me and you will realise the Christ that lives in each and every one of you.

107. Seek first the Love and Wisdom of God, and all things shall be added unto you.

MY PEACE AND MY LOVE REMAIN WITH YOU.

\* \* \* \* \*

(THE SCRIBE’S REMARKS:

In the Silence a brilliant light lights up the whole of the auditorium. The face of the Master becomes so bright that we cannot gaze upon the Master’s face. Then he takes his departure with the words.

LECTURE 5  
(7th October 1948)

**“BECAUSE I LIVE YOU SHALL LIVE ALSO”**

My peace, my love I bring to you; because I live, you shall live in me and I in you—this is Eternal Life.

1. There is nothing in life that you need fear. Leave all to the Father and be patient. Many of you fear this and that, because you are not aware of the Christ within.

2. If you are filled with fear, this causes you to waver. Therefore you often do the wrong thing which may affect your personal life; not that it matters very much, because Life is the only Reality, and in the end all things move in the right direction.

3. But if you fear not and be patient, the Father will take His place in you, and I shall be with Him, and you shall be free now.

4. Know that you live in God and God lives in you; there is no outside, and there is nowhere where God is not. There you are safe at all times in every place, when this Truth is truly known.

5. Oh, could I make you understand that it is God who is living in you and through you, the Father Himself, His Consciousness, His Life, His Intelligence, and in His Wisdom He is continually expressing Himself in and through you. If you will but realise this wonderful Truth you will know that there is no place where He is not; He is omnipresent, He is everywhere; and wherever you are, so is He.

6. The secret of power is within your own consciousness because the Consciousness of God, the Intelligence of God, is expressing Itself through you, making you the sons and daughters of God.

7. Let the mortal sense be silent, then the Christ in you will take possession of your mortal body. When the mortal sense is active, the Christ in you is silent.

## DIVINE HEALING OF MIND AND BODY

8. There is nothing to fear, so be patient and let the Father speak for you. For it is the Father in me that speaketh. I myself am nothing, but the Father that dwelleth in me is all. The Father knoweth me, I know the Father, and because I knoweth the Father the Father speaketh in me and through me. Thus I bring His peace and His love, His healing and His wisdom.

9. The Father is always revealing Himself in me to you, for "I am the Life." I AM THE LIFE; the word that was in the beginning.

10. Many have refused to accept me as the Saviour of the Race. Yet I am the Life, the Life of the Father is in the Son, the only Reality.

11. I revealed the Father in His Love, in His Power, in His Wisdom, His Eternal Life, and I come to give freely of the Father Who sent me. This is the saving of the race.

12. I do not speak from the flesh; I speak from the Consciousness of God; in God I dwell eternally, and it is the Father in me that speaketh to you now.

13. And if ye will accept my "word" you will be free. Just as the "Living" Father sent me, I am living because of the Father, so whosoever eats of me will also live because of me.

14. To eat of me means to take me into yourselves, to be within yourselves, and I shall be in you, and you shall be in me and we all in the Father.

15. I am always knocking at the door of your heart and you will always find me there waiting patiently. And when you open the door of your heart and mind, then I shall enter in and abide with you forever, and you shall be with me.

16. This is the Bread which comes down from heaven and he who eats of this Bread shall live for ever.

17. I am living, and the promise I have made is the Father's word; therefore you shall live forever; for in me there is no death, for I am the Life.

18. Perhaps some of you have not yet grasped what I have said and you stumble at my word.

19. The Spirit of God in man is "I am." you will observe if you read the Old Testament where Moses perceived the burning

## BECAUSE I LIVE YOU SHALL LIVE ALSO

bush, and out of the burning bush the voice spoke “I am.” This was the secret word of Power given to the prophets, and told to the multitude. It was on their lips but they did not know it, but he who could understand entered into the wisdom of the prophets.

20. The Spirit of God in man is “I am,” I am Spirit, and the Spirit ascends whence it came. It is the Spirit that gives life—the body has no life in itself; and the words I have spoken to you are Spirit and Life.

21. I am the Bread of Life that comes down from heaven and has entered the world of flesh to give it Life.

22. Heaven is not a place; it is an inner consciousness, an inner knowing of Reality; and this inner knowing of Reality is known as the heaven that is above, just as the earth is below.

23. The earth is but the manifestation of the inner realms, and the Life that animates it comes from within and expresses Itself outwardly.

24. The inner consciousness is heaven expressing itself through the body upon earth. I know, and you know now, that you are one with me. I am in heaven and when you understand me you shall be in heaven also, even now.

25. I am in you and you are in me, therefore, if ye eat of my body and drink of my blood ye shall be with me, for I shall be in you and you in me, thus you will remember me.

26. My words have been misunderstood because I speak from the Life within. When I speak from Life I do not mean the flesh, for the flesh has no say in the matter.

27. My Spiritual body is substance and is perfect; it is the Spiritual body alone that gives the flesh sustenance. If you drink of me—my Life—you will take me into yourselves. If you eat of my body—my wisdom—then my wisdom shall be in you and I will be with you always, thus you will remember me.

28. My teaching is not mine but the Father’s who liveth in me. He speaketh for me.

29. Now you know me, and you know whence I come, yet I have not come of my own accord but from Him who sent me and He is true. It is He the Father whom I reveal to you. I do the will of my Father and my Father’s will is done in me.

## DIVINE HEALING OF MIND AND BODY

30. I know Him because I am from Him and He sent me, yet we are “one.” “The Father and I are one.”

31. The time will come when I will reveal the Father to all peoples of the earth, and there shall be no more wailing or gnashing of teeth.

32. There will be rejoicing among the nations, for they will know the truth about “our” Father which is in Heaven. OUR Father of Love and Wisdom.

33. Everyone shall forgive one another, for only through forgiveness and love can you enter into the joy of the Father’s House.

34. Do you understand what that really means? Have you ever felt the joy of being in the Father’s House? Only when you can express that Divine Love which frees you from all that is untrue, is the Blessedness of the Father the Christ revealed in you. Can you realise now the joy of being in the Father’s House now and forever more?

35. And all shall partake of their daily portion of the bread of Life that comes down from heaven. This bread is the true bread, the Life, “and I am that Life.”

36. I have said before to you, “Forgive ye one another.” I have also said to you, “Love ye one another.”

37. My words are true, for the Father loves each and every one with an everlasting Love and with the same Love ye must love one another.

38. His love is mighty, powerful, overwhelming. If His love is in you, there is the joy of the Father. May His love and peace reign in you always.

39. For your entire will, thought, and brain are led by this holy invisible Spirit into the knowledge of all truth.

40. His will that is done in heaven shall also be done on earth through you. In your own hearts the Will of My Father is done.

41. The inner realms of my consciousness shall proceed to the outer, and the mortal sense shall be silenced, and the Christ shall take His place in the world to redeem it.

42. Your present state is one of training and unfoldment. You learn lessons of childhood before you become adult.

## BECAUSE I LIVE YOU SHALL LIVE ALSO

43. You are passing through the stages now, and you will arrive at the true awareness in your heart and mind, of the Christ within that is all-power, filled with the Father's love.

44. Listen to me and read my words and they will have a new meaning each time you read them. I will repeat the Truth in many different ways till you begin to understand.

45. Then you shall be filled with my knowing. My words are life, and they will strengthen your heart and mind in your daily living.

46. Read them quietly and calmly in your quiet hour, and they will remain with you.

47. When I speak you know I speak the truth, for you feel the truth of my words in yourselves. Every word I speak is true, yet I know you do not hold on to my word always.

48. Now that you have seen me and heard me, and I have given to you what my Father gave to me, thus you shall remember my words. My words shall remain with you and when you remember my words you will remember me.

49. All come to me, for to die to the body is to live with the Lord.

50. Already you are entering into the wider knowledge. Blessed are you who heareth these words for many have passed from the body ignorant of much with which you are familiar.

51. Many listening to me, yet invisible to you, have passed from the earthly body not understanding the truth that Life is Eternal. Life is not interrupted by the event called death; there is no break in life, in birth or in death.

52. Remember there is no birth and no death in life. These invisible ones who are around you, and above you, know now that there is no division in Life, neither is there separation between those who have left the body and those who are still in the body. This is the Christ, I am the Life, the Father who ever remaineth with Me, He is the Father that ever remaineth within you also, and in the Father there is no death, no separation.

53. You are indestructible spiritual beings and this truth alters your whole mental attitude towards sickness and death.

## DIVINE HEALING OF MIND AND BODY

54. Ask yourselves this question and satisfy yourselves in regard to it: "Whom am I?" It is a pertinent question; therefore search deep into your heart and mind and you shall find the answer.

55. "You are because God is." There can be no separation between you and me and the Father, for we are all one. There is no separation because there is no outside of God. There is no division in God.

56. You have become individuals because the Father has individualised Himself in you; thus you reveal the Life of the Father.

57. Where you are at the moment is because God is where you are, and no one else can fill your place in the perfect Cosmic scheme.

58. I come to do the work the Father hath sent me to do.

59. Do not rebel against conditions but learn your lessons from them.

60. Your mortal sense blinds you to this truth because you look without instead of looking within.

61. When you look within, you find the Christ; and by your oneness with the Father you spiritualise all things, and confusion disappears. All is made real by the presence of the Christ in you.

62. I use my power wisely because the Father guideth me; therefore my love goes out to everyone because I know the Father is love and loves all His creation. Only the mortal sense fails to understand my Love and peace towards all.

63. Remember there is no separation between you and me or between you and those who have left the mortal body.

64. Fear is the only barrier, and this fear exists only in your mind; it is not a reality, it is of your own creation by your reaction to the outer while not knowing the inner.

65. For the Father reigneth forever and He through me conquers all enemies; and the last enemy is fear of so-called death. With this fear gone, all is made anew through the Christ within.

66. The son is also subject unto the Father, for the Father is all in all. I of myself am nothing; it is the Spirit of the Father within me that doeth the work.

## BECAUSE I LIVE YOU SHALL LIVE ALSO

67. Hold this attitude of mind and heart so that you can receive me. Through this attitude of mind and heart the Father who ever remaineth in me also remaineth in you. He will do for you what He doeth for me.

68. For all the good exists forever, and this good surrounds you and can never change or be lost.

69. This good is only harmed because your eyes perceive good and evil; the only Real is that which is, and not that which is not. God is all there is; there is no other living Being but He. He created heaven and earth and all that lives therein and thereon.

70. My word is good, it produces good fruit; this word is everlasting because it comes from Him who sent me.

71. Whosoever hears this word and does not hold on to It, It is snatched away. This is like the seed that was sown by the roadside and failed to take root.

72. There are others who hear my word of the Kingdom within. They immediately accept it and are joyful, but it does not take root except for a little while, and is then forgotten; and when trouble comes, it dies because the roots are not deep enough. This is like the seed that falls in stony ground.

73. When you do not hold on to the word it is snatched away from you because it has not taken root in your soul. The word must penetrate deep into your soul and there take root and be held fast by faith.

74. The word is "I am the Life." I have dominion over all things. All power has been given unto me in heaven and on earth.

75. Riches may also choke the word because of worldly desires and deception; these are the thistles that choke the growth. Think over these words of mine earnestly.

76. You have heard the word and now you understand it; so it grows in good soil and bears fruit, for you are the good soil that produces, some of you one hundred, some sixty, some thirty.

77. As I told you, the last time we gathered together, you did not choose me but I chose you.

78. Now when I sow my seed in you and you accept my word and this word dwells in you, I am in you and you are in Me.

## DIVINE HEALING OF MIND AND BODY

79. My word is the leaven in you, and as you allow it to work in you, you become leaven.

80. My word will spring up in you. It is the spring of everlasting Life, it will flood your soul and body and we will breathe and think as one. Thus you shall eat of my body and drink of my blood; thus you shall remember me.

81. I bring out secrets hidden in you before the foundation of the world.

82. Your work you have undertaken from the beginning and every step you take is the right one. You perhaps do not see the end, and thus you doubt; but even your doubt cannot stop the creative scheme to alter and change.

83. Never be discouraged by appearances, always see the good to which all shall attain. Know that the eternal scheme must be fulfilled, because it is the will of God. The glory and purpose behind it, is love, peace, harmony, goodwill towards all men.

84. You are on earth at present to help in this work. That is why I have come to you. I am with you, helping you always. Perhaps you have not realised this fully, yet these words of mine are true, and whatever you ask of me believing, so it shall be done unto you.

85. Know that God is Incarnate Love, and Love never fails, but makes all things anew.

86. If you believe that I am he who spoke through the mouth of Jesus and accept me now, you will do much in my name, for I am always with you, and with me is the Father who sent me.

87. It is the Father who is living; I live because He lives in me. You live also because of Him; I live in the Father, and the Father lives in me, and I live in you and we all live in the Father.

88. Call no man your Father on earth for one is your Father who is in Heaven.

89. He who does not believe in the Son of God and rejects him does not know himself.

90. The more you know of me and my Father, the greater becomes your reverence for the exquisite wisdom and order in every created thing.

## BECAUSE I LIVE YOU SHALL LIVE ALSO

91. The very stones and rocks are marvels of His creation; every drop of dew obeys His law and fulfils His eternal purpose.

92. As you open up to the word that was in the beginning, you will discern the higher laws and become in harmony with them.

93. You may make mistakes but these become experiences to aid you. Fear not, nor regret the past; know that the mighty Eternal Love is seeking expression everywhere now.

94. I am the Light in man and those who follow me shall not walk in darkness: I am the Light of the World.

95. I reveal the Father in all His glory to you. It is for this purpose I have come.

96. The Pharisees said, "You testify concerning yourself, your testimony is not true."

97. They did not know the Spirit of God, neither did they know whence I came or whither I go. I knew whence I came and whither I go.

98. I knew I came from God; I knew He sent me into the world. I knew the world would deny me, yet by denying me the world is forced to accept me. But let me tell you this: to deny me is to deny the Father who sent me. I am the Life of the Father, the Consciousness of God expressing Himself in man.

99. Men judge according to the flesh, but I judge no one: and if I should judge, my judgment is true, because I am not alone, for my Father is always with me.

100. I testify not concerning myself, my Father who sent me testifies concerning me, and if you accept me you accept my Father also. Realise that there is no separation, then you shall know me.

101. The Christ always meets the need of people at their exact degree of unfoldment.

102. Thus I never fail to help if you will but believe, for the Love of the Father meets every need, for He knows what you are in need of before you ask. This is the eternal promise that exists to all those who believe in me.

103. When you love with all your heart, soul, mind and strength I shall reign in you, and nothing will be impossible to you.

## DIVINE HEALING OF MIND AND BODY

104. The Love of the Father in me is expressed in you. In that Love there is Intelligence, Power and Wisdom to accomplish all things.

105. Do not fail to understand that the Spiritual body is perfect substance and every part of your material body will act in obedience to the Christ, the only *Reality*.

106. Should you suffer, suffer in peace, and I shall reign in your life, for God is working in your midst and cannot fail; then your suffering shall not be in vain. You shall feel the power of the Christ, and your sufferings shall be no more. With me, your yoke is light.

107. The Father liveth with me in your life, even while in the flesh; therefore live by the word that is in you. I who love you have given myself for you, and where I am there you shall be also.

MY PEACE AND MY LOVE I LEAVE WITH YOU.

(SILENCE)

\* \* \* \* \*

(THE SCRIBE'S REMARKS:

Before the Master took his departure the same bright light is seen, and there on each side of the Master appear two of his disciples, one on each side, and as they left the music and the singing died away. The students remained sitting for some time, spellbound by the wonderful experience.)

LECTURE 6  
(14th October 1948)

**“THE SPIRIT OF THE FATHER WHO RAISED  
ME FROM THE “DEAD” DWELLS WITHIN YOU”**

1. The Spirit of the Father who raised me from the “dead” dwells within you.

2. Perhaps you do not realise the importance of these words. But it is the same Spirit and there is no division in Spirit, the one Spirit manifesting in the many and that many in the One.

3. It was this mighty power that I saw completely in my own life and, by the recognition of it, so was I able to use the power of the Spirit of God the Father Who dwelt within me; this Spirit of the Father who raised me from the dead is within you also.

4. When your mortal sense would indicate disorder, pain and death, remember the Spirit of the Father which remaineth within you.

5. Call It into manifestation by the word of power “I am.” Have you fully realised the meaning of the word “I am”?

6. You cannot speak the word “I am” in Reality unless you know the meaning of It, and when you know the meaning of the word “I am” you have learnt the word of power. “I am the Life.” I am living because His Life liveth in me. Life is God and God is Life.

7. Therefore my Spirit will quicken your mortal flesh and the Satan of the senses shall be under your feet.

8. It has always been the Satan of the senses that has blinded you to the real truth of the immanent power of the Spirit that dwells within.

9. The senses reveal to you things from without, but the Spirit of God reveals the Truth from within, and not having this Truth you are powerless.

## DIVINE HEALING OF MIND AND BODY

10. The mortal sense only sees things from without, and that which it sees it does not know what it is. It reasons from the intellect only. It is not inspired, because inspiration must come from the Spirit within.

11. The Father that dwells within you reveals Himself through your consciousness, because your consciousness is the means through which you express the Father. Be aware in your own consciousness of the great secret of power "I am." Speak the word of power "I am," then your consciousness will realise the tremendous force that is behind it. The Universe is not divided, it is "one" *whole*.

12. Fill the Holy Temple every day with strong assertive vibrations of the Christ Life lifting the atmosphere beyond the mortal senses.

13. Your growth into truth is so simple, so natural, for the Father is working in your midst and cannot fail.

14. You do not live alone. You think that you live by yourself, but that is an illusion of the senses. There is no division in Life, there is no separation between anyone of us.

15. There is at the root the one Life, flowing from the one source, the one Spirit manifesting itself in all.

16. If the consciousness in you was in anyway separate from the Infinite Consciousness then the Infinite could not be infinite. If you, a living being upon earth, were separate from God, then God could not be Infinite. Now you see clearly that you cannot live alone and that there is no separation anywhere.

17. In the realisation of this truth the symbol used for this pliable substance that fills the whole Universe was known as "water," but in your days other words have been used for the expression of the same thing, such as electronic substance or ether of space.

18. Although you are aware of many scientific developments that take place on the earth plane, yet you will realise that it is only through the knowledge of the Spiritual that you arrive at the secrets of the Universe.

## THE SPIRIT OF THE FATHER WHO RAISED ME

19. If scientists would open their minds fully to the inspiration that comes from the Spirit, great and mighty things could be revealed to them.

20. The day is coming when this will be so, when the world will be better understood in its relation to the Universe as a whole, showing distinctly that the world that you live in is *in* the “whole” Universe. A portion of its electronic substance that makes up all the Universe is moulded into form, but still exists in the one substance and can never be separated from it. Thus within dwells the mighty power, the Spirit of God—the Christ that creates. This is the Life in man. I am Spirit, the Christ of God, the word that was in the beginning.

21. Beware of those who cause divisions contrary to the doctrine, which I have taught you. There never has been any division but only in the mind of man, and this division is born of ignorance.

22. Later when you function only from the consciousness of the Spirit, your bodies will be finer and its obedience will be immediate.

23. If you could but realise the importance of these words, that you are Spirit now, you do not have to wait till you leave the body to become Spiritual beings; you are already Spiritual beings and you were so from the beginning.

24. And if when you call upon the Christ power, and realise the source whence you come, you will bring into operation a power that is beyond the mortal sense.

25. All is known to the Christ but all is not revealed to the consciousness in man until such time as man unfolds, and then the Spirit within shall reveal Its glory, Its power, Its essence, Its Love, Its Peace. Only through the quietude of the mind does the Truth unfold itself.

26. If you then, being in the mortal sense, become positively spiritual you could assert now your dominion over all things, thus refusing to recognise the suggestions that come from the senses.

27. It was this that I saw so clearly; I spoke from the Spirit, thereby infusing Life into everything. If you can think with me and feel with me then you will realise what I mean.

## DIVINE HEALING OF MIND AND BODY

28. When you see clearly that the Life, the only “Living Presence” is God Himself, the Almighty, the Almighty in your midst, and when and as you realise this, your consciousness becomes aware of the power within. The consciousness is the means through which the Spirit manifests itself on all planes.

29. When your consciousness becomes “aware” of Life, Life being the servant of all shall manifest according to your awareness of It. Your consciousness unfolds through the realisation of the power of the Spirit; the consciousness then reveals and expresses that which the consciousness is aware of.

30. Feel then in your heart the power of the Spirit. Feel and recognise in your own consciousness the Christ Power that has been given dominion over all things. All power has been given unto me in heaven and on earth.

31. In this way the Christ shall also reign in you, for the Christ is the only begotten son of the Father who rests upon the Father’s breast.

32. He is the King in all Kingdoms and has victory in heaven and on earth.

33. Not even a sparrow will fall on the ground without the Father’s will; therefore, fear not; for I am always with you.

34. How beautiful is this Truth when you recognise it. Not a part of your body can be affected unless there is a change that takes place in the mind.

35. Everything exists in the mind of God, and nothing can exist outside it. Unless you are born again, this time of Spirit and water, you shall never enter the kingdom. This means that unless you recognise the Truth realising the wholeness of Spirit that manifests, you can never enter into the Kingdom of the Creative Power of the Christ.

36. Everything has been delivered to me by my Father, and no one knoweth the Son except the Father, and no one knoweth the Father but the Son.

37. Then come unto me all you who are tired, all who are carrying burdens, and I will give you rest. This is true, for I am he who shall carry your burden; if you will but cast that burden upon me, I will lift it from you and you shall be free.

## THE SPIRIT OF THE FATHER WHO RAISED ME

38. The Christ has been given all power in heaven and on earth. Seek ye first the Kingdom of God and His righteousness, and all things shall be added unto you. Seek ye the kingdom of the Spirit and the right use of It, and all shall be added unto you.

39. Your rest is sure, your strength will be fortified by the presence of the Lord thy God.

40. Therefore learn from me, for I am quiet in my heart and strong in my knowing. You will find me a rest to your souls. For your heart is not troubled when you are strong in your knowing of me.

41. Your heart is at peace, full of compassion and love, when you are strong in Christ. Then know the Father as I know Him; I have personified Him, all His love, all His glory, His compassion, His wisdom, and His power. This knowing in my consciousness reveals the Truth to all men.

42. Everything has been told to me by my Father, and no one knoweth the son except the Father, nor does anyone knoweth the Father except the son. Then come unto me and I will give you rest.

43. My yoke is very pleasant and my burden is light. Think with me in your quiet hours, for I am with you always.

44. Take time off from your daily tasks and go into the quietness and think with me. I am always with you; you shall feel my presence expressing Itself through you. You will rise comforted, joyful and filled with the "Presence" of the Eternal Christ.

45. Now that you have learned to say "I am Spirit," know that Spirit alone creates.

46. It is the Spirit within you that creates everything. Great is the mighty Mind of God as I know It, yet the senses do not reveal this to you. That which is unseen is more real than that which you see, and from the unseen everything you see has come. The Spirit, the Unseen, is the animating power and brings all form into Being. Spirit makes things by becoming the things It makes. Spirit is complete in Itself. Spirit is all, and all is Spirit.

## DIVINE HEALING OF MIND AND BODY

47. One part of the Spirit cannot be separated from another; the Spirit manifesting is not separated from Spirit unmanifest. The Life in you is in no way separated from the Life of God.

48. The race is in its childhood in regard to this knowledge, yet many are beginning to feel the urge of the one Life "I am."

49. These words of mine are for the purpose of unfolding the Real behind the shadow, and what I feel you shall also feel as you listen to me: Thus you will learn of me. Study these words until you feel the "knowing."

50. There is what we call telepathic communication from one mind to another or from one consciousness to another; there is a direct line of communication just as you have in your world when you take up the instrument you use to hear one person speaking to another from a distance.

51. It is the same here: as above, so below. There is a telepathic communication from one mind to another. The mind that is trained for the work will express the thoughts that I give.

52. You will notice that the consciousness of the brother is raised above the mortal sense, raised above the physical sense, to the consciousness of the inner realm. His consciousness is linked up with the consciousness and then transferred back into the body, using the brain and body as a sounding board.

53. While this process is going on he knows everything that is taking place, but, when transmission by my overshadowing ceases, he knows nothing of what has taken place until such time as he hears it again over the recorder which has been placed at the back of the structure behind him.

54. If the brother would meditate, sit quietly, and enter again into the inner realms of his own consciousness, he would find all imprinted there, and all I have given can be brought forth again. That is why, after these lectures have been given, he will be a greater instrument than ever before to express the Truth.

55. He has been trained in the Himalayas for this purpose—sometimes seven days and longer in complete meditation, without even food or drink, until such time as he was capable of receiving the higher vibration.

## THE SPIRIT OF THE FATHER WHO RAISED ME

56. Consequently we have used him all over the world and we will use him again in different parts of the world. I am telling you these things because you should know them. One day we will take him away from your sight to our world in the Spirit, where he will work again amongst you invisibly. We have kept him alive, young, strong, virile, and will continue to do so while he is on earth.

57. The finest music you could ever hear on earth can only give you some idea of the beauty beheld in the soul of the composer.

58. So it is with you. What I give you, enables you to feel something of the beauty that is in store for those who love me, and those who love me love my Father also. For I have personified the Father, so that if you know me so you shall also know my Father—your Father.

59. His love flows out as music in the spheres and is caught up in all souls who open up to It.

60. Everyone is seeking happiness, but no one can find it in the outer; only through the inner realisation can the joyous power of this rhythm be felt.

61. The music, the love, and wisdom of God presses itself through the soul. Thus you become conscious of It manifesting in your bodies. That is why I say my peace and my love I bring with me, and my peace and my love I leave with you.

62. How can I explain that which is beyond your comprehension? Only open up yourselves to me and my thoughts will manifest in you.

63. The Father is ever beyond the highest ideal, and your growth reveals more of Him who is the breath of Life.

64. Although the mists are deep upon the earth surface, the light is beginning to pierce its way through, and in your generation many more are beginning to see and to know the Truth.

65. For at present you see dimly through the mist, and only know in part, but you shall know even as you are known.

66. The most of ignorance that I came to pierce 2,000 years ago still remains. There has been little change in the orthodox religions.

## DIVINE HEALING OF MIND AND BODY

67. So many divisions have been created by the different religions, so much strife. But, as you now see, there can be no division in God, there can be no division anywhere.

68. Division is born of ignorance in the mind of man. Can this ignorance then be dissolved away? Yes. Spiritual influences now bearing upon the earth plane are beginning to dissolve this mist of ignorance away, and you and many more like you are the means through which it will be dissolved.

69. Your realisation of this truth in your silent hours will charge the atmosphere with wisdom and love. Your love and peace will help the world.

70. For the Father becomes more lovely as your vision clears; and what the inner eye sees, so does the soul show forth.

71. This calls you onwards on a never-ending stream of light to the source from which it comes.

72. And His greatness is never greater than when we see Him in His lowliness, where He lifts all to safety through His supreme Love.

73. I gave a parable nearly 2,000 years ago. It is called the Prodigal Son, and if you read that parable again you will see the depth of the Father's Love.

74. No one can ever be separated from the Father, not even His most disobedient child, and that child requires more love than the one who is obedient.

75. This fills the soul with the adoration for His benign Love. For our God is above all gods created in man's mind. For our Father-Mother-God is beyond the greatest conception capable by man.

76. But we will see with open minds the glory of our Father-Mother-God, and with this you shall be transformed into the same likeness—from one glory to another, just as the Spirit of the Christ, the Son revealing the Father.

77. It is the Christ the Son that recognises the Father. The Christ is the Spirit in you also, and, if you can realise and recognise It, so shall It do for you what It did for me, and if you believe in me you will do greater things. For I am the Christ revealing the Father unto you.

## THE SPIRIT OF THE FATHER WHO RAISED ME

78. It was this that my Blessed Mother saw, and through her vision I was born in the flesh. “I am” the word that became flesh.

79. Your mother on earth is near and dear to God and to yourselves. Try to imagine what joy her sacrifices for you gives her.

80. The nearer you get to mother’s love the nearer do you get to the Love of the Father who is manifesting in His creation.

81. For in the mother is seen the Father at work in the forming of His image and likeness. Thus I was born in flesh. “I am the Life.”

82. And no one is born in the flesh excepting the Father knoweth, and no one leaves the flesh except the Father also knoweth.

83. Even a sparrow does not fall to the ground except through the will of the Father, neither are you born into the flesh except through the will of the Father.

84. The Father manifesting creates in the mother the image and likeness of Himself. How wonderful it is for you to understand, to know this Truth, that you are the image and likeness of your Father in heaven and within you dwells His Love and Power, His Peace, His Glory.

85. All you who are here in Spirit—I am speaking to you as well. The more you realise this Truth, so shall you give expression to my thought.

86. Let us come before Him with thanksgiving. The depths of the Earth lie in His hand. The mountain peaks are His; He made the sea, and He made the land.

87. Let us worship Him in His greatness, bowing before Him Who made us in His own image and likeness.

88. Oh, would the world listen to my voice today. “Praise the Eternal, O families of nations, Praise the Eternal for His glory and compassion.”

89. Enter His House with an offering of peace and goodwill to all men, and He will rule the nations justly.

90. Let the skies be glad, let the earth rejoice, let the sea thunder its praise. Let the land give forth its fruits in praise, and the trees of the forest sing for joy.

## DIVINE HEALING OF MIND AND BODY

91. The Eternal is present, for He comes with His son to rule the earth, to rule the world justly and the Nations faithfully. That is the promise, and this promise is being fulfilled. The way is being prepared now.

92. The Spirit in man claims its freedom. No longer can it be downtrodden, for the Kingdom of Heaven is at hand: the Kingdom of the inner, the Kingdom of the higher consciousness; the will of God in heaven shall be done on earth.

93. What is seen in your midst is but the prelude to the Kingdom of Heaven on earth; the Kingdom of the inner becomes the Kingdom of the outer, and all strife shall pass away.

94. The world like a babe is crying in the night, and with no language, but that cry was answered by the Eternal Father. The world has no language, the world has no truth, the mortal sense shall die, the truth of the living God shall be proclaimed.

95. The world is crying out in its ignorance with no language, as a child cries in the night, yet the mother hears the cries of her babe and rushes to help it; so has the Father heard the sound, the cry of His children upon earth.

96. I am not blind to your miseries; I know and understand them; I have passed through them. You are born in ignorance through belief in separation and division.

97. Think for yourselves now, and you will see how you can be free. By recognising that which is utterly false and untrue, you will know that which is true.

98. I have come that ye shall have life and more abundant life.

99. I have revealed God according to your needs, and the Father is willing to help you according to your needs.

100. Did I not reveal the Father, the hidden Spring, abundant and overflowing, the never-ceasing Life in all its fullness, that you may also rest in the Truth. Then follow in my footsteps because I know the way.

101. There is no mystery in this. No man has ever seen God, but the first-born of God, Who is in the bosom of the Father, he has declared Him.

## THE SPIRIT OF THE FATHER WHO RAISED ME

102. These words mystify those who do not understand them, but as you recognise that the Father Himself gives birth to the Son the Christ which is the image and likeness of the Father Himself, and as the Christ knoweth Himself, so he reveals the Father in all His glory and power, wisdom and love.

103. This is the full rich glorious Life in you and should fill your soul and body. For Christ is your Life.

104. I did not draw down Life from outside God, for I know that I am the eternal Christ of God that lives in every soul.

105. The meaning of my words can be recognised only from within yourselves and not from without.

106. That is why I speak in the way I do, so that within yourselves you will feel the meaning of my words. You cannot explain what I tell you because you can never explain the Truth.

107. Some people will ask, "What did he say?" "How did he say it?" But can you tell what I said and how I said it? Can you explain the Truth? That which can be explained is not the Truth, but, as you listen to me, so shall you feel the Truth, and only unto those who will listen can it be revealed. You shall feel me and know me, for "I am the Truth."

108. Do not reason with your intellect, for it is limited in its nature and judges from without. The Spirit will reveal all things to you through inspiration.

109. Know that I live in you and that humanity is God's eternal Son. The sheep know their Shepherd's voice.

110. And humanity will say one day, "It is finished," and they shall be one for I shall be in their midst. The Father will glorify Himself in His son, and all humanity will know me.

111. Think what this means, that all humanity will know the love, the wisdom, the compassion, the power of the Christ.

112. The Father will glorify Himself, will express Himself in the Son, the will of God that is done in heaven will be done on earth.

113. Our Father who art in heaven, hallowed be Thy name, Thy Kingdom come, Thy Will be done on earth as it is in heaven.

## DIVINE HEALING OF MIND AND BODY

114. You are my friends because everything that I heard from my Father I make known to you; thus I chose you to go and produce fruit, and that your fruit might remain and whatever you ask my Father in my name He will give it to you.

115. Therefore I command you that you love one another. For only in loving one another can I remain in your midst, and where I am, there the Father is also, for I have personified the Father, and the Father is personified in me.

116. You will see me again and your heart will rejoice, and your joy no man will take away from you; what I have given you, will remain with you.

117. I am not alone, because the Father is forever with me, and when you have seen me you have seen the Father. Can you realise this mighty Truth? When you have seen me you have seen the Father; the Father has created me and He remains in me and I remain in Him.

118. I could not come into being except the Father were with me, it is the Father, who ever remaineth within me, He is speaking for me.

119. Eternal Loving Father, I have made Your Name known to those whom You gave me out of the world, they were Yours and You gave them to me, and they shall keep Thy word, the word of the Christ that dwells within them; because they have heard It, they know It, and now It shall dwell in their souls.

### (THE SCRIBE'S REMARKS:

A complete silence spread over the assembly, a bright light shone, and the Master's face appeared completely overshadowing the brother's face.)

120. They know that whatever You have given me is from You.

121. And everything that is mine is Yours and what is Yours is mine and I am glorified by Thee.

122. As I was unchanged by the experience called death, for Life is not divided, there is no division in Life and there is no interruption in the Life by the so-called death.

## THE SPIRIT OF THE FATHER WHO RAISED ME

123. Life is never interrupted, nor is it destroyed or interfered with. It was this that I showed so prominently to my disciples, this I also show to you.

124. Life does not die, and “I am” is unchanged by the experience of so-called death; so shall the Spirit, the Life in you, remain unchanged. For you have always been, and cannot die, and as “I am” so shall ye be also, for the Spirit of the Father who raised me from the “dead” dwells within you also.

## MY PEACE AND MY LOVE I LEAVE WITH YOU

### SILENCE

\* \* \* \* \*

(THE SCRIBE’S REMARKS:

A Light now enveloped the Brother. So bright is this Light that it fills the hall with a radiance beyond any explanation.)

LECTURE 7  
(21st October 1948)

**“MY WORDS ARE FROM HEAVEN”**

*My peace, my love I bring to you.*

1. We will consider together the value of the Scriptures.
2. “The Scriptures” is a statement of Law of that which is in the realm of Heaven as well as that which is in the realm of earth.
3. The words written in the many books are words of inspiration by the prophets of the Israelites. These prophets were inspired men; they had made a very deep study of all the things Spiritual.
4. They had the power to bring into operation, through inspiration, knowledge from the Spiritual Source awaiting expression.
5. Most of the prophets were born for the purpose, and all through the Bible you will read of peculiar things that happened to many of them. Although the words were inspired, nevertheless they were written by men.
6. Inspiration is a power that comes from the Spirit and, as It expresses Itself through Its channel, It is often moulded according to the particular nature of the instrument. There is a purer form of inspiration that comes from the Spiritual Source such as what is happening at this moment, when the consciousness of the Spiritual Power dwelling in the inner realm is manifesting through the inner consciousness of the instrument that is used. In some cases this was also used by those prophets which you read of in the Bible.
7. We call it a book of inspiration and this is the secret of its great value in the world.
8. The soul is always looking for the source of its being, and this desire leads one to the truth through inspiration. No call goes out from any soul that is not answered from the Spiritual realm.
9. You are all eternally linked-in to the great Almighty Father; there is no distance between you and the Father, neither is there

## DIVINE HEALING OF MIND AND BODY

any distance between you and me. There is no division anywhere; division and separation is but a concept of ignorance born in the mind of man.

10. In reality there is no separation; there is no separation between the Spirit of God in each and everyone of you, and the Spirit that is in me and that Spirit is the Spirit of the Father speaking to you; the Spirit alone has voice.

11. Books, words, letters, are all of no value in themselves; they have value only when the Spirit uses words as a means of connecting thought to the invisible, thus piercing through the realm of the senses.

12. Thus the word is but the outer shell hiding the pearl of great price which you find within. When you take a word in your own mind and say for instance the words "I am," "I am the Life," these are words expressed through the mortal sense, yet these words can be risen to the Spiritual state which is eternal and ever-present.

13. Thus in reading the Bible, which you call Holy, you will be able to use the words and raise them, although seen through mortal eyes, read through mortal mind, yet, by the power of the Spirit that is inherent in you, you will raise them to a Spiritual level beyond mortal comprehension.

14. The Scriptures have been written through inspiration by guidance of the Spirit for the purpose of instruction in the Law of Life and for the right use of that Law.

15. Therefore I did not come to destroy the Law but to fulfil the Law, to make Life full, to show it manifesting in the human flesh, to prove that the Christ could manifest in the flesh the glory of the Infinite Father that was living in and expressing Himself through the Son.

16. The Father who had life in Himself expressed that same Life through the Son; therefore the Son expresses the Life, the Will of the Father.

17. My word is quick and powerful, yet it is sweeter than honey.

## MY WORDS ARE FROM HEAVEN

18. The word the Father gives me is the living word of His Love beyond human comprehension; and His word is a living power, for His Love is always present.

19. When anyone of you can feel the power of the Spirit and recognise it completely, and by it speak, then the word you speak has power. All power has been given unto me in heaven and on earth.

20. There are no creations hidden from His light, for all things are naked and open before His eyes.

21. My words are from heaven, the inspiration of the “one” Spirit of God pouring out the abundant wealth and wisdom of God.

22. It is through these words that you also can be inspired, because my words are from heaven, from the inner, the higher consciousness, that realm which the outer never touches. But that realm can express itself outwardly through the outer; then the outer becomes as the inner.

23. These words are being recorded and transcribed for you, so that in your quiet moment you will be able to absorb them, meditate upon them, thereby making them your own. And by raising them beyond the mortal sense you gain a power and understanding you did not possess before.

24. Inspiration is possible to all; even now you are being inspired to understand the hidden mysteries of life through my words.

25. Therefore my words become the vehicle, through which you learn of the great and glorious truth hidden within you.

26. The miracle of the spoken word is the genius of God who speaks the language of time through mortal sense, yet makes it eternal and spiritual.

27. It is the Father who speaketh in me. It is the Father who speaketh through the mortal sense, through mortal flesh, making these words an eternal and ever-present Reality.

28. Those who are now in the realms of the inner, who have already passed from the mortal flesh, still live; they also hear my words and are inspired by them.

## DIVINE HEALING OF MIND AND BODY

29. Everyone of you can now enter into the higher realms of consciousness beyond the mortal sense through understanding.

30. When I took the word "bread" I gave it a holy and Spiritual meaning to convey the truth of the Spiritual nourishment that shall sustain you in everything.

31. At all times learn to bring the light of Reality and truth into limitation, chaos and darkness, and these shall disappear.

32. Your Creative Power is the consciousness of the Christ in you, and through this consciousness the Christ shall manifest through you to make all things anew.

33. To comprehend my words, you must raise your consciousness beyond the mortal sense, into the realms of Spirit; then you will understand my words, for they live beyond the mortal sense.

34. You will know the Christ to be the only Eternal Son of God. The Spirit that gives you life, the Spirit that liveth in you is the Spirit that speaketh in me, for the Spirit alone has the power to speak.

35. The consciousness of this Christ is the power in all creation, and the more conscious you are of It so shall It manifest all the greater in your own lives.

36. You thus produce in the outer by the Spirit of the Father. There is no other source of power, there is no other power in the Universe.

37. As I have told you, there is no division anywhere; God is not divided, neither has He divided Himself; but in Him, by Him, and with Him, everything that is made is made.

38. Words are but symbols of communication; but when the Spirit of the Father comes into the outer, there are no words to explain this great illumination.

39. When the outer consciousness becomes aware of the Father, the realm of God will manifest in the outer. It was this that filled my own consciousness when I spoke the "word," and that word was made manifest.

40. Thus it is the same with you if you will but believe. Raise your consciousness above the mortal sense into the Spiritual state by understanding, and there receive the power of the Father

## MY WORDS ARE FROM HEAVEN

through your own consciousness, revealing the mighty power that reigns forever.

41. Have I not proved that the Son of God has all power in heaven and on earth? This same Spirit that raised me from the dead dwelleth within you also, and will raise you as it did me.

42. This will be your experience as it was mine, and for this I have come to help you.

43. The words I speak and the thoughts of my heart please the Father in regard to you:

44. That you may become the highest expression of my Father moving through all Life, radiating light, manifesting a deep inmost peace, thereby unconsciously manifesting Divinity.

45. And this inward peace is recognition of great humility, yet this humility, in its magnificence, is “I of my own self can do nothing, it is the Father who ever remaineth within me, He does the work.”

46. In this way you unconsciously express Divinity; wherever you move, whatever you say, whatever you do, you will be expressing Divinity unconsciously so that others are helped by your words and actions.

47. This light cannot be hid, for Love and Wisdom are conveyed in every gesture, in every spoken word. Thus you become an inspired soul.

48. The real value of the word of the Scriptures is to open your understanding to the gifts of God; and these are bestowed upon you according to your unfoldment.

49. The word “believe” has been wrongly interpreted in the Scriptures. The word “believe” means a deep knowing and it is this deep knowing that gives understanding. And as understanding becomes deeper you become more conscious of the Father who will work through you. Unfold naturally the gifts He has bestowed upon you—they are awaiting your recognition now. Inspiration enables you to unfold your Divine gifts.

50. The inspired writings of the Scriptures have been placed above all books, and millions have been inspired and raised by the word of Truth.

## DIVINE HEALING OF MIND AND BODY

51. This is the Law of Transmutation working in you, and, through my words to you, you transmute the lower into the higher.

52. Think what happens to you during my talks with you: every experience in your life is lifted into the highest and thereby purified.

53. When I speak to you, everything that has happened in your lives is raised to that state where it is purified. All the dross is dissolved away because the Spirit alone retaineth the essence. The perfect Creative Force—the Spirit of God—creates in Its own Eternal substance wherein there is no division.

54. Spirit is consciousness, and consciousness acts on this substance by means of Its intelligent action. The consciousness and the Intelligence of God manifests through all Life.

55. In this inseparable, in this indivisible, mind of God all things are created and nothing is apart from Him. Therefore in truth, in Reality, all is perfect.

56. As these words of mine raise you to that state of understanding, so every experience in your life is raised up by that understanding.

57. This key I will put into your hand. Seek the Spirit, not the letter, and, as you wait, I will unfold the truth in you.

58. The Christ is the conqueror in all things, for the Christ is the Spirit of God individualised in you. Seek the Spirit behind the word and it will manifest in your life.

59. When you read the Scriptures or any inspired work, and especially these words that I have given for the purpose of your meditation, seek the Spirit behind the word. It is not the letter or the word you must seek, but wait upon it, think deeply, and I will inspire you, I will express the Truth of it in you.

60. By this way you shall make it your own, and only in this way can the Truth be revealed in you. It must come from within and not from without. These words will raise your consciousness into that realm of Spirit where all is understood.

61. It is written in the Scriptures that the Spirit of God descended like a dove and spoke these words, “This is my beloved Son with whom I am well pleased.”

## MY WORDS ARE FROM HEAVEN

62. Direct voice has often been heard from the unseen and this was not unknown amongst those who understood the Law in my time on earth. It was used even more then than now.

63. Many of you, I know, are not yet familiar with a direct voice from heaven. It is only in that particular quietude of the mind where there is silence that it is heard, and this is most effectively obtained in the Himalayas of the mind.

64. This same Spirit which manifested then is manifesting now in your midst.

65. And this same Spirit will minister unto you if you will but believe it.

66. Do you understand what I mean now, that the power of my thought moving in your consciousness reveals the Truth? Truly I tell you that the last moment is the greatest when sustained by faith, for in it is seen the glorious power of the Spirit.

67. It was in this last moment that Peter failed to sustain himself on the waves.

68. This story has been written in many languages and in many ways, the true facts being as follows:

69. The power to walk upon the water is inherent in all if you had the understanding and faith to accomplish it.

70. When you try to swim at first you lose your faith and you begin to flounder. As you become more confident in yourself you are able to sustain yourself on the surface of the water. It requires a greater amount of faith and understanding to walk upon the water, yet this is possible.

71. It was John who first noticed my form walking on the waves.

72. The impetuous Peter standing in their midst exclaimed: "My Lord, my lord, if this be truly you, bid me come to you on the waves" And I bade him come.

73. When Peter stepped upon the waves they were as solid as a rock to him and he walked. Peter at that moment was filled with the Power of the Spirit. His desire was to walk on the waves and come to me and do exactly what I was doing.

## DIVINE HEALING OF MIND AND BODY

74. Impetuous Peter then walked upon the waves but it was not long before he began to think that he had never done this before; it was something new, something strange to him.

75. He walked until he thought within himself what would happen if the waves would break under him—he would sink.

76. Then the waves did break and he began to sink. Fear had overtaken him.

77. I said to him, “O Peter, why did you doubt?”

78. I want to ask you that same question. Why do you doubt? Then ask yourselves this question: “Why *do* you doubt when you understand now that the Spirit of God dwells in you and that the Christ has all power in heaven and on earth and has dominion over all things?”

79. Ask yourself again the question: Why *do* you doubt? Is it lack of understanding? Or is it fear of something that is unfamiliar, that which you do not understand you become afraid of?

80. Thank Thee, Father, Thou hast shown me that there is nothing unfamiliar between Thee and me, for we are *one*.

81. Is this not true also in your lives on earth? You do not understand the power of the Spirit, you are blinded by the fear of the unusual.

82. The food that one eats to nourish the flesh soon passes away. You must seek the food that feeds the soul and this is the Bread from heaven.

83. This is the Christ; I am the Bread from heaven that God has given unto the world. Therefore you must eat of me.

84. They who eat this Bread from heaven and drink from the Spring of Life shall live for ever and shall be exalted to the throne of power.

85. I am the Bread from heaven, the Bread of the Father who sent me. The Father is Love, and Wisdom and nothing is kept from me. I only ask and He shows me, and what I see the Father do I do likewise.

86. Seek ye first the Kingdom of God within and the right use of that Kingdom, and all else shall be added unto you.

## MY WORDS ARE FROM HEAVEN

87. The beneficent Law is ever operating in your lives and you have power to help others, only bring them into the light of your own consciousness, raised to the consciousness of the Christ.

88. Every act of your life, every thought, you should lift up into the light; then there will come into your consciousness the realisation of that Kingdom within, where nothing from without can touch.

89. When you stand in that Kingdom, no matter what storms are raging in the outer, you are safe in the Kingdom, for in It all power is given unto you.

90. When you are in that state of peace, in the mind of God, then there is the Creative Principle that said: "Let there be light, and there was light."

91. This same power is within you. With this awareness, say, "Peace," and the storm shall abate. Say it with understanding. Say it with the power of the Spirit, with the understanding of the Christ, "I am the Life" "My Beloved Father and I are one."

92. You will become one with me, no longer doubting; you will have begun to be even as your Father in heaven is. Be ye perfect, as your Father in heaven is perfect.

93. As the world unfolds the mysteries of Life, so will I inspire men and women to do even greater things in your day.

94. As the race unfolds, so shall further unfoldings be expressed from the heart of Life. There is a continual unfoldment of Life.

95. The race is moving forward and the inner realms are becoming more unfolded in the outer. Truth is being revealed throughout the Nations.

96. Here and there groups are working, groups who have advanced to that stage where they can understand the inner realm, enabling them through inspiration to understand the mysteries of life that are hidden within.

97. The masses at present are taken up with division, but you will see that this division is born of ignorance. As I have said before, there are other flocks. I shall go and bring them and they shall be one flock and one shepherd.

98. I want you to open your minds free from divisions, with wider vision day after day, for greater things are coming.

## DIVINE HEALING OF MIND AND BODY

99. What you will learn now, will reveal the old to you again, for I am pointing the way along which truth can be revealed to you. These instructions are leading you to the power of the Christ.

100. To be born of the Spirit is to know and recognise the Truth that you are born of the Spirit, that you are Spirit; and because you are Spirit now, so shall you always be Spirit, and it is the Spirit of God that is born in you. This is the power hidden within, “Unless you are born from above . . . .”

101. Truly I tell you, no one can see the realm of God unless he is born from above.

102. For what is born of Spirit is Spirit; the inherent Life is the real and only power.

103. You enter into your highest riches through your realisation of your oneness with me in the Father, as I am one with Him from the beginning,

104. Perhaps it is difficult through your mortal sense to understand this, but “I am the Truth,” and if you will open your mind, my telepathic thought will raise your consciousness into the realm of that which had no beginning. And that which had no beginning must exist eternally; then the Spirit of God, the Spirit of the Father existing in you, is eternal and ever-present.

105. When you recognise this Truth your vision expands. There is no longer any division. There is no longer any limitation. These limitations dissolve away and leave you complete and perfect in the mind of God as He holds you. The Father created you in His own image and likeness.

106. The Christ within you is the same yesterday, today, and forever. Wait in silence that I may speak in you, write through you, my thoughts, my designs, my purpose expressed through you.

107. Do not be carried away by different doctrines, but let my words linger in your souls until you feel the thrill of life, the up-springing of the eternal Son of God.

108. If you live in separation from one another, you cannot live completely in the Father.

109. You must see that there is no division, you must see that there is no separation anywhere this is the almighty Truth.

## MY WORDS ARE FROM HEAVEN

This is the truth that gives me power in heaven and on earth, and it will give you the same.

110. I am one with Thee, Loving Father, to know that I am Thy son, born of Thee, inherent within me Thy Wisdom, Thy Love and Thy Power. This inheritance Thou hast given to me as Thy beloved Son with whom Thou art well pleased.

111. Be at peace, all those who carry burdens; listen to me, my voice will lead you, my strength will support you, and my love will remain with you always.

112. Then your light shall shine before the world so that the world shall see your good works and glorify your Father in heaven.

113. I did not come to weaken the Law of the Prophets, for I am the fulfilment of the Law, and not one jot or tittle shall pass from the Law, till all be fulfilled, for through me the Law of God is made manifest in the world.

114. I want you to think deeply on this. Lift it to the inner consciousness and there dwell upon it.

115. Let the Spirit of Christ within you be your only guide. It is for this purpose that I have come that you may know yourselves now.

116. My love for you is very great; therefore, let my love live in you. For love is all Power in heaven and on earth.

117. It is the Spirit of God that dwelleth in me and speaketh for me. And I also speak for you and whatsoever you ask remembering me, so shall I ask the Father who shall give unto you whatever you ask remembering me.

118. By remembering me, you know the Love of God, the Wisdom of God and the Power of God and you know that this dwells within yourselves, not as something relative apart from you, but a Reality which is the Real You.

119. Remember me and I shall come to you and you shall know me. In nowise shall I turn my face from anyone, only be at peace and remember me.

## DIVINE HEALING OF MIND AND BODY

120. It is impossible for the mind of man to affect the Spirit in any way; then always lean on the Spirit, for it is all-power; the Christ of God is your only Reality.

MY PEACE AND MY LOVE I LEAVE WITH YOU TO  
REMAIN WITH YOU

We will now take the Sanctuary hour. Do not close your eyes but look towards me.

SILENCE

The peace, the love, the wisdom, the healing of God is expressed through you now.

\* \* \* \* \*

(THE SCRIBE'S REMARKS:

As the Master left, a beautiful aroma of perfume unknown to anyone filled the hall, while music and singing were heard.)